

Viewpoint Summer 16

Selected highlights

A Way With Words; Update on this exciting local storytelling project (p4)

Walk talk and get creative; see page 6 and 7 for details of this super health and fitness project.

Code Club @ Hesters Way Library; Free code writing club for kids to create games, quizzes and websites (p10)

Create on the Square; a hub of creative entrepreneurial, social and collaborative activity (p12)

KGV football project; free summer holiday drop in for active sports fans aged 8 to 4 at KGV field (p18)

OASIS activities; There are lots of activities on offer at the Oasis Centre on Coronation Square. See page 26 for a full list of fun activities.

Summer Reading Challenge; Help children complete the challenge at Hesters Way Library (p27)

IT DROP IN for FREE; If you'd like to brush up on your computer skills and need someone to one help try the drop in at Hesters Way Community Centre; see page 29 for details.

Neighbourhood Shop; There are lots of great bargains to be found at the Hesters Way Neighbourhood shop; see page 30 for all you need to know.

About Viewpoint The Viewpoint magazine is distributed throughout the local area via schools, shops, community centres and other outlets happy to stock them. We also have a door to door service provided by volunteers. We attempt to offer as broad a coverage of the local area as our resources allow. If you would like to help us with distribution, even if its only to your street, please let us know and we will supply copies. Thanks!

West Cheltenham Directory If you would like a copy of our Local Directory listing all that goes on in the West of Cheltenham please let us know. Free copies can be picked up at Hesters Way and Springbank Community Centres and an online version of the magazine and the new map can be downloaded at

www.hwpartnership.org.uk/ or contact the Hesters Way Partnership office:

01242 575638 / 228262 jennyperkin@hwpartnership.org.uk

We at Hesters Way Partnership (HWP) are keeping the West Cheltenham residents up to date with all that's best in the area. We will happily visit your event, promote your new project or give you a little extra publicity if you are strengthening our community.

The Hesters Way Partnership is helping to develop a

Neighbourhood Development Plan

and needs the help of community volunteers to make it happen. If you are interested in shaping the future of West Cheltenham and have some spare time to offer why not join in. We already have 68 local people signed up for the forum but the more the merrier!

For details see page 3
or see the
presentation or video
online at;
www.hwpartnership.
org.uk/
neighbourhoodplan.
html

The views and opinions expressed within Viewpoint are not necessarily those of the Hesters Way Partnership.



The second meeting of the **Neighbourhood Development Forum** took place on 13th April with 24 local residents discussing the area that the plan will cover and its constitution. The outcome of detailed discussions can be found on the dedicated Neighbourhood Plan page of the Hesters Way Partnership website.

The designated area is bounded by the River Chelt to the north, the Gloucester Road to the east, and south and the edge of Cheltenham to the west. Final agreement will be made at the next meeting.

The constitution document, despite being complicated and rather formal was also finalised. The key points for the future were addressed in the aims and objectives section. A flavour of these are as follows:

- the social, economic and environmental wellbeing of West Cheltenham
- allocating sites for business, retail and housing development including affordable housing
- solutions for transport, traffic and parking issues

nousing

- plans to mitigate against the effects of climate change
- protection for existing buildings/areas of note and worth
- support for local businesses, schools and community spaces such as libraries, community centres and public facilities
- **protection of green spaces** and bringing environmental benefits to the area.

Your views are vital!

We will need to **involve as many residents**, **local workers** and **local businesses** in the process as possible and **attract wide support** for the plan so if you'd like to get involved why not come along to the meetings, give us a call on the number in the box above or see the dedicated web page below;

www.hwpartnership.org.uk/neighbourhoodplan.html

The next FORUM MEETING at:

Hesters Way Community Centre Wednesday 8th June at 5.30—7pm

If you'd like to join in please come along.

For information

01242 228262 jennyperkin@ hwpartnership.org.uk

www.hwpartnership.org.uk/ neighbourhoodplan.html

PIMP MY WHEELS

Ben Kelly, 31, LOCAL DJ ASKS BUDDING ARTISTS FOR HIS WHEELCHAIR TO BE PIMPED FOR A COOL NEW LOOK for his summer DJing events in 2016. Ben, who has Spina Bifida and hydrocephalus, says: "I spend every moment of my life in my wheelchair, and it looks pretty boring, to be honest. I'd love to have some cool, funky art to make it stand out and look awesome when I go to DJ at events."

Ben says: "I went into hospital in October 2015 and came out in January 2016, it could do with a revamp and I'm inviting any artistic talents who'd like to design me a cool new look to send me their ideas. I can then ride around showcasing their artwork, and I get funky new wheels! In my job as a DJ I want to show off my personality through my wheels and I'd love the design to reflect my fun side."

Ben is open to any ideas for the 'pimping' of his wheelchair. The chair style is Invacare, model spectra XTR HD, number 281113. The backrest measures 50cm from left to right and 60cm from top to bottom.



If artists want to find out more about Ben to help inform their designs, they can contact him at bkelly22001@hotmail.com. or here:https://www.facebook.com/ bkthedi.karaoke.disco/



We've met all sorts of groups from POPPs in Springbank and healthy walkers in Hesters Way, to the Living Room in Rowanfield and the Hester's Way Library Knit and Natter group.

Our Story Collectors have talked and listened to lots of wonderful people, and gathered a substantial collection of fascinating stories and reminiscences. We are also delighted to have had the interest and support of the Polish community, who organised a special story collection session – with delicious food!

Everyone has been very generous with their time, and we'd like to say a huge thank you to all our Story Providers. There are still opportunities to get involved with the project; new stories are welcome any time, and if you fancy being involved in the performance in October, just get in touch.

Summer project details will be posted on our website http://www.cheltenhamfestivals.com/education/take-part/community-outreach/ or get in touch via education@cheltenhamfestivals.com

Quality Child Care

at Giggles and Puddles





- Highly Trained Staff
- Dedicated rooms and staff for all age groups
- Healthy Meals
- Flexible Child Care

Contact us to find out more about your children coming play at Desirable Childcare

Opening Times: 8.00-18.00

Puddles Nursery

Hesters Way Community Resource Centre Cassin Drive, Princess Elizabeth Way Cheltenham, Glos GL51 7SU Tel: 01242 527545

Giggles Nursery

Springbank Community Resource Centre Springbank Way, Springbank Cheltenham, Glos GL51 0LG Tel: 01242 574511







Walk, Talk & Get Creative in Cheltenham

Get active together with our latest activities aimed at people aged 60+ living in Cheltenham.

A great way to meet new people & make new friends

Improve your confidence

Great for strength, balance and co-ordination

Connect to other social activities available in the local area

Refreshments available

Transport available*

The Cheltenham Trust is setting up a new programme of activities aimed at supporting people aged 60+ living in Cheltenham.

Join us on a health walk or at one of our fun activity sessions to music to help you get active and be social in a fun and welcoming environment.



Walk, Talk & Get Creative in Cheltenham

Get outdoors, meet new people and discover new places in your local area - first class free!

Walk Well is a volunteer led health walks programme around the town. The newest walk, from Cox's Meadow, meets every Tuesday at 2pm. Walks are completed at a steady pace and are suitable for people of all ages and abilities.

Active Balance and Move it or Lose it! are seated exercise classes which are easy to follow and aimed at people aged 60+.

For more information and to discuss any transport needs, please contact the Community Engagement Team on 01242 775202.

Tuesdays					To book
Active Balance	St Luke's Church Hall, St Luke's Place, Cheltenham GL53 7HP	11am- 12noon	Weekly	£3.00 First class free!	Contact Dan McShee 07760 175132
Walk Well Health Walk	Cox's Meadow The Meadow Café, Old Bath Road, Leckhampton, GL53 7DF	2pm	Weekly	FREE	Contact Sean White 01242 774740
Move it or Lose it!	St Andrews Church Hall, Montpellier Street, Cheltenham GL50 1SP	Tuesdays 12.30 – 1.30pm Term time	Starts weekly from 5th April	£2.50 First class free!	Contact Angela Swales 07900 488533
Thursdays					
Active Balance	St Luke's Church Hall, St Luke's Place, Cheltenham GL53 7HP	11am- 12noon	Weekly	£3.00 First class free!	Contact Dan McShee 07760 175132
Fridays					
Move it or Lose it!	Sacred Hearts Hall, Moorend Rd, Cheltenham GL53 9AU	Fridays 2-3pm Term time	Starts weekly from 8th April	£2.50 First class free!	Contact Kathy Chesters 07746 672726











*Transport available for individuals who would not be able to access the activity otherwise. For further information, please contact the number above.





Tuesday June 14th 5.30pm—7.00pm





COME AND SEE US AT OUR DROP-IN SHED WORKSHOP

LEARN HOW TO BUILD A BIRD BOX OR REPAIR FURNITURE PLUS GET SHED LOADS OF USEFUL HINTS A TIPS FROM OUR DIT EXPERTS

OPEN TO ADULTS ONLY
NO NEED TO BOOK - JUST TURN UP

RECLAIM, UNIT 25B LANSDOWN INDUSTRIAL ESTATE, CHELTENHAM, GL51 8PL 01242 228823

SIGN OF THE TIMES

New signage has just gone up at JTs Café at the Hesters Way Community Centre on PE Way. The café which caters to volunteers, visitors and tenants at the centre is increasingly being used as a meeting place for the community. Jim, owner of JTs is really pleased with the community use; "We have tried to make sure that everyone in the community feels welcome here. We host events and activities including the health walkers every Tuesday, the POPPS group, business breakfast and a host of smaller meetings and casual gettogethers. We have free Wi-Fi which means people can catch up on social media or plug in their lap top for a meeting too."

I think all agree the atmosphere is vibrant and welcoming and the food is great too!



CHELTENHAM REGENERATION CAFÉ

On May 7th Vision 21 launched Cheltenham's first Regeneration Café a regular event and it will take place on the first Saturday of every month between 10:00am-1:30pm at St Andrew's Church, Montpellier St. Cheltenham.



V21 have several experienced volunteers looking to repair amongst other things, electrical items, clothing and bicycles. There will be no charge for the repair, but they ask for a donation towards the charity to help cover their costs.

Members of the public are invited to bring an item in need of repair and then watch or help with its repair. Naturally, V21 will be carrying some spares and will have a go at mending most things, hey cannot guarantee to repair everything brought in, but will do their best!

Vision 21 is a small, but active charity and its Regeneration Café is not its only project to have opportunities for people wanting to volunteer their time and do their bit for the environment. V21 require people to give a couple of hours per week to help maintain the Edible Garden, in Annecy Gardens in Sandford Park. Similarly, they could use some assistance, with the composting club in Lansdown, Cheltenham.

At the moment, their biggest venture, the Reclaim furniture re-use project (located on the Lansdown Industrial Estate) is up to its full complement of people, but we are always on the lookout for good quality used furniture and of course customers in search of value for money bargains. Last year, amongst other things, this project helped over 1900 low income families and provided vocational training to 22 unemployed people, 6 of which moved on into paid employment.

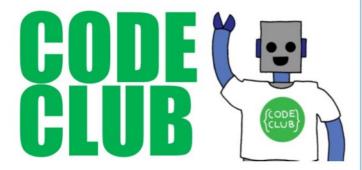
Although the Reclaim project itself is at full strength, V21 are able to run "Shed night" between 5:30-7:00pm on the 2nd and 4th Tuesday of the month for people come and learn how to use simple tools. At the moment, we are building various types of bird boxes.

No membership is required to join in with any of our projects and for more info about our projects ring 01242 Vision 21:..

224321 or contact office@vision21.org.uk.

Cheltenham Regeneration Cafe

Sat 2nd July, Sat 6th Aug, Sat 3rd Sept, Sat 1st Oct, Sat 5th Nov and Sat 3rd Dec 10.00am – 2.00pm (last entry 1.30pm to allow for repairs)
St Andrews Church, Montpellier, Cheltenham, GL50 1SP



WHEN

Every Tuesday during term time 4.30-5.30 pm

WHERE

Hesters Way Library

BOOK YOUR FREE PLACE Ring lizzie on 07792 163605 Or Register at the library **8-11 YEARS**

WHY CODE?
Coding is fun.
Learn to make
computer games,
animations and
websites

LOTS TO DO

Create a rock band. Get lost in space. Compete in a boat race.

LANGUAGES

Scratch
Python
HTML
CSS

CODE & LEGO CLUB at Hesters Way Library

The Hesters Way library Code Club takes place every Tuesday, 4:30-5:30pm, in term time. The club was started in January 2016 and children can come along for free to learn how to write code to create games, quizzes, websites and other projects.

The Club has also now spawned a parallel Lego Club at the same time. Younger children can play with ordinary Lego and Duplo for the hour and for the older children there is also the opportunity to build and program a Lego robot.



Code Club is a nationwide initiative (www.CodeClub.org.uk) aiming to encourage young children to get into coding and perhaps become the software developers of the future. The children start off by developing code using an attractive and intuitive tool called Scratch and then progress to web pages and even coding using Python (a coding language used in the real work place). All the children are picking up great coding skills and some show great promise as future developers.



The Club is run by a small band of keen volunteers who all work in the software development industry and want to encourage more enthusiasm for coding. More volunteers are always welcome (even for just one session a month) and, although an interest in coding is great, it is not essential as full instruction is provided. It could be a good opportunity to learn to code for the trainer too!

The club is organised by Cheltenham Coworking, a local community interest company, which is aiming to promote the benefits of more collaborative working for Cheltenham independent workers and small businesses. We are based in Hesters Way and are always looking for new ways to encourage coworkers to use their skills and experience in this community. Code/Lego Club is a great example of that. If anyone has any ideas for similar projects, talk to Tanya: tanya@cheltenhancoworking.com Tel: 07494341781.

To join the Hesters Way library Code or Lego Club, either sign up at the library, or ring Lizzie on 07792163605.





Create on the Square opens July 2016!

Work is currently underway to turn an unused retail unit on Coronation Square into "a hub of creative entrepreneurial, social and collaborative activity". The venue, named Create on the Square, is the joint vision of community arts cooperative, Axiom Arts, and not-for-profit company, Cheltenham Coworking.

The aim of the venue will be to link up like-minded people and provide an affordable and flexible space where they can develop their talents. Whatever talents emerge remains to be seen, but the venue already has interest in activities as diverse as puppet-making workshops, office sharing (coworking) sessions for independent workers with young children, a social entrepreneurs group, craft clubs and a LGBT book club. The venue capacity will be 20 people and the focus is on supporting the development of small interest groups (not on room hire).



OF ART TOGETHER
GO FAR TOGETHER
COWORKING

Axiom Arts have been based in another former retail unit on Coronation Square since 2014 and have a strong commitment to the providing beneficial activities in the community. They are looking forward to expanding their programme in the new venue.

Cheltenham Coworking promotes the benefits of coworking in Cheltenham. The company sees West Cheltenham as a great place for business and is working hard to encourage more business regeneration in that area, primarily by providing opportunities for

(existing and new) independent workers to get together, to inspire each other and benefit from the collaborative opportunities coworking provides. In addition, they are keen to harness the enthusiasm and skills of coworkers to benefit the community, through ventures like a Code Club started at Hester's Way library earlier this year.

Create is a wonderful example of local community collaboration in the West Cheltenham area. It has been made possible through funding from the Hester's Way Community Fund, which receives support from TCV, the volunteering charity and People's Health Trust. The funding has enabled the venue to employ a Programme Coordinator, Tanya Harrison, on secondment from community organisers Community Roots CIC. The project has also received additional funding from local business, George Training & Development Ltd and additional help from the Hester's Way Neighbourhood Project.



Do you have an idea for a group or activity at Create on the Square? If so talk to Tanya:

tanya@cheltenhancoworking.com Tel: 07494341781

Do you have a project that needs financial support? Will your idea benefit the residents of West Cheltenham? Contact: <a href="https://hittor.com/hittor.c



I'd love to start my own business

This year, I'm going to learn to draw!

What can we do to help our elderly neighbours?

I wonder if anyone else is interested in embroidery?



www.CreateOnTheSquare.org

That would make a brilliant App

How can I grow my business to employ more people? A communitycentred venue helping you to develop your talents How do I find others who want to change the world too?

I wish the kids had more space to create their models Wouldn't it be great if there was a flexible venue to try my ideas out with other likeminded people?

The Aston Project was launched in Cheltenham in 2011, in memory of PC Lynn Aston

The project's aim is to reduce harm, crime and anti-social behaviour by offering positive alternatives and a rewarding environment to young people.

Through the Aston Project youngsters aged 9-17 years become involved in a wide range of activities designed to promote personal development, raise self-esteem, build confidence and increase their prospects of employment.



We help every young person raise their aspirations in life whilst making a positive contribution to their community. The scheme

has grown from strength to strength and we launched in Gloucester in April 2015 and Newent in February 2016.

Here are some of the fantastic activities we have done recently

April 2016, some very proud Aston youngsters received their certificates from "Tweedy" the clown, for completing an Explore Arts Course.

April 2016, the Aston Project and YST spend an amazing day at Cranham Woods with some of our young people doing team-building activities and learning survival skills. Below, the Aston Project gets involved in the Woodland

Project. Our members learn various ways of maintaining the environment.

To the right our Aston youngsters are hard at work on a Community Allotment. Above and below Aston youngsters at the Indoor Climbing Centre, Gloucester where they have an amazing



time learning to overcome fears and attain new heights. The look on their faces says it all !!

Some more happy faces and well deserved bottles of water after Cheltenham Aston youngsters help man the water stations for the Cheltenham Half Marathon.

In Dec 2015 the Aston Project took the exciting step of recruiting volunteers. If you would like to help us to "Make a Difference" please feel free to contact us

on 01242 247252 or 247248 <u>theastonproject@gloucestershire.police.uk</u> www.theastonproject.co.uk



WEST CHELTENHAM BUSINESS BREAKFAST

Chef's Special Presentations 2016

Last Wednesday of the month 8.00—9.00am

June 29th Greening your business— Claire Mitchell

July 27th Soft skills for business— Nicki Stewart

August 31st — Summer Break back on September 28th

If you would like to attend the Business Breakfast or you could offer an interesting presentation, please contact us at the address below

Hesters Way Community Resource Centre

Cassin Drive, Cheltenham GL51 7SU

8.00—9.00am JTs Café

9am—11.30am Square Coworking

FREE ENTRY



FREE PARKING

West Cheltenham Business Network

For details call 228262 or email andyhayes@hwpartnership.org.uk

Become a Crimestoppers Ambassador

- The Ambassadors Programme is designed to increase awareness of Crimestoppers via organisations and companies with staff and volunteers who are in day-to-day contact with those who are victims of crime, have committed crimes, are vulnerable individuals or simply have information on crime
- Crimestoppers is an independent charity and one of the UK's best known brands, but the details of what we do is less known. Unfortunately this can mean that people in possession of information on criminal activities don't realise they can report what they know to us, anonymously
- In an ideal world all crime would be reported to the police. Sadly this is not reality with 94% of people stating that they would not have shared the information directly

Fearless.org is Crimestoppers' youth brand. The site provides access to nonjudgemental information and advice about crime and criminality.

What does an A

The role of an Ambass about the Crimestopp free service can help i

We ask you to:

- Tell as many people as whether they be collected family
- Ensure they know that Crimestoppers is 100% want to know what so they are
- Ensure they understant charity and not part of

In return, you get:

- Support from your Glo Crimestoppers team
- 6 monthly newsletter
- Promotional materials
- Updates on specific ca
- Invitation to the annua Ambassadors network

We ne help to the wo

\mbassador do?

ador is to tell people ers charity and how its reduce crime.

s you can about us agues, clients, friends or

reporting crime to anonymous – we only meone knows, not who

d we are an independent the police

ucestershire

mpaigns such as burglary al Crimestoppers ing event

ed your spread rd...

5 easy steps to becoming an Ambassador

- Contact us today by Email: ambassador.glos@crimestoppers-uk.org Tel: 07827 995 358
- A local Crimestoppers volunteer will contact you to answer any questions you may have
- Sign up to receive training and a range of promotional materials
- Brief your colleagues on the services we provide (your training pack will help you with this)
- Display your Ambassador Partner certificate within your organisation and join us in the fight against crime

What does anonymous really mean?

- Crimestoppers never asks for personal details (e.g. name, address)
- Call and online forms are not recorded and can't be traced
- We have never revealed the identification of anyone in all of the 28 years we have been operating

KGV MULTI-SPORTS sessions

Hesters Way Partnership's sports drop in sessions offering coaching in football, basketball and more by YMCA and The Cheltenham Trust.

Just drop down to KGV during the summer hols on Monday / Wednesday or Friday afternoons to join in the fun.



HESTERS WAY SPORT AND PLAY



SUMMER HOLIDAYS JULY / AUGUST Mon / Wed / Fri pm

Details 01242 228262 / andyhayes@hwpartnership.org.uk











Springbank Surgery

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- ACCEPTING NEW PATIENTS FOR NHS CARE
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- EXPERIENCED LOCAL GP's
- MODERN PREMISES WITH FREE PARKING
- ON SITE PHARMACY

Open Times:

Monday to Friday 8.00 am - 6.30pm

Register on our website or call our practice number www.springbank-surgery.nhs.uk





Tel: 01242 507111

Springbank Community Resource Centre Springbank Way, Springbank Cheltenham, GL51 0LG

'Our Place' Hesters Way Parent Coffee Mornings



Come along for a cuppa and time out for you with crafts & cooking



Every Friday 9am – 11.15am

Hesters Way
Childrens Centre

Share and receive support and encouragement for family life. Children welcome. Free entry



For more information contact: Inspiring Families on 07796336752 www.cheltenham.gov.uk/inspiringfamilies The local SPOKAN UK group (Supporting Parents of Kids with Additional Needs) was formed May 2015 in Bishops Cleeve and is one of 27 sub groups around the country with nearly 2200 members. The



group provides a safe arena for families to meet like minded people with a view to sharing experiences and providing much needed support. Events are posted on the Facebook page 'Supporting Parents of Kids with Additional Needs UK'.

The group provides an open environment where people can fit in, feel comfortable and accepted. The aim is to meet up regularly with or without the kids offering coffee mornings, children's parties and evening socials with just grown ups. All families with children who have additional needs with or without a formal diagnosis are welcome.

SPOKAN will be holding group sessions for pre-school children every two weeks at Hop, Skip and Jump at Seven Springs, Cheltenham. To find out more about taking part email dolly@spokan.org

Carers Gloucestershire are proud to support SPOKAN UK and would welcome people coming along to their fund raising event and free family fun day for all carers and their families at 'Walk a Mile in My Shoes' on Sunday 5th June at Pittville Pump Room. To find out more visit www.carersgloucestershire.org.uk.



To find out more about SPOKAN UK, visit Sainsbury's at Gallagher Retail Park on Tuesday 7th June where they will be having a stand from 10 am until 2.00 pm as part of Carers Week.

FREE EVENTS at HESTERS WAY LIBRARY





Time to celebrate Bookstart week – Wednesday 8th June 11-11:30 – Come to our "Under the Sea" themed Toddler Time. sing songs, and make fish aquariums.

Summer Reading Challenge – 16th July -10th September – Come to the library to take part in the Summer Reading Challenge and read 6 books through the summer. Win a medal, stickers and a certificate. This year's theme is Roald Dahl.

- Clay Tortoise craft event 19th July 3:30pm
- Enormous Crocodile Story and Craft Event 2nd August 11am
- James and the Giant Peach Story and Craft event 16th August 3:30pm

The Library

LOCAL SCHOOL IS ATTRACTING GREAT NUMBERS



ocated in Lewis Road, Hesters Way, St
Thomas More Catholic Primary School is
delighted to announce that from
September 2016, its Early Years
Foundation Class will be going double entry.

With their existing class allocation of 30 pupils over subscribed, the Local Authority are enabling the school to take a further intake of up to 30 children. Already places have been allocated for fifty six children starting school in the new academic year.

This increase in pupil numbers requires the main school building to undergo further refurbishment during the forthcoming summer holidays. The existing nurture room will be returned to an EYFS classroom, with both reception classes having dedicated outside play areas. Once this work is complete, the school will benefit from a new nurture room and library which will open at the end of 2016. Other refurbishments during the school holidays will include KS2 and staff toilet facilities and other

updates to areas in KS1. This will conclude a five year total refurbishment programme of the entire main school building.

The early years classes will have a new EYFS Lead Teacher who will oversee the team responsible for the new reception class pupils.

Since opening in September 2015, the adjoining nursery and pre-school has proved extremely popular too. From the pre-school class of 19 children, 16 will be moving into the main EYFS class at St Thomas More. Already a number of children have been registered at both the nursery and pre-school for September but there is an **Open Day on Saturday 18th June 2016 from 10 am until 12 noon.** Parents can come and visit the new building and

see for themselves what is on offer. We have a dedicated and experienced staff team, many of whom have worked in the local community for a number of years and are passionate about providing outstanding early years care and support for children and their families.

As part of the school's fortieth anniversary celebrations, former pupils and teachers are invited to be part of the school's **Picnic in the Park celebrations on the 24th June.** The grounds of the school will be open from 5.30pm to 9pm and people can come along, with their picnic, to enjoy an evening of music, fun and celebrations. Entry will cost £3.00 per family.



St Thomas More

Nursery & Pre-School

Open Day

We are holding an open day for our nursery and pre-school on

Saturday 18th June 10.am to 12.00pm

Offering newly built, comfortable facilities, we can provide your child with the very best child care.

Why not come along and see what we have available.

For further information visit or call 01242 300146 to find out more.

www.st-thomasmore.gloucs.sch.uk/nursery/



Friendship and Advocacy for Isolated People

Isolation can be a big problem, and it can be especially difficult for those who have disabilities. Often their only independent support comes from parents and other family members. Parents are often their children's best advocates. They often worry about what will happen in the future when they are no longer



here to fight their son or daughter's corner.

One solution is to dispel isolation by surrounding the individual with a circle of friends. Such a circle can provide support and back-up, thus having a really positive long-term impact on the individual's life. But how do isolated people, especially those with a disability, find a supportive circle of friends?

A not-for-profit organisation called ACSYL has some practical ideas. Indeed ACSYL (an acronym for **A Circle Supporting You for Life**) has already built circles for three people in Hereford and is busy working with new clients, including two in Cheltenham.

One of the Hereford clients, "John", has worked with his circle of friends to help him reach his goal of a trip to Europe for a significant birthday. Another client is now doing regular voluntary work in a field that he loves.

The heart of each circle is the client's Community Connector: someone who facilitates new friendships, builds the circle and ensures it continues to function in the long term.

John's parents feel more confident about his future now, know that there are other people taking an active interest in his well-being. John's new friends will notice if his house needs repair, they'll see when he's not happy and can follow up to find the cause. Perhaps best of all, John knows that if he needs support he has a circle of friends to turn to. He's no longer on his own or totally reliant on ageing parents and paid support workers.

ACSYL is looking for more Community Connectors to work part-time, flexible hours.

The work can be very rewarding. If you are interested in this kind of work, or if you would like to find out more about having a circle of friendship and advocacy built for someone in your family, please get in touch.

Email: michelle@acsyl.co.uk / 01989 555 006 and ask for Michelle M www.acsyl.co.uk

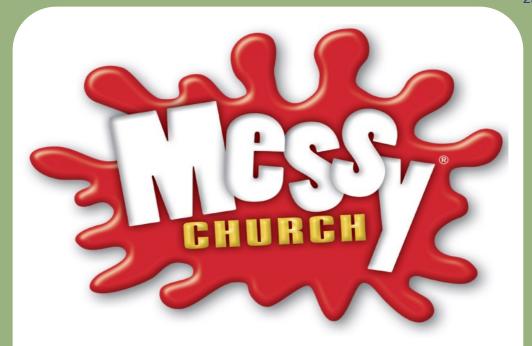


- 4.6 & 7 seaters
- Wheelchair accessible vehicles
- Airport transfers
- Business accounts
- Personal accounts
- Credit/Debit cards taken
- Text booking service
- Pet friendly
- Family run company
- Friendly & helpful service









Craft, Food, Fun, Families, Free

Come along!

Springbank Community Centre GL51 oLG,

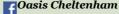
Saturday, August 13th & October 8th

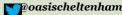
11.00 – 1.30pm

www.cheltenhamsda.org.uk

OASIS CHELTENHAM

01242 515469 admin@oasischeltenham.org





Open for Business....



Space available at Oasis for...

Community Use Meetings

Parties Conferences

Sports

...at great rates.





Summer '16 Activities

	Organisation	Activity	Time	Contact
Monday	familyspace [†]	Time Out for Mums (Term Time - Contact for Info)	10am - 12pm	01242 580812 timeout@familyspace.org.uk
		F.C. Lakeside Under 9's Football	6 - 7pm	07985 349084 andrewpuddy@yahoo.com
Tuesday	GC gloscestershire college	Student Sports (Term Time)	12 - 1pm	07920 018067 paul.hewitt@gloscol.ac.uk
	Chelbenham Storough Homes https://doi.org/10.100/10.0000000000000000000000000000	Kids Club (Term Time)	3:30 - 4:30pm	01242 264308 ellen.pollicott@cheltborohomes.org
	CO ZVMBA	Exercise Class	6:15—7:15pm	07590 017496 charlazumba@gmail.com
Wednesday	Zest for Life	Balance and Exercise for the Less Mobile	10:30 - 11:30am	07817 851214 zest.forlife@yahoo.co.uk
	Chelteritans Borough Homes Patrop or customed terral plantage at	Oasis Ability Hub	1:30 - 4pm	01242 774783 karen.lowden@cheltborohomes.org
	S STAN	Wacky Wednesday Youth Activities (Term Time)	4:30 - 6pm	01242 524408 office@cheltenhamyfc.co.uk
	2000	Youth Activities (Term Time)	6:30 - 8pm	07557 405675 admin@gloucestershiremas.co.uk
Thursday	familyspace*	Stay and Play Drop In (Term Time)	10am - 12pm	01242 580812 stayandplay@familyspace.org.uk
	GC gloucestershire college	Student Sports (Term Time)	12:15 - 1.45pm,	07920 018 067 paul.hewitt@gloscol.ac.uk
	C clubbercise	Exercise Class	6 - 7pm	07896 786135 cjjackos@yahoo.co.uk
	3 ZVMBA	Exercise Class	7:15 - 8pm	07896 786135 cjjackos@yahoo.co.uk
Friday	STAN	Coffee Shop & familyspace† Drop In	10am - 12pm	01242 528567 aidanandsilas@thevonsmiths.co.uk
		Community Cinema/Bistro Night	Contact for info	
Saturday	familyspace [†]	Cheltenham Child Contact Centre	1 - 3pm	01242 580812 cheltenhamcontact@familyspace.org.uk
Sunday	SIM	Family Service, Parish Tea Service (5th Sunday Only)	10:30am, 4pm	01242 528567 aidanandsilas@thevonsmiths.co.uk
	& State St Mark	Grid Youth Group (West Cheltenham Team)	7 - 8:30pm	Oasis / WCTM Office

A West Cheltenham Team Ministry



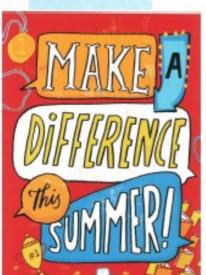
In Partnership with...





Gloucester







HESTERS WAY LIBRARY

Help children do the

Summer Reading Challenge 2016

To discover the pleasure of reading



- ★ Improve your communications skills ★
- * Meet new people *
- * Get experience for your CV *
- * Make a difference to a child's future*

Great for Duke of Edinburgh, ASDAN or personal statement

Apply online or pop in to see Joe at Hesters Way Library Tuesday or Friday afternoon

www.gloucestershire.gov.uk/libraries/volunteers

Sign up on the national website http://readinghack.org.uk/





READING

The Library



www.hwnp.org / facebook and twitter @hesterswaynp Tel: 01242 521319

Can you help us?

VOLUNTEERS NEEDED IN OUR NEIGHBOURHOOD

Must be honest, reliable, and willing to work

CHARITY SHOP

Call Christine or Maureen on 01242 252325 or just pop in for a chat!



Why not pop in and join us

every Monday 10-1pm at

The Living Room
Rowanfield Exchange

£2.00 per session (sorry no children)

THE LIVING ROOM @ Rowanfield Exchange

The Living Room is run by Hesters Way Neighbourhood Project and a team of dedicated volunteers and offers a range of activities for local people.

To start up a new group or to book please ring 01242 521319 (8am to 6pm, Mon to Fri)

The Living Room, 12 Devon Avenue, Rowanfield, GL51 8AG, 01242 263420

MONDAY Crazy Crafter 10am to 1pm, Open Session, 1 to 3pm, Family Time 3.30

to 6pm

TUESDAY Parent / carer and Toddler Group 1 to 3pm

WEDNESDAY IT Drop-In 10am to 12.30, Open Session and Garden Project 1 to

4.30pm

THURSDAY Open session 1 to 4.30 pm

FRIDAY Open Session 1 to 4.30pm, Going for a Song (fortnightly) 4 to 6pm,

Crafty Crafters (fortnightly) 10.30am to 1.30pm (sorry, no children)



Need help with computers?

Then come along to

"FREE" IT DROP-IN CLASS

Learn

- Keyboard basics
- Mouse basics
- Using emails
- Online searches
- Using public services
- Social media and Skype
- Look for jobs and pay bills online



Our skilled and friendly volunteers would love to help you.

Wednesday 1.30 pm - 4pm Thursday 10am - 12.30pm

In the DIGI DEN at Hesters Way
Community Resource Centre GL51 7SU

01242 521319 www.hwnp.org



BARGAINS GALORE! Save money Help to recycle Raise funds to support local projects



16 to 18 HESTERS WAY ROAD (Next to the Co-Op and Post Office)

We stock - nearly new CLOTHING, SHOES, BRIC a BRAC, TOYS, BOOKS, etc

Come and visit our Aladdin's cave of surprises.







Tel: 252325

Open Monday to Friday 9:00 - 3:00



Summer Fair 2016

Saturday 30th July 11-2pm Springbank Community Centre

FUN ACTIVITIES & ENTERTAINMENT



FREE ENTRY AND

RAFFLE

CHARITY STALLS



BOUNCY CASTLE

FACE-PAINTING

FIRE ENGINE

TOMBOLA



AND MUCH MORE.....

HESTERS WAY Neighbourhood Project

... run by local people for local people ...



MIDSUMMER FIESTA

SATURDAY 2ND JULY

MONTPELLIER GARDENS: 12 til 9pm



MUSIC & DANCE / MARKETPLACE / FAMILY FUN / SPORTS / FOOD / BAR













