



Hydrotherapy Newsletter

The New Year brings a new start to The Dog Spa, with new faces in the hydrotherapy and training areas of the business.

Elizabeth Bargery, a qualified and registered canine hydrotherapist, has joined the team and is heading up the hydrotherapy unit.

Elizabeth completed her Level 3
Diploma in Small Animal
Hydrotherapy in 2019. She has
extensive experience with animals,
and was Head of School for
Landbased Studies at a Further
Education college in
Northamptonshire, where she taught
Equine, Agriculture and Animal
Studies, which included small animal
handling, anatomy and physiology, and
biology.

Alongside her work at The Dog Spa hydrotherapy unit, Elizabeth is studying her MSc in Veterinary Physiotherapy and a Diploma in Canine Myotherapy.

Contact Us

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Email: thedogspahydro@gmail.com



Elizabeth owns two dogs – Teddy, a 6 year old cockapoo and Flo, a 2 year old working cocker spaniel. She is currently doing agility training with Flo and hopes to compete with her this year.

Elizabeth is working to build and develop the hydrotherapy unit within The Dog Spa, so why not give us a ring and book a session?

We hope to see you in 2020!





New For 2020

<u>Puppy Swims</u>

A course of 6 sessions for £90 for puppies up to 12 months

- Make sure your puppy can
- Socialise your puppy with
- new people and Exercise young bodies safely

Fit & Fun Plans

Need to get your dog fit for competition? Need to keep your dog fit for competition? Want to vary your dog's exercise regime? Let it swim or work on the treadmill for fun!

- Fitness plans to suit your dog's need
- A different form of exercise to keep your dog entertained
- Safe exercise for your dog

<u>Doggy Weight Watchers</u>

Is your dog overweight and do you need help managing your dog's weight? Why not join our Doggy Weight Watchers club Thursday evenings from 5pm – 8pm.

- Individualised weight loss/management hydrotherapy plan
- Nutrition advice
- Certificates for weight loss or continued maintenance



