

# NOVO HEALTHNET LIMITED

## PHYSIOTHERAPY INTAKE FORM – CLIENT PERSONAL INFORMATION (PLEASE PRINT)

PAYMENT FOR SERVICES IS DUE AT THE TIME OF YOUR APPOINTMENT

LAST NAME:

FIRST:

DOB:

STREET ADDRESS:

CITY:

POSTAL CODE:

PRIMARY PH NUMBER:

ALTERNATE PH NUMBER:

EMERGENCY NAME & PH NUMBER:

FAMILY DOCTOR:

ADDRESS:

CHOOSE CLINIC BECAUSE/REFERRED TO CLINIC BY? (please tell us how you heard of back on track)

EMAIL ADDRESS: (Your email address will only be used by our clinic to communicate with you. It will not be sold or distributed)

### PLEASE CHECK CURRENT AND PREVIOUS CONDITIONS & WRITE THE APPROXIMATE DATE BESIDE

#### MUSKOSKELETAL CONDITIONS

\_\_\_ OSTEOPOROSIS

\_\_\_ OSTEOARTHRITIS

\_\_\_ METAL IMPLANTS

\_\_\_ PREVIOUS MOTOR VEHICLE ACCIDENTS

\_\_\_ TMJ / DENTAL APPLIANCES / DENTURES

\_\_\_ OTHER \_\_\_\_\_

\_\_\_ NONE OF THE ABOVE

#### CARDIOVASCULAR CONDITIONS

\_\_\_ ANGINA / HEART ATTACK

\_\_\_ HIGH / LOW BLOOD PRESSURE

\_\_\_ CIRCULATION PROBLEMS

\_\_\_ ANAMIA / BLEEDING DISORDERS

\_\_\_ PACEMAKER

\_\_\_ OTHER \_\_\_\_\_

\_\_\_ NONE OF THE ABOVE

#### NEUROLOGICAL CONDITIONS

\_\_\_ STROKE

\_\_\_ PARKINSON'S

\_\_\_ SEIZURES

\_\_\_ CONCUSSIONS

\_\_\_ MULTIPLE SCLEROSIS

\_\_\_ OTHER \_\_\_\_\_

\_\_\_ NONE OF THE ABOVE

#### SYSTEMIC / OTHER

\_\_\_ PREVIOUS SURGERIES

\_\_\_ ASTHMA

\_\_\_ EMPHYSEMA

\_\_\_ TUBERCULOSIS

\_\_\_ THYROID PROBLEMS

\_\_\_ RHEUMATOID ARTHRITIS

\_\_\_ TUMOUR / MALIGNANCY

\_\_\_ NERVOUS DISORDERS

\_\_\_ KIDNEY /BLADDER /BOWEL PROBLEMS

\_\_\_ TRANSMITTABLE DISEASES \_\_\_\_\_

\_\_\_ NONE OF THE ABOVE

\_\_\_ DIZZINESS / FAINTING

\_\_\_ PREGNANCY

\_\_\_ RINGING IN EARS

\_\_\_ SWALLOWING PROBLEMS

\_\_\_ RECENT WEIGHT CHANGES

\_\_\_ VISION / HEARING PROBLEMS

\_\_\_ ULCER

\_\_\_ CIRCULATION PROBLEMS

\_\_\_ HERNIA

#### PLEASE LIST ANY MEDICATIONS OR ANY OTHER CONDITIONS YOU WOULD LIKE KNOWN:

|       |       |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

THE ABOVE IS TRUE TO THE BEST OF MY KNOWLEDGE. BY SIGNING BELOW I HAVE READ AND UNDERSTAND THE PAYMENT AND CANCELANATION POLICIES

PRINT NAME OF GUARDIAN IF PATIENT IS UNDER 16:

RELATIONSHIP TO PATIENT:

PHONE NUMBER IF DIFFERENT FROM ABOVE:

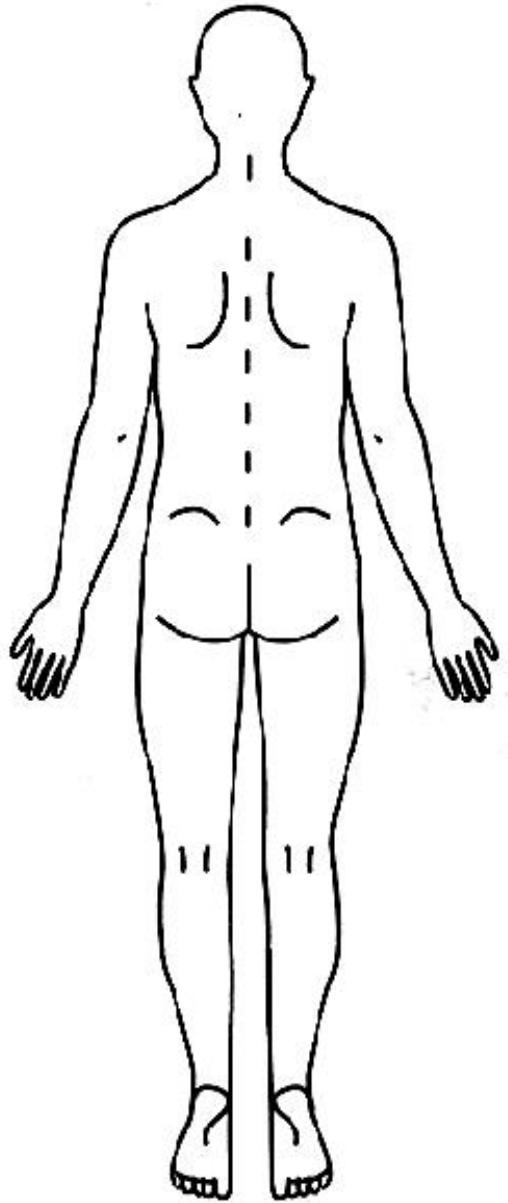
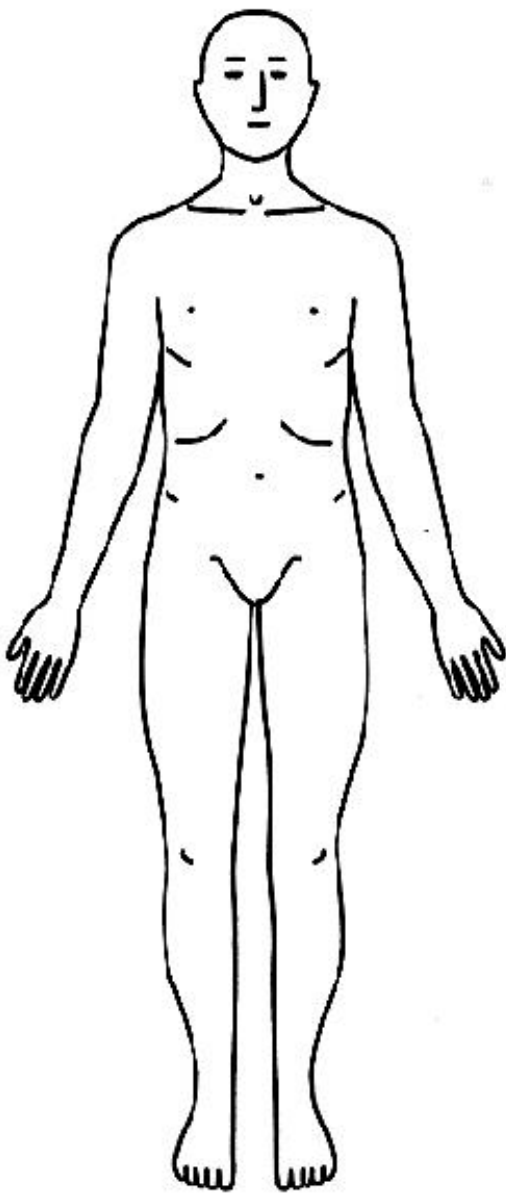
PATIENT / GUARDIAN SIGNATURE (IF PATIENT IS UNDER 16)

DATE

WITNESS SIGNATURE

|                       |       |
|-----------------------|-------|
| Achy or Constant Pain | XXX   |
| Sharp Pain            | ****  |
| Stiffness             | ////  |
| Numbness              | ooo   |
| Other                 | _____ |

Mark the area on the picture below with the appropriate symbol to best illustrate your symptoms.



**NOVO HEALTHNET LIMITED**  
**PHYSIOTHERAPY GOALS AND OUTCOME FLOW SHEET**

**DATE:** \_\_\_\_\_

**Patient:** \_\_\_\_\_

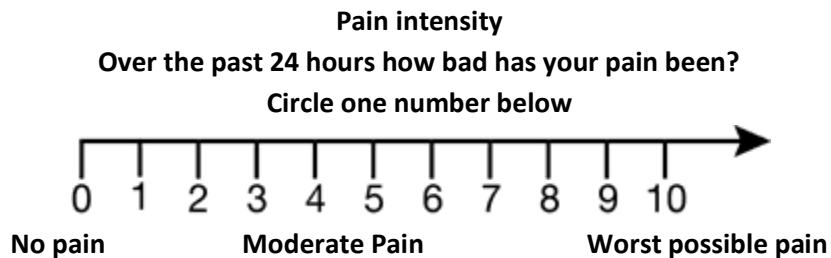
**DOB:** \_\_\_\_\_

**AGE:** \_\_\_\_\_

1: List 3 activities that you are unable to do or have difficulty doing TODAY because of your problem. Some examples might be: sleeping, sitting, walking, stairs, driving, reaching up, carrying and or dressing. Please be as specific as possible. (if you don't have 3 activities, that is okay).

| 3 ACTIVITIES                                   |  |  |  |  |  |  |
|--|--|--|--|--|--|--|
| 1.   |  |  |  |  |  |  |
| 2.   |  |  |  |  |  |  |
| 3.   |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| <b>Percentage Improvement</b> (therapist only) |  |  |  |  |  |  |
| <b>Pain Measure</b> (therapist only)           |  |  |  |  |  |  |
| <b>Outcome Measure</b> (therapist only)        |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

2.



3. What are your goals for treatment? Why are you coming for treatment? Please fill out your goals in the box below so that your physiotherapist / chiropractor can work with you to achieve them.

Examples: to be able to play in a soccer tournament in two weeks, to understand your condition, to decrease the pain, to get a home exercise program ....etc.

| Patient Goals | Goals reached on D/C<br>Yes/No/ Partially (therapist only) |
|---------------|--|
|               |  |
|               |  |
|               |  |
|               |  |

Goals and Timeframes discussed with patient \_\_\_\_\_

Discharge planning discussed with patient \_\_\_\_\_

\_\_\_\_\_  
**Therapist's Name (please print)**

\_\_\_\_\_  
**Therapist's Signature**

**NOVO HEALTHNET LIMITED**  
**PHYSIOTHERAPIST INFORMED CONSENT**

As a matter of ethics and law there is an obligation, prior to examination and treatment, to disclose any material risk to the patient to obtain a valid informed consent. As part of the physiotherapy treatments, certain procedures and devices may be utilized such as the use of heat, ice, electrotherapy, ultrasound, massage and manual therapy. As part of the rehabilitation program (kinesiologist, occupational therapist or physical therapist assistant) certain testing procedures, devices and equipment may be utilized such as weight machines, exercise, cardiovascular work and functional tasks. I have had the opportunity to discuss with the physiotherapist and/or other clinical staff, the nature and purpose of treatments. I understand the results are not guaranteed. I further understand, and I am informed that there are some very slight risks to treatments, including, but not limited to, muscle strains, sprains, disc injuries, and burns have been made aware that there are remote chances of injury and that appropriate tests will be performed to help identify if I may be susceptible to risk or injury

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Witness Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**NOVO HEALTHNET LIMITED**  
**CONFIDENTIAL CONSENT, AUTHORIZATION & DIRECTION TO DISCLOSE PERSONAL**  
**INFORMATION**

I, \_\_\_\_\_  
(Print Full Name)

Of \_\_\_\_\_  
(Print Full Address)

***Hereby consent to the sharing and / or exchange of written and/or verbal information between Novo Healthnet Limited and:***

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
(Print full names and institutions of affiliation)

***In respect of***

\_\_\_\_\_  
(Print name of the client)

\_\_\_\_\_  
(Date of birth)

***Information to be released related to the above-named injury or illness and pertains to the development of treatment and nutritional plans.***

***I understand that this consent is subject to revocation at any time, except for such action that has already been taken.***

***A photocopy of this authorization shall have the same validity as the original.***

Dated the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_

\_\_\_\_\_  
(Witness)

\_\_\_\_\_  
(Signature)