

Women only session

Barry Mind



Every Wednesday 1.30 - 3.30

Women's only session - ran by volunteers.

Come along for trips... guest speakers...activities...company
and a cuppa and more...

If you are interested in coming along, please get in
touch to register with us.

29 Tynewydd Road
Barry
CF62 4LF

t: 01446 746191 or 01446 730792
e: admin@mindinthevale.org.uk
w: www.mindinthevale.org.uk

Mind is a registered charity - No. 1065411



in the Vale
of Glamorgan