

THAISQUARE SPA

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THAISQUARE SPA



ABOUT US

Escape the pressures of everyday life with a visit to Thai Square Spa, in Northumberland Avenue, Trafalgar Square. Savour the tranquil and luxurious surroundings and indulge in the sumptuous and authentic Thai treatments.

Thai Square Spa brings the traditional Thai Spa experience to the heart of London. Housed within a beautifully converted Victorian Turkish bath between two historic landmarks; Trafalgar Square and the Thames Embankment; it's a true haven for the senses.

The interior fuses Thai, Roman and Turkish spa design styles, creating a space that is restful and ambient. Opulent Thai silks, traditional wood carvings and gilt-hued murals are the chosen adornments. Inside, the facilities are first-class and extensive. Five Thai Massage treatment rooms, six Ritual Massage rooms and one vast VIP Suite Treatment Room with private relaxation zone and steam room form just part of this restorative haven. Other standout highlights include a Vichy Shower Treatment Room, Himalayan Salt House and Ice Fountain. Signature treatments include the Temple of Jade Hot Stone Body Massage and the Thai Herbal Ceremony. All use products from our bespoke product line, iMantara.

"First Class and Peaceful"

Hello Magazine Blog

"Relaxed and reinvigorated treatment"

Herper's Bazaar

"One of the best 50 spas in United Kingdom"

The independent

"One of the best spas in London"

Good spa Guide





ABOUT US

RELAXATION AREAS:

The time after a treatment is vital to its efficacy and the wellbeing of mind, body and soul. That's why we've created two havens of tranquility. Relax in these cossetting spaces post-treatment to restore beautiful balance and serenity. Choose from the Roman Retreat; an imposing marble-clad space or the more sumptuous and exotic *Thai Tranquility Zone*.

THE SEN SPACE:

Spend some much-needed downtime in our Sen Space. This rejuvenating circuit has been devised to help bring your body back into the perfect state of balance. Alternate your time between the hot (sauna and steam room) and cold zones (ice fountain and Jacuzzi) to stimulate the circulation and eliminate toxins. The ice fountain is one of the more unusual Scandinavian sauna bathing traditions and the perfect invigorating tonic to the heat of the sauna or steam room.

THE HIMALAYAN SALT ROOM:

Revive in the magical cavern that is our Salt house. This specialist treatment room harnesses the power of Himalayan salt; the world's most restorative. Relax as its potent blend of iodine, potassium and bromide minerals and 84 different micro-elements get to work on your body. Excellent for respiratory conditions such as asthma, bronchitis and sinusitis.

Your Thai Square Spa Treatment includes:

- A traditional Floral Foot Soak
- Use of our relaxation zones
- Fresh Thai herbal tea on arrival and post-treatment
- Complimentary refreshments (for three hour long treatments or over)



LET YOUR THAI SPA JOURNEY BEGIN

Change into your beautiful spa robe and slippers and indulge in our complimentary Floral Foot Bath pre-treatment. Arrive early and also enjoy some valuable and restorative time out in our relaxation room before your chosen massage or facial.

CONTINUE YOUR THAI SQUARE SPA JOURNEY AT HOME

Take an evocative journey of the senses with your choice of products from our iMantara line, available exclusively at our Spa Boutique.

GENERAL POLICIES

We have designed the spa for your total relaxation and comfort, therefore, out of consideration for other spa clients, please keep your mobile phone switched off at all times.

PAYMENT

A deposit of up to 50% will be charged at the time of booking for any spa package or treatment. All online bookings will require full payment at the time of booking. We accept all major debit and credit cards.

ARRIVAL

All clients must arrive at least 15 minutes in advance of their treatment time. Thai pyjamas, spa robes, slippers and towels are provided at no additional cost. For Sen Space using, clients are suggested to bring their own swimming costume with them.

CANCELLATIONS / LATE ARRIVALS

As courtesy to all other spa guests, cancellations must be made 48 hours in advance of your appointment time. Failure to do so will result in the full rate being charged. Please contact us by telephone if you are running late and we can reschedule your appointment, if possible. If we are not able to reschedule your appointment, your arrival time will determine the length of your treatment, which will end as originally scheduled.

AGE REQUIREMENTS

The minimum age requirement for access to the spa is 16 years. All children under 16 must be accompanied by an adult.

GRATUITIES/TIPS

Are gratefully received but very much given at your own discretion.

VOUCHERS

Gift vouchers can be purchased for special occasions and can be both personalised and sent on your behalf. The Thai Square Spa gift card may not be exchanged for cash. When you intend to make payment by gift voucher, please inform the reservations team at the time of booking. Vouchers must be redeemed during the validation period, which ranges from 3-6 months.

VALUABLES

Treatments require the removal of all jewellery. May we suggest you leave valuable items at home as the management are unable to accept responsibility for anything that is lost or damaged on the spa premises.



We are fully committed to providing the highest standard of spa service. Please do not hesitate to contact us if you have any questions or need further assistance.





THE ROYAL TREATMENTS

The Royal Treatments have been developed exclusively for Thai Square Spa. The heritage of these beautiful therapies dates from the late 19th and early 20th century when Thailand was known as the Kingdom of Siam. At this time, 'ladies of the court' were renowned for turning indigenous ingredients into delicate formulations and beauty regimes, still admired to this day.

Thai Square Spa presents 6 exclusive treatments inspired by the ancient Siamese heritage.

BODY TREATMENTS

SIAMESE COURTIERS REMEDY - 150 mins A TRADITIONAL THERAPY OF THE THAI COURT

This treatment has been developed using the secret beauty rituals of the Siamese courtiers. It is both uplifting, yet leaves the mind and body completely relaxed. The Thai body ritual begins with a sweet scented scrub to revitalise, followed by a royal Thai massage using a hot herbal compress to release muscle tension and stimulate circulation.

THAI HERBAL CEREMONY - 150 mins INVIGORATING OIL MASSAGE

The treatment begins with a herbal steam and full body cleanse to prepare the skin for exfoliation. A light, ginger-scented scrub leaves limbs soft and glowing. A unique Thai herbal massage based on ancient Siamese rituals completes the third phase of this treatment. Extracts of cinnamon, black pepper and camphor are beautifully blended in the massage oil, leaving muscles relaxed and your senses invigorated.

TEMPLE OF JADE - 120 mins HOT JADE STONE BODY MASSAGE

Jade has long been considered a symbol of beauty, power and good health within the court of Siam. Due to its high silica content, it is believed to strengthen the function of the kidneys, liver and heart, reduce inflammation and increase blood circulation. Using two expert therapists this 'four-hand' treatment begins with a head massage that features acupressure techniques. The body is then enveloped in warm scented oils. The heat from the Jade stones relaxes the muscles enabling a deeper massage. You are left feeling completely rejuvenated, with mind and body in total harmony.

THE ROYAL CONTOUR - 120 mins DETOXIFYING AND FIRMING

After a full body cleanse, a mask containing extracts of turmeric, ylang-ylang & lemongrass is applied to deeply nourish and restore lustre to the skin. A potent cellulite-fighting massage oil is then rigorously applied to stimulate the circulation and eliminate toxins. This exclusive essential oil blends black pepper, plai, cardamom & basil to kick-start the metabolism and improve skin elasticity.



FACIAL TREATMENTS

MAJESTIC JADE FACIAL - 90 mins

This men's only treatment combines the mystical powers of the Jade semi precious stone with the science of collagen. Your facial journey begins with a secret Thai pressure point massage on the scalp and hands followed by a purifying hot face towel compress. A full facial massage follows to stimulate the circulation and promote a healthy glow. The skin is then exfoliated while you enjoy a relaxing arm and hand massage. Collagen is then massaged into the face and neck using the jade stone to counteract dullness and smooth fine lines and wrinkles and collagen patches are applied to the eyes. The collagen nourishes the skin at its deeper layers and stimulates elasticity. The Jade stone heals the mind and soul. The facial ends with a Buddhist inspired breathing exercise to promote ultimate calm and wellbeing.

GOLDEN MAHARANI FACIAL TREATMENT - 90 mins

Inspired by the natural beauty of the ancient Siamese women, this exquisite treatment leaves skin glowing with radiant health and vitality. After a scrupulous cleanse, enjoy a revitalising Jasmine based exfoliation before firming Thai herbal compresses are gently pressed into the skin to stimulate facial acupuncture points. The 24-carat Pure Gold Collagen Mask is at the heart of the treatment and plumps up the skin with its beautiful blend of opulent ingredients that deeply hydrate and nurture dull, dehydrated and more mature complexions. Enjoy a mini head and shoulder massage as this luxurious mask helps stimulate collagen production and leaves skin with a lit-from-within golden glow.



BODY TREATMENTS

EXOTIC SCRUBS

These exotic treatments are inspired by ancient Thai rituals and bestow a healing and restorative effect on body and mind. Experience a sensory journey of blissful relaxation that combines exfoliation and deep hydration to restore tone & smooth the skin back to its most beautiful.

THAI SQUARE SIGNATURE SCRUB - 45 mins

An invigorating scrub harnessing the power of the iMantara Siamese Serenity Refining Body Polish. This treatment uses the finest Thai herbal ingredients. Thai Longan Extract tightens and refines skin texture and Thai Turmeric improves circulation and leaves skin with a soft glow.

ORIENTAL BODY SCRUB - 45 mins

This mild cream consistency gently sloughs away dead skin cells with its unique blend of Thai Herbs. Skin is left brightened, nourished and silky soft.

EXOTIC HYDRO REFINEMENT - 60 mins

Fusing the circulation-boosting benefits of the Vichy Shower with a gentle full body exfoliation, this heavenly treatment leaves limbs luxuriously soft and contours uplifted. An exquisite pre-holiday indulgence.

BOTANICAL WRAPS

These unique and memorable holistic-inspired treatments leave you with a wonderful feeling of serenity and balance. Experience a deeper level of relaxation for the body and mind.

THAI SQUARE SIGNATURE WRAP - 60 mins

A potent detoxifying whole body treatment that improves skin clarity and firms and tones the skin.

ORIENTAL RESTORATION - 60 mins

An invigorating treatment to elevate the senses and leave skin cleansed, toned and glowing.

ANCIENT RITUAL MUD WRAP - 90 mins

Relax and unwind with this unique experience. The treatment begins with a full body cleanse and exfoliation before the body is cocooned in a warm thermal wrap of Dead Sea mud to detoxify and nourish. An invigorating Vichy shower, using the iMantara So Sen Uplifting Jasmine body lotion is then applied to enhance the deep hydrating effect.





THAI TRADITIONAL MASSAGE

Traditional therapies that have been passed down through generations in the Orient.

TRADITIONAL THAI MASSAGE

- **Back, neck and shoulders** - 30 mins / 60 mins

This ancient therapy releases tension in your upper back, neck and shoulders where physical and emotional stress often manifests. Using the iMantara Andaman Aromasoul Massage and Body Oil, this indulgent and relaxing treatment reflects Thailand's Arabian aromatherapy influences.

- **Full body massage** - 60 mins / 90 mins / 120 mins
Exotic and unique, this treatment fuses traditional Thai massage with deep tissue, pressure point and ancient stretching techniques. It releases tension, increases vitality and flexibility and creates wholeness of the mind, body and spirit.

ORIENTAL SCALP MASSAGE - 30 mins

This treatment boosts energy levels and relieves symptoms of anxiety, fatigue and depression. The head massage uses specialist pressure point techniques which are also excellent for insomnia, migraines and sinusitis.

ORIENTAL FOOT MASSAGE - 30 mins / 60 mins

An ancient therapy that has its roots in reflexology- linking zones on the feet to specific parts of the body to help alleviate pain, tension and inflammation.

THAI HERBAL HEALER

- **Full body treatment** - 60 mins / 90 mins / 120 mins
A traditional Thai herbal therapy to soothe tense, stiff muscles. This healing treatment begins with the application of a warm Thai herbal poultice, which contains a variety of therapeutic Thai herbs and spices. A full body 'ritual massage' follows using iMantara So Sen Uplifting Jasmine Massage and Body Oil.

RITUAL MESSAGES - 60 mins / 90 mins / 120 mins

This treatment combines various Oriental massage techniques in the ultimate personalised therapy. Using essential oils blended from flower and fruit extracts these rituals will soften, soothe and balance the senses. Choose from the selection of treatment oils below.

- **Andaman Aromasoul Massage & Body Oil**

An exquisite blend of herbs and spices, inspired by Thailand's Arabian aromatherapy influences. Rosewood essential oil is incredibly relaxing, Vetiver, Sandalwood and Myrrh add beguiling depth to the scent and are soothing and anti-inflammatory. Cardamon stimulates and refreshes.

- **Royal Rachawadee Massage And Body**

Oil Light, zesty and refreshing. Rachawadee has a wonderful calming action on mind and body. Expertly blended with four citrus-based essential oils, this leaves a subtle fruity aroma on skin. Bergamot and Orange are balancing, Grapefruit energises and Petitgrain invigorates.

- **So Sen Uplifting Jasmine Massage & Body Oil**

A powerful blend of the finest Thai Jasmine flower extract that has an instant energising and restorative effect on both mind and body. Thai Rice Bran, Sweet Almond and Safflower oils are deeply hydrating, while added Vitamin E is rich in antioxidants.

HIMALAYAN RITUAL MASSAGE

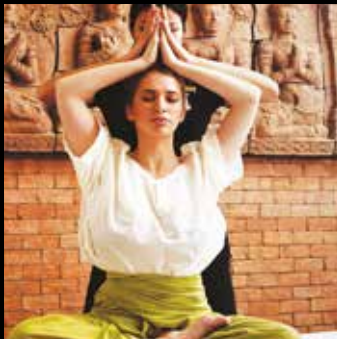
- 60 mins / 90 mins / 120 mins

The Himalayan Ritual Massage is a ritual massage performed in our Himalayan Salt room. Himalayan salts are found deep within the rivers and valleys of the Himalayan Mountains. For centuries, these salts have been celebrated for their versatility, purity and healing properties. Their pinkish hue and crystalline beauty, sets them apart from any other salt and their benefits are wide-ranging. The massage itself combines various Oriental massage techniques for the ultimate personalized therapy. Using essential oils blended from flower and fruit extracts, these rituals will soften, soothe and balance the senses.

THAI SQUARE HOT JADE STONE MASSAGE

- 90 mins / 120 mins

This treatment begins with a floral foot bath followed by a full body cleanse to prepare the skin for a ritual massage using the sublime iMantara Royal Rachawadee massage and body oil. During the ritual massage warm Jade stones are placed on the body to relax the muscles. Jade is renowned for its protective, healing qualities and helps to relieve stress, release toxins, lower blood pressure and promote optimum health.





RITUAL THERAPIES

Traditional treatments to invigorate the mind and relax the body.

BODY REVIVAL - 120 mins

Lose yourself in an indulgent experience designed to relax your body and rebalance your soul. Begin with a sweet scented mild scrub to revitalise your body. Then slip into a state of deep relaxation with a Thai ritual massage using hot herbal compresses and pressure point techniques to loosen tight muscles, improve circulation, soothe the mind and nurture the soul.

DEFINITE DETOX RITUAL - 120 mins

Designed to detoxify your body and purify your soul, this treatment starts with a Thai Square Signature Scrub to exfoliate and nourish the skin. The Siamese Serenity Balancing Body Mask is then applied, helping to eliminate toxins and impurities. The treatment continues with a unique massage technique to boost the metabolism and stimulate toxin elimination.

ESSENTIAL BODY GLOW - 120 mins

Bring your body back into the ultimate balance with this luxurious treatment. Zesty orange, petitgrain and bergamot combine in the rejuvenating essential oil blend used in the exquisite Ritual Massage. Your body is then cocooned in a hydrating mask of turmeric, ylang ylang, lemongrass and honey for deep skin nourishment. Emerge feeling revived, rejuvenated and radiant.

SIAMESE SERENITY - 120 mins

Our Siamese Serenity treatment harnesses the power of several renowned Thai herbs. The journey begins with a full body exfoliation, using a scrub rich in Thai Longan, which helps promote smoother, firmer, more youthful-looking skin

and turmeric to stimulate a healthy, radiant glow to limbs. Ylang-Ylang clay is then applied as a restorative body mask to nourish the skin and relax body and soul. The journey to serenity is completed with our unforgettable iMantara Royal Rachawadee Ritual Massage.



WET TREATMENTS

A little bit of sensory heaven.

HERBAL STEAM - 30 mins

Experience the therapeutic effect of traditional Thai herbs as you step into a misty, heavenly-scented room. The fusion of herbs and cleansing steam soothes the body and relaxes the mind.

AROMATIC SOAK - 30 mins

A therapeutic bathing experience, which engages the senses with exotic aromas, to relax and balance mind, body and spirit.

MILK SOAK - 30 mins

Immerse yourself in the sweetness and decadent indulgence of our milk bath. An ancient, yet timeless bathing tradition.

ORIENTAL RAIN - 30 mins

A restorative Vichy shower treatment where traditional shower meets sublime relaxation. This beautiful treatment harnesses the power of the earth's most tranquil element; water. Relax, recline and let the hydrotherapy improve blood circulation, hydrate the skin and bring the body back in balance.





FACIAL TREATMENTS

Revered for their flawless, lit-from-within complexions, Thai women know how to keep their skin radiant and youthful. Now you can share their secrets to ageless beauty. All our sublime facial treatments use products from the Panpuri range. This luxurious beauty brand takes a holistic approach and is rooted in ancient Eastern wellbeing rituals. Products are formulated using the highest quality Thai herbs, flowers and oils. Jasmine is at the absolute heart of the range and its power harnessed in an exclusive Jasmine Free-Radical Defense Complex- key to all of its restorative skincare products. This superpower antioxidant blends jasmine essences, five berries and eight essential amino acids to promote beautiful, glowing, younger-looking skin.

TRADITIONAL THAI FACIAL - 60 mins

Designed for all skin types, this unique treatment is the ultimate healing and nourishing therapy, combining luxury organic skincare with traditional application techniques. Highlights include a traditional facial steam and massage and Thai herbal compress to leave skin purified, nourished and toned.

IMMACULATE COMPLEXIONS - 60 mins

Suitable for all skin types, even the most sensitive skin. This treatment harnesses the power of our Luxury skincare containing our exclusive Jasmine Free Radical Defense Complex. Skin emerges more youthful, luminous and smooth.

FACIAL REVIVAL - 45 mins

For centuries Thai women have looked to nature for its healing and nourishing benefits on the skin. This treatment uses a blend of essential oils in a detoxifying and purifying mask to nourish and leave the complexion soft and radiant. An essential treatment in pre-party preparation.

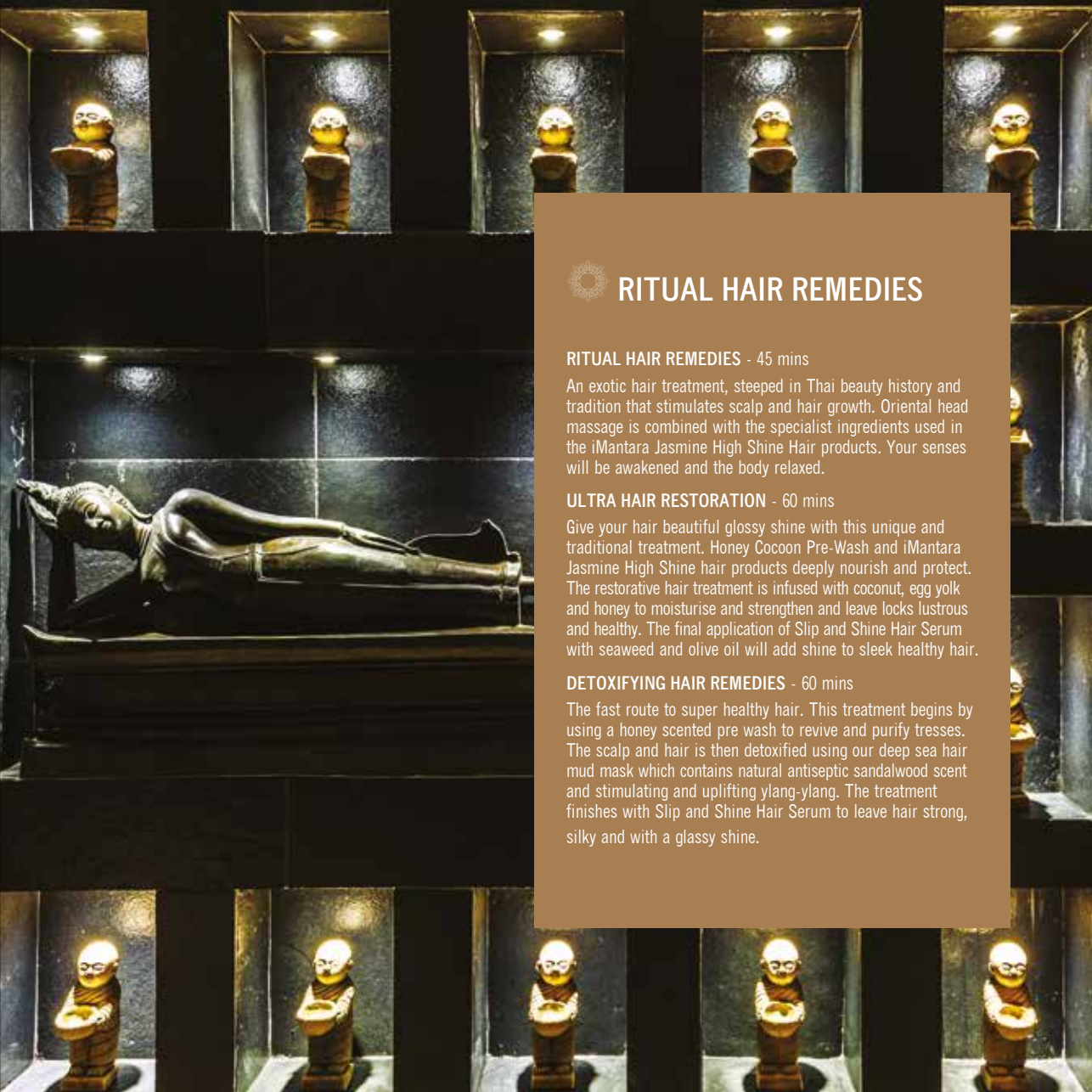
GENTLEMEN'S HOT TOWEL FACIAL - 60 mins

A classic-style therapy. Hot towels soaked in essential oils are wrapped around the face to deeply cleanse and tone the skin. A traditional facial massage follows to complete this purifying and deeply relaxing treatment.

GENTLEMEN'S COLLAGEN RECHARGE FACIAL - 60 mins

A superb nourishing treatment using our exclusive marine collagen extract, that's specifically designed for stressed, mature, and tired skin. The organic ingredients work to hydrate, smooth and reduce puffiness and dark circles around the eyes.





RITUAL HAIR REMEDIES

RITUAL HAIR REMEDIES - 45 mins

An exotic hair treatment, steeped in Thai beauty history and tradition that stimulates scalp and hair growth. Oriental head massage is combined with the specialist ingredients used in the iMantara Jasmine High Shine Hair products. Your senses will be awakened and the body relaxed.

ULTRA HAIR RESTORATION - 60 mins

Give your hair beautiful glossy shine with this unique and traditional treatment. Honey Cocoon Pre-Wash and iMantara Jasmine High Shine hair products deeply nourish and protect. The restorative hair treatment is infused with coconut, egg yolk and honey to moisturise and strengthen and leave locks lustrous and healthy. The final application of Slip and Shine Hair Serum with seaweed and olive oil will add shine to sleek healthy hair.

DETOXIFYING HAIR REMEDIES - 60 mins

The fast route to super healthy hair. This treatment begins by using a honey scented pre wash to revive and purify tresses. The scalp and hair is then detoxified using our deep sea hair mud mask which contains natural antiseptic sandalwood scent and stimulating and uplifting ylang-ylang. The treatment finishes with Slip and Shine Hair Serum to leave hair strong, silky and with a glassy shine.



HAND AND FOOT THERAPIES

A range of aromatic treatments fusing ancient Thai rituals and Thai holistic heritage, devised to nurture, relax and stimulate a sense of wellbeing.

FINGER FABULOUS THERAPY - 45 mins

Treat your hands to an indulgent and invigorating blend of cinnamon, camphor and black pepper. This aromatic treatment harnesses the power of Asia's botanical heritage to leave hands velvety soft and deeply hydrated.

PEACEFUL PALMS THERAPY - 60 mins

This luxurious treatment rejuvenates hands and rebalances your mind. A detox mask, rich in Kaolin clay and Plai oil purifies and soothes. A relaxing hand and arm massage with iMantara Peaceful Palms Balancing Jasmine and Citrus Hand Lotion pampers overworked hands back to their beautiful best.

SIAMESE SOLE FOOT THERAPY - 45 mins

An exotic, exquisite treatment inspired by ancient Thai remedies. After a Floral Foot Bath to cleanse and purify the feet are exfoliated. An intensive massage to heels, soles and toes follows to stimulate circulation and stimulate the senses.

DETOXIFYING FOOT THERAPY - 60 mins

This unique treatment uses high-potency minerals and a blend of native Thai herbs to deep cleanse the skin and eliminate impurities. The treatment centres around the ritual application of Thai Square Signature Detox Clay Mask to tone, hydrate, purify and firm. A gentle massage with iMantara So Sen Uplifting Jasmine Body Oil follows, to boost the circulation and leave you revitalised.



TREATMENT FOR TRAVELLERS

POST FLIGHT SERENITY MASSAGE - 60 mins

Our expert therapists use secret massage techniques to release the muscle and joint tension resulting from long-haul travel. These special techniques also reduce swelling of the feet and legs, and encourage healthy blood circulation. Our exotic-scented massage oil will uplift your senses and our secret blend tea restores a sense of relaxation and serenity. Perfect post-touchdown.

JET LAG RECOVERY PACKAGE - 120 mins

Counteract the effects of long-haul travel with this re-energising, feel-good treatment. Feet are first cleansed using our Siamese Sole Tea Foot Bath before the body is treated to a thorough exfoliation using our exotic scrub. A full body massage using our Renewed Energy aromatherapy oil is at the heart of the treatment; releasing tension, stimulating the circulation and soothing tired muscles to bring the body back into the perfect state of balance. The treatment draws to a close with a speciality tea blend served to help induce restful sleep.





SPA PACKAGES

FULL DAY PACKAGES

THAI SQUARE'S SIGNATURE TREATMENT - 6 hrs

A soothing journey to balance the mind, body and spirit.

- Floral Foot Bath
- Milk Soak
- Exotic Scrub
- Ritual Hair Remedies
- Thai Herbal Healer for 120 mins
- Traditional Thai cuisine
- Traditional Thai Facial
- Refreshments
- Full day access to Sen Space

THAI SQUARE'S ULTIMATE INDULGENCE - 6 hrs

Exotic, sensuous relaxation at its finest.

- Floral Foot Bath
- Exotic Scrub
- Thai Square signature wrap
- Ultra Hair Restoration
- Thai Herbal Healer for 120 mins
- Traditional Thai cuisine
- Siamese Sole Foot Therapy
- Finger Fabulous Therapy
- Refreshments
- Full day access to Sen Space

ABSOLUTE SERENITY - 6 hrs

The ultimate Thai elixir, this full day package leaves you glowing and radiant.

- Floral Foot Bath
- Exotic Scrub
- Ultra Hair Restoration
- Vichy Shower
- Ritual Massage for 90 mins
- Oriental Foot Massage
- Traditional Thai cuisine
- Immaculate Complexions Facial
- Finger Fabulous Therapy
- Refreshments
- Full day access to Sen Space

HALF DAY PACKAGES

HARMONY - 3 hrs

A soothing journey to balance the mind, body and spirit.

- Floral Foot Bath
- Exotic Scrub
- Ritual Massage
- Ritual Hair Remedies
- Refreshments

ESSENCE - 3 hrs

An aromatic journey to awaken the senses and calm the mind.

- Floral Foot Bath
- Exotic Scrub
- Ritual Massage
- Immaculate Complexions Facial
- Refreshments



ASIAN DETOX - 3 hrs

A stimulating journey to rejuvenate the body and cleanse the soul.

- Floral Foot Bath
- Exotic Scrub
- Botanical Wrap
- Ritual Massage
- Refreshments

ENERGIZING DETOX - 3 hrs

An invigorating journey to rebalance your mind and detox your body.

- Floral Foot Bath
- Exotic Scrub
- Ghassoul Mint Mud Mask and Body Wrap
- Energy Massage
- Refreshments

TOP-TO-TOE THAI HEAVEN - 4 hrs

Experience a sensual journey in hydrotherapy. Emerge revived and invigorated.

- Floral Foot Bath
- Exotic Scrub
- Vichy Shower
- Ritual Hair Remedies
- Ritual Massage
- Immaculate Complexions Facial
- Refreshments



SAMPLERS

These specially devised treatments are streamlined to fit into hectic lifestyles.

HEALING - 2 hrs 45 mins

- Floral Foot Bath
- Thai Herbal Healer
- Siamese Sole Foot Therapy

STIMULATING - 1 hr 45 mins

- Floral Foot Bath
- Come Clean Bali Body Scrub
- Ritual Massage

TRADITIONAL - 2 hrs 45 mins

- Floral Foot Bath
- Traditional Thai Massage
- Siamese Sole Foot Therapy.

ULTIMATE SEN FOR HER - 2 hrs

- Floral Foot bath
- Exotic Scrub
- Vichy Shower
- Back, Neck, Shoulder Massage
- Immaculate Complexions Facial

ULTIMATE SEN FOR HIM - 2 hrs

- Floral Foot Bath
- Exotic Scrub
- Vichy Shower
- Back, Neck, Shoulder Massage
- Gentlemen's Collagen Recharge Facial

THAI TRANQUILITY - 1 hr 45 mins

- Floral Foot Bath
- Exotic Scrub
- Vichy Shower
- Traditional Thai Massage

ANDAMAN AROMA THERAPY - 1 hr 45 mins

- Floral Foot Bath
- Exotic Scrub
- Vichy Shower
- Ritual Massage

ORIENTAL RAIN RITUAL - 1 hr 45 mins

- Floral Foot Bath
- Exotic Scrub
- Vichy Shower
- Thai Herbal Healer

HEAVENLY HEADSPACE - 2 hrs

- Floral Foot Bath
- Exotic Scrub
- Vichy Shower
- Ultra Hair Restoration
- Back, Neck, Shoulder Massage



GENTLEMEN'S SPA PACKAGES

RECHARGE - 3 hrs

The ultimate re-energising treatment for him

- Floral Foot Bath
- Exotic Scrub
- Energy Massage
- Gentlemen's Collagen Recharge Facial
- Refreshments

ULTIMATE GROOMING JUST FOR HIM - 3 hrs

Wellbeing time out for the modern man

- Floral Foot Bath
- Traditional Thai Massage
- Gentleman's recharge Collagen Facial
- Detoxifying Foot Therapy
- Refreshments

GENTLEMEN'S RECREATION - 3 hrs 30 mins

The essential male anti-stress solution

- Floral Foot Bath
- Thai Herbal Healer
- Gentleman Hot Towel Facial
- Oriental Scalp Massage
- Oriental Foot Massage
- Refreshments



COUPLE PACKAGES

THE COUPLE INDULGENCE - 2 hrs 30 mins

Take some wellbeing time out together

- Floral Foot Bath
- Herbal Steam
- Traditional Thai Massage
- Oriental Foot Massage.

COUPLES DIVINE GETAWAY - 3 hrs

Thai rituals to nurture the soul and provide sanctuary to you and your partner.

- Floral Foot Bath
- Exotic Scrub
- Thai Herbal Healer
- Facial Revival
- Refreshments

THAI SQUARE ROYAL COUPLE - 6 hrs

The ultimate regal rituals for you both

- Floral Foot Bath
- Herbal Steam
- Exotic Scrub
- Thai Square Jade Hot Stone Massage
- Traditional Thai cuisine
- Golden Maharani Facial for Her or The Majestic Jade Facial for Him
- Detoxifying Foot Therapy
- Peaceful Palms Therapy
- Refreshments
- Full day access to Sen Space





BRIDE SPA PACKAGES

EXPERIENCE A TASTE OF THE EAST IN ONE OF OUR CEREMONIAL BRIDAL PACKAGES

For centuries Eastern cultures have practiced the art of bridal preparation. In these celebrated rituals hours or days are spent preparing the bride for her special day.

Let iMantara help make your day beautiful in more ways than one. Your own personal therapist will ensure you receive the best holistic attention, specifically tailored to your lifestyle, wedding and skin type. Indulge in one of Thai Square Spa's exclusive bridal packages for the most unforgettable day of your life.

BRIDAL ESSENTIALS - 2 hrs 30 mins

The beauty fine details that matter so much on your special day

- Floral Foot Bath
- Ritual Massage
- Siamese Sole Foot Therapy
- Finger Fabulous Therapy

BRIDAL TRADITION - 3 hrs 30 mins

Traditional Thai treatments to purify, relax and beautify you to your bridal best

- Floral Foot Bath
- Exotic Scrub
- Ritual Massage
- Immaculate Complexions Facial
- Finger Fabulous Therapy
- Refreshments

BRIDAL PREPARATION CEREMONY - 6 hrs

Pampering Thai treatments combine in this ultimate pre wedding beauty ritual

- Floral Foot Bath
- Aromatic Soak
- Oriental Restoration
- Ultra Hair Restoration
- Ritual Massage
- Traditional Thai cuisine
- Immaculate Complexions Facial
- Detoxifying Foot Therapy
- Peaceful Palms Therapy
- Refreshments
- Full access to Sen Space



SPECIALIST MATERNITY THERAPIES

HANDS AND FEET

ORIENTAL HAND THERAPY - 45 mins

A sensual hand treatment infused with orange oil to nourish hands and cuticles. iMantara Peaceful Palms Jasmine and Citrus Hand Bath and Hand Lotion refresh, soften and protect. A particularly good treatment if you are suffering with fluid retention in the hands in the later stages of pregnancy.

ORANGE GLOW FOOT THERAPY - 45 mins

An exotic treatment inspired by ancient Thai remedies. The feet are cleansed and purified using specially selected iMantara products that harness the power of cucumber, mandarin and Thai Jasmine Flower extracts. A thorough exfoliation follows to slough away dead skin cells and reveal brighter, smoother skin. The treatment ends with a hydrating and rebalancing foot lotion.

BODY TREATMENTS

Pre Birth Essential - 60 mins

A ritual therapy designed exclusively for the expectant mother. This luxurious treatment helps relieve the common effects of pregnancy such as dry skin, aching muscles and fluid retention. Using Asian botanical ingredients and a unique massage technique the therapy relieves aching backs and soothes swollen legs. The body is left feeling lighter, smoother and more relaxed. Regular treatments can combat pregnancy fatigue, boost circulation and prevent stretch marks.

Post Birth Essential - 90 mins

This traditional Thai herbal therapy has been practiced for centuries to combat muscle tension after pregnancy. The restorative session begins with the application of a warm Thai herbal poultice, containing a variety of therapeutic Thai herbs and spices, before a full body Ritual Massage.

MATERNITY PACKAGES

The Great Expectation (Pre Birth) - 3 hours

Decadent, relaxing 'you time' before your new arrival

- Floral Foot Bath
- Pre Birth Essential
- Oriental Scalp Massage
- Oriental Hand Therapy
- Orange Glow Foot Therapy
- Refreshments

Special Delivery Indulgence (Post Birth) - 3 hours

Indulge your senses and take some pampering time away from your newborn

- Floral Foot Bath
- Exotic scrub
- Ghassoul Mint Mud Mask and wrap
- Post Birth Essential
- Refreshments



BEAUTY SERVICES

MANICURE

CLASSIC MANICURE - 45 mins

Our classic manicure combines hand exfoliation and hydration, cuticle trimming, shape and paint. The iMantara Peaceful Palm Balancing treatment products are integral to the treatment leaving hands and nails deeply hydrated and beautifully soft.

LUXURY MITT TREATMENT - 60 mins

A luxury manicure that incorporates all of the treatment steps from our Classic Manicure but adds heated mittens to help intensify the hydrating effect of the iMantara Peaceful Palms Balancing treatment. Perfect for clients with very dry skin and brittle nails and also helps promote nail growth.

SHELLAC MANICURE - 45 mins

For nail colour that goes the distance. The Shellac Manicure is far more durable than regular nail polish and lasts for up to two-three weeks. Nails are shaped and cuticles tidied before the Shellac base, colour and topcoat are applied and set under a UV lamp. Cuticle oil and iMantara Peaceful Palms Balancing Jasmine and Citrus Hand Lotion are massaged in to moisturise the hands and complete the treatment.

PEDICURE

SIGNATURE ADVANCED PEDICURE - 60 mins

Treat your feet to a little indulgence with this expert pedicure. Feet are cleansed, exfoliated and hard skin softened in a therapeutic foot spa. Nails and cuticles are then trimmed and shaped before the legs and feet massaged with a sequence of expert lymphatic drainage techniques. The treatment ends with the application of two coats of polish in your chosen colour.

LUXURY PEDICURE - 75 mins

This luxury pedicure sets the gold standard in foot care and incorporates all the elements of the Signature Advanced Pedicure with the addition of heated foot wraps. The heat helps improve circulation and smooth and sooth dry, cracked heels.

SHELLAC PEDICURE - 60 mins

This luxury shellac pedicure will get your feet in fantastic condition. It begins with a beautiful Floral Foot Soak before cuticle work and the removal of hard skin. The iMantara Siamese Sole Foot Scrub and Foot Lotion slough away dead skin cells and leave feet soft and deeply hydrated. The specialist Shellac base, colour and topcoat is applied and set under a UV lamp, leaving you with perfect mirror-finish toes that last for up to three weeks.

DEPILATORY WAXING

A dexterous and time-efficient way of removing hair from all parts of the body. The skin is left smooth for about 4-5 weeks, depending on hair growth. Regular waxing often results in finer and more even hair growth.

- 1/2 Leg
- Full Leg Wax
- 1/2 Arm Wax
- Full Arm Wax
- Under Arm Wax
- Bikini Wax
- Eyebrow Wax
- Lip Wax
- Chin Wax
- Half Back or Chest
- Full Back

