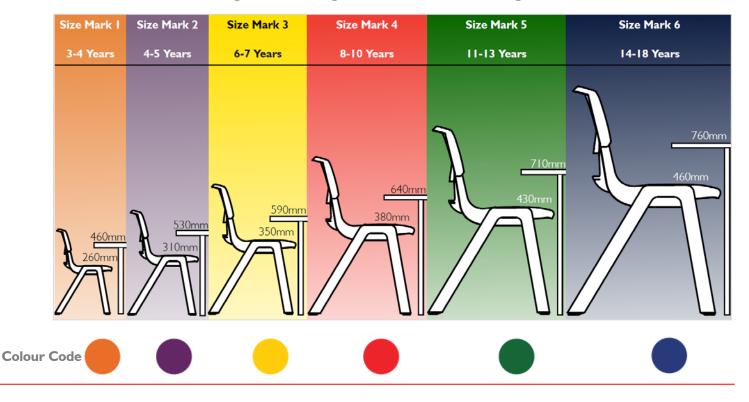
## Chair & Table Size Guide

The British and European Standards for "chairs and tables for educational institutions" were approved in January 2007. BS EN 1729 Part 1 (functional dimensions) ensures furniture is the appropriate size, shape and ergonomic design to maintain good posture and reduce RSI and back pain in students.

The size mark indicates which fixed seat heights and tables heights are suitable for the student's age.



The British Education system is split into different 'key stages'. The following tables shows the year groups and their age range to help you choose the right size mark.

Key Stages	Foundation	KSI		KS2				KS3			KS4	
Year Groups	Reception	ΥI	Y2	Y3	Y4	Y5	Y6	Y7	Y8	Y9	Y10	ΥΠ
Age Range	4-5	5-6	6-7	7-8	8-9	9-10	0-	- 2	12-13	3- 4	14-15	15-16

## Identifying the size of your Postura+ chair

a. On Postura + chairs you can find a colour-coded sticker on the top side of the back rest that corresponds to the table above. This example shows a blue sticker, so can be identified as a Sun Yellow size mark 6 chair.

b. A size mark indicator is also located on the underside of the chair. In this example it identifies a Pink Candy chair size mark 6.



