# Parent Bulletin Friday, 1<sup>st</sup> March 2019

### Dates for your Diary:

Wednesday 6<sup>th</sup> March - Year 7 boys PE day, UEA

Thursday 7<sup>th</sup> March – Year 9 parents evening

Thursday 28<sup>th</sup> March until Tuesday 2nd April - New York trip

Wednesday 3<sup>rd</sup> April - Saturday 6th April - D of E Silver assessment expedition

Thursday 4th April – Year 11 parents evening

Friday 5<sup>th</sup> April – Last day of term

Monday 8<sup>th</sup> April until Monday 22<sup>nd</sup> April – Easter holiday

Monday 8<sup>th</sup> April and Tuesday 9<sup>th</sup> April – GCSE Maths revision boot camp

Tuesday 23<sup>rd</sup> April – Start of summer term

Monday 6<sup>th</sup> May – Bank Holiday Monday

Friday 24<sup>th</sup> May – Last day

Monday 27<sup>th</sup> May until Friday 31<sup>st</sup> May – Half term

Friday 5<sup>th</sup> July - Prom

Wednesday 24<sup>th</sup> July – Last day of the academic year

## **Upcoming DofE Sessions (Bronze):**

Tuesday 12th March (3-4pm)

Map reading and orienteering

Tuesday 26th March (3-4pm)

• Camp-craft: putting up tents and using a stove

Tuesday 23rd April (3-4pm)

• Pre-expedition brief

#### Attendance:

Whole school attendance since September is 95%

Year 7	96%
Year 8	95%
Year 9	94%
Year 10	94%
Year 11	93%

Well done Year 7

Thank you to you all for your support in helping us raise our attendance. Please remember to call the absence line 01553 779635 if your child is going to be absent, or you can email me lorraine.roberts@kla.eastern-mat.co.uk

Medical appointments where possible are to be made outside school hours, and holidays will be unauthorised unless there are extreme circumstances.

Have a great weekend.

Mrs Roberts

#### Parentview:

We would like to advise you that you are able to give your views on the Academy to Ofsted via their parentview questionnaire, at any time – not just during inspections. We value your opinion and would encourage you to do this

# www.parentview.ofsted.gov.uk

## Bespak – Mini GEAR:

Don't be left waiting on the start line!

Run For All is very excited to announce the launch of the Bespak Mini GEAR! We would love your children and their families to be involved! Join us on Sunday 5th May for what we can promise to be another fun-filled day for all. You even have a chance at winning CASH PRIZES to spend on sports or educational equipment, thanks to our sponsors Bespak!

The Bespak Mini GEAR is the perfect opportunity to turn up the FEEL GOOD, BRING THE FAMILY TOGETHER and GET ACTIVE this year.

Here at Run For All, we pride ourselves on the inclusivity of our events meaning they are suitable for all ages and abilities. We can't think of a better reason to get the family out enjoying the fresh air and celebrate this fantastic COMMUNITY run! Why not come and give the Bespak Mini GEAR a go?!

EVERY FINISHER will receive a GOODY BAG and a SHINY MEDAL which they can wear with pride, showing the world they conquered the Bespak Mini GEAR!

Interested? Please email info@runforall.com for more information. We would also love it if you could circulate this poster around parents and staff of the school so we can get as many people involved as possible.

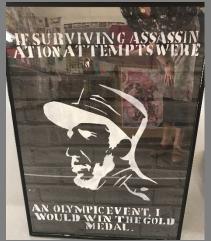
We look forward to seeing you on Sunday 5th May!

### Year 10 Art Exam:

Year 10 artists took part in a 10 hour art exam just before the half-term. All students planned what they were going to create thoroughly and linked their ideas to the theme 'Identity'. Here are some of the artworks...



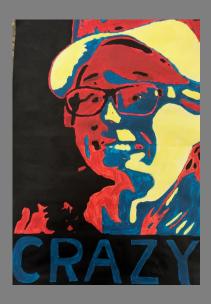


















#### What Parents Need to Know About Momo:

This is the latest social media trend that can be quite distressing for children, please see below for useful tips for parents.

It's important to note that new challenges are arising on the internet all the time. We have created to this guide to raise awareness of the issue and offer advice on helping parents to talk to their children about making safer decisions online. See also our '7 conversation starters' guide for more tips on better communication with your child.



# What parents need to know about

# MOMO

#### CHILDREN'S VIDEOS BEING 'HIJACKED'

There have been recent reports that some seemingly innocent videos on YouTube and YouTube Kids (such as 'surprise eggs,' unboxing videos and Minecraft videos) have been edited by unknown sources to include violence provoking and/or other inappropriate content. Even though YouTube monitor and remove videos that include inappropriate content, clips can be uploaded and viewed thousands of times before they get reported and removed. As a parent, it's difficult to spot these videos as the harmful content doesn't appear until partway through the video.

# DISTRESSING FOR CHILDREN

Popular YouTubers and other accounts have been uploading reaction videos, showing their experience of the MOMO challenge. Some of the videos include a disclosure message warning that the content may be "inappropriate or offensive to some audiences" and that "viewer discretion is advised" but these videos are still easily accessed by clicking 'I understand and wish to proceed. The image of the 'Momo' character can be deeply distressing to children and young people and it's important to note that it may slip through parental settings and filters.

#### SUGGESTED VIDEOS ON YOUTUBE

Video apps such as YouTube include an 'up next' feature which automatically starts playing another video based on the video just watched. Due to YouTube's algorithm, users are shown 'suggested videos' that they may be interested in. The thumbnails used on suggested videos are purposefully created in a way to encourage viewers to click them. During our research, we found that when watching one Momo related video, we were shown countless other Momo themed videos and other scary content which would be age-inappropriate for children under 18.



# Top Tips for Parents

#### TELL THEM IT'S NOT REAL

Just like any urban legend or horror story, the concept can be quite frightening and distressing for young people. Whilst this may seem obvious, it's important for you to reiterate to your child that Momo is not a real person and cannot directly harm them! Also, tell your child to not go openly searching for this content online as it may only cause more distress?

#### RE PRESENT

It's important for you, as a parent or carer, to be present while your children are online. This will give you a greater understanding of what they are doing on their devices, as well as providing you with the opportunity to discuss, support and stop certain activities that your child may be involved in. As the nature of each task become progressively worse it's also important to recognise any changes in your

#### TALK REGULARLY WITH YOUR CHILD

As well as monitoring your child's activity, it's important for you discuss it with them too. Not only will this give you an understanding of their online actions, but those honest and frequent conversations will encourage your child to feel confident to discuss issues and concerns they may have related to the online world.

# DEVICE SETTINGS & PARENTAL CONTROLS

Ensure that you set up parental controls for your devices at home. This will help to restrict the types of content that your child can view, as well as help you to monitor their activity. In addition to this, it's vital that you are aware of your device and account settings to ensure your child's utmost safety. For example, on YouTube you can turn off 'suggested auto-play' on videos to stop your child from viewing content that

#### PEER PRESSURE

Trends and viral challenges can be tempting for children to take part in; no matter how dangerous or scary they seem. Make sure you talk to your child about how they shouldn't succomb to peer pressure and do anything they are not comfortable with, online or offline. If they are unsure, encourage them to talk to

#### **REAL OR HOAX?**

As a parent it is natural to feel worried about certain things you see online that may be harmful to you child. However, not everthing you see online is true. Check the validity of the source and be mindful of what you share as it may only cause more worry.

#### REPORT & BLOCK

You can't always rely on parental controls to block distressing or harmful material. People find ways around a platform's algorithm in order to share and promote this type of material. Due to this, we advise that you flag and report any material you deem to be inappropriate or harmful as soon as you come across it. You should also block the account/content to prevent your child from viewing it. Also encourage your child from record/screenshot any content they feel could be malicious to provide evidence in order to escalate

#### FURTHER SUPPORT

Speak to the safeguarding lead within your child' school should you have any concerns regarding your child's online activity for them.

If your child sees something distressing, it is important that they know where to go to seek help and who their trusted adults are. They could also contact Childline where a trained counsellor will listen to anything that's worrying them.

The Childline phone number is 0800 1111.

SOURCES: https://www.mimor.co.uk/news/world-news/sick-videos-youtube-youtube-kids-14/ https://www.bbrc.co.uk/news/uk-northem-freland-47359523

# Year 7 Round Up – Compiled by Mrs Germaney:

Welcome back, I hope that you all enjoyed the half term break. I think the sunshine and rest did us all the world of good!

I mentioned last term about the Year 7's that successfully became student commissioner. Congratulations to the following students, we all look forward to watching you grow within your new role!

Hanley Angell, Rosie Benstead, Hallie Bunting, Sian Carter-Hall, Dylan Chalke, Rhiannon Clayton, Eleanor Curtis, Nakita Davies, Frances Ford, Poppy Frammingham, Benjamin Fysh, Maddison Jolley, Lucian Lennon, Amelia Lockwood, Jessica Marshall, Keira Naish, Aleyna Oter, Ellie-Louise Payne, Samuel Peel, Ellie Rippon, Kayla Rix, Grace Steward, Cameron Taylor-Ellis and Evie Whitmore.

I have been made aware of a few cases of head lice, please check your child/children's hair over the weekend. Thank you.

As it is the first week back I have asked form tutors to nominate a student for the last term rather than just for the week. I love reading the nominations every week as I am sure you do too.

#### Year 7 Student of the Week nominations are:

7CBA	Samuel Peel	When Samuel started he was very quiet and didn't really get involved in form. Since then Samuel is much more involved in form and has even become a Student Commissioner - well done!!
7MST	Ellie-Mae Robinson	Ellie-Mae always tries her best to overcome any difficulties she is faced with. Her confidence has grown and she always puts in 100% effort.
7SHA	Ben Youngs	He is always respectful and thoughtful. He is my go-to quiz scorer on Fridays because he is so helpful and brilliant!
7BGR	Rhiannon Walkley	Since her first day at KLA Rhiannon has come on leaps and bounds. Rhiannon has turned into a very confident young lady, she demonstrates all the attributes of a star pupil and sets a great example for the rest of the school.
7GCO	Melia Dunn	For her fantastic attitude towards learning both in form and her lessons. She is eager to do well and strives to be the best she can be. She has also achieved 360 achievement points to date which is fantastic.
7AWA	Evie Whitmore	Evie is incredibly polite, respectful and helpful. Every time she walks into form she has a beaming smile on her face. Furthermore, Evie has represented the Year 7 girl's football team and Year 7 netball team and to top the half term off was given the chance to become a student commissioner!
7BRH	Kayla Waller	Has quite simply, been a pure pleasure in form. She is not loud, doesn't make herself stand out, but that's not necessary to be an outstanding student at KLA. She is always prepared, friendly, respectful and just gets things done that need to be done. She is proof that there are many ways to shine at this school. Keep being who you are Kayla and you will go far!
7NJA	Morgan Church	Not only has she earnt most positive points in 7NJA, but she is polite, helpful, always on time for form time, well-mannered and always willing to take part, a very pleasant young lady and clearly doing the right thing across lessons - praise postcard in English, top marks in Tech spelling test, being helpful and on task and generally doing the right thing across the school.

So there is no student of the term, all of the students nominated should be recognised for their great efforts over the last 13 school weeks. Keep up the good work all of you, a very bright and wonderful future awaits you all!!

Have a lovely weekend!

## Year 8 Round Up – Compiled by Miss Crowe:

What a lovely week it has been!

The theme of the week for this week has been "Risk Taking". Miss Tea led this week's assembly and set out 12 chairs at the front. On the board it said to "take a seat if you dare", some of the braver students in the year group chose to sit on them! Miss Tea explained about taking risks for a good outcome and taking risks that may be more likely to end in a worse outcome. The students sitting on the chairs took part in a rock, paper, scissors tournament and were able to choose whether to continue playing once they had won their sweets and risk winning more sweets, or losing the next game and losing all of their sweets. Shannon Wyatt in 8LBE actually beat all the other students and Mr Essex by winning every single game! Congratulations to her and well done for earning so many sweets!

I would just like to point out our current top achievers in Year 8, because I am so impressed with how many achievement points they have earned this academic year! At the point of writing this Annabella Robinson (8LBE) has 442, Mason Desborough (8EBL) has 417, Saffron Krill (8JMA) has 416, Amber Bramham (8LBE) has 399 and Bertie Gathercole (8RES) has 393. This is fantastic! You are all such a credit to KLA.

Year 8 Student of the Week Nominations:

The following students received Student of the Week nominations from their form tutors.

8RES	Summa Bygrave	Summa is consistently positive and enthusiastic, and always makes me smile! Summa always wants to engage with form activities, and is always confident to share her opinion with the rest of the form. Keep up the excellent attitude Summa!
8THO	Lennon Houghton	For good work in Science, English and form.
8EBL	Selene Coote	For having such brilliant behaviour in form. Selene is helpful and polite at all times!
8CBR	Courtney Russell	For having no behaviour points and earning 154 achievement points this year! Well done.

Well done to all of the students who have been nominated for Student of the Week. Congratulations Selene! You are our Student of the Week!

Have a lovely weekend.

# Year 9 Round Up – Compiled by Mrs Mann:

Welcome back everyone. It's been a good first week back and students have been working well.

Our assembly this week was focused around taking risks and that we all do this in many ways, often many times a day. Mr McLean led the assembly and delivered it with power points and messages to address when it's ok to take a risk. It leads us nicely into the focus for next week's assembly, which is all about careers. This will be led by Miss Watts. By being brave and taking risks it can often work out for the best.

Just a reminder that next Thursday 7<sup>th</sup> March is Year 9 parents evening and I very much look forward to seeing you all on the day. We are hosting the event between 4-7pm. Students are aware that they should be making appointments now with all their teachers.

Well done to all those students nominated for Student of the Week. They are:

9ABL	Laurie Meads	For achieving really well in her lessons lately, especially English and becoming a real star in my form.
9TWR	Macy Howard	For volunteering to lead the Student Voice activity during form time this week.
9CMC	Ethan Mayes	For always being helpful and cheery in form.
9SHA	Nayan Johnston	For such a positive attitude.
9CKW	Faith Weatherington	For making a great start in form and at KLA.
9HDR	Sophia Graham	For always being on time to lessons, fully equipped and working extremely hard in Science.
9DBE	Kitija Zibala	Her confidence is increasing and she is making excellent academic progress.

Congratulations to Faith Weatherington. Well done and again a huge welcome to KLA.

Have a lovely weekend one and all.

## Year 10 Round Up – Compiled by Miss McGivern:

Our whole school theme this week is risk taking.

Life is all about taking risks, preparing for the future. If we do not step out of our comfort zone and take risks life would be extremely boring. Mr McLean delivered a poignant assembly showing the students that we often take risks without even knowing it. We explained when it's ok to take risks, and how we need to evaluate some risks and make a good decision to what is right.

On risk taking, Mrs Roberts, Ms Webber and I took a risk by taking 10 Year 10 boys paintballing on Saturday 16<sup>th</sup> February. The boys were a credit to our school, with the company commenting on the behaviour and attitude, saying the boys were impeccable. Thank you boys it was a pleasure to take you, and well done for all your hard work to become the winners. I have attached a photo of us all ready to go!



Top achievement points this week goes to Hermione Scandrett, 10SBW with 521.

Year 10 Student of the Week nominations from form tutors are:

10LAM	Harry Appleton	He is always polite in form. He is also helpful and is working hard in his lessons, too!
10 ATA	Brianna Stebbings	For her positive attitude in form this week.
10 CFY	Chloe Winters	Such a pleasant pupil, with excellent attendance. She has over 220 achievement points, and no behaviour points. Well done Chloe.
10KPO	Kamile Jasilaityte	Everyday such a cheerful, friendly and helpful attitude!
10NBO	Charlie Bunnett	For maintaining 100% attendance.
10SBW	Hermione Scandrett	For the most achievement points in the year.

Well done to all students that were nominated and congratulations to Hermione Scandrett. You are our Year 10 student of the week! Well done!

# Year 11 Round Up – Compiled by Mrs Roberts:

Welcome back. It's been a busy start to this term. Students have been preparing for their mock exams, which start next week. The Year 11 parents information evening was very successful, with lots of parents attending. Information will be on the website and ParentMail.

Assembly this week was about exam management. Mr McLean talked about the do's and don'ts when answering questions. No phones or electronic devices (watches), arriving 10 minutes early to the exam room, eating breakfast were just some of the things discussed.

Full uniform is to be worn during the exams. No jeans, hoodies or non-school jumpers are to be worn.

The students have been working incredibly hard over the past few months. We are all very proud of them.

Nomination for Student of the Week are:

11RGI	Cameron Taylor	Is 'Top of the Pods' for our form - he has streamed more pods than anyone else in the form.
11HCO	Ross Chilvers	Excellent attitude, good progress and consistent positive approach to work.

11AGI Mae Dobie For greatest total use on GCSE Pod.

11DSC Bethany Ross For highest attendance and points!

Student of the week is Ross Chilvers.