



### **BREAKFAST**

Bacon Bun £2.95
Two slices of bacon served in a floury bun – sauce included
Sausage Bun £2.95
Locally made pork sausage served in a floury bun – sauce included
Mini Danish£0.90
A selection of maple pecan plait, cinnamon swirl, vanilla

crème or raspberry Fresh Fruit Platter ...... £1.75 A selection of fresh sliced fruit for a healthy start

## **SANDWICH PLATTERS**

Price per platter to serve five ..... £12.50

All served on a mix of white, wholemeal and granary bread

# **Vegetarian Platter**

to your day

Hummus with sun blushed tomato and rocket Cheese savoury Egg mayonnaise Feta cheese, red pepper and rocket

**Meat Platter** 

Chicken tikka Roast beef and rocket

Chicken mayonnaise with bacon

Penrith pepper pot sausage with grain mustard and diced apple

## Fish Platter

Prawn Marie Rose Tuna savourv Smoked salmon and cream cheese Lemon and black pepper salmon with rocket The food at Newton Rigg College is prepared on the premises using a range of excellent Cumbrian food producers and suppliers including award-winning cheeses and relishes, pies and breads.



## **HOT AND LIGHT SNACKS**

Homemade Chef's Soup of the Day ..... £3.30

With roll and butter. Delivered in flasks with cups for a hot and tasty snack. Minimum order 10 servings

Filled Jacket Potatoes ......£5.95

Price includes 1 hot filling, 1 cold filling, salad and butter - filling choice:

Cheese savoury Chilli con carne Coronation chicken Chicken curry Coleslaw Creamy mushrooms

Portion of chips .....£1.20 Bowl of salad .....£1.00 Piece of fruit .....£0.60

## **CAKES AND EXTRAS**

Cake and tray bake selection .....£1.50 from a variety of the following:

Flapjack Carrot cake Millionaires shortbread Butter cream sponge

Chocolate brownie

**SELECTION OF BUFFETS** 

### **WORKING SANDWICH LUNCH**

• One and a half rounds of freshly made sandwiches on a selection of wholemeal, granary and white bread with a mix of vegetarian, fish and meat sandwiches

- Bowl of crisps or Doritos
- Homemade tray bake
- Tea and coffee

## **QUICHE SALAD BUFFET**

£7.50

£5.95

£6.75

Freshly homemade quiche served with mixed green salad, coleslaw and crusty bread

#### ONE DISH HOT WORKING LUNCH £7.50

Served for a minimum of 10 people. Please choose 1 option

Lasagne with garlic bread Cottage pie Chicken curry with rice

Cumberland sausage and mash Chicken chorizo pasta bake

## **LUNCH ON THE GO**

Served in a take-out cavy bag

- Filled large soft roll
- Crisps
- Wrapped tray bake
- Fruit
- Bottle of water

For evening meals and events, menus are bespoke and flexible according to your group's needs

### **EDEN VALLEY BUFFET**

£8.25

- A selection of sandwiches freshly made with our own sandwich fillings
- Smoked salmon on wholemeal crostini with crème
- Crispy Camembert cheese with cranberry relish Baked lemon and coriander chicken kebabs
- Local pork and apple sausage slow roasted in honey and mustard
- Crispy tempura prawns with sweet chilli sauce
- Fresh fruit bowl and yogurts
- Tea and coffee

### SEWBORWENS FARM BUFFET PLATTER

£8.95

- A selection of home cooked Cumbrian beef and ham
- Cheese platter with a selection of local cheese
- Hawkshead pickles and chutney
- Mixed green salad, cherry tomatoes, Kalamata olives and a selection of flavoured breads
- Fresh fruit platter
- Tea and coffee



#### Tea, coffee, decaffeinated coffee Fruit Juice per litre Serves 5 and selection of fruit and herbal teas £1.50 Fair-trade Orange As above with homemade cake £2.95 As above with mini Danish £2.35 Fair-trade Apple As above with 2 pack of biscuits £1.85 **Tropical**

**BEVERAGES** 

Scone with jam and butter

