

# **ANTI-BULLYING POLICY**

## **DEFINITION OF BULLYING**

Bullying involves dominance of one person by another or a group of others, is pre-meditated, and usually forms a pattern of behaviour.

# **Bullying is therefore:**

- deliberately hurtful
- made up of individual incidences and/or repetitions, often over a period of time
- difficult for victims to defend themselves against

## It can take many forms but the main types are:

- Physical hitting, kicking, taking another's belongings
- Verbal name calling, insulting, making offensive remarks
- Indirect spreading nasty stories about someone, exclusion from social groups, being made the subject of malicious rumours, sending malicious e-mails or text messages on mobile phones/social networking sites or any other social media.

## **EVERYONE** within the Cheder is expected to:

- Act in a respectful and supportive way towards one another.
- Adhere to and to promote the objectives of this policy.

## **PUPILS** are expected to:

- Report all incidents of bullying and suspected incidents that victims may be afraid to report.
- Support each other and seek help to ensure that everyone feels safe and nobody feels excluded or afraid at school.

# PARENTS can help by:

- Supporting our anti-bullying policy and procedures.
- Encouraging their children to be positive members of the school community.
- Discussing with their child's teacher any concerns that their child may be experiencing bullying or if they are unhappy in some other way.
- Helping to establish an anti-bullying culture outside of school.

## The CHEDER may take the following actions in response to alleged bullying:

- Interview the pupil (or pupils) involved in bullying separately.
  - Listen to their version of events.
  - Talk to anyone else who may have witnessed the bullying.
  - o Reinforce the message that bullying is not acceptable, and that we expect bullying to stop.
  - o Seek a commitment to this end.
- Keep records of incidents that we become aware of and how we responded to them.
- Where appropriate, we will work with parents if the alleged bully does not respond to advice on their actions
- Consider sanctions under the Cheder's <u>Behaviour Policy</u>.