

WORK AT HEIGHT CRANE ERECTOR ACCESS



HEIGHTWORKS TRAINING

Duration: 1 DAY.

Audience: Any person who has the need to climb on a crane whilst it is being erected, modified or maintained.

Course Aim: To provide practical experience and education so a crane can be climbed safely using PPE and techniques that protect against falls.

Syllabus:

- Pre use inspection of PPE equipment
- Harness donning and appropriate use
- Understanding the principles of work restraint
- Understanding the principles of fall arrest
- Understanding the severity of falls whilst using PPE
- Use of twin energy absorbing lanyards
- Understanding suspension intolerance
- Use of self rescue techniques
- Use of work positioning lanyards
- Understanding the hierarchy of fall control measures
- Identifying work at height hazards
- Identifying crane specific hazards

Prerequisites: Reasonable level of health, fitness and aptitude.

Max. Ratio: 6 Delegates to 1 Instructor.

Certification Expiry: This certificate is valid for a maximum of 3 years subject to a maintenance of skill level.

Only on successful completion of the whole course and examination will the candidate be issued with a certificate of competency.

This course is designed and delivered using BS8454 (code of practice for the delivery of training and education for work at height and rescue), IRATA international code of practice and equipment manufacturers technical instructions.

