# Supporting Documents for Teachers

| Overview | A Quick Guide to delivering 'CyberSense' |
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| | This section provides all the resources you need to deliver the **'CyberSense'** programme, including Lesson Plans with Teachers Notes and Handouts. |

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| **Module 1** | **Strategies to de-escalate conflict using questions and apologies** |
| **Lesson 1** | **Cyber-Stories (Scene 1 'Send me a Selfie') & (Scene 2 –'Flame Wars')** |
| **Aim** | Pupils should, "Develop the appropriate language and confidence to describe unwanted behaviours." This is a requirement set out by OFSTED in their 2013 PSHE report. |

| **Resources** | Lesson Plan 1 | 'CyberSense' Website | Handout 1.1 | Handout 1.2 | Handout 1.3 | Handout 1.4 | Emoticons Handout |
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| **Lesson 2** | **Storyboard exercise (Scene 1 'Send me a Selfie') & (Scene 2 –'Flame Wars')** | | | | | | |
| **Aim** | Pupils should, "Develop good strategies to resist peer-pressure to make unhealthy or unsafe choices." This is a requirement set out by OFSTED in their 2013 PSHE report. | | | | | | |
| **Resources** | Lesson Plan 2 | 'CyberSense' Website | Handout 2.1 | Handout 2.2 | Handout 2.3 | Handout 2.4 | Create a Character |
| **Lesson 3** | **Role – Play exercise (Scene 1 'Send me a Selfie') & (Scene 2 –'Flame Wars')** | | | | | | |
| **Aim** | Pupils should, "Develop the appropriate language and confidence to describe unwanted behaviours… and good strategies to resist peer pressure to make unhealthy or unsafe choices." These are a requirements set out by OFSTED in their 2013 PSHE report. | | | | | | |
| **Resources** | Lesson Plan 3 | 'CyberSense' Website | Wordsearch Handout | Wordsearch Answer Sheet | Crossword Handout | Crossword Answer Sheet | |

| Lesson 4 | Judge Kadeem Debate | | | | | | |
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| Aim | Pupils should be, "...taught the appropriate language and [have] developed the confidence to describe unwanted behaviours." This is a requirement set out by OFSTED in the 2013 PSHE report. | | | | | | |
| Resources | Lesson Plan 4 | 'CyberSense' Website | | | | | |
| Lesson 5 | Spot the Symbol | | | | | | |
| Aim | Pupils should be able to, "Understand the importance of applying security settings on social networking sites and know how to set them". These are requirements set out by OFSTED in their 2013 PSHE report. | | | | | | |
| Resources | Lesson Plan 5 | 'CyberSense' Website | 'Spot the Symbol' Handout | | 'Test an Adult' Handout | | |
| Lesson 6 | Problems and Solutions | | | | | | |
| Aim | Pupils should, "Develop the communication skills and confidence they need to challenge their own and others' views and listen to each other". This is a requirement set out by OFSTED in their 2013 PSHE report. | | | | | | |
| Resources | Lesson Plan 6 | 'CyberSense' Website | 'Word Scramble' Handout | | 'Word Scramble' Answers | | |
| Lesson 7 | Circle of Support | | | | | | |
| Aim | Pupils should have access to, "...high profile displays of help lines and groups that young people could go to for confidential support". This is a requirement set out by OFSTED in their 2013 PSHE report. | | | | | | |
| Resources | Lesson Plan 7 | 'CyberSense' Website | Poster Handout | Newsletter Handout | | | |
| Lesson 8 | Big Cyber Quiz | | | | | | |
| Aim | Pupils should, "...be taught the appropriate language or develop the confidence to describe unwanted behaviours or know where to go to for help". This is a requirement set out by OFSTED in their 2013 PSHE report. | | | | | | |
| Resources | Lesson Plan 8 | 'CyberSense' Website | Quiz Handout | Quiz Teacher Answer Sheet | | Teacher Support Document | |

| Module 2 | Talking about your feelings as a constructive response to cyber-bullying. | | | | | | |
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| Lesson 9 | Cyber-Stories (Scene 3 'Girls don't play football') & (Scene 4 – 'What harm can it do?') | | | | | | |
| Aim | Pupils should, "Develop the appropriate language and confidence to describe unwanted behaviours." "The casual use of homophobic language should be addressed." These are requirements set out by OFSTED in their 2013 PSHE report. | | | | | | |
| Resources | Lesson Plan 9 | 'CyberSense' Website | Handout 9.1 | Handout 9.2 | Handout 9.3 | Handout 9.4 | Emoticons Handout |
| Lesson 10 | Storyboard exercise - Scene 3 'Girls don't play football' & Scene 4 – 'What harm can it do?' | | | | | | |
| Aim | Pupils should, "Develop good strategies to resist peer pressure to make unhealthy or unsafe choices". This is a requirement set out by OFSTED in their 2013 PSHE report | | | | | | |
| Resources | Lesson Plan 10 | 'CyberSense' Website | Handout 10.1 | Handout 10.2 | Handout 10.3 | Handout 10.4 | Create a Character Handout |
| Lesson 11 | Role Play Exercise: Scene 3 'Girls don't play football'& Scene 4 'What harm can it do?' | | | | | | |
| Aim | Pupils should, "Develop the appropriate language and confidence to describe unwanted behaviours. …and good strategies to resist peer pressure to make unhealthy or unsafe choices". These are requirements set out by OFSTED in their 2013 PSHE report. | | | | | | |
| Resources | Lesson Plan 11 | 'CyberSense' Website | Wordsearch Handout | Wordsearch Answer Sheet | Crossword Handout | Crossword Answer Sheet | |

| Module 3 | Skills to empower the bystander | | | | | |
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| Lesson 12 | Cyber-Stories (Scene 5 'you're making us lose') & (Scene 4 – 'I wouldn't like it') | | | | | |
| Aim | Pupils should, "Develop the appropriate language and confidence to describe unwanted behaviours". This is a requirement set out by OFSTED in the 2013 PSHE report. | | | | | |
| Resources | Lesson Plan 12 | 'CyberSense' Website | Handout 12.1 | Handout 12.2 | Handout 12.3 | Handout 12.4 | Emoticons Handout |
| Lesson 13 | Storyboard exercise (Scene 5 'You're making us lose') & (Scene 4 – 'I wouldn't like it') | | | | | |
| Aim | As a requirement of the OFSTED 2013 PSHE report, pupils should, "Develop good strategies to resist peer-pressure to make unhealthy or unsafe choices." | | | | | |
| Resources | Lesson Plan 13 | 'CyberSense' Website | Handout 13.1 | Handout 13.2 | Handout 13.3 | Handout 13.4 | Create a Character Handout |
| Lesson 14 | Role Play Exercise (Scene 5 'you're making us lose') & (Scene 4 'I wouldn't like it') | | | | | |
| Aim | Pupils should analyse the role of the bystander in order to, "Develop the appropriate language and confidence to describe unwanted behaviours. …and [develop] good strategies to resist peer pressure to make unhealthy or unsafe choices". These are requirements set out in the 2013 OFSTED PSHE report. | | | | | |
| Resources | Lesson Plan 14 | 'CyberSense' Website | Wordsearch Handout | Wordsearch Answers | Crossword Handout | Crossword Answer Sheet | Certificate of Achievement |