



# Leader as Coach

8,9 October 2019  
12,13 November 2019

**Successful coaching is a mutual conversation that follows a predictable process and leads to superior performance, commitment to sustained improvements, and positive relationships."**

JOHN WHITMORE

The coaching discipline is increasingly being recognised as a vital leadership skill. The ability to help people think for themselves, devise and find their own solutions, set goals and overcome barriers to reach them is essential in developing people. Coaching approaches to leadership are extremely effective in today's workplace. That's why we are launching:

## Leader as Coach

a brand new coaching skills for leaders programme. Facilitated by our own accredited executive coaches, it will comprise of a four day workshop combined with personal study and coaching practice. This will challenge your ways of thinking about developing the people in your organisation and set you on your journey to becoming a coaching leader.

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## WHAT TO EXPECT

On this course, you will get a solid introduction to how and why coaching approaches are so effective. The course will be highly practical and participative with an emphasis on giving you the opportunity, in a safe environment, to practise coaching skills. It will blend input and practice over four days, the aim being to demonstrate how to confidently undertake coaching in a challenging and fast-moving environment.

## COURSE OBJECTIVES

**To explore who you are as a leader and support you to develop your leadership effectiveness.**

**To communicate what coaching is and what it is not, and its impact on individuals.**

**Reflect on the values and principles underpinning the art of coaching.**

**Identify, describe and apply tools and techniques used in coaching practice.**

**To communicate and explore coaching skills in a safe learning environment and hone your skills with rigorous feedback.**

**To experience the impact of coaching conversations applied to real workplace topics.**

**To explore communication models**  
e.g. meta model, transactional analysis, listening and questioning skills.

**To review proven coaching models**  
e.g. GROW, Solution Focused and OSKAR.

**To explore how to embed coaching practice in your own working environment.**

For more information or to register contact:  
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