

Royal West Academy

Student Bulletin



UPCOMING EVENTS

- *September 6- Meet the SEC 1 teachers*
- *September 9 - Deadline for Course Change & Welcome Back BBQ*
- *September 14 - Welcome Back Assemblies*
- *September 15 - STM Photos*
- *September 15 - Open House*
- *September 19 - ID photo retakes*

NEW!

ATTENTION ALL GRADE 7 STUDENTS

Are you interested in an enjoyable way to meet new people, have fun, and earn an extra-curricular credit as well? If so then this is your lucky day! Simply sign up for the 27th annual RWA "Walk & Talk" group. This group will meet for 10 consecutive weeks, have lunch together outside and then go for a brisk walk in the community during the lunch hour. Games will be played and yes, there will even be prizes awarded as well. All this and you will also earn a cultural or community ECA credit! In order to join in the fun all you have to do is sign up on the sheets on the bulletin board on the main floor outside room 208 (right above the water fountain). You can choose whether you want to participate on either Tuesday or Wednesday, however space is limited to the first 40 students who sign up for each day - so don't delay

H. Held - Student Services

NEW!

Registration for the activity Bike to school is in the science room (next to room 302) during recess and lunch.
Mr. Ohayon

NEW!

Power-Walking

With fall right around the corner, come enjoy the outdoors by walking through the Montreal West neighborhood. Sessions will take place every Tuesday afterschool from 3:10 to 4:00. ECA credits offered (community or sport). Sign-up sheet outside room 224 -near bulletin board/water fountain. First session begins September 13th. We will meet near the New Gym doors at 3:10.

Ms. Di Pietro and Ms. Wineberg

NEW!

BOULDERING CLUB:

Sec 2-5: Bouldering ECA will meet in room 214 on day 5 from 12:30-12:50.

NEW!

Attention all New Students in Sec 2 to 5

Welcome to RWA! As part of your welcome, we would love to get a chance to meet all of you and hear about your first week at our school. Please come to room 210 at the beginning of lunch on **Thursday, September 8th**. Feel free to bring your lunch.

Ms. Wineberg

NEW!

SWIM TEAM COACHES

If you are a grade 10 or 11 student with swim experience and an interest in being one of our RWA Swim Team coaches this year, please come to Room 305 to pick up an application form. Deadline to submit your candidacy is this **Friday, September 9th**.

NEW!

JUVENILE BOYS SOCCER

First Tryouts for the Juvenile Boy's soccer team will be held Wednesday September 7th after school at 3:30 at Hodgson's Field.

Mr. Chen

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NEW!**POTTERY MAKING**

Sec 3-5: If you're interested in making pottery, come by room 214 on day 5 at 12:50 for more information.

NEW!**GIRLS JUVENILE SOCCER**

Tryouts will be Wednesday September 7th from 7:15 to 8:15 am on the front field and Thursday September 8th from 7:15 to 8:15 am on the back field. Please be present for both tryout sessions

NEW!**DEBATE TEAM**

An information session will be held for students interested in learning about the RWA Debate Team on Friday, Sept. 9 at lunch in Room 211. Please arrive on time with your lunch, as seating is often limited. Debating is open to all grades and offers 1 cultural credit for participants. See you there! -Ms. Holloway

OPERA

Every year, the Opéra de Montréal presents a program to schools that encourages students from **secondary 4 and 5** to attend several shows from the annual Opera repertoire at Place des Arts. This is a unique chance to see these masterpieces as part of the ECA program. It is also a great way to enjoy an evening out with friends, outside of school. Over the years, students from different schools have had outstanding opportunities to see famous opera performances. If you want to enjoy a multi-sensory experience, to see flamboyant costumes, listen to powerful voices and dramatic stories, why not try the Opera? This activity is absolutely **FREE** of charge. The only thing that is required is a LOVE for music... The first show is called **Il Trovatore by Verdi**. It is coming very soon, on **Thursday September 8th**. I am sorry for the late announcement but I just received confirmation from the Opera de Montréal yesterday. Although it is a free activity, seats must be reserved in advance and there are a limited number of tickets that will be granted on a **FIRST COME FIRST SERVE BASIS**. If you are interested in taking part in this ECA, please drop by to Mme Benamron's room: Room 112 where you can sign up at the door and also pick up a parental permission form.

- Mme C. Benamron (112)

MIDGET BOYS FLAG FOOTBALL

Tryouts for grade 9 and 10 flag football is on Tuesday September 6th at 3:10 on the backfield and Thursday September 8th at 7:30 on the front field. You must attend both days.

CAMP LIFT - Grade 7-8

Camp LIFT is a non-profit organization that promotes healthy lifestyle habits. The Lift Workshop focuses on physical and mental health. It's an 10-week interactive program involving stress management, movement, nutrition, conflict resolution, values, procrastination and overall wellness. Sessions will take place after school for grade 7 and 8. Each week will encompass a different theme based on cutting- edge scientific research, as well as mindfulness. Please sign-up outside room 224 if interested (bulletin board). First session will take place afterschool on October 5th in room 210. For more info. please see Ms. Di Pietro in room 226 (west wing office). ECA credit offered.

LOST & FOUND

Lost and found bins are located in front of the Foundation (New) Gym and on the second floor main in front of room 208. Small items and valuable items are kept in the main office. Please check the bins regularly as they are cleaned out from time to time by parent volunteers.

WELLNESS COMMITTEE

Are you interested in wellness, want to make a difference in creating healthy habits and practices for your wellbeing and others, and would like to create a more positive school environment? This club is open to Secondary 3-4 and 5 students who have an interest in promoting wellness and awareness on mental health. We'll be organizing projects throughout the year to educate and inspire our school community. Our first meeting will be held afterschool on Thursday September 15th in room 210. Hope to see you there! For more info, please see Ms. Wineberg (225), Ms. Di Pietro (226) or Ms. Trehin (112B) Two ECA credits offered.

Please sign-up outside room 224 if interested.

SCHOOL BAGS IN CAFETERIA

LUNCH: Please leave your school bag in your locker before entering the cafeteria at lunch. You may not leave them on the floor in the hallway outside of the school store.

RECESS: School bags are permitted in the cafeteria.

Summer Instrument Loans

If you borrowed an instrument for the summer, please return it immediately to 117

STUDENT WASHROOM RENOVATIONS

RWA is undertaking a significant renovation project impacting student washrooms. Locations for girls’ washrooms and boys’ washrooms can be found in the table below.

Please note that during these renovations, the All-Gender washroom will be a Girls-Only washroom. If you prefer an all- gender washroom, please speak to Guidance in room 225.

GIRLS’ BATHROOMS	BOYS’ BATHROOMS
2 ND FLOOR WEST WING	2 ND FLOOR MAIN (ACROSS FROM 202)
3 RD FLOOR MAIN (ACROSS FROM 306)	WEST WING PARKING LOT PORTABLE
FOUNDATION (NEW) GYM LOCKER ROOM	FOUNDATION (NEW) GYM LOCKER ROOM

