

## London's Most Delicious Healthy Brunches



Clever twists on classic fare, at this swanky King's Cross all-day restaurant. A take on Eggs Royale (spelt muffin in place of white, no hollandaise and a side of wilted spinach) is a great alternative to the heavier affair, and quinoa cooked into a porridge and topped with seeds and berries is perfect post-workout fare.

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