

# Red

MARCH 2018 £4.30

## YOUR NEW STYLE EDIT

SOFT STRIPES  
SLOUCHY BLAZERS  
FLOATY DRESSES  
**PLUS** HOOPS WITH  
EVERYTHING

## Wonder women

ZADIE SMITH ON  
MOTHERHOOD

DOLLY ALDERTON  
ON BEING SINGLE

JOJO MOYES  
ON KINDNESS

## DEEP BREATH... AND JUMP!

HOW (AND WHEN)  
TO CHANGE  
YOUR CAREER

MY 20 LIFE  
LESSONS BY

Yasmin  
Le Bon

No.1 'LAUGHTER  
WILL SAVE YOUR  
RELATIONSHIP'

**5** STEPS  
TO BETTER,  
BRIGHTER  
EYES

## Spring living

Mood-  
boosting  
breakfasts

How to  
decorate  
with pink

Speedy, stylish  
suppers

Chic vases &  
cool cushions



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## Advertisement feature



### WHY CHOOSE AN ALBION BATH FOR YOUR BATHROOM PROJECT?

Albion baths are around a third of the weight of a cast iron equivalent, because they are made from our durable Iso-Enamel material. Not only this, they keep your bath water hotter for longer, as our unique material acts as an insulator, rather than a conductor of heat.

To find out more, request your brochure on 01255 831605 or visit [www.albionbathco.com](http://www.albionbathco.com)

### PERILLA

Cosy, soft 90% alpaca bed socks from Perilla. Alpaca has better insulating properties than any other wool fibre and is more hard wearing. Great colour palette of palest pastels to vivid jewel colours, which come in four sizes, extra small, small, medium and large. Up to three pairs can be beautifully boxed and make a great gift for friends and family.



[perilla.co.uk](http://perilla.co.uk)  
01886 853 615

## *This month's* ESSENTIALS

### DISCOVER BEAUTIFUL SKIN WITH REGENTIV™ (Retinol)



Minimise lines and wrinkles, crepey eyes and neck, sun and skin damage with The Specialist Serum's advanced retinol, vitamin E and aloe vera. Look younger longer with the anti-ageing serum professionals are raving about.

From £29.95 with FREE UK p&p. To receive exclusive 10% reader discount, apply code RED3 at checkout. [www.regentiv.co.uk](http://www.regentiv.co.uk) or Tel: 01923 212555 for advice or to order. See website for full range and special offers.

### SBC'S COLLAGEN ULTRA RICH

This high-performance, award-winning face cream is enriched with the most effective, skin-loving ingredients, such as marine collagen, hyaluronic acid and EPS seafill® to provide intensive skin care, for plump, healthy looking skin.



With its luxurious mousse-like texture, it glides onto the skin with an instant burst of hydration, whilst helping to reduce the appearance of fine lines and wrinkles.

In a clinical study of 30 women:  
97% observed a reduction in wrinkle depth  
100% observed a positive effect on skin hydration

Order online at [sbcgels.com](http://sbcgels.com) and use code RED20 and receive 20% off your Collagen Ultra Rich Cream. (full T&Cs online at [sbcgels.com/terms-conditions](http://sbcgels.com/terms-conditions), offer ends: 31/3/18).