

Winash Activities – 3rd February – 9<sup>th</sup> February 2020

|   | <b>Morning</b>  | <b>Afternoon</b>  | <b>Evening</b>                                 |
|---|---|---|--|
| <b>Monday<br/>3<sup>rd</sup><br/>February</b>   | <b><u>10.30am</u> – Gentle Exercises with Alison in Lounge</b>                        | <b><u>2.00pm</u> – Poetry – Dignity writing/reading Dining Room</b>   | <b><u>TV in Lounge</u></b>                     |
| <b>Tuesday<br/>4<sup>th</sup><br/>February</b>  | <b>Hairdresser<br/><u>10.00am</u> – Church Coffee Morning</b>                         | <b>Hairdresser<br/>2.00pm – Baking in the Dining room. What’s your speciality?</b>  | <b><u>6.15-7.15 Beaver Scouts visiting</u></b> |
| <b>Weds<br/>5<sup>th</sup><br/>February</b>     | <b><u>10.30am</u> - Sports Day Hoopla, Bowles, Beanbag balancing in Dining Room</b>   | <b><u>2.00pm-3.00pm</u> – Poetry at Clevedon Comprehensive School</b>   | <b><u>TV in Lounge</u></b>                     |
| <b>Thursday<br/>6<sup>th</sup><br/>February</b> | <b><u>10.30am</u> – What’s in the News? Paper cuttings of interest in Dining Room</b> | <b><u>1.45-2.45pm</u><br/>Share Childhood Memories/photos in the Lounge<br/><br/><u>3.00pm</u> – Baptist Church visit</b> | <b><u>TV in Lounge</u></b>                     |
| <b>Friday<br/>7<sup>th</sup><br/>February</b>   | <b><u>10.30am</u> – Gentle Exercises with Alison in Lounge</b>                        | <b><u>2.00-3.30pm</u> – Word Wheel &amp; Quiz in Dining Room</b>  | <b><u>TV in Lounge</u></b>                     |
| <b>Saturday<br/>8<sup>th</sup><br/>February</b> | <b>Free Time</b>  | <b><u>6 Nations Rugby</u><br/><u>2 pm</u> – Ireland v Wales<br/><u>14.45pm</u> - Scotland v England in Lounge</b>         | <b><u>TV in Lounge</u></b>                     |
| <b>Sunday<br/>9<sup>th</sup><br/>February</b>   | <b><u>10.30am</u> – Songs of Praise Hymn CD playing in the Day room</b>               | <b><u>6 Nations Rugby</u><br/><u>3.00pm</u> – France v Italy In Lounge</b>  | <b><u>TV in Lounge</u></b>                     |

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.