

MAY 2019 ISSUE

PEOPLE COME FIRST



NEWSLETTER TEAM



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SHEENA CONSTANTINE



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HUMAN RESOURCES



FOOD & GROCERY



PHARMACEUTICALS

BARRY TANGWELL

SHEENA CONSTANTINE

CRYSTAL GRANADO



BPI BRANDS



REGIONAL



PERSONAL CARE

SHEENA CONSTANTINE

N'KEISHA SUPERVILLE

DANIELLE TARDIEU

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FOREWARD MANAGING DIRECTOR

As we recently completed yet another challenging financial year, I can't help but feel very humbled by our ability to overcome the many hurdles we've faced which is being fueled by an ever so resilient Bpi Team. It reminds me of my very first day at Bryden pi almost 6 years ago. Like many of you, I had a choice about where to come to work. I came here because I believed in Norman's philosophy about "happy people" and how this philosophy enabled us to become one of the best performing companies in the industry. I saw then how ordinary people can be empowered to do extra-ordinary things and do so with a sense of humility and passion. I knew there was no better company to join if I wanted to make a difference. This is the very same inspiration that continues to drive me today.

It is an incredible honour for me to lead and serve this great company of ours. Norman has taken it from an idea to one of the most admired companies in the industry. I've been fortunate to work closely with him in my past role at Bryden pi, and as I stepped in as Managing Director, I am pleased that Norman was able to devote additional time to the company (post-retirement) to focus on specific strategic projects that would deliver stepchange growth.

While we have seen great success, we are always hungry to do more. However, our company has not been insulated against the challenging economic and social difficulties facing our country. This is a critical time for Trinidad & Tobago and for Bryden pi. Make no mistake, we are headed for greater places — however our job is to continue to ensure that the company can navigate the challenges that are before us.

As we journey together, I wanted to share some background on myself and what inspires and motivates me.

WHY AM I HERE?

I am here for the same reason I think most people join Bryden pi — to provide for my family and to be part of a team that does amazing things. I know it can sound hyperbolic — and yet it's true. We have done it before, we're doing it today, and we are the team that will do it again.

WHY ARE WE HERE?

In our early history, our mission was about becoming a dominant local business; a goal we have mostly and consistently achieved over the past few years. Today we're focused on widening that scope. We have now positioned ourselves as a regional player – with joint ventures set up in Barbados and Guyana. In a growing number of select categories (we even have a wider Caribbean footprint).

As we look forward, we must zero in on what Bryden pi can uniquely contribute to the country and the wider region. The opportunity ahead will require us to reimagine a lot of what we have done in the past and to do things differently.

Former Microsoft executive Qi Lu captured our spirit well in a past meeting when he said that Microsoft uniquely empowers people to "do more." This doesn't mean that we need to do more things, but that the work we do empowers the world to do more of what they care about — get stuff done, have fun, communicate and accomplish great things. This is the core of who we are and is driving this core value in all that we do — it is why we are here.

WHAT DO WE DO NEXT?

To paraphrase a quote from Oscar Wilde — "we need to believe in the impossible and remove the improbable". This starts with clarity of purpose and sense of mission that will lead us to imagine the impossible and deliver it. We need to prioritize innovation that is centered on our core value of empowering users and organizations to "do more." Next, every single one of us needs to do our best work, to lead and help drive cultural change. We sometimes underestimate what we each can do to make things happen and overestimate what others need to do to move us forward. We must change this.

Finally, I truly believe that each of us must find meaning in our work. The best work happens when you know that it's not just work, but something that will improve other people's lives. This is the opportunity that drives each of us at Bryden pi.

Many companies aspire to change the world. But very few have all the elements required: talent, resources, and perseverance. Bryden pi has proven that it has all three in abundance. And as Managing Director, I can't ask for a better foundation.

Let's build on this foundation together.





"When I lie down at night
Is buzz and bite and buzz and
bite. So is PAX PAX... I kill two
mosquitoes in dey tracks"

Does this sound/feel familiar?? Nothing is worse than trying to watch your favourite series on Netflix and having to deal with mosquitoes biting on your arms and legs!! So usually, you will bring out the trusty purple Protox can (or Protox Citronella), give a spray and all is right with the world again. Or even worse!!! Electricity gone (yes folks we are still living on an island). Fan shut off, AC shut off. From the moment that happens, it seems that it is a full attack!! The mosquito choir starts up.... nnnnnnnnnnngggggggggghhhhhhhhh. Well there goes your sleep....

All of these scenarios are true and real. When questioned, the main reason that consumers purchase insecticide is to combat the deadly mosquito! That same dreaded insect that gave us Dengue, Zika and who among us did not contract Chik V in some form or fashion!! So with all this in mind, from the makers of that powerful Protox Protect Insecticide, was born Pro1 SPECIAILIST MOSQUITO KILLER. Launched in July 2018, Protox Pro 1 is the answer to all your mosquito problems! How? You may ask?.. Well Pro 1 formulation is specifically designed to target mosquitoes. The insect becomes dazed and dies within seconds. The actual product is a lighter formulation, so when it is sprayed, it hangs in the air longer and so the mosquito cannot get away. So it's a double whammy for these insects from hell! And there's an added benefit.....the scent is actually pleasing! Now what more can you ask for! Welcome to the revolutionary world of insect death from the Protox family; Protox Regular; Protox Citronella and now Pro 1 Specialist Mosquito killer.











CHARITY OUTREACH



CHARITY OUTREACH TEAM WORK EXERCISE

The Food & Grocery Merchandising team got together and developed a "Charity Outreach Team Work Exercise". The teams saw the need to give back in addition to developing their team work.



A family was assisted who lost their home to fire in March 2017. The family was a young couple Andy and Crystal Resal with two children Shannia 4years and Shawn 2 years of age. The North / East merchandising team pooled their monies and contributed financially towards rebuilding the home. They are also contributing good items from at home.

The F&G department also contributed our grocery and kids brands to the family. To name a few, Protox, Scott Paper Towels, Huggies, Kotex, Sum Bleach etc. The Central / South team also did their own Charity exercise. This was done at

Macdonalds Home for the Aged. The merchandising team pooled their monies and donated breakfast to the home and entertained the elderly with conversation and games. Persons at the home were treated to a breakfast of sandwiches, chicken croissants, red velvet cake, sponge cake, bananas and Cafe Barista coffee. The morning ended with a donation of Evony diapers to the home. I would like to thank each and everyone on behalf of the F & G Merchandising team, all who contributed and assisted. As our mantra says "People come first" and to us "A little help goes a long way".

The merchandising team pooled their monies and donated breakfast to the home and entertained the elderly







As the old adage goes "In every corner of the world there is a Trini"

Carol's Daughter founded by Lisa Price, who has deep Trini roots is finally here in Trinidad and Tobago! We at BPI recently hosted a spectacular launch at the enchanted Veronique's in St. Clair. Several local beauty & lifestyle bloggers, influencers and specially invited guests experienced a magical night where they were given a preview to the brand's exquisite collection. Curl specialist, Aileen Toro

provided live product demos, working on various types of curly hair, allowing guests to see the range of each line.

In 1993 Carol's Daughter was born inside the family's, Brooklyn, kitchen. Lisa, with the guidance of her mother, started mixing carefully selected natural ingredients like sea salt, coconut oil, and marine algae to provide good care for textured hair without the need to apply chemicals.

The brand prides itself on providing products that are free of sulfates, parabens, petroleum, mineral oil and artificial colors. We distribute five collections that combine natural ingredients with functional use for every hair type. Each one includes products for cleansing, conditioning and styling.









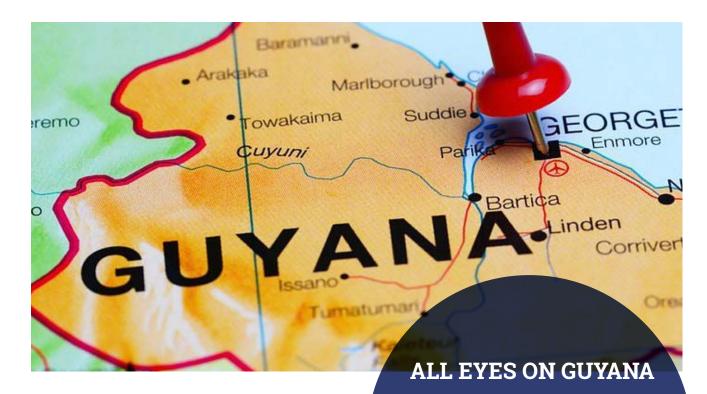




On March 28th 2019, we officially launched our ROB campaign which is a collaborative initiative between Bryden Pi Ltd and Kimberly-Clark Professional.

ROB, which stands for Refer Our Business was undertaken as an opportunity to pursue new business prospects for the Professional Care Division as we are focused on strong growth and development for our business

unit. ROB is a great way of leveraging our internal networking capabilities, while creating mutual beneficial relationships with our suppliers. We look forward to an overwhelming amount of support from all members of staff. Remember each referral offers you a chance to win \$150 CASH once we are able to successfully close the sale. Campaign Ends: April 30th 2019.



"Guyana, perhaps the only English-speaking South American country, is poised to become the next big oil producer in the Western Hemisphere, attracting attention and investment dollars of some of the biggest oil companies in the world. Early rough estimates by experts of how much recoverable oil Guyana could have range to more than four billion barrels, which at today's prices would be worth more than US\$200 billion. It's not often that a country goes from 0 to 60 so fast like this," said Matt Blomerth, head of Latin American Upstream Research for Wood Mackenzie, a consultancy firm." - NY TIMES, JAN. 13, 2017

This will spur a major change of fortunes in the country," says Finance Minister Winston Jordan, noting that the country for the first four years will earn approximately US\$350 million per year, while Exxon and partners Hess Oil and Nexen of China are allowed Guyana, the only Englishspeaking South American country, is poised to become the next big oil producer in the Western Hemisphere,

to recover their investment from the sector. Thereafter, the government has said, the country will earn much larger amounts monthly once the consortium recovers its investment and moves to what experts call profit oil.

To put it into perspective, within the oil industry anything over 500 million barrels of recoverable resources is considered a giant field. This puts their potential output higher than that of Trinidad.

REGIONAL

In anticipation of this growth, we have been assiduously searching (for the past 4 years) to set up a more formal way of doing business in Guyana. After a long search for a viable partner, on January 15th, 2018 we made it official and inaugurated our entity there. Bpi Guyana Inc. (BGI), with its offices in the heart of Georgetown, is a Joint Venture company with majority ownership held by Bryden pi Limited together our partners, the Nabi Brothers, who are well-established and well-respected businessmen in Guyana, primarily involved in the construction sector.

The BGI operation is being run by Natasha Das, a Guyanese born entrepreneur who migrated to Canada several years ago to pursue her studies and worked for several years as a senior



executive with Apotex Pharmaceuticals. On her return to Guyana in 2015, she acquired 50% of a local Distributor – Pharmagen Inc. and quickly doubled the size of business. She comes over to BGI as a Director and CEO with great experience, vast in-depth knowledge of the market and a strong network.

Natasha has also brought over several strong lines and coupled with Bpi's existing intimate knowledge, supplier relationships, lines and experience in distribution, we are confident, committed and eager to further build on our existing solid base as we move towards achieving our ambitious growth targets outside of Trinidad to further expand our regional footprint.

These are exciting times for us and we will be committing the requisite energy, time and resources over the next coming months and years to ensure that this already successful start-up blossoms into a force to be reckoned with in Guyana.

BGL gets €50,000 in grant funding

Bryden pi Genethics was recently awarded €50,000 in grant funding through the Direct Assistance Grant Scheme (DAGS) which is funded by the European Union and managed through the Caribbean Export Development Agency.

The funding is geared towards helping Caribbean companies develop and grow their export business. Bryden pi and Bryden pi Genethics has placed great emphasis building our export capacity over the next few years and this grant could not have come at a better time.

Our proposal was based on the upgrade of two key manufacturing lines at Genethics which will



increase our production capacity and reduce our cost of production thereby making our products more competitive.

exporTT, our local export development agency was fundamental in guiding us through the process and continue to work closely with us to develop our export capacity.

A lot of hard work went into the preparation of the proposal for the grant and we would like to say thanks to everyone involved in the process.

Bryden pi participates in Colombia Trade Mission

In September 2018, our Bpi Brands Division participated in a Trade Mission to Colombia which was facilitated by exporTT, our local export development agency.

Ms. Danielle Tardieu, Export Manager, represented Bryden pi and met with a number of companies in Colombia over a 3 day period with the aim of introducing our own brands,

Protox and Genethics to the Colombian market as well as looking for opportunities for us to produce private label products to supply to that market. Part of Danielle's visit also included trade visits to gain a better understanding of the market

and the competitive landscape. The delegation was led by Minister of Trade and Industry, Paula Gopee-Scoon along with representatives of the Trinidad & Tobago Manufacturers Association and exporTT.

We look forward to fruitful rewards from this mission as we focus our efforts on growing our business through the export channel in both regional and extra-regional markets.



During our earlier years at Bpi, we received several requests from some of our key suppliers to extend our support to them in the northern Caribbean islands, namely Barbados and the OECS. They enjoyed working with us and wanted to build on the mutual growth and success we were able to being to their brands, however, in their world, these islands were simply too small and complex to manage.

So in 2009, Bpi initially went about to fully acquire the Lasco Barbados Ltd. operation in Barbados, which was then owned by Jamaican businessman, Lacelles Chin. Up until 2013, we tried to manage this business remotely, even though we had appointed a Manager there, but like many new ventures, there were many challenges with that model and there were several critical lessons learnt; which today have enabled us to look at entry into new markets quite differently.

AHCI BARBADOS

Our Barbados / OECS footprint
- A partnership between
Armstrong Agencies LTD. and
Bryden pi LTD.

The Company was subsequently reincarnated to become a more focused entity. In July 2013, our sister company, Armstrong Health Care Inc. (AHCI) was born and began commercializing business in Barbados. This reengineered company was a Joint Venture owned by Armstrong Agencies Limited (51%) and Bryden pi Limited (49%). It is exclusively dedicated to Healthcare product sales, marketing and distribution in Barbados and the Eastern Caribbean.

REGIONAL

AHCI has built a tradition of offering the highest level of quality service to all our customers, and has a moving benchmark to raise the service level bar. Their product offering covers areas such as Diagnostics, Ethical & OTC products and Medical & Dental Supplies which are supplied by internationally renowned pharmaceutical houses. Some key principals include the following:

- Roche Servicios
- Roche Pharma
- Siemens
- Bayer Diagnostics
- Bayer Pharmazona
- Pfizer OTC

- CSL Behring
- Himalaya
- Prestige Brands
- Ontex
- Medimpex
- Genethics

AHCI is registered to do business both in Barbados and the OECS. The company presently has many items on the local formulary, as such, they can operate with extreme proficiency as they have an established, in-depth understanding of the processes and relationships.

The company is chaired by our principal partner Andy Armstrong. He is a Past President of the Barbados Chamber of Industry and Commerce (2010-2012) and has spent over 30 years developing his business throughout the Caribbean both in terms of Armstrong's own locally-manufactured brands as well as the distribution of major global brands in Barbados. This has ensured that he has very high level connections and is well respected throughout the local and regional business community.

He is supported by the General Manager Robert Morris; a Pharmacist by profession and previously the Chief Pharmacist at the Knight Pharmacy chain as well served as the Pharmaceutical Division Manager at SBI. Throughout his past work experience, he has garnered solid and long-standing relationships with the key players in the industry. Robert is formally trained and is intimately familiar with the purchasing system being that governs the OFCS Tender.

Even though Barbados has not been immune to the global economic challenges, AHCI continues to show above average growth and the future looks even brighter. Together with our Guyana partnership, Bpi is now able to offer our existing suppliers as well as potential new partners, a viable South Caribbean supply chain solution.



They moved into their new facility on Unit#5 JSAC Compound, El Socorro Ext#1, San Juan in March 2017. In addition to moving into a new production flow friendly plant, BGL bought a new filling line for their main product Salve Antiseptic Liquid to complement their transition into their new building. The commissioning of this new Filling line has tremendously increased efficiency creating new vigour within the Salve Antiseptic Liquid Filling Line. BGL launched its new labels for their Salve Antiseptic Liquid and

Creams & Ointments in June 2017 right after settling in their new home. BGL is also working feverishly in Research and Development and they have many new and exciting products coming soon, so stay tuned.



After having established an excellent reputation throughout Trinidad & Tobago within the distribution market, for delivering the best brands to consumers, it is a pleasure to bring to our loyal customers, the leading mentholated lotion on the market. Alcolado Glacials is of superior quality because of its high alcohol content, menthol and essential oils. Its secret formula makes it a remarkably refreshing splash lotion

with a variety of uses, which includes but is not limited to refreshing your body on a hot day, alleviating headaches and nausea, and relieves insect bites. Alcolado Glacials is now available nationwide

BREAKING INTO THE CARIBBEAN ORTHOPAEDIC BUSINESS

There are three kinds of companies: those who make things happen; those who watch things happen; and those who wonder what has happened.

Bryden pi's growth, while still navigating the choppy waters of the global economic downturn, says a lot about its management vision and employee tenacity both past and present. In 2016, Bpi entered into a distributor agreement with Zimmer Us, Inc. Zimmer GMBH and Biomet International Ltd (now just referred to as Zimmer Biomet or ZB). Having previously been confined as a sub-distributor in the Trinidad & Tobago territory for many years, Bpi and by extension the HES department, is now charged with the responsibility to dominate the wider Caribbean region; spanning from the northern territories of the USVI and BVI, all the way down to the South American mainland to Guyana and Suriname — and everything in-between.

To better serve this larger market, Bpi has had to delegate some of its responsibilities to two sub-distributors - Advance MedGroup Inc. (north Caribbean) and RKF Medical Inc. (Cayman Islands), together with a freight forwarder partnership with Trans Global Enterprises Inc., to facilitate direct market shipments. The challenges affecting growth outside of TT are plain to see and it forces us to quickly develop intelligence on our competition, customer needs and market nuances. Despite these challenges, the ortho team marches on, striving feverishly to establish our footprint as a supplier of good quality products delivered with service excellence.

Regionally and locally, aside from our knee and hip portfolio, we have recently extended our representation to Cranio Maxillofacial (CMF) products which specializes in treating many diseases, injuries and defects in the head, neck, face, jaws, and the hard and soft tissues of the oral and maxillofacial region. This is an internationally recognized surgical specialty. Within this new portfolio, we have already been awarded purchase orders from Eric Williams Medical Sciences Complex (EWMSC) for the Lorenz instrumentation which is

used to treat patients suffering from Pectus Excavatum which is a rare chest congenital deformity occurring in approximately one of every one thousand children.

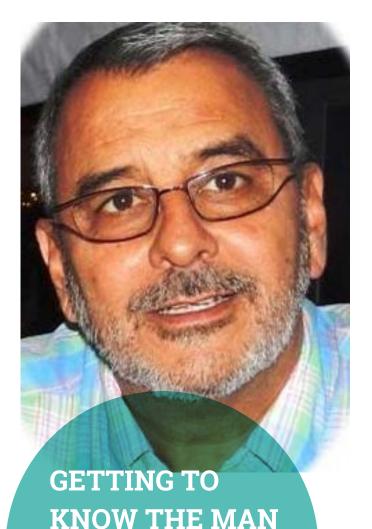


Like most new business ventures, we continue to face challenges in the Suriname market, given the extreme downturn in their economy coupled with pricing competition from another local (Trinidad) distributor supplying another global brand. Given the extreme challenges in several of the smaller markets, we hope to offset this deficit in the 2019-2020 fiscal year with greater market presence and representation in key markets such as Trinidad and Guyana. With the addition of Bpi Guyana Inc. to the group, we expect to further deepen our orthopaedic market participation, especially after Jerome's visit in August.

Competitive forces have seemingly gotten worse over the last few years, especially with respect to "doctor-owned" or doctor-affiliated" competitive companies. This puts the ultimate choice under our noses — do we change the way we do things to rise above it or do we simply sit idly by and wonder what has happened. Given the level of investment required to properly service the orthopaedic market, we have also seen many suppliers shy away from the business. The return on investment for equipment such as kits are sometimes not realized for 10-15 years, if the throughput of surgeries are not consistent.

The 2018 Caribbean College of Surgeons conference was hosted in Trinidad from October 4th to October 6th 2018. The Ortho Team is set on capitalizing on this opportunity to make our mark in this area. We are optimistic that if we execute right, we can also exploit for new and exciting opportunities for the ZB line in Trauma products, Power Systems, Sports Medicine and ATS systems.

We clearly understand the financial risk involved in this capital intensive industry, but we continue to confidently but humbly steer ahead remembering our values, 'there is always a better way,' 'we always do the right thing', 'we win only as a team,' & 'people come first.'



The world has been blessed with many visionary greats in their own time.

The world has been blessed with many visionary greats in their own time - JFK, Martin Luther King, Jr. Albert Einstein (just to name a few). In this country, Norman Tang is without a doubt a 21st Century visionary in his own right and has been pivotal in assisting with Bpi's growth over his many

years at the helm and even thereafter since his retirement on March 31st 2017. While he is very much reserved and humble, his reputation precedes him, as you will read in the following paragraphs.

In 1994, Norman Tang wound up the local Sterling Drugs manufacturing operation and established Pi Caribbean, which would later evolve into Bryden pi Limited after the acquisition by the Bryden Holdings Group. At that time, the reduction in the import duty rate for pharmaceutical products made local manufacture less cost-competitive, which drove the decision to import Incredibly, his ability to effectively manage such a sensitive closure; resulted in the company being given an award by the Union for the manner in which it was handled

It was during this time, after assessing potential distributors with the team from New York, that Norman expressed his desire to become the distributor for Sterling Drugs. He had no money, but was given the opportunity to distribute the portfolio, which was the earliest beginnings of pi Caribbean. The biggest challenge occurred after the first year when Sterling Drugs was itself bought over and pi Caribbean lost distributorship. Norman now had a distribution company with no lines and twenty odd staff members to pay (who were only just a year ago laid off), and no means of making money. By the grace of God however, he made contact with Brian De La Rosa and together with

HUMAN RESOURCES

a lot of hard work, they acquired a few lines that kept the ship afloat. It is now just over twenty-five years since the beginnings of pi Caribbean.

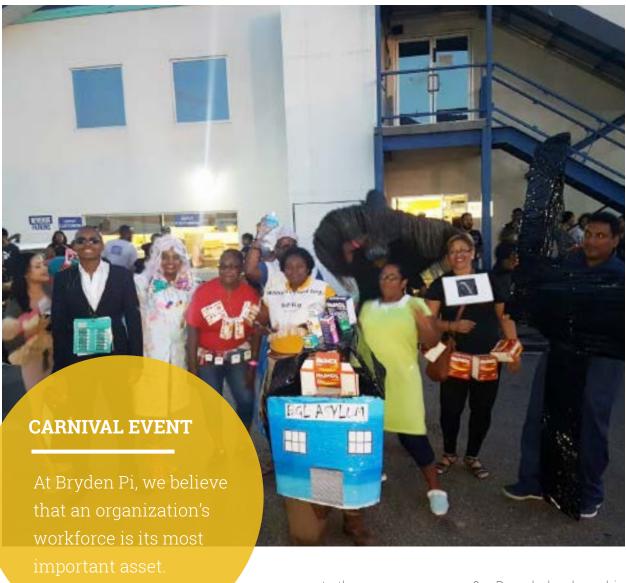
On April 1, 2017, Norman officially retired but assumed the role of Consultant in the office just opposite to where he sat as MD. Being so close to the action and not actually being involved, I would imagine was a bit strange for Norman, but his focus remained clear. His purpose now was to work on very specific growth projects with a focus on the wider Caribbean Market (including the set-up of a strategically important Joint Venture partnership in Guyana) and also to mentor Barry into continuing to move the company forward.

At Bpi we have 'core values' at our centre, which were established since the inception of the company but formally refined and documented by the Executive team. These core values Norman believes, are largely responsible for the success of the organisation thus far, as he observes most of the Bpi team's outputs exceed all expectations.

Norman sees Bryden pi as a billion dollar, profitable company in the next five to six years. He sees us diversified, getting more into manufacturing, and regionally well established in other parts of the Caribbean. As we grow larger, his hope is that Barry and the other members of management team remain clear on the shared goals and objectives of the company, that people come first, that we care about them and their families and we want them to grow both professionally and individually.

Norman's inspiration and drive came from his dad who was a successful businessman and politician. Much like Norman, he maintained very casual demeanour. This casual style was not just in his attire but also extended to the manner in which he approached issues. He believes people are very creative, willing to work and with vast ideas, f only one will take the time to sit and listen to them. If Norman entrusted you with a task, it was because he believed you could do it better than he could.

During his many years of work, Norman focused his life fully on his Job at pi Caribbean and Bryden pi with not much time for hobbies or a social life. His family (wife and children) play a special role, along with his resolute Catholic Faith, which he is very passionate about. He has spent a lot of time studying his faith and his love for God has actually brought him to dreaming of becoming a 'Saint' in the next life. He now enjoys the next chapter of his life, keeping himself busy with many new projects, so with God's continued blessings coupled with his astute business acumen, we expect him to do well in any endeavour he chooses to undertake.



Traditionally, Carnival has always been a time for colour, creativity, laughter and togetherness, so in the spirit of the season and keeping with our values the HITSQUAD members found it was only fitting that our annual event be centered around the theme of Ole Mas & Soca.

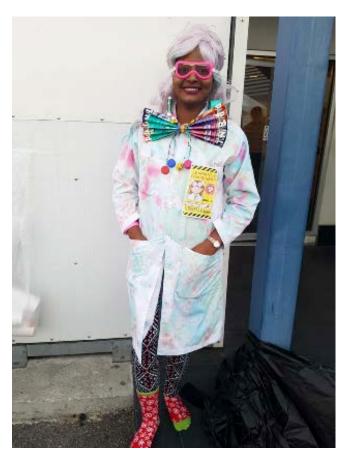
On February 22nd, Bpi's backyard was transformed into it's very own Dimanche Gras, as patrons witnessed a sexy sailor chip to the sweet sound of pan, a Dr. that had to be taken

to the emergency room & a Bago lady whose big bumce mesmerized the crowd, but they were no match for the winning team - BGL Asylum, whose carefully crafted routine ensured them the top prize and bragging rights for the rest of the year. However, they were not our only crowned champions for the night as our very own lyrical guru's —Joel Wilson & Matthew Sugrim had the entire crowd looking for something....anything.

As the night wined down and patrons grabbed their last doubles & cup of corn soup for the road – we left with a euphoric feeling ready for the next event.









RETIREMENT PLANNING SEMINAR

On January 24, 2019, we hosted our second Annual Retirement Planning Seminar for some members of our team. Information provided included presenters from TTARP, NIB, NIB, Ministry of Health, Guardian Life and Sagicor. We also ended with a motivational talk from Dr. Jennifer Rouse, formerly from the Ministry of Social Development & Family Services, Division of Ageing. We hope to continue this initiative to assist in helping our employees prepare for their retirement.











INTERNATIONAL INSPIRE YOUR HEART WITH ART DAY

On January 31, 2019, we observed 'International Inspire your Heart with Art Day', which encouraged us to reflect on how art affects our lives. We invited our employees to take some time out of their day to send in an original piece, inspired by their heart with a small description of what inspired their piece. Below are the amazing pieces we got that day! The first prize was a complimentary voucher for Sip n Paint & one bottle of Wine, with the second prize as an Adult stress reliever colouring book with accessories.





INTERNATIONAL HAPPINES DAY

This joyous day is celebrated worldwide every March 20th to inspire, mobilize and advance the global happiness movement.

BPI is proof of it's own philosophy "Happy people are more passionate and productive" and therefore we try to always create an environment that produces happy employees. This year Bpi recognized World Happiness Day by ordering scrumptious cupcake treats and granting 1/2 day to all our employees, to do something special with their loved ones.





that an organization's workforce is its most important asset.

In keeping with one of our core values, 'People Come First', it is vital that our staff are knowledgeable of their current health status and potential risks to health. As such, the HR team collaborated with the Hospital, Equipment and Supplies team and the Ministry of Health to host a series of lectures and a Health Surveillance Assessment at our three (3) locations. (Warehouse, BGL, Macoya) towards the end of the year.

Health lectures on topics such as Diabetes, Abuse, and Kidney Disease were conducted throughout the year and culminated in the Health Surveillance at the end of the year. During the assessment, employees gained free access to tests including Blood Glucose, Blood Pressure, Cholesterol and Urinalysis readings. They also had the opportunity to obtain guidance and recommendations from our on staff nurses and nutritional professionals from the Ministry of Health with respect to their test results, nutrition, diet, exercise and any other health related queries.

Special thanks to Ms. Michelle Ash, Head of Department of the Nutrition & Metabolism Division and her team of Registered Dieticians, and of course, our very own Hildegarde Julien, Margaret Bonas-Taitt, Anissa Dulan, Karen Katwaroo, Marvin Kennedy and Catherin Soobrattee for all their support during this project. We hope to continue this initiative annually and encourage your participation.













END OF YEAR EVENT

Last year, our annual End of Year event was held on December 14, 2018 along with our Long Service Awards. We recognized 44 employees with 10, 25, 20 and one employee, Mr. Michael Sampson who celebrated 40 years service with Bryden pi and AS Brydens combined! Special thanks to all the awardees for their unrelenting service and contribution to the Company! Thanks to those who were able to participate in the lime afterwards as well...we had surely had a great time!























