**RET Physical Therapy Group** 

## Specializing In:

Athletic Rehabilitation

Back Care and Education

**Balance Training** 

Bike Fit

Biomechanical Evaluation

Gait training

Manual Therapy

Massage Therapy

Orthopedic Rehabilitation

Outpatient Orthopedic Physical

Therapy

Posture and Body Mechanics Training

Post Surgical Rehabilitation

Pregnancy Massage and

Physical Therapy

Spinal Rehabilitation

Sports Therapy and Rehabilitation

Most insurance plans accepted, including Medicare and Medicaid. Please call for more information.



Lake Sammamish Physical Therapy is conveniently located right off I-90 in Issaquah, WA. Our mission is to provide the highest quality healthcare and exceptional service for our clients while maintaining a strong commitment to high ethical standards.

At Lake Sammamish Physical Therapy, individual treatment programs are created specifically for each client. Our rehabilitation philosophy is to promote healing through a combination of exercise and manual therapy, as well as educate the client in injury prevention, body mechanics and self-help techniques. We provide one-on-one care working with each patient to design a treatment program that best fits their own lifestyle and needs, and we strive to communicate closely with the client's physician to ensure the best possible outcome. The ultimate goal is for the client to return to normal activities of daily living, work, and participation in sports or recreational activities.

Our treatment approach first focuses on decreasing pain, edema, and muscle guarding to improve mobility and function. As the client improves, an exercise program will be established to fit the client's individual needs for strengthening, endurance, balance, and coordination. The client can expect their rehabilitation experience to be unique and allow them to meet their specific goals. We believe the client's health and well-being come first, and strive to maintain a warm, compassionate, and caring atmosphere whether the focus is on acute care, or developing long-term solutions for chronic conditions.

Call Today to Schedule Your Appointment with:

Lake Sammamish Physical Therapy

6520 226th Pl. SE • Suite 201 • Issaquah, WA 98027

For appointments: 425-391-5504 www.retptgroup.com/lakesammamish

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Bellevue	425.454.1405
Mercer Island	206.232.9045
Lake Sammamish / Issaquah	425.391.5504
North Bend	425.888.1156
Totem Lake	425.823.8631
Eastside / Redmond	425.883.9089
Summit / Puyallup	253.445.4258
Meridian / Puyallup	253.841.3041
South Hill / Puyallup	253.840.8051
Smokey Point   Reaction	360.658.8400
Lake Stevens   Reaction	425.377.1290
Palm Desert, CA	

