

## SPIRIT OF GARDENING

## **Companion Plants**

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"Companions" are plants that are mutually beneficial to each other when planted together. "Allies" are plants that provide each other protection from harmful pests and/or improve the growth of other plants. Finally, "Enemies" are plants that can cause detrimental effects when planted near each other.

By using companion planting, many gardeners find that they can discourage harmful pests without losing the beneficial allies. There are many varieties of herbs, flowers, etc. that can be used for companion plants. Be open to experimenting and find what works best in your area. Some possibilities would be using certain plants as a border, backdrop or interplanting in your flower or vegetable beds where you have specific needs. Use plants that are native to your area so the insects you want to attract already know what to look for! Plants with open cup shaped flowers are the most popular with beneficial insects.

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	Plant	Insects Repelled		
	Basil	Repels thrips. Drives away flies and mosquitoes.		
	Borage	Deters tomato hornworm and cabbage worms.		
	Chives	Repels Aphids and spider mites.		
	Coriander	Repels aphids, spider mites, and potato beetles.		
	Garlic	Discourages aphids, flea beetles, Japanese beetles, and spider mites.		
	Marigolds	Deter Mexican bean beetle, squash bug, thrips, tomato hornworm, and whitefly.		
	Nasturtium	Deters Colorado potato bug, squash bug, and whitefly.		
	Mint	Repels ants, white cabbage moth, aphids, and flea beetles.		
	Rosemary	Repels cabbage moth, bean beetles, and carrot flies.		
		Deters aphids, flea beetles, onion maggot, slugs, snails, flies, and Japanese beetles.		
	Sage	Repels cabbage moth, bean beetles, flea beetles, and carrot flies.		
	Thyme	Deters cabbage worms.		

Plant	Communic	All	Facility of the second
Plant	Companions	Allies	Enemies
Asparagus Beans	Basil, parsley, tomato Cabbage family, carrots, celery, chard, corn, cucumber, potatoes, radish, strawberries.	Pot marigold deters beetles.  Marigolds, nasturtium, rosemary and summer savory deter bean beetles.  Summer savory also improves growth and flavor.	Garlic, onions, and shallots stunt the growth. Beets stunt growth of pole beans.
Beets	Cabbage family, lettuce, onions.	Garlic improves growth and flavor.	Pole beans and beets stunt each others growth.
Cabbage Family	Beets, celery, chard, cucumber, lettuce, onion, potato, spinach.	Chamomile and garlic improve growth and flavor. Catnip, hyssop, rosemary and sage deter Cabbage Moth. Dill improves growth and health. Mint deters Cabbage Moth and ants, improves health and flavor. Thyme deters Cabbageworm. Nasturtium deters bugs, beetles, and Aphids.	Kohlrabi and tomato stunt each other's growth.
Carrots	Beans, lettuce, onions, peas, peppers, radish, tomato.	Chives improve growth and flavor. Rosemary and sage deter Carrot Fly.	Dill retards growth.
Celery	Beans, cabbage family, tomato.	Chives and garlic deter Aphids. Nasturtiums deter bugs and Aphids.	
Corn	Beans, cucumber, melon, parsley, pea, potatoes, pumpkin, squash.	Marigolds deter Japanese Beetles.	Tomatoes and corn are attacked by the same worm.
Cucumber	Beans, cabbage family, corn, peas, radish, tomato.	Marigolds deter beetles, Nasturtium deters bugs, beetles, and Aphids. It also improves the growth and flavor. Oregano deters pests in general.	Sage is generally injurious to cucumber.
Lettuce	Beet, cabbage family, carrot, onion, radish, strawberry.	Chives and garlic deter Aphids.	
Onions	Beets, cabbage family, carrot, chard, lettuce, pepper, strawberry, tomato.	Chamomile and summer savory improve growth and flavor.	Onions stunt beans. Peas.
Peas	Beans, carrots, corn, cucumber, radish, turnip.	Chives deter Aphids. Mint improves health and flavor.	
Peppers, Bell	Carrots, onions, tomatoes, parsley, basil		Kohlrabi, fennel.
Peppers, Hot	Cucumbers, tomato, Swiss chard, squash.	Basil and parsley improve flavor. Oregano deters pests in general.	
Potatoes	Beans, cabbage family, corn, peas.	Horseradish planted at the corners of the potato patch provides general protection. Marigold deters beetles.	Tomatoes and potatoes are attacked by the same blight.
Radishes	Carrots, corn, melon, peas, spinach, squash.	Chervil and nasturtium improve growth and flavor.	Hyssop.
Squash	Corn, cucumbers, melon, pumpkin.	Marigold deters beetles. Nasturtium deters bugs and beetles. Oregano provides general pest protection Borage deters worms, improves growth and flavor.	
Strawberry	Beans, lettuce, onion, spinach, thyme.	Borage strengthens resistance to insects and disease. Thyme, as a border, deters worms.	Cabbage.
Tomatoes	Asparagus, carrot, celery, cucumber, onion, parsley, peppers.	Basil repels flies and improves growth and flavor. Bee balm, chives and mint improves health and flavor. Borage deters tomato worm, improves growth and flavor. Marigolds deter tomato worm and general garden pests.	Dill stunts tomato growth. Corn and tomato are attacked by the same worm. Kohlrabi stunts tomato growth. Potatoes and tomatoes are attacked by the same blight.





