# What carers say about Swindon Carers Centre

"I can't thank Swindon Carers Centre enough for everything they have done for me."



"Swindon Carers Centre doesn't tell you what to do - they tell you what your options are. I don't try to hide away now because SCC has given me confidence."

For more information about Swindon Carers Centre and the range of services we provide: www.swindoncarers.org.uk Swindon Carers Centre provides information and support to carers of all ages in Swindon.

Please contact us to begin the registration process.

Our opening hours are: Monday to Thursday 9.30am to 4.30pm Friday 9.30am to 12 noon.



Swindon Carers Centre Swindon Advice & Support Centre Sanford Street, Swindon, SN1 1QH

Telephone: 01793 531133 carers@swindoncarers.org.uk www.swindoncarers.org.uk



Charity No. 1061116 Company No. 3305621

#### **Swindon Carers Centre**





If you are looking after a friend or family member and you need some extra support, we are here to help

## Are you a carer?

If you are looking after an ill, frail or disabled family member, partner or friend, then you are a carer. The person you look after may be elderly, have a physical or mental health condition, a learning disability or a drug or alcohol dependency (diagnosed or undiagnosed).

People often don't view themselves as carers, and as a result can miss out on the various rights, benefits and support which may help them in their role.



### **About us**

Swindon Carers Centre (SCC) is a charity affiliated to the Carers Trust and established to support and provide help to carers in Swindon.

We have a team of trained staff and volunteers who provide a wide range of support and services.

#### **Our Mission:**

To improve the well-being of people with caring responsibilities in and around Swindon, creating a community where carers are recognised, valued and supported.

#### **How can Swindon Carers Centre help?**

We aim to work together to find the support that may make your caring role more manageable. When a carer first contacts us, we go through a registration process to make sure we're the most appropriate place for you to come for support.

Once we've understood your needs, we can help in various ways:

- Provide information
- Signpost to other relevant organisations
- Give one-to-one support, including assistance in accessing services
- Benefits advice
- Access to breaks and complementary therapies
- Training sessions and self-help groups
- Emergency card scheme

We have teams dedicated to supporting adult carers, parent carers and young carers, so you can be sure the team you talk to will have experience with the kinds of situations you are facing.

01793 531133 carers@swindoncarers.org.uk



### **Registration with SCC**

To start the registration process, please fill in, detach and return this form to:
Swindon Carers Centre
FREEPOST (SN389), Swindon, SN1 4BR

Title:	
First Name:	
Surname:	
Address:	
Postcode:	
Home Phone:	
Mobile:	
Email:	
Please tick the box to consent to us holding this information on our database.	
I am interested in the following service(s) (tick which one(s) is/are applicable	
Adult Carer Support (If you are an adult caring for another adult)	
Parent Carer Support (If you are an adult caring for a child)	
Young Adult Carer Support (If you are aged 17-24 caring for an adult or child)	
Young Carer Support (If you are a child or young person aged 5-17 caring for an adult or another child)	
Where did you get this leaflet from?	

Please note that due to the high demand for our services, there is occasionally a waiting time of a few weeks before we can help