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SOUTHAMPTON SOLICITOR GEMMA RUNNING HALF MARATHON FOR CHARITY BABY LIFELINE

Southampton solicitor Gemma Osgood is running a half marathon to raise funds for a charity that supports families, including many of her own clients, whose new-born babies have tragically died.

Self-confessed "inexperienced runner" Gemma Osgood, clinical negligence solicitor in the Southampton office of law firm Clarke Wilmott, is training hard ahead of participating in the Vitality "Big Half Marathon" through London in March.

The national charity she is supporting, Baby Lifeline, provides much-needed maternity equipment, specialist training for healthcare professionals and associated research to ensure the best possible outcome from pregnancy and birth.

Gemma said: "As part of my job I often meet families who have experienced the tragic death of their new-borns and, through this, have been introduced to Baby Lifeline and seen for myself the incredible work it does to provide the best care during pregnancy and birth."

According to the charity on average every day in the UK 15 babies are stillborn or pass away within the first four weeks of their lives, with around 70-80 per cent of these deaths being preventable.

Gemma added: "I desperately wanted to do something to help raise awareness and money for Baby Lifeline so, when I spotted applications for the Vitality Big Half, I decided to go for it even though I'm the first to admit I'm an inexperienced runner, making this a huge challenge for me."

To help her over the finish line Gemma's husband and son will take part in the "Little Half" event, joining her for the final 2.4 miles.

Judy Ledger, Founder and CEO of Baby Lifeline said, 'We are delighted that Gemma is generously supporting Baby Lifeline, and including her husband and son in the 'Little half'. As a clinical negligence lawyer Gemma will only too well understand that Baby Lifeline's work support for the maternity sector with regard to making childbirth safer, is important, and supports not only the health professionals providing care, but also our Mums and their unborn and new born babies.'

For more information or to sponsor Gemma in the	e Vitality Big Half Marathon go to
https://uk.virginmoneygiving.com/GemmaOsgood	<u>I</u>

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