



UTASS

COMMUNITY NEWSLETTER

Supporting our Communities in the Durham Dales

Summer Newsletter...

Welcome to the summer community newsletter...

We have another bumper edition for you, as well as the usual dates for your diary on page 6, a training update on page 14 & 15, and information about outreach services available in and around Teesdale and the Durham Dales on page 5. We also have a list of mart sale dates, details from the Carnival Committee, information from Durham County Carers about upcoming open days and LOTS MORE!...

If you have anything for the Autumn newsletter, which will be out at the end of August and will cover September, October & November; it could be a story, an event or an advertisement, please email details to me at emma@utass.org Best Wishes, Emma

Rural Residents Hit By Identity Fraud...

Last month several rural residents discovered that their identities were stolen via their mail being taken from their 'road ends'.

The fraudsters tried to access their personal bank accounts and also applied for numerous forms of credit in their names.

In one instance the fraudsters managed to get approximately £30,000 worth of credit accepted through various banks/providers.

Police are still investigating the matter, and further victims are still coming forward. If you think you may have been victim to



such crimes you should contact the police.

We also have a contact at Barnard Castle Royal Mail sorting office, contact us here at UTASS on 01833 641010 if you'd like these details.

Many residents have a 'box' at the end of their drive, however their drive can often be a significant distance from their house. **It's important to consider how safe and secure your 'post box' is, and ensure your mail is left in a secured box.**

You can also check your own credit score, which will show you any credit which has been applied for via:

- www.experian.co.uk
- www.equifax.co.uk
- www.noddle.co.uk

Further information can also be sought from: Action Fraud – www.actionfraud.police.uk
CIFAS - www.cifas.org.uk
www.stop-idfraud.co.uk

PLEASE share this information as widely as possible and be vigilant; Watch for pin numbers coming through the post or other items that you know **you haven't applied for.**

VOLUNTEER DRIVERS AND CHAPERONES NEEDED

Could you spare a couple of hours once every 2 months – particularly on a Thursday evening? If so we'd love to hear from you. Volunteer Drivers would need to be aged over 25, with a full driving licence (no more than 5 points).

Traveling expenses can be reimbursed.

Contact Alison on 01833 641010 or email alison@utass.org



LOTTERY FUNDED

Summer 2018

Covering June, July & August



THE PRINCE'S COUNTRYSIDE FUND

GEORGE F. WHITE

Summer 2018

Room at the top!

The newly refurbished room up on the second floor at UTASS, a chill-out space is now open for our older Thursday evening members (aged 12-19).

The spacious lounge, which has yet to be named by the young people, boasts cosy couches, a smart TV and Blue Tooth speaker. A much requested dart board has already been hung and suggestions for additional equipment are welcome.

The room will be an area young people can relax and socialise with friends, as well as a base from which other activities can take place, such as mini bus outings, issue based projects and basically whatever the young people want to do! For example we have already welcomed Tariq from the Northern Heartlands project to our official opening on Thursday 3rd May, and young people heard how they could get involved in what promises to be an exciting

creative project.

First floor facilities (pool table, computers, TV and sports area) are still available to those using the new lounge on a Thursday evening from 7.30pm to 9pm. Anyone aged 12+ arriving by mini bus at 6pm will, as usual be welcome to come in and use the upstairs lounge while the younger members enjoy their session on the first floor.

Please spread the word that **we're open for business** again, after a period when we

were unable to offer a session for this age group.

The mini bus taxi continues to provide a reliable means of getting down the dale to join in. Pick-ups must be booked before 4pm on the day by phoning Charlotte in the UTASS office. Return trips leave UTASS at 7.30pm and 9pm.

Eve & Andy look forward to seeing you!



UTASS Youth Sessions

Sessions for young people at UTASS take place during school term time and include Monday Girls Group 6pm to 8pm (8-13 year olds) and Thursday mixed gender drop in 6pm to 7.30pm (8-11 year olds) then 7.30pm – 9pm (12-19 year olds or up to 25 year old for those with additional needs).

During school holidays offsite visits to places of interest take place. Transport to and from sessions may be available for those living in remote locations or for those with specific needs.

For more information please pop along to a session and speak with either Jen, Gina, Eve, Andy, Zelda or Theo.

The Book Exchange Facility at UTASS is now up **and running....**



The Book Swap Scheme at UTASS has developed beyond all of our expectations.

Please do pop into UTASS and take a look at the books available. We also have a Childrens section.

Please remember that there is also a book shop in the village which is run by volunteers and all proceeds go to support local charities.



Cheaper heating oil

Since UTASS took on overseeing the oil bulk buying group in March 2018 a further 30 households have joined the existing 130 group members.

Group members save an average 3p per litre.

Membership of the group is **FREE** and the minimum order amount is 500 litres.

If you would like to join the scheme or find out more about it –

please contact Charlotte at UTASS on 01833 641010 on Tuesdays or Thursdays or email Charlotte@utass.org



GET WELL SOON

We'd like to wish
our youth worker
JEN
a speedy recovery!

UTASS Christmas Cards & 2019 Calendar

If you have any photographs you'd like to offer for the 2018 Christmas card or the 2019 calendar please email them to emma@utass.org by **31st JULY !**

If you would like to advertise your business please get in touch for sponsorship details.



Caring for a relative, friend or neighbour can be hard but local support is on hand Durham County Carers' Support is a local independent charity offering advice, information and practical support to anyone caring for a friend, neighbour or relative who cannot manage without their support due to disability or illness. For example, a Husband supporting a Wife with dementia or a Parent supporting a child with a disability. Our help includes specialist information and advice, home visits, practical help completing forms for benefits, accessing funding for a break and lots more.

Janice Coulson supports Carers across Teesdale providing home visits, telephone advice and appointments on a Thursday morning at the Barnard Castle GP Surgery on Victoria Road or at UTASS in Middleton

Carers Week this year is from Monday 11th June to Sunday 17th June. The theme is Supporting Carers to be Healthy and Connected. Join us at Barnard Castle Methodist Church on Tuesday 12th June from 10 to 12 noon for benefit advice, health checks, how to access a break, stop smoking advice, healthy refreshments and a goody bag.

Specialist advice available around Stroke, Support for Parent Carers' of Children with additional needs and many other issues. There will also be a holistic therapist offering taster sessions like hand massages.

Carers' Support Group is changing venue to meet more centrally at Scar Top at the Dawson Room, Barnard Castle Town Council, Woodleigh, Flatts Road, Barnard Castle, DL2 8AA (opposite the Post Office in Barnard Castle) The group is keen to welcome new people. It is a great opportunity to meet other Carers' who understand and can support you in a warm friendly environment and invite speakers on relevant topics.

We meet the last Thursday of the month 10:30-12:30

Middleton in Teesdale –

UTASS

Carers living in and around upper Teesdale are invited to come along to the UTASS centre Middleton in Teesdale on the following dates;

June 29th 10-12 noon – A worker from the Stroke Association will attend to talk about healthy lifestyles such as hidden sugars, addressing high blood pressure. There will also be an opportunity to have your blood pressure checked.

27th July 10-12noon – Age UK are attending to discuss the various services they have in the Teesdale area.

Barnard Castle

Charity Donations taken at UTASS....

The Great North Air Ambulance Service (GNAAS) operates three helicopters, 365 days a year, across the North-East, North Yorkshire and Cumbria. GNAAS crews respond to around 1,000 call outs each year and on board our aircraft are specialist trauma doctors and paramedics, who bring accident and emergency expertise to the scene.

UTASS will be acting as a collection point until the end of August

2018 for any of the following items:

- ◆ Clothing
- ◆ Handbags,
- ◆ Shoes
- ◆ C D ' s
- ◆ DVD's
- ◆ Household Textiles e.g. Towels, Bed Linens, Curtains
- ◆ Books
- ◆ Old Mobile Phones (Working or not)
- ◆ Old Toner Cartridges/Inkjets

THEY WON'T TAKE: bric a brac e.g. toys, ornaments, pictures, small electricals etc.



OUTREACH FACILITIES AT UTASS



FULLY QUALIFIED & INSURED

MOBILE BEAUTY BY EMMA

TEL: 07555 685228

COVERING SUNDERLAND & SURROUNDING AREA. AVAILABLE IN
MIDDLETON IN TEESDALE ON FRIDAYS

Mobile Beauty Therapist Emma Richardson of Tranquil Treatments works from UTASS, or in your own home.

Her treatment menu and price list is on the UTASS website, www.utass.org



Janice Coulson, a carer support worker from Durham County Carers Support visits UTASS every other Friday, supporting carers in our local community.

You can find out more information by visiting www.ddcarers.org or contact her on 01833 600 577.



Local Police Officers are available at UTASS on a monthly basis.

Residents or visitors are welcome to come in and discuss any issues you may have.

No appointment required.
ALL WELCOME



RACHEL LOGAN
MCFHP MAFHP

Foot Health Professional

Telephone: 07825314487
e-mail: rachy87@hotmail.com

Rachel visits UTASS every 6 weeks, offering nail trimming & correction, skin conditions, heel pain, removal of hard skin, corns, callus, verrucae, blisters, athletes foot, fungal infections, diabetic foot assessments, ingrowing toenails and general foot care advice.

GEORGE F. WHITE

Managing Partner, Robyn Peat, is available on the first Monday of every month for professional and business advice at UTASS.

Free appointments can be made through UTASS (01833 641010 or info@utass.org) or by calling George F. White on 01388 527966.

AGRICULTURE RESIDENTIAL COMMERCIAL DEVELOPMENT INVESTMENT ENERGY ENVIRONMENTAL



Teesdale Citizens Advice Bureau (CAB) offer a drop-in service at UTASS fortnightly on Mondays. 10am - 1pm.

UTASS Youth Sessions

Monday's

Girls Group
6pm til 8pm
8 - 12 year olds

Wednesday's

Off Site visits in School Holidays
times and costs vary

Thursday's

Youth Club
6pm til 7.30pm 8 - 11 year olds
7.30pm til 9pm 12 - 19 year olds

All Sessions £1 per child per session

If you have any suggestions, please do get in touch with diane@utass.org

We champion ourselves upon the youth sessions working, because they are what the young people want.

June 2018

Mo	Tu	We	Th	Fr	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

June Events Listings:

- Citizens Advice are at UTASS every other Monday, 10am - 1pm. (4th & 18th)
- Durham County Carers are at UTASS every other Friday, (8th & 29th).
- Pilates - every Wednesday, 9.15am.
- Yoga - every Tuesday, 6.15pm
- 5th - Middleton in Teesdale Farmers Lunch.
- 5th - UTASS AGM, 7pm.
- 7th - PACT Police Drop in Session, 2pm - 3pm.
- 9th - Upper Teesdale Social Group Sports Day
- 11th - Rachel Kidd Chiropodist at UTASS. (contact details on page 7)
- 12th - Police & Public Meeting with Supper at 7.30pm
- 13th - Young Peoples Sailing Trip.
- 20th - St Johns Chapel Farmers Lunch.
- 21st - Barnard Castle Farmers Lunch.
- 26th - Music & Memories at UTASS the 4th Tuesday of every month, 2.30pm - 3.30pm.
- 29th - Durham County Carers - Stroke Association open morning. 10am - 12 noon.

Events get updated regularly on our online diary, which can be found at:

[www.utass.org/
events](http://www.utass.org/events)

July 2018

Mo	Tu	We	Th	Fr	Sa	Su
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

July Events Listings:

- Citizens Advice are at UTASS every other Monday, 10am - 1pm. (2nd, & 16th)
- Durham County Carers are at UTASS every other Friday. (13th & 27th)
- Pilates - every Wednesday, 9.15am.
- Yoga - every Tuesday, 6.15pm - no class on 3rd April or 10th April.
- 4th - PACT Police Drop in Session, 1pm - 2pm
- 10th - Middleton in Teesdale Farmers Lunch.
- 10th - 12th - Yorkshire Show.
- 11th - St Johns Chapel Farmers Lunch.
- 19th - Barnard Castle Farmers Lunch.
- 24th - Music & Memories at UTASS the 4th Tuesday of every month, 2.30pm - 3.30pm.
- 27th - Durham County Carers - Age UK open morning. 10am - 12 noon.

August 2018

Mo	Tu	We	Th	Fr	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August Events Listings:

- Citizens Advice are at UTASS every other Monday, 10am - 1pm. (6th & 20th)
- Durham County Carers are at UTASS every other Friday. (10th & 24th).
- Pilates - every Wednesday, 9.15am.
- Yoga - every Tuesday, 6.15pm
- 2nd - PACT Police Drop in Session, 12noon - 1pm
- 4th - Middleton-in-Teesdale Carnival.
- 8th - St Johns Chapel Farmers Lunch.
- 14th - Middleton in Teesdale Farmers Lunch.
- 16th - Barnard Castle Farmers Lunch.
- 28th - Music & Memories at UTASS the 4th Tuesday of every month, 2.30pm - 3.30pm.
- 25th - 149th Weardale Show at St Johns Chapel.
- 27th - 106th Reeth Show.
- 27th - BANK HOLIDAY MONDAY - UTASS CLOSED.

Have you changed your email address?

Please keep us up to date & let us know of any changes to your email address. This will help UTASS minimise exceeding our limit of failed email attempts on our server.

Supporting UTASS

You can now support UTASS via Virgin Money Giving.

YOU CAN VISIT WWW.UTASS.ORG AND IN THE "SUPPORT US" TAB YOU'LL find a link to our Virgin Money Giving page.

alternatively you can use the QR code opposite.





NEW EVENTS, AN INFLATABLE ASSAULT COURSE, A QUEEN

(and possibly someone off the telly again!!!)

Middleton-in-Teesdale

Carnival

FINALLY, after the winter that went of forever, it's nearly summer. As soon as the school summer term finishes, the bunting will be going up and the countdown to carnival will begin!

Not been part of the Procession before? What's stopping you? Make a costume and turn up on the day. ANYBODY can join in the fun.

This year there will be bigger prizes for the procession floats. This year's prizes will be:-

Walkers: 1st £15, 2nd £10, 3rd £5, All other walkers in full fancy dress £2

Floats: 1st £100, 2nd £75, 3rd £70

There will also be a new prize category for floats, 'Highly Commended' at £60, and a

number of these prizes can be awarded at the judge's discretion. All other floats entered will receive £25.

Popular stalls and activities will once again be on the Carnival field. Old favourites, new favourites, refreshments, bands, and where else can you win a coconut these days? Younger children will be able to ride, bounce and slide and for the more athletic there will be bungee runs and a rodeo bull.

New this year will be an Assault course – (more details later) and a Penalty Shoot Out.

The main event in the central arena in the afternoon this year will be **Dog Agility!** So it won't just be talented dogs at the dog show, you and your canine friend may also be able to have a go with the professionals who have performed at Crufts!



Our new Carnival Queen Lola Rayner will be crowned at the Sports and Social Club on Friday 3rd August immediately before the Family Night. She will be supported by her

attendants Jessica Docherty and Millie Gibson. Come along and get the Carnival weekend off to a great start.



And before Carnival weekend, watch out for decorated shops and some interesting characters on the village green. Why not join in the fun and make your own scarecrow to decorate the village? Big or small and any style of clothing – they all help to get us in Carnival mood. Best dressed scarecrows = prizes. Kids – get your bikes tuned up ready for the cycle races and everyone get your eyes peeled ready for the village treasure hunt.

Once again it will be prizes galore in the raffle (tickets available soon), but you can already find the 500 board in the village shops and buy a £1 square for a chance to win £100.

Keep an eye on Facebook (@middletoncarnival) and adverts around the village and upper dale to keep up to date with what's in store. It's not long now – so start getting ready for Carnival. Tell your friends and come along and have some fun!

**Middleton-in-Teesdale
Carnival Day
Saturday 4th August '18**



Mart Sale Days

SATUDAY 02/06/2018	DARLINGTON - Full Farm Sale For Mr G Simpson of Orchard Farm, Middleton-in-Teesdale, DL12 0RY.
MONDAY 04/06/2018	KIRKBY STEPHEN - Store cattle, OTM cattle. Spring sale of Tractors and Implements.
TUESDAY 05/06/2018	HAWES - Show & sale of spring lambs. Classes for pens of 4. Ewes with lambs. Store sheep. DARLINGTON - Special sale of heifers & cows with calves at foot & bulling heifers.
WEDNESDAY 06/06/2018	BARNARD CASTLE - Late spring show & sale of prime lambs.
MONDAY 11/06/2018	DARLINGTON - ' Light Nights Show & Sale ' of store cattle.
THURSDAY 14/06/2018	BARNARD CASTLE - On farm sale for GH Thomson, Scargill.
MONDAY 18/06/2018	KIRKBY STEPHEN - OTM cattle.
TUESDAY 26/06/2018	BARNARD CASTLE - Sale of OTM & breeding cattle, feeding bulls & store cattle.
MONDAY 02/07/2018	KIRKBY STEPHEN - Sale of store & breeding cattle, cast cows & OTM cattle..
TUESDAY 03/07/2018	HAWES - Cast Show & Sale. Prime lambs. Store sheep.
SATURDAY 07/07/2018	DARLINGTON - Summer collective sale of tractors, implements & machinery.
MONDAY 16/07/2018	KIRKBY STEPHEN - OTM Cattle.
TUESDAY 17/07/2018	HAWES - Prime lambs Show & Sale. Classes for Pens of 4. Prime Lambs. Cast Ewes.
MONDAY 30/07/2018	KIRKBY STEPHEN - Sale of store and breeding cattle, cast cows and OTM cattle. DARLINGTON - Opening sale of breeding sheep & store lambs.
TUESDAY 31/07/2018	KIRKBY STEPHEN - Opening sale of store lambs.
TUESDAY 07/08/2018	BARNARD CASTLE - Prize Show & sale of feeding bulls & store cattle. Also sale of OTM & breeding cattle. KIRKBY STEPHEN - Young handlers prime lamb show.
MONDAY 13/08/2018	KIRKBY STEPHEN - OTM Cattle.
FRIDAY 17/08/2018	HAWES - Opening catalogued sale of store lambs. Catalogue closes Tuesday 7th August at 12 noon.
TUESDAY 21/08/2018	HAWES - Evening Show & Sale of 1,000 Mule Gimmer Shearlings. Catalogue closes Tuesday 14th August at 12 noon. Sale of Crossing Rams. Entries to Time of Sale. Show & Sale of Prime Mule Wether Lambs. Classes for Pens of 6. Prime Lambs. Cast Ewes.
THURSDAY 23/08/2018	DARLINGTON - Summer sale of working sheep dogs and pups.
MONDAY 27/08/2018	KIRKBY STEPHEN - Sale of store and breeding cattle, cast cows & OTM Cattle. DARLINGTON - ' Darlington's Big Bank Holiday Show & Sale ' of store cattle.
FRIDAY 31/08/2018	HAWES - Catalogued Show & Sale of store lambs. Catalogue closes Tuesday 21st August at 12 noon.
MONDAY 10/09/2018	KIRKBY STEPEHEN - OTM Cattle. DARLINGTON - First sale of breeding Rams & Ram Lambs.
TUESDAY 11/09/2018	BARNARD CASLTE - Prize show & sale of feeding bulls & store cattle also OTM & breeding cattle.

Mart Sale Days

FRIDAY 14/09/2018	KIRKBY STEPHEN - NEMSA Gimmer Lambs - Prize Show & Sale.
MONDAY 17/09/2018	HAWES - The Great Annual Two Day Show & Sale of 30,000 Mule Gimmer Lambs on behalf of the North of England Mule Sheep Association. MONDAY 17th & TUESDAY 18th. Prizes for Pens of 10. Judging 8.00am. Sale 9.00am each day. Catalogue closes Tuesday 28th August.
TUESDAY 18/09/2018	KIRKBY STEPHEN - Mule prime lamb show.
WEDNESDAY 19/09/2018	MIDDLETON-IN-TEESDALE - NEMSA gimmer lambs - show & sale.
MONDAY 20/09/2018	BARNARD CASTLE - Prize show & sale NEMSA mule gimmer lambs.
FRIDAY 21/09/2018	MIDDLETON-IN-TEESDALE - Swaledale gimmer lamb - show & sale. HAWES - Catalogued sale of store lambs. Catalogue closes Tuesday 11th September at 12 noon.
SATURDAY 22/09/2018	KIRKBY STEPHEN - Cowper Day horse sale.
MONDAY 24/09/2018	KIRKBY STEPHEN - Sale of store cattle, cast cows and OTM cattle. DARLINGTON - Second sale of mule gimmer lambs, breeding sheep and store lambs.
TUESDAY 25/09/2018	DARLINGTON - Annual sale of Mule Gimmers, breeding sheep & store lambs. HAWES - Sale of 3,000 Crossed Swaledale & Dalesbred Ewes at 12 noon. 300 BFL, Suffolk, Texel, Beltex & North Country Cheviot Rams & Ram Lambs. Rams to be Sold in the Cattle Ring at Approx 1pm. Catalogue closes on Tuesday 18th September. Prime Lambs. Cast Ewes. Show & Sale of Calves .
FRIDAY 28/09/2018	ST JOHNS CHAPEL - Prize show & sale of Swaledale Ewes, Gimmer Shearlings & Gimmer Lambs. KIRKBY STEPHEN - Mule & Continental X ewes, shealings & gimmer lambs. Texel & Continental rams and females, and other breed rams - Show & sale. MIDDLETON-IN-TEESDALE - Swaledale ewes & Bluefaced Leicester rams show & sale, also other breed rams.
SATURDAY 29/09/2018	ST JOHNS CHAPEL - Prize show & sale of Swaledale Ewes, gimmer shearlings & gimmer lambs. DARLINGTON - Autumn sale of rare breed cattle, sheep & pigs.



MIDDLETON
HARRISON & HETHERINGTON
Farmstock Auctioneers, Brokers & Valuers
Monthly Sale & Weekly Prime Sheep Collection



WEEKLY SALES
Every Thursday

Weekly Sale Times:
9:30 am: 100 Plus Prime Bulls
10:30am: 100 Plus Clean Cattle,
12:30pm: 2500 Plus Prime Hogg's
followed by 1000 Plus Cast Sheep

To receive weekly Monday Store Catalogues and newsletters by a Thursday, email info@dfam.co.uk and request a Catalogue with your name, address and phone number




WEEKLY SALES

Every Wednesday
Sale of Prime and Cast Sheep



WEEKLY SALES

Every Tuesday
Sale of Prime Hogg's & Cast Ewes.



WEEKLY SALES
KIRKBY STEPHEN

Every Tuesday
Sale of prime and lightweight lambs, cast and feeding ewes and store lambs

HOUSE CLEARANCE.....



UTASS will very soon be getting lots of household items from a house clearance....

If you are in need of any items, please contact us and let us know so we can form a list, we can then contact you if and when the items are available.



Music

&

Memories

UTASS will be offering FREE monthly music and memories sessions between 2.30pm and 3.30pm.

Tuesday 26th June

Tuesday 24th July

Tuesday 28th August

Tuesday 25th September

The aim of the session is to provide a warm, welcoming and caring setting where people can come together for a singalong, socialise, cup of tea and a cake.

The Monday Night Girls Group at UTASS will bake the cakes for participants to share.

at the music and memories sessions.

Transport to and from UTASS may also be available if required.

If you want to come along please contact UTASS on 01833 641010.



Dog Poo Bags

Thank you for taking dog poo bags so that you can clean up after your dog

These bags are funded by
Middleton-in-Teesdale and Newbiggin Parish Council

The Council is proud of this village and its surroundings and appreciates any help it gets in keeping the place clean and tidy.

Please consider making a donation towards the cost of providing these bags.

Thanks!

GEORGE F. WHITE



WE DO BUSINESS WHERE IT MATTERS MOST TO YOU

Barnard Castle • 14c Redwell Court, Barnard Castle, County Durham DL12 8BN • 01833 690390

Wolsingham • 8 Front Street, Wolsingham, County Durham DL13 3AA • 01388 527966

AGRICULTURE RESIDENTIAL COMMERCIAL DEVELOPMENT INVESTMENT ENERGY ENVIRONMENTAL

Units at The Aspire Building

Middleton in Teesdale Auction Mart, DL12 0NG

And UTASS 9-11 Chapel Row, DL12 0SN

Yan - Unit 1 - Currently Occupied by Fallbright Consulting

Tyan - Unit 2 - Currently Occupied by Simmi Performance

Tethera - Unit 3 - Farm, Pet & Equine



Stock a complete range of Farm, Pet and Equine supplies including:

- Stable Supplies
- Livestock Health Products and Supplements
- Outdoor Clothing
- Tack and Horse Rugs
- Equestrian Wear
- New products include Dog and Horse Feed
- Saddles, Bridles and Ropes
- And much more ...

The price you see is what you pay
(includes VAT and free delivery to UK mainland).

Open Tuesday, Thursday and Friday 9am-5pm, Saturday 9am-1pm and Sunday 10am-2pm

If you require further information about our products, please contact Mike on 01833 641111 or 07747002184

Email: mike@farmpetandequine.uk or visit the website: www.farmpetandequine.uk

Farm Pet & Equine now have an eBay Shop : [farm/pet&equine](https://www.ebay.co.uk/shop/farm-pet-equine)

Which offers FREE POSTAGE on all items!

Methera - Unit 4 - Currently Occupied by Simmi Performance

Pip - Unit 5 - AT UTASS - Steve Messam

An environmental artist based in the North of England. With his site-specific installations, he sets visual accents in rural or urban settings, which include historical relics and vacant architecture that make us perceive the familiar environment in a new way.



REACHING OUT ACROSS DURHAM (ROAD)

Finding your potential

Durham Community Action (DCA) are one of eleven voluntary and community sector organisations working in partnership on the Reaching Out Across Durham (ROAD) Building Better Opportunities (BBO) programme. ROAD is funded by the European Social Fund and the National Lottery through the Big Lottery Fund. ROAD provides support to the most disadvantaged groups in Durham, who are furthest from the labour market and who experience significant barriers to work.

DCA have two full-time Navigators – Tara Hallmond and Karen Anderson – who cover the geographical areas of Teesdale, Weardale, Crook and Willington. Support is offered to those aged twenty-five and above in County Durham who are unemployed or economically inactive, to allow them to move forward into volunteering, training, job search and employment.

Tara and Karen support Participants to access a range of opportunities and specialist support including developing IT skills, managing money and improving their health and wellbeing.

ROAD helps individuals to find their potential with:

- 1-to-1 support from specialist Health Trainers and Financial Coaches
- Access training and vocational courses to help improve confidence and learn new skills
- Guidance, support and advice on any area you feel will help you to make positive changes

Contact DCA Navigators:

Tara:

Tel: 01388 742 963 or 07496 461 966

Email: tara.hallmond@durhamcommunityaction.org.uk

Karen: 01388 742 062 or 07496 461 961

Email: karen.anderson@durhamcommunityaction.org.uk

You can also visit the ROAD website at <http://www.reachingoutacrossdurham.co.uk/> for more information



Barnard Castle Post Office operate a satellite branch

HERE AT UTASS

Tuesdays - 9.30am until 12.30pm

and

Fridays - 1.30pm until 3.30pm



L2 Award Food Safety in Catering

UTASS (Upper Teesdale Agriculture Support Service), 9-11 Chapel Row, Middleton in Teesdale DL12 0SN

Thursday, 14th June 2018, 9.00 am – 16.30 pm

By undertaking the course you will gain an awareness and understanding of:

- The importance of food safety and knowledge of the systems, techniques and procedures involved
- How individuals can take personal responsibility for food safety
- How to control food safety risks (personal hygiene, food storage, cooking and handling of food)
- The importance of keeping work areas clean and hygienic
- The importance of temperature controls when storing, preparing, cooking, chilling, reheating, holding, serving and transporting food
- Confidence and expertise to safely deliver quality food to customers

The course is FREE to anyone in receipt of a means tested benefit, if not the cost is £17.50

For further information, or to book a place on the course please phone Denise Hopps, Bishop Auckland College on 01388 443078

Minibuses available for Community Use
UTASS have two wheelchair accessible minibuses available for community groups.
(not for hire or reward)

We have a 15 seater which requires the driver to have a D1 classification on their driving licence.

However we also now have a 10 seater, which anyone aged 25+ with a full licence (with no more than 5 points) can drive.

For more details please contact UTASS on 01833 641010.

Sing with a Smile... Sing A'cappella

Meet New Friends

Female Choir Singers

Come and Join us

Ladies A'cappella Choir

A new Choir is looking for Ladies of all abilities and voice ranges to join our local group. You don't need to be a great singer or read music as audio tracks will be provided for easy learning. All ages are welcome and all that is needed is the desire to have fun.

Interested ? Contact Barbara on 07979265279 for more info

Stamping Out Mental Health Stigma in County Durham.

Tuesday 19th June 10:30am - 2:30pm
Durham Town Hall, Market Place, Durham City, DH1 3NU

Lunch and refreshments provided

The free event is open to schools, colleges, time to change champions, employers, businesses or any organisations in the County Durham area. Find out about free interactive resources available for you to use, to help end mental health stigma.

Time to change champions can claim up to £5 in travel expenses with a valid ticket, or 50p per mile if you are travelling by car

Book your place via Eventbrite: www.eventbrite.co.uk/e/stamping-out-stigma-tickets-45677692207

Please note this is limited to 2 places per organisation within the County Durham area. For education providers/children's services, one of your allocated spaces must be for a young person.

Check out our social media pages

Facebook: [StampOutStigmaDurhamTimeToChange](https://www.facebook.com/StampOutStigmaDurhamTimeToChange)
Twitter: [@StampOutStigmaTimeToChange](https://twitter.com/StampOutStigmaTimeToChange)

Stamp It Out: Mental Health, Age, Stigma and Discrimination Campaign

time to change county durham: We're not mental health discrimination

Durham County Council

If you have any queries or would like further information please contact chrisaffleck@investinginchildren.net

Are you looking for a new phone, broadband or TV deal?

It is often worth shopping around for deals when a contract comes to an end to check if you can pay less for the same or similar service with another provider.

A good way to find out what deals are available is to check out the price comparison sites which have been accredited by Ofcom who are the communications regulator in the UK. Other comparison sites and service providers are also available outside of the scheme.

The Ofcom price accreditation scheme logo is awarded to websites that have had their price comparison services put through a rigorous independent audit. The audit checks whether the information provided to consumers is accessible, accurate, transparent, comprehensive and up to date.

There are currently eight accredited comparison sites, detailed in the table below, that provide a variety of service comparisons.

You can complete a comparison yourself through the relevant website or over the phone.

Once you have an idea of what deals are available to you, it might also be worth contacting your current provider to check what they can offer you. If you find a cheaper deal for the same service with another provider, it

Comparison website	Contact number	Comparison offered on
https://www.broadband.co.uk/	0800 093 0405	Broadband Landline Pay TV
https://www.broadbandchoices.co.uk/	0800 380 0068	
https://broadbanddeals.co.uk/	0800 093 2520	
https://www.simplifydigital.co.uk/	0800 542 4704	Mobile phones
https://www.billmonitor.com/	0800 689 3609	
https://mobile.ctrl.io/	020 7135 2875	
https://handsetexpert.com/	0800 852 7876	
https://www.mobilephonechecker.co.uk/	020 7400 7499	

TRAINING UPDATE

Please view our website's Training Opportunities page: <http://utass.org/training-available/>

& Minibus Training <http://utass.org/minibus-training/>

We regret training courses can only run when there are sufficient numbers, please contact Julia Stephenson or Charlotte Fletcher on 01833 641010 or email julia@utass.org and charlotte@utass.org and let us know what's of interest

Date	Training	Venue	Training Provider	Cost
Thursday 14 th June 2018	Level 2 Award Food Safety in Catering	UTASS	Jeff Doidge Bishop Auckland College	£17.50* Free to those in receipt of a means tested benefit
Friday 15 th June 2018	Lantra Awards Responsible and Effective Control of Commensal Rodents	UTASS	John Jones Training	£113/£75.50 depending on course numbers
TBA	Quad Bike Training – 16+	Smartgill, Barnard Castle, DL12 9RB	Deepdale Offroad	Application for funding required

UPCOMING COURSES...

COURSES CURRENTLY ON OFFER AT UTASS:

- ⇒ Introduction to Counselling & Listening Skills (5 Week Course)
- ⇒ Introduction to Stress Awareness & Developing Emotional Resilience (5 Week Course)
- ⇒ L2 Award Food Safety in Catering (1 Day Course)
- ⇒ L3 Award Emergency First Aid at Work (1 Day Course)
- ⇒ Introduction to Confidence Building and Personal Development (5 Week Course)

LATEST NEWS...

Thanks to The Wellesley Trust at The Community Foundation Tyne & Wear and Northumberland and The Hedley Foundation, more Lantra 13-15 Tractor Driving training will be held on 31st May and 1st June and there are still spaces available for future dates. Quad Bike Training has also been arranged for two trainees on Thursday, 5th July. So far this year 18 successful applicants have been reimbursed towards their driver training.

Two more courses are coming up in June at UTASS – (details for both appear above) 14th June – Level 2 Award Food Safety in Catering + Lantra Awards Responsible & Effective Control of Commensal Rodents, which is an integrated assessment.

The UTASS British Wool Shearing Course date has been confirmed for Wednesday, 27th & Thursday, 28th June, to be held in Woodland by kind permission of John & Fay Hutchinson. Whether you are a beginner or wanting to improve your technique, our usual excellent instructors, will be there to help to make shearing a better experience for all involved! We would like to thank the Warren Group Ltd for agreeing to once again help trainees with providing funding towards the cost of the training. Thanks to all those who attended last year and congratulations on the British Wool "Seals" they achieved. We've already got good numbers for this year!



Vehicle Training to Improve Employability

We would very much like to thank the Wellesley Trust Fund at The Community Foundation Tyne & Wear and Northumberland for the opportunity for young people to access driver training and to thank applicants too. Unfortunately there were a lot more applications than spaces for the Trailer & Car Lessons, however due to this high demand, we applied to a second funder and we are so grateful to The Hedley Foundation for providing more funding, with previous applicants for car lessons or trailer lessons not needing to reapply.

If there are any new applicants who want to apply for Pre-Test Tractor, Quad Bike or Lantra 13-15 Tractor Driving, an Application Form can be downloaded by clicking on this link:

<http://utass.org/training-available/> or forms are available from the UTASS Office. **(Jack Atkinson & Adam Finch did their Lantra Tractor driving in February.)**



Funding for Weardale Rural Skills Training

So far 45 trainee places have been part funded from WAP, which has also enabled other trainees to attend training courses locally as well as:-

- 12 for NPTC Safe Use of Pesticides training & assessment (2 days training)
- 2 for the Semex DIY Artificial Insemination for Cattle (4 days training)
- 4 for British Wool Marketing Board Sheep Shearing (2 days training)
- 7 for Lantra Chainsaw (2 days training)
- 4 for Trailer lessons in preparation for B+E Test
- 6 for NPTC City & Guilds Level 2 Award in Land-based Forklift Truck Operations (Rough Terrain, Masted and Telescopic Types) (2 days training)
- 8 for Emergency First Aid Training (1 days training fully funded)
- 2 for Dry Stone Walling (3 day course held October 17 and pictured below)



We also have a few names for Spraying and Telehandler training and for the Emergency First Aid training. If you would like to apply an application form is available on the UTASS website or from the UTASS office.

Other Courses Available

NPTC Rough Terrain Telescopic (approx cost £345) – A few requests have been received

Lantra Award in Chainsaw Maintenance & Crosscutting – A few requests have been received

NPTC Certificate of Competence for the Transport of Livestock (Cattle & Sheep) – contact John Jones on 01768 898731 (further details on the UTASS Website)

Rodenticides – please call our Office to request a copy of the AHDB publication "Rodent Control on Farms" booklet with details of how to access on line training and Lantra assessment, if required.

NPTC Level 2 Award in the Transport of Animals by Road (Short Journeys) – Cattle & Sheep are classed as one species. Although no training is required, those interested will receive information to prepare beforehand. Qualification handbook 600/0306/6 states "This qualification is aimed specifically at people transporting animals over 65Km and up to eight hours in duration, where the journey is in connection with an economic activity" This ties in with requirements for a **business** to apply for an Animal Transporter Authorisation for the above journeys, which is free of charge. This Animal Health and Plant Agency application form needs to be completed and returned to the Welfare in Transport Team at Carlisle and can be obtained from UTASS, or the links are on our Website

Thank you!

Grateful thanks too, go for the team effort to make young people's driver training possible – this time involving tractors & trailers kindly loaned by Watsons of Strand Foot; Karl, Stephen & Hannah Hunter, Loraine & Michael Robinson and Peter & Barbara Needham & Stuart Richardson and latterly to Jamie & Rosie Finch and Trevor & Amanda Simpson & family for hosting the Lantra training. Thanks too to all trainers involved with helping young people achieve their goals. The venue is usually provided by kind permission of Middleton in Teesdale Mart, with voluntary help from H & H Staff, community & UTASS Members much appreciated.



All profits from the sale of these cards go to supporting UTASS

Greetings Cards

Left blank for your own message

£1.25 each or 5 for £5



Theatre Club

Next outing: 'Miss Saigon'
at the Sunderland Empire Theatre
OCTOBER 2018

Register your interest with Anne Scott
Email: annes@utass.org or Call 01833 641010

DID YOU KNOW??

**COMMUNITY
COMPUTER
AND PRINTER**

Did you know there is a community computer at UTASS?

Need to print an email or train ticket?
Broadband not working?
The Community Computer is FREE to use!

UTASS disclaimer

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is a Registered Charity 1120120 and Company Limited by Guarantee 6054331.

UTASS gratefully acknowledges the support and financial contributions from Volunteers, UTASS is funded by The Prince's Charities, The Sherburn House Community Grants Fund managed by County Durham Community Foundation, The R H Woods Charitable Trust, the Wellesley Trust Fund at the Community Foundation serving Tyne & Wear and Northumberland, Teesdale and Weardale Area Action Partnerships, Durham County Council Public Health, The Garfield Weston Foundation, The Martell Family Fund, BBC Children in Need, The Sir James Knott Charitable Trust, County Durham Community Foundation, The Hedley Foundation, Durham Shopping Extravaganza, The Frazer Trust, Sponsors and Service Users.