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CELEBRATING LIVABILITY'S STORY

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WELCOME



Stories have the power to build community.

Stories share life, develop relationship and express aspiration. Every day, Livability has the privilege of sharing in so many wonderful stories. From the people that use our services, volunteers, staff and friends; our charity community is rich in inspiration and dynamism.

But sometimes, stories can have the power to confine.

For many of the people we support, society often tells a more limiting and restrictive story – about their value, prospects or opportunities – that make it harder for them to pursue all that they can be. Disabled people are often the most negatively impacted.

At Livability, we are committed to listening to and valuing people's stories. We work to help people live out the life story they want to lead – beyond the limitations of opportunities and attitudes that may seem too immediate or insurmountable.

In this year's Annual Review, we share some of the stories that offer us hope, joy and a cause for celebration. Told by the people we support and our wonderful community of volunteers, friends and staff, our report represents the breadth and diversity of the Livability community and our service offering.

All these stories represent challenge, which is why Livability's work – and your part in our story – is needed.

This is the Livability story for 2015-2016.

A handwritten signature in black ink that reads "Dave Webber".

Dave Webber CEO

A handwritten signature in black ink that reads "Caroline Armitage".

Caroline Armitage Chair of Trustees

SHARE YOUR STORY

LIVABILITY'S STORY

Livability is a Christian disability and community engagement charity. We are an enabling network, tackling barriers in society and working for inclusion. As a proven and trusted provider of disability services, community projects, education and training resources, we help to connect people with their community. Other charities have recently joined Livability – Holton Lee in 2014 and Prospects in 2016 – giving our work a wider reach.



Our services include:

38 residential care homes

17 registered community services for disabled people in their own homes.

2 education centres for disabled students.

A wellbeing centre in the Dorset countryside.

A Lifestyle Choices programme promoting daytime opportunities and independent living.

A brain injury rehabilitation centre

An enterprise agency supporting people into employment.

Church training in community engagement and disability awareness.

A wide range of social inclusion work through churches and community projects.

Spinal injury rehabilitation expertise provided to developing countries.



The Rt Revd Justin Welby, Archbishop of Canterbury

President

As President of Livability, I am particularly pleased to see how the passion, commitment and determination of Lord Shaftesbury remains at the heart of Livability's story as we work with many on the margins of society.

What inspires our story?

Inspired by the Christian story

Livability has a dynamic and inclusive Christian ethos, welcoming people from all faiths and none to work together towards the good of the whole community. Our charity President is the Most Revd and Rt Hon Justin Welby, Archbishop of Canterbury. We work with a wide range of local churches.

Why our work is needed

The challenge: tackling barriers

For many people in our society, being able to take part and feel included in their community is difficult. From benefit cuts, unemployment, lack of educational opportunities, poor health or prejudice, there are all sorts of barriers to a flourishing life. Livability is a charity that is committed to tackling such barriers which so often impact disabled and vulnerable people the hardest.

A changing landscape of care

The landscape of the UK's healthcare and social care sectors is changing fast. With public sector funding increasingly stretched, traditional 'top-down' delivery of formal care services isn't enough to respond to needs in our society in the long term. With the passing of the Care Act, there is a far greater emphasis on personalised care. People have more choice to design their own support, building on both their needs and strengths, within their own community of relationships and local services. It's a change that needs a collaborative and community approach.



HRH The Princess Royal

Patron

I am proud to see how Livability has worked during 2015-2016 to bring people together and make community life more inclusive for the people they support.

Continuing a rich story of social impact

Created by a merger of the Shaftesbury Society and John Grooms, we have an 160-year track record in ground-breaking community work. Our rich heritage of social reform drives us; we are ambitious to innovate and determined to end social isolation.

The response: working for inclusion

Livability works to connect people with their community. By drawing people and resources together, we believe people are stronger. Through community involvement, partnerships, innovation and enterprise, we can build on what's good and deliver more joined-up opportunities for the people we support.

Community and strengths-based care

Livability bring a unique and dynamic offering to the care arena. We have strong expertise in disability care and community engagement. With a wide network of staff, volunteers and church partners in the UK, we have at our disposal a huge pool of talent and strength that can do much to support and empower people to enjoy a more livable community. Our charity is working to create more connection between our disability services, church partnerships and community work, so that we can deliver joined-up responses to local care needs.

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SERVICE USER ENGAGEMENT

Engaging the views, aspirations and experiences of the charity's service users is an important priority for Livability. Everybody participating and everybody bringing their strengths and needs to community, is central to our work. With a diverse range of service user communication abilities, the charity has started work this year to develop a major engagement network across the organisation. It began with a series of workshops to help people share their story.



1,000 people are supported every day by the charity.

270 people were supported in Livability's residential care homes.

7 workshops gave service users around the UK an opportunity to share their story.

REAL LIFE STORIES



CRISTINA GANGEMI

Livability Community Network Coordinator

Asking the people we support about the best ways to share their stories – their experiences, choices and goals – has been a huge piece of work this year. The charity's desire to work in an authentic, two-way partnership with everyone in its community, from the people who use our services to trustees, has led to a new initiative called the Livability Community Network.

Livability wanted to find out if the way the charity works is genuinely 'whole person-focused' and whether the experiences and stories of those who use our services forms and informs everything that Livability does. Seeking to celebrate and enable the whole person includes attention to their physical, spiritual, emotional, social and communication needs as well as providing services which meet government and service commissioners requirements.

During the year, service users from across Livability attended a series of workshops and interviews. We used a range of communication methods, including Makaton, symbols, supported information and non-verbal communication methods. Using creative forms of communication to make this process fully inclusive was central and yielded some very rich experience.

This work will be the touchstone for designing the Livability Community Network which will deliver an ongoing "Share Your Story" engagement project.



LAUREN TAYLOR

Contributor to a story sharing workshop

I live at Talbot Manor, a Livability residential home and before that, I was a student at Livability's Victoria Education Centre. I'm currently working on music recording projects.

Living here allows me to do things and be independent. I do feel part of Livability – I like to express myself and I was interviewed as part of a story sharing workshop. I was pleased to get involved because it's important to have a voice. Everyone has an opinion and issues that need to be expressed.

I've always felt listened to in Livability services but I felt it would be a good idea to have something in place that allowed people from lots of services to meet and share what they feel about Livability and all it could do to make life livable and enjoyable for everyone.



ENTERPRISE, CARE AND WELLBEING

Livability provides top-quality, person-centred care across a range of services, including residential care, supported living and wellbeing programmes.

Livability Enterprise provides training and support for disabled people to overcome barriers to employment and set up their own businesses.

Livability's Lifestyle Choices service, which takes a strengths-based approach to developing a client's existing skills and aspirations, supported nearly 200 people this year. All increased participation in local activities, forging stronger links with their communities.



160 people received brain injury rehabilitation support at Livability Icanho.

97% of participants on the horticultural therapy programme 'Flourish' reported an increase in social networks.

75 people received mentoring and employment support through Livability Enterprise services.

REAL LIFE STORIES



PAOLLA GRECCO

Enterprise client and business founder

Thanks to Livability Enterprise, my business has gone from strength to strength this year. I run a marketing consultancy along with a publishing business. Firsts for me this year were running meditation workshops in connection with a book I published and getting my stories published in a travel anthology and a local paper.

Livability became part of my story when I was referred to the Enterprise team by my local Job Centre. It was Livability Enterprise's cash flow course that was such a game changer for me and my business. Three years in, I still use the spreadsheet from that course. I could not have accomplished my business success so far without its guidance. It continues to inform my business choices and helps me to sleep at night! I now manage authors writing on a range of topics including cookery and a bilingual Portuguese/English series – I'm originally from Brazil.

The amazing support from Livability Enterprise and the other entrepreneurs I met also helped me deal with my backstory. I'd struggled with depression for over 20 years, the result of family trauma. It meant in the past I'd often be late for work and would avoid social situations. Starting my own business and managing my work time has really helped me. I now have a healthy relationship with my family and am reconciled to the past.



NICK BAKER

Service user, Lifestyle Choices West

I think it's very important that your voice is heard if you're disabled. That's why I help with Gloucester Voices. Gloucester Voices is a group for disabled people like me, where we make sure that the council knows about the things that are important to us.

I live in a shared flat where Livability supports me to live independently. They've helped me to learn lots of life skills. This year I've needed less help every week from carers because I've become more independent. I can do most things for myself now, like organise my meetings with Gloucester County Council during the week and I've learned to manage my medication more independently. I'm proud I can do this.

I want other disabled people to enjoy where they live. So I go to help inspectors from Gloucester Council when they visit disabled tenants to make sure they're coping ok. I support the tenant so they are sure their choices and opinions are being heard properly.

I helped to make a film about safeguarding with some other people from Gloucester Voices. We did this to help people with learning disabilities understand the choices they can make about relationships and sex.

I love being in charge of my own life and I go out a lot. I like to go to Open Doors every Tuesday to meet my friends.

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EDUCATION AND LEARNING

Livability provides superb educational opportunities for disabled students at Nash College (a further education college) in Bromley, and for those aged 3 to 25 years, at Victoria Education Centre (VEC) in Poole. At the core of both centres' provision is an emphasis on communication skills, giving students the tools and the confidence to communicate for themselves. This means students start adult life knowing that their story and their experience is valued and can be shared with others.



176 children and young people studied at our schools and colleges.

25% minimum of Nash College's learning takes place in the community, equipping students for adult life.

VEC won Ofsted's 'outstanding' rating and numerous commendations including a prestigious TES award and the British Council's International School award.

REAL LIFE STORIES



POPPY GOODCHILD

Student-governor, Nash College

I joined Nash this year and I got voted in as student-governor. I feel that giving a voice to young disabled people, whether they can communicate and share their story verbally or non-verbally, is fundamentally important, both within college and in wider society. We want our voices to be heard and listened to. We want to be taken seriously and not be made fun of. We want our hopes and dreams to be understood and valued.

I want to make sure that within college, students' views and opinions are heard by the people who have the power to make decisions and changes which will improve our everyday lives as much as they can.

This year, as a new student, it took me a while to settle down and feel comfortable at college. But now I have staff who I feel really confident with, who both talk to me and listen to me. I find this really helpful as I often need to talk, particularly about the frustrations I feel as a young disabled person. Since being at Nash, I have a boyfriend and we're able to talk to each other about everything. We laugh together and are able to completely understand the difficulties and challenges that the other person faces.

Having music therapy every week has really helped me to express my feelings, happy and sad, as I write poems and the therapist helps me to set them to music. I've stayed at college for several weekends, which was a really big thing for me. I feel very proud of myself. I've got two more years at Nash. My goal is to live in a little house with a few other young people and find some sort of job, because doing nothing is not me at all.



PAULA ALLCROFT

Staff member at Victoria Education Centre

I love the school and what I do. We all do better when we have things in our lives to talk about, that become part of our story and experience and that's what I want for our students. Working with technology like Eyegaze (which enables people who cannot use a keyboard to control a computer by directing their gaze at on-screen commands) means students can literally speak for themselves through the computer, join in lessons and access hobbies, like music online, all by themselves.

I don't believe I do anything special, all I do is mix work with my hobbies. I bring interests into the school and take the students into the wider community.

One of my favourite moments ever was taking the students flying, where they get to actually fly the plane. One of the younger students was crying, so I asked what was wrong. He said, 'I'm not crying, I'm just so excited the tears are coming out!'

A big event for VEC this year was our very own car festival – I'm a bit of a petrol head, so this is something I love and that I knew the students would love too. We featured a range of vintage and customised cars including World War 2 vehicles and sports cars. With other staff, I've helped organise the annual wheelchair Grand Prix and helped some of the students to have a go at indoor parachuting. We're quite action-packed at Victoria!



CHURCH AND COMMUNITY

Livability works with churches and other local agencies, supporting them to play their part in tackling barriers and working for inclusion. Whether it's raising awareness for disability within the community, or equipping churches to reach out to their locality, Livability provides a diverse range of training and practical support.

Community resourcing is another key area of the charity's work and this year we launched the 'Fullness of Life Together' report, in partnership with Church Urban Fund. This significant study is designed to get churches thinking about how and why they deliver community services. Livability reached dozens of communities through workshops about the report.

Livability also supports and enables a range of churches and community hubs across London. Kingsley Hall in Dagenham is one such project. It works with the local community to seek solutions to social challenges and offer a place of welcome for all.



600 people used our Dementia Friendly Churches training service.

96 new Happiness Course leaders were trained to run this course in their community.

185 people attended our Fullness of Life community-building workshops.

REAL LIFE STORIES



STEVEN WRIGHT

Volunteer. Kingsley Hall

I've always lived in the Dagenham area. I have a daughter who's in Kingsley's preschool, 'Kinder Kapers'. It's absolutely brilliant! There's always someone smiling at the door when you drop your child off and they make you feel important and welcomed, every day.

When my daughter started here, I would come and sit in the café and have a sandwich and a coffee. At the time, I was caring for my wife – she's disabled and suffers from anxiety and depression. At one point she was on 24/7 suicide watch. Coming here was my little break where I could just get away from everything.

I really wanted to get back to work and now I do a couple of days gardening here. It's been a godsend. I've had such praise and thanks from the members here. I've come along to the church and it's a really friendly community. I used to go to church but I stopped when a friend of mine was killed and I was made homeless around then, too. I didn't realise how much I'd missed it – I've found that family atmosphere again. And my wife has started volunteering here too!



JILL COMFORT

Consultant Social Worker and Play Therapist, London Borough of Barking and Dagenham

A genuine care for the children and families in Dagenham's community is embedded in the brickwork of this place – it's part of their DNA. As a local adoption and fostering service, we use Kingsley Hall as a place to meet prospective families.

There is such an atmosphere of helpfulness and kindness here, which in an age of austerity is lacking elsewhere. Their Christian witness is about gracious kindness, not fundamentally a spoken message which would preclude some from joining in.

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INTERNATIONAL SUPPORT

Livability International is a specialist team providing disability and community engagement consultancy to a range of spinal cord injury rehabilitation organisations around the world. The team is expert in building capacity in developing countries, including Nepal, Bangladesh and Sri Lanka, to respond to disability. This year, Nepal has been the focus of much of this team's work.



£95,000 was donated to Livability's emergency appeal following the earthquake in Nepal.

120 staff have been employed at a spinal support centre in Nepal since the earthquake, doubling personnel, with support from Livability.

3 of the many conduits for Livability's collaborative work are the World Health Organisation, national governments and key health networks.

REAL LIFE STORIES



MAGGIE MULDOON

Overseas Programme Manager, Livability International

When Nepal was hit by two major earthquakes in spring 2015, killing 9,000 people and injuring 22,000, Livability International's support made a life-changing difference to those disabled by spinal cord injury (SCI). We worked closely with Nepal's Spinal Injury Rehabilitation Centre (SIRC), our partner of many years, which runs Nepal's first purpose-built spinal injury centre.

Livability International travelled to Nepal and supported SIRC in securing emergency aid from various donors to assist those with spinal injury. SIRC's usual capacity is 50 beds but after the earthquakes, the centre was hugely expanded to provide rehabilitation services to 150 patients at any one time. Without this support, most of those sustaining SCI would not have survived. SIRC has been actively engaged with developing government policy aimed at scaling up rehabilitation services in other parts of Nepal.

A vibrant community has begun to thrive at SIRC and many people who have been given support, like Sonika, now have the skills to give back to the wider community.



SONIKA DHAKAL

Athlete and peer counsellor, SIRC

I work with spinal injury patients, assisting their integration into society by encouraging them to be physically, mentally and emotionally independent. Telling my story has always been a great way to connect with them. I want patients to know that nothing is ever impossible as long as you stay positive and learn to have fun.

Because of the increase in patient numbers since the earthquakes, we have introduced group counselling sessions for patients and family members. Many have suffered multiple trauma, with loss of loved ones and their homes as well as personal injury. We trained with a group counselling psychologist and our groups are working well.

I arrived at SIRC aged 20, following an accident which severely damaged my spine. At first I was very frustrated and felt it would have been better if I were dead. But I was offered counselling sessions and became determined to make something of my life.

Livability's International team introduced us to a disability sports expert from Poland who inspired us to start the Nepal Spinal Injury Sports Association and we now have a national wheelchair basketball team. I also took swimming lessons and teach swimming. I've played in national wheelchair basketball competitions and I swam in the 2010 Asian Para-Olympics and in the 2015 Asian Games in Korea.

People are still unaware of all the great things that the spinally injured can achieve. We need to show the world all that we can do, despite our disabilities.



CELEBRATING STAFF

Everyone's story enriches our community. Livability's outstanding staff embody the charity's mission and values every day as they work with service users and others in the Livability community.

Moving to new national office premises this year was an important opportunity to value staff and volunteers. The design and layout for the new office placed disability, accessibility and community as top priorities. The result? An inclusive and welcoming work environment for all. Our Patron – HRH The Princess Royal – officially opened the office, at an event that was combined with a special staff awards ceremony for achievements across the year.



7 exceptional staff were recognised by the Livability Princess Royal Awards at our national office opening.

1900 people are employed by Livability.

60% of our frontline staff received a pay uplift this year.

REAL LIFE STORIES



JESS LONG

Service User Engagement Officer

A fresh chapter opened in Livability's story when we moved our national office to a brand new, fully accessible space in North Greenwich. I felt honoured to play a part in the official opening ceremony in February, with our Patron HRH The Princess Royal. This office space represents something profound in that it demonstrates the value that Livability places on the story – the experience – of everyone we serve.

As a person with a physical disability, I'm delighted by the inclusivity this space affords everyone. The adaptations mean that something I crave and value so much – independence – is essentially handed to me on a plate. Every aspect has been considered, from being able to make my own coffee without holding the entire kitchen up to being able to open doors on my own. The Changing Places room has created the opportunity for people with more complex transfer needs to come, take part in or work for Livability.

These may be minor things for most people, but they change the entire office experience for me. It means I can feel a more equal and valued part of the team and not another 'thing' someone has to help with. Everything is on one floor and even the carpet makes a difference – it's low resistance so I can zip around in my wheelchair at speed!



BRADBURY COURT HOUSEKEEPING TEAM

Staff award winners

Offering a clean environment is absolutely vital to the wellbeing and health of residents, staff and carers at Livability's services. At Livability Bradbury Court, a residential service spread over four floors, consistently high housekeeping standards are maintained by the energetic and dedicated Housekeeping Team.

Led by Carol Bartrick, this four-strong team, who are part of the bigger Domestic Team at Livability Bradbury Court, are the unsung heroes of the service. Carol, Maxine Griffin, Eddie Botto and Vilma Coleman have worked together for over 15 years, supporting each other and providing an exceptional record of cleanliness.

Their commitment and skill impacts directly on residents' lives, who know, for instance, that team member Eddie will deal with their laundry requirements, ensuring laundry for the 21 service users is turned around within just 12 hours. This team's exceptional service won them the Outstanding Staff Team Princess Royal Livability Award this year.



SUPPORTERS AND FRIENDS

Every year, Livability enjoys the commitment and generosity of our supporters and their willingness to give whatever they can to boost our work. Running the London Marathon is one expression of our supporters' dedication – this year 18 people took on a gruelling training programme to run for Livability.

Livability's Friends Groups enrich our community's story in a host of ways, giving time, friendship and fundraising skills to their local Livability service. We're delighted to have launched two Friends Groups this year, with ten dynamic groups now up and running.



£45,000 is the remarkable sum raised by our Friends Groups for their local services.

£6,000 raised by Keefield Close Friends means residents are enjoying a new sensory bath at their care home.

£40,000 was raised by our dedicated Marathon runners.

REAL LIFE STORIES



LUCY LUCAS-ROWE

Marathon runner

My son Hugo was born with a rare genetic brain disorder and had uncontrolled epilepsy for years. We felt Livability's Victoria Education Centre was the best school for him as it provided him with a high level of support, combined with the very nurturing environment that he needed.

It had always been a dream of mine to run the London Marathon and I wanted to run for a charity that I have a connection with. I have witnessed the wonderful work of Hugo's school and wanted to repay in some small part the debt I owe them for helping Hugo so much.

The physical preparation and training has been the biggest challenge I have ever encountered. I celebrated my half century two days before the marathon, so I was no spring chicken.

Hugo grew through his epilepsy and learnt to deal with his condition. He has grown into a confident and accomplished young man and I put much of that down to the care and support he was given by such dedicated and caring staff. Hugo now believes in himself totally and went on to mainstream college – and to university – this September, which is an amazing achievement.



LISA GOLLEY

Keefield Close Friends Chair (back row, RHS)

My sister, who is profoundly disabled, has lived at Livability's home in Keefield Close for about six years. She always lived at home, but after my dad died, my mum couldn't cope. Keefield was the only place that Mum would let Debbie go to. It's a residential home for ten adults with profound disabilities. My sister is blind, deaf and doesn't speak. Keefield is amazing, it's so homely and the staff put the residents first. They've welcomed us as a family and even invited my mum for Christmas Day when we were away one year.

Most of the Friends are my mum's age. I joined in because I got involved in a couple of events and thought I could bring something to the table. Charlotte, a staff member, is involved too – there are about six of us.

We run different community events to raise money for Keefield and we involve the residents whenever we can. We run a monthly pub quiz night, with raffles and tombolas and our Christmas Bazaar raised £1,500. We managed to buy a fabulous sensory bath for the residents this year, which was at the top of the service's list of what they wanted. It tips and turns, has a jacuzzi and lights! My sister loves water and she loves using this bath.

People bring family members and friends to our events – they're a way of bringing the community into residents' lives and sometimes we sell craft items made by the residents. We want people to see not just the charity but the people.

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CORPORATE PARTNERS, TRUSTEES AND VOLUNTEERS

Livability values the generosity of so many who get involved in our ongoing story. Our corporate partners help to maximise the impact we can achieve for our service users, through an important mix of community work, fundraising support and sharing professional expertise. Livability's trustees play an important role in the life of the charity, contributing their knowledge, time and passion to shape and direct the charity's vision and purpose. Our dedicated and dynamic volunteers give so much that enriches Livability's story.



£340,000 raised by our wonderful supporters for our Home Design Appeal means transformed facilities at our care services, including 24 kitchens, 13 wet rooms and 2 communal bathrooms.

£52,000 from your generous support for our Garden Appeal means much better garden access for our service users.

250 volunteers contributed to Livability's work in 2015/16.

REAL LIFE STORIES



ANGLIAN HOME IMPROVEMENTS

Corporate partners

Meeting our outstanding staff at Livability Treetops, a residential care service in Colchester, so impressed Anglian Home Improvements that they offered their support to Livability for a second time – to the tune of an astounding £100,000.

The company offered to replace all Treetops' windows and doors with new, energy-efficient double- and triple-glazed versions.

'Treetops' Manager, Janet Bilton, was very impressed,' says Livability's Major Donor and Corporate Manager Anna-Maria Mullen. 'Anglian worked to schedule and the staff at 'Treetops' were overwhelmed by the care and empathy the window and door installers showed to residents.'

Treetops, home to 21 service users, specialises in spinal injury rehabilitation and is the service of choice for the local hospital looking for residential rehabilitation places. Anglian first became part of Livability's story when they donated and built a conservatory at Livability's John Grooms Court, our residential home in Norwich. Their enduring commitment and generosity to Livability was recognised this year, when they were awarded a Princess Royal Livability Award as Outstanding Supporter and Volunteer.



REVD WILL ADAMS

Volunteer

Revd Will Adams has been involved with Livability's Lifestyle Choices in Brackley, which supports disabled people to engage with their community, for over 12 years. 'I have been a champion of social justice for many years,' explains Will, 'so was delighted to discover this organisation right on my doorstep. The commitment and passion of the staff and high quality of the leadership were obvious from the start. The warm reception I received from the service users was a big draw too.'

Retired vicar Will has been an active fundraiser for Livability Lifestyle Choices ever since and has raised thousands of pounds for the charity over the years. His creative ideas, including a 'Strictly Come Dancing' spin-off, sponsored motorbike rallies and an annual bonfire night, have proved hugely popular with local people who have forged lasting friendships with Lifestyle Choices clients.

'During our rallies, the motorcycle group always had breakfast and afternoon tea at Lifestyle Choices Brackley,' says Service Coordinator Alison Sedgwick. 'Some of the bikers were a little apprehensive of service users at first, but over time the relationships between them has blossomed.' The bikers became ambassadors for the charity, not only by shaking their collection cans but also by raising awareness within their own communities.

Will's regular prayer group at Brackley is enthusiastically attended by clients and staff and his exceptional contribution was marked this year when he received a Princess Royal Livability Award for Outstanding Supporter and Volunteer.

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THE CHAPTERS AHEAD

Livability has some exciting chapters ahead.

We can't wait to tell you more about our merger with Christian disability charity Prospects, announced in May 2016, or about the opening of a brand new spinal cord injury support centre at Livability Holton Lee, coming up in 2017.



The next stage of our story will be much richer if you're part of it – please join us.

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BE PART OF LIVABILITY'S STORY

We would love you to be at the heart of Livability's story – and there are so many ways you can join in.

Donate: whatever you can give will enable Livability to impact the lives of the people we serve. Make a one-off or a regular donation.

www.livability.org.uk/donate

Volunteer: by volunteering in our programmes, or joining one of our local Friends Groups, you can help the people we support. Whatever your reason for volunteering, we want to hear from you.

Pray: join thousands of people of all ages who read our Prayer Diary and support us in thought and prayer.

Share Your Story: We love inspiring stories about how people are tackling barriers and working for inclusion in their community. Tell us your story and we may feature it on our charity blog.

Visit: **www.livability.org.uk/shareyourstory**
or email: **shareyourstory@livability.org.uk**

**To contact our Supporter Services team:
Email supporterservices@livability.org.uk
Call 020 7452 2121**

Livability's official strategic report and business accounts are in our Annual Report.
You can download your electronic copy of our Annual Review and Annual Report at:
www.livability.org.uk/annualreview



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We would love to hear from you – please get in touch:

020 7452 2000 supporterservices@livability.org.uk www.livability.org.uk