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## **Macmillan Living with and beyond cancer – Cancer and Mental Health**

**Course:** Cancer & Mental Health

**Duration:** 1.0 day

**Format:** Face-to-Face

**Level:** Foundation

This one day session will equip you with the skills to support patients with mental health conditions. The session will give an overview of diagnoses and symptoms, recovery, resilience and positive mental health.

### **Course objectives**

- Improving communications
- Principles and values for working with cancer and mental health
- Future action planning – what needs to happen on a personal, care, and service wide level to improve services

**Select your preferred date and location** for the Cancer and Mental Health training course and email [sheffieldccg.mlwabc@nhs.net](mailto:sheffieldccg.mlwabc@nhs.net) to book your place

### **1 course available**

Wednesday 24<sup>th</sup> October, 09:30 – 16:00. The Source, 300 Meadowhall Way, Sheffield. S9 1EA



## **Macmillan Living with and beyond cancer – Holistic Needs Assessment**

**Course:** Holistic Needs Assessment

**Duration:** 0.5 day

**Format:** Face-to-Face

**Level:** Foundation

A Holistic Needs Assessment (HNA) is a simple questionnaire that is completed by a practitioner or person affected by cancer. It provides an opportunity to highlight the most important things to them at that time, and this can inform the development of a care and support plan with their nurse or key worker. The questionnaire can be completed on paper, or electronically.

### **Course objectives**

- Overview of Holistic Needs Assessment (HNA) and Care Planning
- Promote wider understanding of HNA and Care Planning
- Identify challenges/barriers and explore potential solutions

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**Select your preferred date and location** for the HNA training course and email [sheffieldccg.mlwabc@nhs.net](mailto:sheffieldccg.mlwabc@nhs.net) to book your place

### **2 half day sessions available**

Thursday 6<sup>th</sup> September, 09:30 – 12:30. Hellaby Hall, Bramley. Rotherham. S66 8SN

Thursday 1<sup>st</sup> November, 13:30 - 16:30. The Source, 300 Meadowhall Way. Sheffield. S9 1EA



## **Macmillan Living with and beyond cancer – Motivational Interviewing**

**Course:** MOTIVATIONAL INTERVIEWING

**Duration:** 2.0 days

**Format:** Face-to-Face

**Level:** Foundation

This 2 day workshop, aims to give participants understanding, knowledge and skills which can be applied and developed within their role and relationships with patients.

### **Course objectives**

- Reflect on the common ways of trying to motivate patients and explore why these ways often do not work.
- Explore how people change.
- Make links with the role of Motivational Interviewing in your practice
- Learn about how to understand people's existing motivation through careful listening of the language they use.
- Learn about engaging and working collaboratively- even when people seem highly resistant.
- Come away with practical ideas of how to integrate the approach into your practice.

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**Select your preferred date and location** for the Motivational Interviewing training course and email [sheffieldccg.mlwabc@nhs.net](mailto:sheffieldccg.mlwabc@nhs.net) to book your place

### **2 courses available**

Tuesday 6<sup>th</sup> & Wednesday 7<sup>th</sup> November, 09:00 – 17:00. The Source, 300 Meadowhall Way, Sheffield. S9 1EA

Monday 3<sup>rd</sup> & Tuesday 4<sup>th</sup> December, 09:00 – 17:00. Hellaby Hall. Bramley. Rotherham. S66 8SN



## **Macmillan Living with and beyond cancer – The Recovery Package**

**Course:** RECOVERY PACKAGE

**Duration:** 1.0 day

**Format:** Face-to-Face

**Level:** Foundation

Focusing on core knowledge and skills, and looking at how to apply some of the learning in your workplace.

### **Course objectives**

This interactive workshop is designed to give you an overview of Living with and beyond cancer and all the elements of the Recovery Package. The day will provide an opportunity for discussion and debate, with opportunities to learn, share and network with other healthcare professionals.

- Understand current research and developments in cancer survivorship.
- Understand the component parts of the Recovery Package.
- Use the logic model as a framework for understanding how to plan for the Recovery

**Select your preferred date and location** for the Understanding the Recovery Package course and email [sheffieldccg.mlwabc@nhs.net](mailto:sheffieldccg.mlwabc@nhs.net) to book your place

### **2 courses available**

Monday 10<sup>th</sup> September, 09:30 – 16:30. Hellaby Hall, Bramley, Rotherham. S66 8SN

Tuesday 6<sup>th</sup> November, 09:30 – 16:30. Cedar Court, Denby Dale Road, Wakefield. WF4 3QZ