

# LUNCH MENU

LUNCH

## CHEF'S SOUP OF THE DAY 6

Served with brown soda bread and butter. (1,7,9)

## CHICKEN WINGS 7 SMALL/12 LARGE

BBQ or Buffalo (spicy) sauce with blue cheese dip. (1,3,7,9,10)

## ROAST TURKEY CLUB SANDWICH 12.50

Cos lettuce, smoked bacon, dill, egg mayo and beef tomato on white ciabatta bread. Served with chips. (1,3,7)

## FOX WRAP 10 (CHOICE OF CHICKEN, TUNA OR VEG)

Rocket salad, sweetcorn and red onion rolled in a sun-dried tomato wrap. (1,3,7)

## CLASSIC BLT 12

Bacon bacon, lettuce, tomato. (1,3,7)

## FISH CAKES 8

Smoked haddock, salmon and cod with rocket leaves, confit beetroot and tartar sauce. (1,3,4,7,10)

## CHEF'S SPECIAL OF THE DAY 15

Ask your server for today's special.

## URBAN FOX STEAK SANDWICH 17

Grilled 6oz prime striploin, mushroom and onion fricassee on a toasted wholegrain bread roll. Served with rocket salad, herb garlic mayo and chips. (1,3,7,8,9,10)

## STEAK FRITES 25

8oz grilled rib eye with grilled mushroom and tomato served with chips and peppercorn sauce. (7)

## CHIEFTAIN FISH AND CHIPS 16.50

With minty mushy peas and dill tartar sauce. (1,3,4,7)

## CAESAR SALAD 8 SMALL/ 10 LARGE

(Chicken 3/Prawn 3)

Cos lettuce, crispy bacon, Grana Padano cheese, tossed in Caesar dressing. Served with herb croutons. (1,3,4,7,9) (V)

## FOX BURGER (BEEF OR CHICKEN)

### BEEF: 16

Cos lettuce, grilled pepper & tomato relish, smoked bacon with blue cheese and burger sauce on a honey oat bun. Served with chips.

### CHICKEN 14

Cos lettuce, beef tomato, burger sauce, tomato relish on a honey oat bun. Served with chips. (1,3,6,7,9,10)

## PRAWN LINGUINE 18

Tiger prawns, cherry tomato in prawn bisque with rocket and capers. (1,2,3,4,7,9)

## VEGAN & VEGETARIAN

### LEGUMES SALAD 11

Mixed beans, chickpeas, peppers, red onion and mixed leaf tossed with basil oil. (7,9) (V)

### BETROOT AND FETA SALAD 10

With mixed leaf, roasted almond with yogurt and dill dressing. (3,7,9) (V)

### RED CABBAGE AND QUINOA SALAD 11

With grated carrots, cucumber, mixed leaf and house dressing. (7,9) (V)

### SPINACH AND BEAN SPROUTS SALAD 10

With poached eggs, mixed peppers and grated carrots. (3,7,9) (V)

### MUSHROOM AND OLIVE PASTA SALAD 11

With mixed beans, cherry tomato, soba noodle, with pesto. (1,3,7,9) (V)

### FALAFEL BURGER 14

Cos lettuce, beef tomato, burger sauce, tomato relish on a honey oat bun. Served with chips. (1,3,6,7,9,10)

### CHICKPEA THAI CURRY 14

Served with poppadum, mango chutney and basmati rice. (3,6,7,8)



CHIPS 3.50 Contains: 1, 3, 4 // SWEET POTATO CHIPS 4 Contains: 1, 3, 4 // STEAMED VEGETABLES 3.50 Contains: 7  
MASHED POTATOES 4 Contains: 7 // HOUSE SIDE SALAD 3.50 Contains: 10

**ALLERGEN LIST** We cannot guarantee completely allergen free meals. This is due to possible traces of allergens in the working environment and supplied ingredients. Please advise our staff if you have intolerance or are allergic to a particular type of food. 1. Cereals containing gluten, 2. Crustaceans, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soybeans, 7. Dairy, 8. Nuts, 9. Celery, 10. Mustard, 11. Sesame Seeds, 12. Sulphur dioxide & sulphites, 13. Lupin, 14. Molluscs, CF Coeliac Friendly, V Vegetarian