



Summer 2013

www.wittonlodge.org.uk

PERRY COMMON MATTERS

PUBLISHED BY WITTON LODGE COMMUNITY ASSOCIATION

WELCOME



Welcome to the Summer Edition of Perry Common Matters. I'm hoping that as this is the summer edition, you are reading this bathed in sunshine. Fingers crossed.

I recently became Deputy Chair of Witton Lodge Community Association and was reflecting on my journey, which began by simply popping into Perry Common Community Hall to enquire about a conservatory. After finding out a little more about the Association, volunteering and gentle arm twisting I joined the Board in 2011, and I can honestly say it's been one of my best decisions.

The final phase of housing redevelopment is within touching distance and will complete the rebuild of our neighbourhood that began some 20 years ago. "Happy 3rd Birthday" to our refurbished Perry Common Community Hall, which offers a fantastic range of services with a number of partners. Inside, you can read more about some of our highlights and plans for the future.

Finally, I am really pleased that our new staff team is complete, so if you have ideas about what you would like to see either in the Hall or in Perry Common, please get in touch with them. Happy reading.

**Sophie Allison, Deputy Director,
Witton Lodge Community Association**



NEW HOMES ON THE WAY!!

Preparation for the final phase of house building that will see over 200 new homes in Perry Common is well underway.

On 7th June a planning application for the construction of 59 new energy efficient homes was submitted by Birmingham City Council. The new homes will be built for the City Council and Witton Lodge Community Association. Construction work is scheduled to commence this autumn. At the same time, work will also commence on the provision of play equipment, new footpaths and fencing on Enderby Park (see page 2).

Design work has begun in order to submit another planning application later this year for the development of a further 144 new homes for rent and sale. 20 of these homes will be built overlooking Enderby Park. The remainder will be built on the former 'boot housing' land opposite the Dove Centre on Dovedale Road and 5 acres of former parkland, designated for housing purposes 3 years ago.

To offset the loss of this parkland, new parkland has been created elsewhere in Perry Common. When the regeneration is complete, the amount of public open space within Perry Common will have increased with the creation of a number of green areas. These include, Broomhill green

space area, Perry Brook, Enderby Park and the Wendover Road Green Link. The creation of these new areas has only been possible due to land swap arrangements agreed with residents at the start of the regeneration in Perry Common.

For further details on the development please contact Ron Williams at ron.williams@birmingham.gov.uk / Tel: 303 4406. Development Plans will be on display at Perry Common Community Hall.

We are encouraging more residents to become actively involved in these exciting plans. So whether you are interested in the new housing development proposals or the maintenance of the new open spaces which have been created or improved, please come along to the 'Friends of Perry Common' meetings. The next meeting will be held on 13th August at Perry Common Community Hall. For more information or a chat about the group please contact Teresa Compton or Jagwant Johal on 0121 382 1930 or pop into our offices at Perry Common Community Hall.

OUR NEW WEBSITE

On 1st July 2013 Witton Lodge Community Association launched its new website www.wittonlodge.org.uk. The website offers information about our services with dedicated areas for Perry Common Community Hall, Housing, Events and information on the wider Perry Common area. From the Homepage, there are direct links to social media pages and much more. Please take a look and let us know what you think.

IN THIS ISSUE

STOP PRESS!

Win £50 of Vouchers
Complete our survey for a chance to win!
Page 7



Fun and Fitness!
New play & fitness equipment at Enderby Park
Page 3



Meet the Team
There's some new faces at Witton Lodge Community Association.
Page 7
And much more...

FUN AND FITNESS IN ENDERBY PARK

Over the last year Witton Lodge Community Association in partnership with Birmingham City Council, residents and the Perry Common Green Space Group, have developed proposals for the provision of play and fitness equipment in Enderby Park. As a result of the consultation, significant changes have been made to the proposed final layout for the Park.

The planning application for Enderby Park environmental improvement works was submitted last month and we are pleased to announce that the application has been approved.

Proposals include resurfacing the existing footpath with a tarmac 'bitmac' surface, replacing existing trip rail with 1.2 high metal estate railings and entrance features, new tree planting, installation of play and gym equipment, benches and bins.

The project management and design process has been co-ordinated by Birmingham City Council's Landscape Practice Group. Construction works are anticipated to start on site in late summer 2013 and completed in autumn 2013.



Friends of Perry Common have submitted an 'Awards for All' bid to promote the safe use of the new outdoor gym. If successful, funding will pay for a trainer to help the local community get full benefit from the new equipment. The trainer will also be encouraging older people to take part in gentle exercise sessions, short walks and playing ping-pong.

This development alongside others in the local area has been planned in partnership with the Perry Common Natural World Project - a project that has been running for 3 years and will come to an end in late August.

Special thanks go to Christine Poole, who has worked for Perry Common for a number of years.

BIKE NORTH BIRMINGHAM

'Bike Everyone' is an exciting community cycling project that is aimed at making it easy for you to get on your bike this Summer - whether you are cycling to work, to the shops or purely for fitness and pleasure.

Bike North Birmingham also run a free 'Learn to Ride' programme to help local people gain confidence cycling. There are also a range of interesting Leisure Rides for you to practice your skills and to meet new people.

These free Leisure Rides run from a number of different venues, including Brookvale Park, Erdington Leisure Centre, Wyndley Leisure Centre and Pype Hayes Community Focus.

'Learn to Ride' courses run on Tuesday evenings at Pype Hayes Community Focus. These start at 6.00pm, 7.00pm and 8.00pm and on Saturday mornings at the Old Court House on Anchorage Road on Saturday mornings at 9.15am, 10.15am and 11.15am.

To find out more about 'Bike Everyone' or to register for a 'Leisure Ride' please call Bike North Birmingham on 0121 464 6016. For more general enquiries please call 0121 464 1020. You can also visit their website at www.bikenorthbirmingham.org.uk or pick up a leaflet (including their Summer Programme Calendar) from the reception desk at Perry Common Community Hall.



DEVOTED TO PERRY COMMON



Local organisation Urban Devotion (UDB) has supported young people in our community for over 10 years with their advice and guidance service. They can help with CV writing, work advice and training, job applications, developing interview skills and money management.

This service is provided in partnership with Witton Lodge Community Association for 16-25 year olds. However, if you are at school (years 10 or 11) and want to look ahead then UDB would still love to help!

UDB continue to provide many clubs and activities across the community with a full programme throughout the summer holidays.

Check out their twitter feed (@urbandevotion) or facebook page (/urbandevotion) for up to date details.

Many of the children and young people UDB work with play a fantastic role in serving the community that we are all part of. The photo above shows their 'Uprising Team' painting one of the youth shelters on the Recreation Ground and another group have also been involved in refurbishing the Underground. UDB have a drop-in venue at St Martins on Witton Lodge Road. A special event to re-launch the Underground is being held on Friday 30th August, so look out for more information nearer the time!



EXPERIENCE LEADS TO PAID EMPLOYMENT

Whoever said that volunteering was not a good use of time? It certainly wasn't for two local people who, through volunteering, have both secured paid employment.

Cheryl and David worked on placement in the meals kitchen at Sycamore Court (an Extra Care Scheme owned by Witton Lodge Community Association), cooking tasty meals for the residents. This was funded by Birmingham City Council through 'Forward 4 Work'

where students with learning disabilities could gain new skills. From this valuable experience, both Cheryl and David have both gained paid employment with a local contractor 'Four Hands of Four Oaks'.

Cheryl now works in their cleaning department while David works in the landscape gardening team, often working in the local area. We wish them the very best of luck in their future careers.

FREE DEBT & MONEY ADVICE



Do you want free debt and benefits advice from the experts? Have you got into financial difficulties, due to a breakdown of relationship, being on low income or any personal matters in life? If yes, you need practical advice and a solution to these problems.

As the squeeze on everyday living continues, there has been a growing need for reliable advice, not only for debt and rising costs but also the impact of welfare reforms, leading to possible increase in rents, lower overall income and payment changes.

Help with debts

Even if welfare reform does not affect you, you may have large loans, over-subscribed credit cards or payday loan debt. If so, there is a solution. Support and advice are available to help you prioritise your debts, for instance: rent arrears, mortgage arrears, council tax arrears, Magistrate Court Fines and much more. There are solutions ranging from short-term measures to debt write-offs and insolvency.

Assistance with rent arrears and court representation is a definite priority. Council tax and any other high priority debts have to be paid back, failing which you may have sanctions attached ranging from fines to imprisonment and eviction.

One particular area of concern is the payday lending sector which has offered to 'turn everyday into payday'. We are able to assist you with this area with a number of options.

Help with explaining the new welfare reforms and how this will affect you:

The reforms will have a huge impact on social housing. At the moment millions of council and housing

association tenants who claim housing benefit have this money paid directly to their landlord. The government wants to change this as part of Universal Credit, meaning that the housing part of the benefit will be paid directly to the tenant and not the landlord. This will mean that the tenant will be responsible for paying all of their rent.

Figures obtained by the BBC suggest that rent arrears rose from approximately 2% to 11%, leading to difficulties maintaining tenancy.

Witton Lodge Community Association has stressed the need to avoid this situation happening in Perry Common, and as such, an advice service is being offered to help residents. The service will offer help and support with financial matters including:

- benefit and debt advice (assessing calculations for you and also to explain the key differences in the size criteria between Housing Benefit and Universal Credit)
- help with applying for benefits
- help with benefit appeals and representation at benefit tribunals
- financial capability advice (so that you are able to assess your priority and non-priority needs)
- helping you to avoid any sanctions which can have an effect on your wellbeing together with County Court representation.

This advice service will take place at Perry Common Community Hall on Mondays (except Bank Holidays) between 11:30am -1.00pm and is hosted by the Castle Vale Tenants Alliance. For further information please call Kay Blundell on 0121 382 1930 or Kay.Blundell@wittonlodge.org.uk.

Helping YOU find Work!

Employment Training & Education
C.V. Production
Interview Techniques
Mock Interviews
Internet Job Searching & Career Advice

Every Tues Morning 10am-1pm

Perry Common Community Hall
87 Witton Lodge Rd
Perry Common
Birmingham
B23 5JD

For more information or to book a place Call: 0121 382 1930 or check out our website: www.wittonlodge.org.uk

MARIAMA'S VOLUNTEERING SUCCESS



It gives us great pleasure to report that Mariama Diallo, a volunteer with Witton Lodge Community Association, has now been offered a job in care work. Mariama, who started volunteering for WLCA 7 months ago began volunteering to gain new skills and practical experience, whilst taking a course in Business Administration at college.

Mariama said "I have loved coming to the office. People are very friendly to me and helpful. It has been really good experience". Alongside the positive experience, Mariama has gained a wide variety of new skills including: creating databases, preparing leaflets, typing letters, filing, scanning and being confident when answering the phone – something that she was quite nervous about before taking up the voluntary work.

When asked whether she would recommend volunteering to other people, Mariama said "Definitely. I think volunteering is really useful when you don't have a job. Staying at home and doing nothing only makes you feel lonely and frustrated. It doesn't bring you any closer to finding a job as you are not learning anything. It is good to meet people and talk with them. Volunteering with Witton Lodge Community Association gave me confidence to apply for jobs".

We would like to take this opportunity to thank Mariama for her hard work and wish her every success in her new job.



THE BENEFITS OF TAI CHI

Tai Chi is a gentle exercise system which is suitable for everyone and is ideally suited to people who cannot do other more vigorous exercise. In China, where the practice originated, it is mostly practised by the over 60s, but increasingly, younger people are seeing its benefits.

Learning Tai Chi develops calmness and relaxation. Tai chi is an excellent form of exercise for many conditions – helping both the body and mind – and is recommended by many medical professionals.

As if all this wasn't enough, Tai Chi is also a martial art being part of the kung fu family. So whilst having fun and keeping fit you can also learn simple self defence skills. The classes are held every Thursday from 1:15 to 2:15pm at Perry Common Community Hall and costs £2.00 per person. So, why not come along, have a chat with Josie and have a go?



STEP TOWARDS HEALTH

Do you want to improve your health in an easy and friendly way on your doorstep and for no cost at all? If yes, then why not join the 'Lets Walk' group and explore local beauty spots.

The benefits of walking are many. It is not just your physical health that will benefit from this, helping blood flow around the body, helping muscles stay strong and not forgetting weight loss.

The 'Lets Walk' group meets at Perry Common Community Hall every Monday (except Bank Holidays) at 11am and walk (roughly 2.4 miles) around the Perry Common area including Witton Lakes. This is followed by 'healthy' tea and cakes at the Pentecostal Church on Witton Lodge Road.

For more information please contact Asia Wieloch at Witton Lodge Community Association on Tel: 0121 382 1930 Email: asia.wieloch@wittonlodge.org.uk.

STRETCH & UNWIND



If you are feeling tight, tense and creaky, suffering from aches, pains and stress, why not try a new exercise class: STRETCH AND UNWIND.

The class is based on hatha yoga exercises to unlock stiff joints and loosen tight muscles. It includes breathing and relaxation techniques to calm and relax the mind. It also involves slow, controlled strength exercises for the core muscles of the abdominals and spine, to promote good posture and combat back problems.

Whether you are new to exercise or an experienced

fitness class participant, why not give Stretch And Unwind a try? Most of the stretches can be performed at either a gentle level or developed to make them more intense. So if you are a beginner you can stick with the gentle options and if you need more of a challenge you can progress to the harder variations.

The class takes place at Perry Common Community Hall from 1.45pm to 2.45pm on Fridays – in school term time only – and costs £3 per person. The instructor, Vicky El Bast, has taught fitness classes for over ten years. If you have any queries please call 07866 567 473.

YOUR CREDIT UNION

What's The Next Best Thing To A Money Tree In Your Garden? "A Credit Union Down Your Street"

When it comes to money there are always times such as school holidays or Christmas when you could do with a little extra. When leaflets from doorstep lenders come through the letterbox it is easy to think there is no other choice. Because of this, doorstep lenders are accused of overcharging their customers to the tune of £100 million a year. But now there is a choice, a better choice – your local Credit Union.

10,000 people in Birmingham are members of a Credit Union and enjoy the benefits that membership brings. Credit Unions are part of the co-operative movement and are not-for-profit organisations that are owned and controlled by their members. It's your money and your union, so everything is done in the customer's interest.

What's more, Credit Unions are regulated by the Financial Conduct Authority and members' accounts include free life insurance. You can be sure that your money is 100% safe and protected.

Credit Unions help you to save and borrow at your own pace. They have a variety of loans available and will lend at a rate that you can realistically repay. Advance Credit Union can even help you manage your money with additional services such as a bill payment service, a Christmas savings club, prepaid debit cards and a benefits direct service that you can access through the local collection point at Perry Common Community Hall.

Why not join and see how convenient it is to save and borrow with your local community Credit Union. You can open an account and start saving at Perry

Common Community Hall and discover how the Credit Union can benefit you and your family. For more information call us on 0121 350 8883 or email us at info@advancecu.org.uk.

Alternatively visit Perry Common Community Hall at 87 Witton Lodge Road, B23 5JD Tel: 0121 382 1930 or the Credit Union office at 200 Sutton New Road, Erdington, Birmingham B23 6QU. There is also a website at www.advancecu.org.uk.



CONFIDENCE IN CONSERVATION



The vacant housing land on Witton Lodge Road adjacent to St Martin's Church has been the target recently for flytipping. Following a site visit by Castle Vale Community Environmental Trust's manager, Rupert Johnson, the site was highlighted for a clean up by the Trust's 'Confidence Through Conservation' scheme.

The Confidence Through Conservation volunteers arrived early and worked hard for several hours to clear as much waste from the site as possible, filling 12 black bags of rubbish. Alicia Grande, the project officer said that "it's a real shame when people use

sites like this for flytipping" and that "wildlife in the area can be badly affected by indiscriminate flytipping, not to mention the damage that it can cause to children who might use the area to play in". The clearance was supported by Glendale Services LTD who removed the bags.

The Confidence Through Conservation project is always looking for more volunteers so if anyone is interested in getting involved in a local project or would like further information please contact either Rupert or Alicia on 0121 747 3579 or email info@environmentaltrust.org.uk.

COMMUNITY SPEEDWATCH

Community Speedwatch was set up after residents reported that drivers were speeding on residential roads within Kingstanding Ward. Kingstanding Neighbourhood Tasking Group helped set-up Community Speedwatch to stop the speeding.

As part of this, dates and times are arranged for volunteers and the local Police Community Support Officers to hold a 'Speed Watch' in the area. Information leaflets inviting residents to join the Watch are delivered beforehand to the homes closest to the Watch

site with another leaflet detailing how many speeders were noted being delivered after the Watch has taken place. All drivers recorded as exceeding the speed limit will receive a warning letter from the police and, if caught again, enforcement will take place.

If you want more information, would like to join us on a Watch to see what it's like or just want to let us know of a road that you think would benefit from a Speed Watch, then please contact Linda Hines on 07960 386252 or e-mail linda.hines@blueyonder.co.uk.

RING OF SOUND CHOIR

Ring of Sound, Perry Common's very own choir, will be 9 years old this year!

We are a community choir with a difference as we don't hold auditions and you can join regardless of experience or ability. As long as you're 6 years old or above we'd love to meet you!

We rehearse every Wednesday at Perry Common Community Hall 87, Witton Lodge Road B23 5JD between 4.30 and 5.30pm, have a professional tutor and are supported by Witton Lodge Community

Association who donate the room hire. Members pay a weekly subscription of £1 on attendance with children under 16 years old being free.

If you'd like more information or would like to come along to one of our rehearsals then please contact Linda Hines on 07960 386252 or e-mail linda.hines@blueyonder.co.uk

DUCKLING WATCH



Ducking Watch was originally set up to deter any anti-social behaviour that could affect the nesting waterfowl. It has evolved into an inter-generational educational project that now focuses on the positive use of this wonderful resource.

Volunteers walk around the park in groups wearing specifically marked high visibility orange waistcoats at different times of the day between March and September. Our role is non confrontational or intimidating. The time commitment of the volunteers depends on their individual choice and however much time they are able to give their help is invaluable!

If you would like to help or just need more information then please contact Linda Hines on 07960 386252 or email Linda.hines@blueyonder.co.uk



JUNIOR WARDENS

Year 5 pupils from 3 local primary schools were given the opportunity to apply to become one of 12 Duckling Watch Junior Wardens who would experience hands-on learning whilst playing a real part in the enhancement of Witton Lakes in Erdington.

12 sessions have been arranged throughout 2013 which encourage team working but also enables them to use their individual initiative. These include tree planting, pond-dipping to identify invertebrates that are present in the lakes and learning about the breeding cycles of the waterfowl and the potentially damaging impact that irresponsible people have on their habitat.

Feedback from the Wardens is that they are really enjoying the sessions and this was proven when they had the opportunity to go on a trip (including a pizza) but chose to come to the Duckling Watch Junior Warden session instead! This project is a partnership between Duckling Watch and Urban Devotion Birmingham and has been sponsored by Birmingham's community through Birmingham Open Spaces Forum, Birmingham City Council, local organisations and businesses..

SOME SUCCESSES AND PLANS FOR THE YEAR AHEAD

Over the past year, Witton Lodge Community Association has worked with residents and partner organisations to improve local services. We will build on these strong foundations, striving for more and better services for our tenants and residents.



Sir Albert Bore on a recent visit with directors, Councillors and staff

OUR HOUSING

Witton Lodge Community Association currently owns 167 properties in Perry Common, including our 40 apartment Extra Care scheme - Sycamore Court. We also lease 3 properties to the Lisieux Trust (a charity helping disabled people).

Housing has been at our core since our creation in 1994 and we have been instrumental in the redevelopment of Perry Common over the past 20 years. As a community landlord we are always looking at ways to better support our tenants.

Looking back:

Because of the difficult economic times, the Board of Witton Lodge took the decision to only increase rents by 2.6%. This compares with Birmingham City Council's rent increase of 4.6%

We have also appointed Woodlands Property Services as our new housing repairs and maintenance contractor.

Looking Ahead:

We will ensure that our Flourishing Community agenda is actively shaped by our tenants. We will continue to provide advice and support to enable our tenants to make informed decisions and maintain their tenancy.

With a dedicated Homes and Property Manager in post, there will be a step change in our communication and engagement activities to ensure that tenants shape our future housing service.

We will work with Birmingham City Council to initiate the final redevelopment phase to complete the rebuild of Perry Common, which will see the development of over 200 much needed new homes.

FLOURISHING COMMUNITY PROGRAMME

The flourishing community programme builds on our 'housing and environment' strengths to better meet the needs of our community by forging closer links between the local residents, Witton Lodge Community Association and local organisations.

Looking back:

We distributed over 250 Winter Warmer Packs to older residents as part of our Keeping Perry Common Warm and Safe project. We also contacted all of our tenants to check if they required any assistance during the cold winter.

Over 500 residents attended our Christmas event where there were a range of activities for families and children.

We established Tea and Talk sessions at Perry Common Community Hall, so that residents can just drop in for a cuppa and find out what's going on in the area.

Looking ahead:

We are currently undertaking a neighbourhood survey and talking to local residents about their priorities. Based on these findings we will be developing further services, including a new JobShop and volunteering opportunities to help and support residents find work.

During these difficult economic times we are also offering advice and support on welfare and benefits changes.

Look out for further projects and services in the rest of the newsletter including our What's On section. Please get in touch with our Flourishing Community Team for more information or if you wish to get involved – they will be happy to help.

PERRY COMMON COMMUNITY HALL

Perry Common Community Hall is a fabulous facility in the heart of Perry Common. Following its redevelopment in 2010, this much loved building continues to go from strength to strength providing a range of activities for our community.

Looking back:

Over the last 12 months over 6,000 people visited the Hall for a variety of services including, parties, training, keep fit, volunteering, health services and community events.

Looking Ahead:

Perry Common Community Hall's role as a flourishing community hub will be cemented as we look to attract even more residents this year. We will also be setting up a user group to develop a wide range of activities. If you are interested, please get in touch. Please see back page for activities and feel free to pop in to discuss these – we would love to see you!

COMMUNICATION

Effective communication and engagement is at the heart of what we do.

We have produced the Perry Common Matters newsletter for many years, which lets you know what is going on in and around the area. The world of communication is also developing at a pace particularly in terms of social media, where lots more of us will be using our mobile phones to access facebook, twitter etc.

A new Witton Lodge Community Association website www.wittonlodge.org.uk was launched on Monday 1st July 2013. We also have a facebook page and a twitter account (@wittonlodge).

We will be regularly updating the website and social media pages so keep an eye on these for all the latest news and views.

SMALL GRANTS PROGRAMME

Our Small Grants Programme offers up to £500 to local groups interested in running local activities and services. Grants can also now be used to support local enterprise and we are currently supporting a number of local entrepreneurs 'get off the starting blocks' with their own business.

NEW STAFF TEAM

There is a new staff team at Witton Lodge Community Association covering all areas of our work. You can read more about the team on the website or better still pop into our offices at Perry Common Community Hall to find out more about what we do and how you can get involved.

BOARD OF DIRECTORS

There are 12 directors of Witton Lodge Community Association who oversee the running of the organisation. The board meet every month to discuss progress and plans for the future. There are more details on our website

MEET THE TEAM



Since the last edition of the newsletter, there have been changes to the team, with 4 new members of staff bringing their new skills and experience to Witton Lodge Community Association and Perry Common. Claire Westwood (Finance Officer) has the role of keeping our finances in good shape,

Gurdev Singh (Homes and Property Manager) looks after our properties, Paul Tse (Flourishing Community Development Officer) will work on building an even stronger community and James Carless (Communications Officer) will be here to develop strong communications and awareness of Witton Lodge

Community Association. With a full team and a wide range of new skills, we hope to build on the positive work of Witton Lodge Community Association so far and have many exciting ideas and plans for the future. Please feel free to come in and have a coffee and chat.

VOLUNTEERING OPPORTUNITIES IN PERRY COMMON

Witton Lodge Community Association (WLCA) and Perry Common Community Hall offer various volunteering opportunities including:

- Receptionists - Learn new reception and office skills including: managing the reception desk, taking telephone calls, inter-personal skills and much more.
- Community events - During the year WLCA organise a number of community events such as the Christmas Lights Switch-on, Jumble Sales, Craft Fair, Quiz Nights, Tea & Talk and much more. Volunteers are a vital part of making these events successful.
- Walk Leaders - An excellent opportunity for someone who likes outdoor activities, staying fit and encouraging others to exercise. The area

around Perry Common has some fantastic green spaces such as Witton Lakes and Perry Common Recreation Ground. The walks are suitable for people with differing abilities and take place every Monday 11.00am-12pm. Walk Leaders will receive training and gain Walk Leader Certification, alongside many other skills.

If you are interested in any of the above opportunities or if there are any other volunteering roles you feel might be needed in Perry Common or you have any skills, e.g. gardening or cooking, that you want to share with other residents, please let us know. Contact Asia Wieloch by e-mail asia.wieloch@wittonlodge.org.uk or telephone 0121 382 1930.

COMPLETE OUR NEIGHBOURHOOD SURVEY AND WIN A £50 TESCO VOUCHER

Witton Lodge Community Association is currently conducting a Neighbourhood Survey. We want to find out first-hand how you feel about Perry Common. We also want to understand what you think is good and what needs improving. We will use this information to improve our services and those provided by other organisations in the area.

Your views are very important to us and we would really appreciate your feedback. You can do this by filling in the Neighbourhood Survey. This can be completed by going to our website at www.wittonlodge.org.uk. The form can be downloaded and emailed to Kay.Blundell@wittonlodge.org.uk or a paper copy can be handed to us. You will then be entered into our prize draw to win a £50 Tesco voucher!

The winner will be notified when the draw has been made.

WHY NOT CHECK US OUT ON:

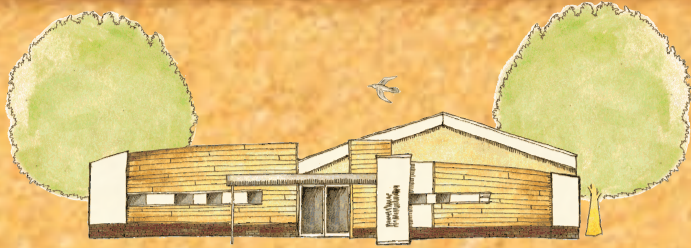


Witton Lodge
Community Association



@WittonLodge • @Afzal_H • @LindaSHines

WHAT'S ON



PERRY COMMON COMMUNITY HALL

MONDAY

PAIN CLINIC

9:30 to 11:00am
Please attend via GP referral only

HEALTHY WALKS

11:00am to 12:00pm
Free admission

DEBT AND WELFARE BENEFITS ADVICE

11:30am – 1:00pm
Please attend via appointment only

PILATES

5:15 to 6:15pm
Please attend via GP referral only

ZUMBA

6:30pm to 7:30pm
£4 per person

THURSDAY

TAI CHI

1:15 to 2:15pm
£2 per person, per session

PAIN CLINIC

9:30 to 1:00pm
Appointment via GP referral only

TEA AND TALK

2:00 to 4:00pm
Free Admission and all welcome

GARDENING ADVICE

2:00 to 4:00pm (every fortnight)
Free Admission

TUESDAY

JOB SHOP

10:00am to 1:00pm

KICK BOXING

6:00 to 7:00pm
Under age 16 - £4.00/
over age 16 - £5.00 per person

FRIDAY

STRETCH YOGA WITH VICKY

1:45 to 2:45pm
£3 per person (all welcome)

SPECTACULAR MOVEMENTS WITTON LODGE DANCE GROUP

Kids Group (ages 6 to 11)
5:00 to 6:00pm
Teenagers (ages 12+)
6:00 to 7:00pm
Under 16 years £2.50 / Over 16 years £3.50

SPECIAL EVENT

KIDZ CRAFT – SUMMER BUZZ

Arts and Craft activities for children aged between 5 and 9,
with an exhibition of all work created in September

Dates for this are as follows:

Tuesday 23rd July • Wednesday 24th July • Tuesday 30th July
Wednesday 31st July

All sessions start at 10:00am and finish at 12:00 mid-day.
Admission 50p per person. Booking is essential as spaces are
limited.

WEDNESDAY

ARTS & CRAFTS 'CREATIVE MOMENTS'

1st and 3rd Wednesday of each month
12:45 to 2:15pm
£2 per person for non members / £1 for members

CUPPA & CHAT

2nd and 4th Wednesday of each month
12:45 to 2:15pm
£2 per person for non members / £1 for members

RING OF SOUND CHOIR

4:30 to 5:30pm
Free for children / £1 per person for adults
(all welcome)

AIKIDO

7:30 to 9:30pm
£6 per person (18 years and over)

SATURDAY & SUNDAY

Perry Common Community Hall
is available to hire for a wide variety
events and occasions

**Volunteering
Opportunities
Available!**
Tel: 0121 382 1930



To have an article or advert placed in the next issue of Perry Common Matters,
please contact James Carless: james.carless@wittonlodge.org.uk or 0121 382 1930.
If you wish to receive this newsletter by e-mail then please send your e-mail address to
james.carless@wittonlodge.org.uk.