

Supporting Victims and Survivors, Strengthening Communities

The Queen's Award for Voluntary Service

October's MEMBER'S MEETING will be the AGM Tuesday 23rd October at 7.00pm Archdale Hall, Lisnaskea. Guest Speaker: Joan Clements Also Omagh Protestant Boys Flute Band & tribute to the 30th Anniversary of the

Ballygawley Bus Bomb.

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Dear Member,

Since our last Newsletter much has happened.

There have been significant developments in terms of our outreach services in West Tyrone and South Down respectively.

We also held our 20th Anniversary SEFF Dinner and our Annual Service of Remembrance and Thanksgiving in Ballygawley Presbyterian Church, where a fourth Memorial Quilt (this time European themed) was dedicated.

In more recent times a delegation of 40 SEFF representatives based across Northern Ireland, Republic of Ireland and Great Britain went across to Brussels where we launched our "Uniting Innocent Victims" Project in partnership with Spanish victim's group Covite.

The deadline has also come and now gone for the NIO-led Legacy Consultation. SEFF submitted a robust response and we supported well over 1,000 people to engage with the process. I would like to thank the Advocacy Team (led by Ken Funston) for their commitment and hard graft over the Summer period.

I also have some sad news to share with the Membership, we are losing Matthew Gault (SEFF's I.T and Monitoring Development officer) who is going back to University to complete a PhD.

Matthew has been with SEFF for circa 3 years now and will be missed by colleagues and members alike.

You will note within this Newsletter details of our upcoming Community Hallowe'en event and you will also see that unfortunately we are not able to lay on Fireworks this year. This is as a consequence of the School buildings within the former Lisnaskea High School site no longer being available for use because of Insurance, Health and Safety and other legal related issues.

We are instead offering a Hallowe'en family event within the Archdale Hall (and adjacent Market year) Lisnaskea. We appeal with the Membership and the wider community to still come along and support this initiative which we believe will still be enjoyed by youngsters and parents/ grandparents alike.

Complementary Therapies

If there is a complementary therapy which we are not currently providing but that you would wish we might do so then please contact the SEFF office with details and dependent on interest levels we may seek to incorporate further treatment options within this service.

<u>AGM</u>

I appeal with you all to please make every effort to attend Tuesday night's AGM, supper will be provided and a performance laid on by Omagh Protestant Boys Flute Band. The AGM commences at 7pm sharp. **Kenny**





The SEFF Office is open Monday -Friday, 9am - 5pm for general office business

If you require support or help with completing DHSS or other Welfare forms Tina/ Norman will be available to assist with this service. As much as is possible, Tina will be in the office on **Tuesdays** from 10am - 5pm. However, if you require help outside these times, please contact the office, leave your name and number and someone will contact you to arrange a suitable time. Remember Norman Kirkpatrick is also now available to assist you with Appeals/Tribunal Representation work.



will take place on Tuesday 23rd October 2018 at 7pm The Archdale Hall, Lisnaskea 7pm - 8.30pm - AGM (Guest Speaker: Ms Joan Clements, formerly of VSS) 8.30pm - 9.15pm - Supper 9.15pm - 10.30pm - Entertainment - Omagh Protestant Boys Flute Band including short Film tribute they have produced in respect of The Ballygawley Bus Bomb. Ne request that you would make

We request that you would make an extra effort to attend this meeting and support the work of the organisation.

SEFF 1 Manderwood Park, 1 Nutfield Road, Lisnaskea Co Fermanagh BT92 OFP Phone: 028 677 23884 / 028 677 22242 E-mail: info@seff.org.uk Website: www.seff.org.uk

Uniting Innocent Victims / Uniendo Victims Inocentes Project launches in Brussels

Kenny Donaldson, Director of Services for Lisnaskea-based South East Fermanagh Foundation (SEFF) stated: "The Project launched in the European Parliament on Tuesday - Uniting Innocent Victims / Uniendo Victims Inocentes sent a message across Europe that innocent victims of terrorism will increasingly use their voice to challenge terrorists and their self serving ideologies".

"SEFF and Covite are committed to cementing further our existing relationship so that we might best serve the interests of our respective members. Working together in unity we are undoubtedly stronger than we are when working separately. There are policy issues which innocent victims/ survivors can and should address collectively, neither language, ethnicity nor culture need be an insurmountable barrier".

"In recent years there has been a decreased focus placed on the events which unfolded in Northern Ireland and in Spain, focus has turned to the World threat posed by I.S inspired terrorism and extremism".

"However we submit that it is a mistake to divorce the activities and campaigns of terrorism. Throughout the years terrorism has worked together to develop its' strategies - both violently and also politically. The genesis of so much terrorism in our world is founded in the tactics employed by the Provisional IRA, it is the genesis for so much additional bloodshed in our World".

"We are grateful to the good offices of Jim Nicholson MEP, Diane Dodds MEP, Maria Jimenez-Becceril-Bario and Maite Pagazarundua MEP for standing with innocent victims/survivors of terrorism making it possible for the Project to be presented at the EU Parliament. Many MEP's and Policymakers joined with us for the seminar including Mairead McGuinness (Vice President of The European Parliament)".

"It is written into SEFF's Operational Plan that we will continue to engage with and seek to influence The European Parliament, its' members and officials on victim/survivor and justice issues, BRexit will not bring an end to this essential work," concluded Mr Donaldson.

Meanwhile Covite President Consuelo Ordonez remarked: "Perhaps for COVITE one of the most important contributions our SEFF friends made was this past May, when SEFF's Services Director, Kenny Donaldson, and Advocacy Support Manager, Ken Funston, travelled to San Sebastian in order to support us in a very complicated moment for the victims of ETA's terrorism: the dissolution of ETA".

"The announced end of ETA was a very painful moment for the victims of terrorism. That end was not the end we wanted, neither society nor the victims and, above all, it was not what we deserved. It was an end orchestrated by the propaganda of the terrorist band and calculated to the millimetre. The Government wanted to impose an official story that defended that democracy has defeated ETA, that the rule of law has defeated ETA, that we had to be happy because the terrorism of ETA is over. But, if the Rule of Law had really defeated ETA, they would have given us the picture of the defeat at the hands of the State Security Forces. As they do with any criminal organisation".

"Undoubtedly, if something unites COVITE and SEFF it is the frontal opposition of both associations to terrorism and criminal violence for political purposes. Although the circumstances experienced in Northern Ireland and in the Basque Country and Navarra, with the IRA and with ETA, respectively, are different, both COVITE and SEFF are aware that we are political victims, because our relatives were killed by a totalitarian and excluding political project".

"Both ETA and the IRA are not just an acronym, they are not just a band of criminals: they are political projects. And, now, the terrorists of both organizations are trying to impose those projects from our institutions. The ideologues and political heirs of both terrorist organizations are in our institutions thanks to ETA and the IRA. For this reason, it is very important not only to delegitimize terrorist violence, but also to delegitimize the political project that prompted both terrorist organisations to kill".

Details of the COVITE member who gave her testimony:

Cristina Cuesta, daughter of Enrique Cuesta Jiménez, delegate of the Telefónica company in the province of Guipúzcoa, assassinated March 26, 1982 by the Autonomous Anticapitalist Commandos (CAA), which were constituted in 1976 from a split of an even more radical wing of ETA.

Cristina was one of the pioneers in starting activist movements against terrorism to mobilize the Basque society, which used to remain silent and impassive while ETA extorted, kidnapped and murdered. She founded the Association for Peace, the first organized response of civil society against terrorist violence. Cristina became the target of ETA for her activism and had to take an escort, a situation that forced her to move to Madrid.

In 1998 she was one of the three founders of the Colectivo de Víctimas de Terrorismo (COVITE). Cristina Cuesta chaired the organization for several years. Enrique Cuesta's eldest daughter also participated in the Forum of Ermua and was a spokesperson for ¡Basta ya!, platform that received in 2000 the Sakharov Prize of the European Parliament for freedom of conscience. She is currently the director of the Miguel Ángel Blanco Foundation, which also works to preserve the Memory of the victims of terrorism.

Details of the SEFF member(s) who gave testimony:

Tina Smith (widow of Cpl Stephen Smith) supported by her daughters Louise Freeman and Jade Smith.

Cpl Smith was murdered by Provisional IRA terrorists in Hanover, West Germany on 2nd July 1989 when PIRA terrorists attached a bomb to his car. He was one of 15 innocents murdered by PIRA terrorists via its' European terrorist campaign.

The bomb exploded in a British military housing area, murdering Cpl Smith and injuring his wife and three children.

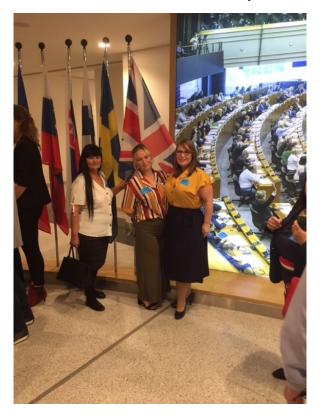
The attack was the second in two weeks on British military personnel in West Germany.

The bomb went off about 6:30 p.m. as Cpl Smith opened the door of his red Mercedes while his family waited to get in.

Cpl Smith was attached to the Royal Tank Regiment, he was a native of Yorkshire.

Officials said bomb disposal experts found another explosive device in the area and defused it. Residents in nearby apartment buildings were evacuated and police searched for other bombs.

This is the first occasion in almost 30 years that the family have spoken out.



Pictured above in the European Parliament are left to right, Tina Smith, Jade Smith & Louise Freeman.



SEFF representatives who attended the event in Brussels along with Covite reps and Jim Nicholson MEP & Margaret Bateson, VSS.



COURSE	DATE / TIME	LOCATION	COST
First Aid	Friday 26th October 2018	SEFF Offices	£15 / person
(Accredited)	10am - 4pm (Lunch included)		and the second
Tutor:			
David Watson			
Kangoo Class	Tuesday 6th November 2018 6pm - 7pm	SEFF Offices	£20 / person
Tutor:	6 weeks Please note we require shoe sizes		
Ausra Klimaityte	and individuals body weight (if over 12 stones). Max. weight for the kangoo boots is 18 stone.		

SEFF's Walkers & Talkers

As we are approaching the winter months we won't be running weekly walks anymore but through our partnerships with other groups we will



be taking part in a walk on **Wednesday 14th November 2018 at 11am** (meeting at the Costcutter Car Park in Moygashel). The walk will be held in collaboration with our partner groups in South & East Tyrone Welfare Support Group, the MUVE Project and Out of the Shadows. We will go for a walk in Dungannon Park followed by refreshments in the South & East Tyrone Welfare Support Group Offices in Moygashel. For anyone interested in attending please contact the office on 028677 23884 to express your interest and we will arrange lifts based on numbers.



MEN'S BREAKFAST CLUB 2018/2019: NOVEMBER

Good news for all you hungry men with big appetites....SEFF's Men's Breakfasts will be recommencing for the winter months.

The breakfasts will all begin at 10am and the cost will be £3 per Breakfast.

DATE: Saturday 3rd November 2018 at 10am

VENUE: Miller's Coffee Shop, Lisnaskea.

Please come along, enjoy some social time and eat your fill!



<u>Complementary</u> <u>Therapies</u>

We are now taking names for Q1 of the new financial funding year covering the

November—December 2018 period.

The treatments on offer are as follows (5 sessions) of:

- Massage (Therapist: Sandra Johnston)
- Aromatherapy (Therapist: Gordon Hayhurst)
- Reflexology (Therapist: Gillian Johnston)
- Physiotherapy (Therapist: Nicola McCullagh-Daley)
- Indian Head Massage (Therapist: Gordon Hayhurst)
- Hopi Ear Candle Therapy (Therapist: Ruth Watson)
- Health Kinesiology (Therapist: Marilyn Robinson)

Please contact the office to register your interest on 028 677 23884 or 677 22242.

£25 contribution for 5 sessions -

**WHEN TAKING UP ANY OF THESE SESSIONS YOU ARE REQUIRED TO COMPLETE THE MONITORING FORMS AND PAY THE MONIES <u>BEFORE</u> SESSIONS COMMENCE, OTHERWISE YOU <u>WILL NOT</u> BE ABLE TO AVAIL OF THESE TREATMENTS.

The Walled City Tattoo Respite in the Millenium Forum, Londonderry on Saturday 17th November 2018

The Walled City Tattoo returns to the stage this year headlined by StickStoff, the Basel based drumming sensation.

Depart from SEFF Offices at 3pm - pick-ups on route - SEFF, Maguiresbridge, Tempo, Fintona, Omagh Park & Ride, Newtownstewart.

Cost is £25 per person - includes transport, a 2 course meal on the way and tickets to the Tattoo performance.

To register your interest please phone the office on: 028 677 23884 no later than Friday 26th October 2018. We particularly encourage

our new West Tyrone Gateway Service members to get involved in this activity.



SEFF'S COMMUNITY HALLOWE'EN FESTIVAL 2018

Tuesday 30th October 2018 at 6.30pm

At the Archdale Hall, Lisnaskea Come along for lots of fun activities including face painting, bouncy castle, BBQ and do dress up for the occasion!

SEFF's 6th Annual Remembrance Service Ballygawley



Rodney Hillen - Son of Sgt Ivan Hillen - Read a Scripture



Church Congregation



Members of SEFF's Youth Choir





George Harron - Brother of Cpl Thomas Harron -Read Scripture lesson

Rev Nick Cooper

Uniting Innocent Victims / Uniendo Victimas Inocentes

Iris Clarke - Sister of Dennis Wilson, UDR - Read Prayers

Lisnaskea-based South East Fermanagh Foundation (SEFF) but who recently have also established a West Tyrone Gateway Service (based from Newtownstewart) has held its' 6th Annual Service of Remembrance and Thanksgiving in Ballygawley Presbyterian Church Yesterday.

This year's service had an international theme as explained by SEFF's Director of Services Kenny Donaldson. "This year marked our 6th Annual Service of Remembrance and Thanksgiving and this year we brought the service to Ballygawley which has already featured significantly in the public's consciousness given that August past marked the 30th Anniversary since PIRA terrorists carried out the Ballygawley Raod bus bombing. This atrocity saw 8 innocent young soldiers of the 1st Light Infantry Regiment murdered and many others maimed (through body and mind)

"At this year's Service we dedicated a fourth Memorial Quilt. This particular quilt has strong International roots with the 15 innocents murdered by Provisional IRA terrorists across mainland Europe being remembered. These individuals were soldiers, RAF personnel, tourists, a footman, banker and even a 6 month old baby, slaughtered along with her father".

"Those murdered also came from six different nationality backgrounds; British, German, Australian, Indian, Belgian and Dutch. Meanwhile also being remembered on the Quilt will be 16 innocents of ETA terrorism, committed in Spain (principally the Basque Region) with individuals included who were born Spain and in France. All 31 names of the victims will be read out within the Service".

"SEFF and its' sister group Covite (based in Spain) each commemorate 20 years since formation this year; the Memorial Quilt Project complete with a book of testimonies from those impacted by PIRA and ETA Terrorism and with articles contributed by Prof Henry Patterson and Prof Rogelio Alonso will illustrate how terrorism has worked collaboratively across International borders and why it is important tat innocent victims/survivors of that terror should do likewise".

Mr Donaldson added: "This year's Service was conducted by Rev Nick Cooper (who has recently departed from Ballygawley to Ballygowan but who has kindly agreed to return for this particular Service) and there will be an International flavour to the Service but also a very intimate local involvement with contributions coming within the service from four families impacted by terrorism in the close proximity of Ballygawley (through readings, prayers and the sharing of testimony) SEFF's Youth choir also performed a number of pieces within the Service"

BEFRIENDING OCTOBER UPDATE

Hi All

It's hard to believe we are well into Autumn and the nights are closing in. At this time of year we find some people are happy to sit in by the fire and hibernate until Spring time but our Befrienders are there to get them out and about or at least call for a chat to break the monotony of being home alone all day. If you want to get out of the house or know someone that could do with our help then let the office know.

Coffee Morning info:

Coffee mornings are continuing and thank you to all who attended or donated to our Macmillan Fund Raiser, we currently have a total of just over £400, we will be lodging this shortly so if you missed the date and still want to contribute then drop your donation into the office in the next few days.

Thursday 25th October 2018 - 10:30 - 12:30pm Male Domestic Abuse - someone will talk about Male Domestic Abuse that is unfortunately happening in today's society. The speaker will also cover some information of Female Abuse so please come along and support this event and pick up some useful information, even if not for yourself, it might be useful for someone you know.

Rather than have a coffee morning in **November** we ask that you support SEFF's Remembrance event on Friday 9th of November, see the item in this newsletter for more details.

Information on our **December** coffee morning will be in next month's newsletter, we are just awaiting confirmation of the date.

Regards,

The Befriending Team

MORNING SEFF CALLING

Now that we are in October the evenings have become a lot colder, although thank goodness it hasn't been wet. There is nothing that brings the spirits down as much as cold wet dark evenings. October is also the month when the flu inoculation is offered to us by the NHS. Two of the groups that it is offered to are the over 65's and the under 65's who have a long term health con-



dition. I myself have been getting it for the last fifteen years and can honestly say that in that time I have not had anything more serious than a mild head cold.

The flu can cause severe illness and death among vulnerable groups. This year 2018/2019 a new improved jab is to be to elderly people for the first time as the effectiveness of flu jab typically declines as people get older. This new inoculation boosts the body's immune system and is of benefit to our elderly population, protecting the against three strains of flu.

So how safe is it? Well it will not guarantee that you will be 100% flu free, however if you do take the flu after inoculation it is likely to be milder, shorter lived. Serious side effects are rare. So, apart from a sore arm, aching muscles and perhaps a mild fever, the flu inoculation has a good safety record. (Public Health England (PHE) NHS site October 2018.

We are still getting referrals for phone calls from MSC, so again Rita and I would welcome a third or even forth volunteer to enable us to offer another morning to those clients who wish to avail of our services at MSC. Professional accredited training is given to anyone interested. To register your interest please leave a message with either Mandy or Joy at SEFF.

Best wishes, Ann and Rita (MSC)

SEFF holds robust meeting with BBC Bosses

For some considerable time we have listened to members vent their frustrations at how they perceive Media coverage within the BBC and we have also heard the deep hurt many feel at the use of particular 'commentators' who have form in goading innocent victims/survivors of terrorism throughout comments which are beyond the pale. , we will not sit back and allow commentators like Jude Collins disrespect and demean innocent victims/survivors of terrorism

On Thursday 17th October 2018 a delegation of SEFF representatives met with the Head of BBC Northern Ireland Adam Smyth and colleagues from other BBC Programme Management teams to discuss a wide range of issues.

It is recognised by SEFF that there is a need for a positive working relationship to exist between the organisation and the Media thus enabling individual victims/survivors to have a voice and to be able to articulate their perspective within a public forum.

We engaged with the BBC on the basis of wanting to resolve the deficit which currently exists around the representation of innocent victims/survivors of terrorism within BBC Radio and Television output.

We robustly argued for further programmes to be developed which would illustrate the border experience which is rarely acknowledged within the choice of Programmes developed and screened or aired by the Corporation.

The discussion was very open and frank and we presented the BBC with solutions around how the current deficit could be bridged if the will existed on the part of The Corporation to fully represent the community in which we are all part.

We will now judge the merits of today's direct exchange in how matters develop in the times ahead.

SEFF's Welfare & Benefits Service Update

We are aware that a vast number of SEFF members who are in receipt of DLA (Disability Living Allowance) are still awaiting the transition to PIP (Personal Independence Payment).

Tina Grimsley (SEFF's Welfare Officer) along with Norman Kirkpatrick (SEFF's Appeals Officer) are available to meet with people and provide guidance around the various steps of the process and to ensure you have the information you need going forward. Please contact us before you start the process as this can have an adverse effect on your claim.

Are you currently in receipt of any of the following:-

JSA Income Based, ESA Income Based, Income Support, Working Tax Credit, Child Tax Credit, Housing Benefit (Rental)

Universal Credit has been rolled out in Fermanagh and this will affect you. It will see a number of people lose their benefits or have their benefits capped.

It has to be realised that Universal Credit works differently from the benefits it replaces. Before making your claim you need to know:

Universal Credit will be paid twice a month, although you may request a monthly payment. You will be expected to make your claim online with your own personal email account.

You will receive a single payment for your household if your Universal Credit includes an amount for rent, it will be paid directly to your landlord - however, subject to certain conditions, you will be able to opt out of direct payments and arrange to pay your landlord yourself. The application has to be completed in one step it can't be saved to finish at a later time.

If you are told to change over to Universal Credit please contact SEFF's Welfare service on 028 677 23884 for assistance and make an appointment or if it just advice you wish feel free to speak to either Tina Grimsley (SEFF's Welfare Officer) or Norman Kirkpatrick (SEFF's Welfare Appeals Officer) in the near future we will also be confirming a new member to the team who will provide Welfare Advice via SEFF's West Tyrone Gateway Service.

MEMBER'S CHRISTMAS PARTY NIGHT Donations for a Raffle on the Monday 17th December

Spr.

If you are interested in attending the SEFF members Christmas Party Night please call the office by 5pm on Friday 98h December to book your place. This is for catering purposes.



SEFF's Annual Act of Remembrance 2018

evening would be gratefully received and can be left into the

The Valley Hotel

office before the evening.

Friday 9th November 2018 at 10.45am

SEFF's Annual Act of Remembrance is due to tak place this year on Friday 9th November 2018 a 10.45am at SEFF's Memorial in the grounds of Hol Trinity, Church of Ireland, Lisnaskea.

After the Act of Remembrance people are invited bac to the office for refreshments and to listen to victimate testimonies as follows:

Ms Anne Graham who is a sister of Queens Universit law lecturer and prominent Ulster Union ist Edgar Graham who was murdered by the Provi sional IRA.

Linda Gilmore, formerly of South Down Action for Healing Wounds (now SEFF's South Down Gatewa Service) whose father John Eakins (aged 52) was mut dered on 9th February 1971 alongside Harry Edga (26) and George Beck (43), William Thomas (35 from Wales and David Henson (24) from England, a civilians, when the Provisional IRA carried ou a landmine attack while the men were travelling in civilian landrover at Brougher Mountain, near Trillicl It was supposedly mistaken for a British Army vehicle

Please do come along and support this importan event and show solidarity with other innocent via

tims / survivors. To confirm your attendance please phone the office on 028 677 23884.







SEFF are delighted to advise our West Tyrone members that we have been able to secure funding via The Clear Project and re-profiled monies within our VSS grant means that we can now offer some further activities in Newtownstewart!!

Craft classes start: Tuesday 6th November at 10.30am in the Newtownstewart office

We are also going to deliver a set of **Exercise classes** beginning on Wednesday 7th November 2018 in the Newtownstewart 2000 Centre. Now don't let the word exercise scare you!! These classes will cater for all abilities and will encourage involvement in gentle exercise and movement for the improvement of health, mobility and balance.

If you are interested in attending either or both these classes please contact the main office on: 028 677 23884 or Martina on 07860850014 and leave your name.

We would also encourage you to take a look at the upcoming respite to the Walled City Tattoo on Saturday 17th November 2018, the bus will travel from Lisnaskea via Newtownstewart so members from this area can avail. See advert within the newsletter (Page 5) for more detail.

Thank-you!

SEFF's South Down Gateway Service

On Wednesday 7th November 2018 from 7.30pm onwards SEFF's South Down Gateway Service will officially launch. The launch event will also include a short Service of Remembrance complete with testimonies from two bereaved victims/survivors.

You are encouraged to come along to the former South Down Action for Healing Wounds Offices to be part of this important event. The Service will be conducted by Rev Alan Irwin (Rector of Colaghty Church of Ireland Parish, Lack) Alan's own father and also an uncle were murdered by the Provisional IRA in separate terror incidents.

On this night you will also meet the members of the new Oversight committee who will work in partnership with SEFF's central Management in developing and then delivering services and supports for victims/survivors across the South Down/Lagan Valley area.

(REVISED DATE)

Saturday 24th November 2018:

A Border Trail-themed respite visit to North Fermanagh is being organised for South Down Gateway Service members.

Bus will leave from the former South Down Action offices based on Downpatrick street, Rathfriland at 9am. The day will also involve some social time and a meal.

Please contact SEFF's South Down Gateway Service on: 028 677 23884 asap to register for the respite. The cost will be £15 per person with the shortfall being met by SEFF.

Complementary Therapies

We have a resource for members of The South Down Gateway Service to receive Complementary Therapies (Reflexology, Massage, Aromatherapy etc) commencing Friday 16th November 2018 at the Rathfriland offices. Cost for 5 weekly sessions - £25. Call the office eon: 028 6772 3884 to express your interest.

From Monday 5th November 2018 onwards the Downpatrick street office will be open 4.5 days per week with it closing at 1pm on Friday's. It is SEFF's commitment to the area and to you that there will be personnel available to assist you. We will have Advocacy and Welfare staff covering the offices in the first instance but we hope this staff complement will be added to in time and that we will also be able to strengthen the Volunteer base.



FACT OCTOBER 2018 UPDATE

FACT is consistently busy over both areas (Fermanagh & Armagh), and is experiencing a large influx of new members daily.

In Fermanagh, because of reaching out to Rosslea and Garrison (which had no FACT presence previously) the level of response has been very high, and participants have welcomed the project with open arms.

Gardening in Colebrooke continues and is greatly enjoyed by all the regular attendees.

Feet Unlimited (Fermanagh) is attracting a huge response, and appointments are ongoing.

Walks across both counties were well attended during the month of September, where members felt energised and refreshed, and all participants appreciated being out enjoying the fresh air, thus improving their health and wellbeing.

In Armagh a high level of interest is being experienced in the Derrynoose area, where craft classes are being repeated, due to the high registration of new members. Swimming classes have been so popular that we will be organising the lessons well into the New Year, in order to meet the needs of interested members. Yoga and Flower Arranging classes are also over-subscribed quite heavily.

Building the Pharmacy Partnership in Armagh has just commenced, with 25 members attending. Pre-evaluation forms indicate the members' appreciation of this very worthwhile project. Aware NI will provide sessions on depression.

All in all, there is a phenomenal response to the majority of classes throughout both counties i.e. basket making, indoor bowling, making bird feeders,

IPad classes, art, crafts, etc.

Our joint event in September, the Tea Dance in Armagh City Hotel, was a resounding success. Members availed of the fun and fellowship, and enjoyed meeting their counterparts, once again.

FACT is being represented at "Staying Safe in Fermanagh & Omagh" event in the Manor House Hotel on Thursday 18th October, organised by South West Age Partnership and Policing & Community Safety Partnership, with emphasis on Alcohol Awareness and Road Safety.

Across Armagh, FACT has been approached by Wheelworks to work in partnership with them to work on an Intergenerational Programme as part of the Arts Council N.I. Meetings are ongoing. We have just entered into our Autumn quarter and are responding to our busy phone lines, with renewed energy and gusto.

Jenny & Gladys Contact info - Tel: 028 677 22615 Email - info@factni.com



Topics & Dates of Interest

Ballindarragh L.O.L. No. 689

W.W.1. Sacrifice Remembrance Event Christ Church Hell, Maguiresbridge Saurday 27th October 12.00 noon to 9:00 pm.
Photographs and articles of soldiers from Co. Fermanagh
Memorabilia from Lisbellaw & South
Termangh World War One Society,
Lish Wolf Hound and handler
Ape to be present.
Refreshments served
Everyone welcome
Funded by Fermanagh & Omagh District
Council Policing & Community Safety
Partnership.

SEFF's Holiday Club First Meeting

It was recently suggested about starting a holiday club in SEFF where people could go on various breaks away organised through members of the club.

The holidays **WOULD NOT** be subsidised people would have to pay the full price for the holiday but they can pay it off in instalments.

If interested contact Sally Haire on 07752233892 and we would then propose to have a meeting on Wednesday 31st October at 3.30pm in SEFF to discuss further with interested members.

Brookeborough District L.O.L No 3 Remembrance Service Brookememorial Orange Hall Brookeborough **SUNDAY 18th NOVEMBER** 1 8pm **Roll of Honour** Full Act of Remembrance Visiting Preacher - Rev J McLoughlin, Rector of Aghavea All Sisters, Bretheren & Junior WELCOME Collaret's to be worn All Ex Service Personnel WELCOME Medals may be worn ther Friends WELCOME

Augher Clogher Royal British Legion Festival of Remembrance Corick House Wednesday 24th October 2018 at 8pm Tickets £15 each available from Harry Alexander(02885557576)