

We're here for you



Our doors may be closed but we're still open.
Our friendly and supportive staff are on hand Monday to Friday 9.30am - 5pm.
Leave us a message outside these hours and we'll be in touch.

Well-being

We offer advice, information and support to help you manage your mental well-being. Get in touch if you are feeling anxious or distressed.

Phone: 01254 332297
Email: mind@andovermind.org.uk

Carer Support and Dementia Advice

Providing advice, information and support to carers and people with dementia and memory problems. Contact us if you have any concerns.

Phone: 01254 332297 (option 3)
Email: enquiries@andovermind.org.uk

Providing services across Hampshire