

A NEW YEAR, A NEW YOU

Start your New Year's Resolution with a plan!

Train and save on personal training

4 Pack + 1 Free

8 Pack + 2 Free

12 Pack + 3 Free

16 Pack + 4 Free

- Newly Renovated Facility
- New Cardio Equipment
- Over 30 Group Classes Weekly
- Hot tub, Sauna, Steam Room, and More!

Contact the Lead
Certified Personal Trainer,
Derrick Robinson
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