



ACORN

PREGNANCY
COUNSELLING
CENTRE

Are you grieving the loss of a baby during pregnancy?

This can be an incredibly difficult and painful time.

You don't have to deal with this alone – there is free, local support available to you.

Acorn Pregnancy Counselling Centre is a local charity that provides, among other services, emotional support to women and / or their partners who have experienced a pregnancy loss. We help by providing free, confidential counselling.

Our trained pregnancy loss counsellors are here to help and support you through your bereavement journey with one-to-one counselling. We will support you as you work through your thoughts and feelings, explore the pain of loss and appropriately express any unresolved grief and experience emotional healing.

Acorn Pregnancy Counselling Centre is based in Worthing town centre.

For more information or to book an appointment;

Call **01903 823893**

or email **office@acornworthing.org.uk**

or see our website **www.acornworthing.org.uk**

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