## community activities...

silver surfers Monday 10.00 - 12.00

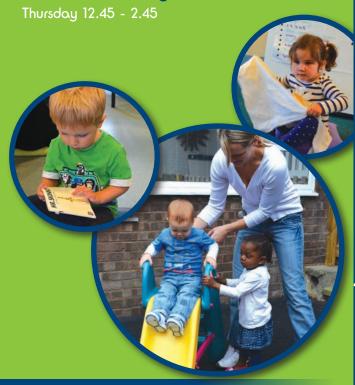
english conversation group Tuesday 9.00 - 10.00

internet café drop in Tuesday 12.45 - 2.45

coffee club with craft

Thursday 9.30 - 11.30

advanced sewing course



www.ranikhetcc.co.uk

### contact numbers...

department of education www.education.gov.uk

family information service

O1189373777 • fis@reading.gov.uk

homestart

Ruth - O118 942 9518

midwives

Jennifer Gray - O776 875 2534 Lee Talmage - O776 875 2522 ranikhet <u>primary school</u>

O118 937 552O

reading citizen advice bureau (CAB)

Minster Street, Reading, Berks RG1 2JB
O118 952 3O5O • www.readingcab.org.uk
reading community welfare rights unit
O118 955 1O71

tax credits helpline 0845 300 3900

teen parent group Sue - 07921 403 349 or 0118 966 7640 Tilehurst Health Clinic 0118 938 2132

# **SureStart**



Ranikhet Children's Centre
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Spring Term 2014

# "providing opportunities for children, families and the community"

# family activities...

for parents, carers and children under 5

### play to learn

messy play for under 5's Monday 10.00 - 11.00

new parent and beyond

Monday 1.00 - 2.30

### stay and play

a free play session for babies and toddlers

Tuesday 1.15 - 2.30

### rhymetime/storytime

Come and enjoy rhymes and singing then share a story in our cosy corner

Wednesday 10.00 - 11.00

### incredible years parenting course

for new mums and babies

Starts 20th January - Book Now

# family activities...

for parents, carers and children under 5

#### mini movers

bounce, skip, jump, dance, all the things children love to do Fridau 1.15 - 2.30

#### health clinic

(including breastfeeding support)

Friday 1.00 - 2.30

## 2 year old health check

held monthly contact the office for details



# adult education...

### literacy classes

Monday 9.30 - 11.30 or Monday 12.45 - 2.45 or Wednesday 12.45 - 2.45

### numeracy classes

Wednesday 12.45 - 2.45 or Thursday 9.30 - 11.30 or Thursday 12.30 - 2.30

### beauty basics

Wednesday 9.30 - 11.30

#### NVQ in childcare

Thursday 9.30 - 11.30 and 12.45 - 2.45

CSCS card course Friday 9.00 - 12.00

employability support

Friday 1.00 - 3.00 (appointment required)



IT course - get to know your devices paediatric first aid course NVQ level 2 customer services

All start February - call the office to book a place



all activities/classes at Ranikhet Children's Centre unless otherwise stated



