

Winash Activities – 10th February – 16th February 2020

	Morning	Afternoon	Evening
Monday 10th February	<u>10.30am</u> – Gentle Exercises with Alison in Lounge	<u>2.00pm</u> – Making Flags for Rugby 6 Nations & Card Making in Dining Room	<u>TV in Lounge</u>
Tuesday 11th February	Hairdresser <u>10.00am</u> – Church Coffee Morning	Hairdresser <u>2.00pm</u> – Baking with Karen & Rachel in Dining Room	<u>6.15pm – Brownies & Lego Session in Dining Room</u>
Weds 12th February	<u>10.45am</u> – Nails with Georgia & Anicia in Lounge	<u>2.00pm</u> – Boccia in Lounge	<u>6.15pm – Brownies & Lego Session in Dining Room</u>
Thursday 13th February	<u>10.45am</u> – ‘Love Is’ Discussion Group in Lounge	<u>2.00pm</u> – Winash Community Choir in Lounge	<u>TV in Lounge</u>
Friday 14th February	<u>10.30am</u> – Gentle Exercises with Alison in Lounge	<u>2.00-3.30pm</u> – Word Wheel & Quiz in Lounge	<u>TV in Lounge</u>
Saturday 15th February	Free Time	<u>Hangman with Chelsea in Dining Room</u>	<u>TV in Lounge</u>
Sunday 16th February	<u>10.30am</u> – Songs of Praise Hymn CD playing in the Day room	<u>TBC</u>	<u>Film in Lounge</u>

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.