

## **Suggested Health Topics - Birth to 5 Years**

The listing below is representative of the topics to be selected for requirement Hx.1. This list is not inclusive. Others may be considered.

- Common Symptom Recognition
- First Aid
- Immunizations
- Respiratory Issues
- Health Checkups
- Dental Hygiene
- Nutrition Education
- Food Safety
- Vision
- Hearing
- Allergies
- Car Seat/Transportation Safety
- Home Safety
- Poison Prevention
- Physical Development Milestones
- Pre-Natal Health

