



Dyadic Developmental Psychotherapy (DDP) Level Two

Therapy & Parenting of Developmentally Traumatized Children

About DDP

DDP was developed by Dan Hughes as an Attachment Focused Family Therapy that is tailored to meet the needs of children who have experienced trauma and loss. This therapy is theoretically based on the models of attachment theory and intersubjectivity, and is consistent with the needs of children and young people who have experienced developmental trauma.

Course Information:

This four day level two training course follows on from the level one training and explores the successes and difficulties that have been experienced since completing the initial training.

Participants will further develop their experiential skills through additional role playing and by reviewing treatment sessions.

The size of the level two training group is smaller than that of the level one training in order to allow more room for discussion and supervision. Participants will have the opportunity to bring in a DVD of their work and receive feedback as well as the opportunity to discuss what they have achieved since the level one training. There will also be an opportunity for participants to work in a small group of two or three to reflect upon their own attachment history and its impact on themselves as a practitioner.

For more information on certification see www.ddpnetwork.org

Course Objectives

- To build on the foundation knowledge and skills gained in level one
- To have the opportunity to receive feedback on practice since level one
- Explore attachment history
- Discussion and supervision in a small group

Suitable For

Those who have completed DDP level one training: Professionals who support children and young people who have experienced developmental trauma (social workers working in fostering and adoption services, psychologists, residential workers, psychiatrists and other interested professionals).

About the Trainer

Dr Vicky Sutton is a Chartered Clinical Psychologist with specialist experience in working with Looked After and Adopted Children, their Families and Professional Networks. Since qualification in 2006, Vicky has worked within Social Care and NHS settings, and now practices independently.

Vicky is a certified DDP Practitioner, Consultant and Trainer. Vicky is also a DDPI Board Member and a Director of the newly formed DDP Connects UK.

Vicky passionately believes that when children struggle to feel safe within their foster or adoptive families (due to their early experiences of abuse and neglect within their family of origin) therapeutic approaches which focus on strengthening the child's attachment to his or her new Parents / Carers are the most effective in reducing trauma symptoms and helping children to experience a visceral sense of safety. Vicky believes that it is through the development of nurturing relationships that children can begin to heal from their past traumas. For these reasons, Vicky has specialised in DDP and is committed to supporting others who wish to develop their skills in this approach. Vicky continues to work therapeutically with adoptive and foster families as well as offering DDP supervision and trainings.

Date: 7 – 10 July 2020

Time: 9.30am to 4.30pm each day

Venue: Adoptionplus, Moulsoe Business Centre, Moulsoe, Nr. Milton Keynes, MK16 0FJ

**Price: £950 + VAT (£1140 inc VAT)
Lunch and refreshments are included**

Booking: For further information or to book please visit www.adoptionplus.co.uk or contact Alice Hollingdale on 01908 218251 or alice.hollingdale@adoptionplus.co.uk

www.adoptionplus.co.uk



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