## **Arbennig** Information for Parents





## Arbennig, Wrexham

Everyone needs a change and time off occasionally, whether it's for an hour, a day or a week. This can be especially true for carers – caring can be exhausting. However, it is also important that you feel confident that your child is safe, and having a positive experience.

Having a break through using Arbennig can help you cope with caring and give you necessary time for yourself to recharge your batteries, whilst your child has a great time.

## Who we cater for?

Arbennig offers a short break service to children and young people aged between 8-18. We can offer placements and support for children with severe physical and / or learning disabilities, and autistic spectrum disorders. Our setting is purpose built, and fully wheelchair accessible. As a small unit, we are also ideally able to offer support to children and young people with autistic spectrum disorders. Before any placement, children and young people will receive an individual assessment to ensure that we are able to safely meet all of their needs.