# HELP INTERNATIONAL SCHOOL

Vita ad plenitudinem



# A Rich History of Academic Excellence

In the past 30 years, the HELP Education Group has helped students attain success and meaning in life by providing them a world-class education. Hundreds of our graduates have secured scholarships at world-class universities like Oxford, Cambridge, Harvard, MIT, Princeton, Chicago, UCLA, University College London, Imperial College (London), London School of Economics, Nottingham UK and the Australian National University.

HELP International School (HIS) continues this fine tradition of excellence and has quickly established itself as one of the fastest growing international schools in Malaysia with:



Over 1,200 students



Over 150 experienced teachers from all over the world



**World-class facilities** in a purpose-built campus just 30 minutes from the KL city centre



A holistic and all-rounded education model combining the best of **Western and Eastern** values



**A research-led education programme** supported by HELP University's Faculty of Education and Languages and the Faculty of Behavioural Science with its world-renowned Psychology Department



FEATURED SCHOOL FOR

(INTERNATIONAL

PRIMARY CURRICULUM)



REGISTERED CENTRE AS A
CAMBRIDGE
SCHOOL
OFFERING THE IGCSE



5-STAR RATING
(HIGHEST RATING) BY THE
MINISTRY OF EDUCATION,
MALAYSIA, UNDER THE SKIPS
(PRIVATE EDUCATION INSTITUTIONS'
STANDARD QUALITY EVALUATION)



PPROVED PROVIDER OF
THE DUKE OF
EDINBURGH'S



COMMITMENT
TO INNOVATION IN
EDUCATION AND
LEADERSHIP THROUGH OUR
APPLE PARTNERSHIP



A school that helps your child celebrate "Life in All Its Fullness"

# Vita ad plenitudinem

The school motto translates from Latin as "Life in All Its Fullness". It reflects our mission to help students succeed in life and live a life of significance. This means enjoying a FULL school life which will prepare them to live FULL and significant lives as adults.

The raintree symbolises the fullness and abundance of life we celebrate as a school.

The circle surrounding the raintree symbolises the globe and reflects our commitment to adopting a global perspective of education, uniting the best of East and West.



**Benevolence** (Attitude of Kindness)

Perfect virtue (Honesty/Integrity)

**Good Human Being)** 

The branches of the tree are shaped to resemble the Chinese character "仁", which is a highly significant and meaningful character in both the Chinese language and culture. It refers to the virtues of "benevolence", "goodness", "kindness" and "integrity". This reinforces our belief that to be a complete person and to live a full life, we need to serve others.

2



We want our students to enjoy their childhood. It is a precious time in their lives and we will help them celebrate it at HIS.



t HIS, our children are given opportunities to learn new skills and are

exposed to a wide range of



# HIS Leadership



#### Principal Davina McCarthy

BA English & History of Art (University College London), Postgraduate Certificate in Education (Institute of Education, London), Threshold Status UPS1, Middle Leaders Programme (Queens Park Community School, London). Threshold Status UPS2. Advanced Skills Teacher Status (Convent of Jesus and Mary, London), SSAT Lead Practitioner, GISA Coordinator, Chartered Teacher Status (Capital City Academy, London), New Headteachers Programme Cohort D (Specialist Schools and Academies Trust, UK), National Professional Qualification for Headship (National College for Leadership, UK)

Davina has over twenty years of experience in education in both Britain and international schools around the world. She has been an examiner for English and involved in teachers' training throughout her career.

Davina was the Head of Primary at an international school in the Middle East and was also the Executive Head for 3 schools undergoing educational reform. She has actively implemented programmes which promote student-centred. personalised and connected learning. She has led many schools in developing curricula that define future directions and implemented significant changes to educational structures, processes and beliefs about young people and

Davina was instrumental in setting up HELP International School and was the Deputy Principal and Head of Primary during HIS' first year of operation.



#### **Deputy Principal** Mark Jones

BA (Hons) Sport Studies & Biomedicine (University of Wolverhampton, UK), Postgraduate Certificate in Education, Secondary in Physical Education and Science (De Montfort University, UK), Duke of Edinburgh, Sports Coaching - Instructor and Assessor

Mark has over 17 years of teaching and leadership experience in the education field, within a wide variety of contrasting environments ranging from state and private schools to international and boarding schools in places like the U.K., Kuwait, Switzerland and New Zealand.

Prior to joining HIS, he was the Deputy Principal in an international school in Seychelles. As an avid sportsman himself, Mark has taken many sports and coaching courses and has led major sports tours and expeditions to India, Barbados, Italy, Germany, Austria and the UK.



At HELP International School, we have a dynamic combination of the best traditions of British education and the strong family and community ethos that are so important

Our mission is to "help people succeed in life and to live a life of significance through education". Our motto, "Vita ad Plenitudinem", translated as "Life in all its Fullness" is all about engaging with the possibilities, developing relationships, building character and learning to meet challenges, both as individuals and as members of a thriving and vital community.

Our core values reflect a desire to prepare students for a fulfilling life in this fast evolving world. In the same spirit that we look to the past for the leadership which inspires our class names, we aspire to nurture leaders for the future – a generation of internationally minded and technologically aware global citizens who retain the core values of our community.

We have brought together a team of dedicated teachers and administrators whose professionalism and commitment to our educational values is one of our true strengths. We continue to draw in talented educators from all around the world and we are dedicated to ensuring that their professional development continues and that they grow with us. I invite you to join us and become part of a dynamic community.

**Davina McCarthy** Principal of HELP International School



#### **Board of Governors**

#### 01 Datin Chan-Low Kam Yoke

Datin Chan-Low Kam Yoke is the Chairperson and Group Chief Executive Officer of HELP International Corporation (HIC). In 2005, she was appointed Officier de l'Ordre National du Mérite by President Jacques Chirac of France for her contribution to the development of educational and cultural collaboration between France and Malaysia. She was conferred an Honorary Doctorate by the University of Queensland, Australia and was also named the Ernst & Young Woman Entrepreneur of the Year 2011. She graduated with a Bachelor of Arts (Honours) in History and Geography, a Diploma in Education and Master in Economics from the University of Malaya.

#### **03** Dr Khong Kim Hoong

Dr Khong Kim Hoong is the Deputy Vice-Chancellor (Academic) of HELP University. He graduated from the University of Malaya, won a Ford Foundation Fellowship, and completed his PhD in Political Science at the University of Pittsburgh. He taught at the University of Malaya and has held Visiting Fellowships at Ohio University, University of Sydney and the Institute of Southeast Asian Studies (Singapore).

#### 05 Mr Adam Chan Eu-Khin

Mr Adam Chan is the Executive Director of HELP International Corporation (HIC). He holds a Bachelor of Arts degree from the University of Adelaide and a Masters of Arts in Corporate Communications from the University of South Australia. Recently, Adam led the group's investment into Swiss-based online knowledge provider Bridge 2 Think AG. He was also instrumental in initiating "Project Self-Help" which is an effort to train 20,000 refugee youths living in Malaysia.

#### 02 Dr Goh Chee Leong

Dr Goh Chee Leong currently serves as the CEO of HELP International School, as well as the Dean of the Faculty of Behavioural Science at HELP University. He obtained his PhD in Psychology from the University of Otago in New Zealand. He was the President of the ASEAN Regional Union of Psychological Societies (ARUPS) and is President of the Malaysian Psychological Association (PSIMA). He has also served as the project leader for several UNICEF interventions in Malaysia.

#### 04 Professor Dato' Dr Zakaria Ahmad

Prof Dato' Dr Zakaria Ahmad is the Deputy Vice-Chancellor (Research) of HELP University. He received his BSocial Sciences (Hons) from the University of Singapore, his MA from McMaster University and his PhD from the Massachusetts Institute of Technology (MIT). He served in the Ministry of Foreign Affairs and has held the Tun Razak Chair at Ohio University. He is now serving his third term as a Vice-President of the Olympic Council of Malaysia.

#### 06 Dr D Gerard Louis

Dr Gerard Louis joined the Board of Governors in January 2015 after his 2-year stint as the Founding Principal of HELP International School, Dr Gerard has been involved in the field of education for over 25 years, spending many years involved at the senior management level of both public and private schools. During his 12 years with HELP University, he lectured in courses in counselling and psychology and was the director of CAREERsense@HELP. He obtained his doctorate in counselling psychology at De la Salle University, Manila.



As a testimony to our level of commitment, ownership and investment in this school, the children and grandchildren of our Board members, Vice-Chancellor, CEO and school leadership team are all enrolled at HIS. My own two children have been in this school since its inception. This is an extraordinary statement of trust in our school and an assurance to all parents that we will always ensure the quality of education here at HIS.

**Dr Goh Chee Leong** CEO of HELP **Education Services** HELP International School







In developing The Complete Person, HIS adopts these 8 masteries:



# EMOTIONAL

Developing high EQ (Emotional Intelligence) to understand and manage emotions including stress and anger



# **OSOCIAL**

Developing people skills that enable effective communication and positive relationships with people



# **11** LEADERSHIP

Developing the ability to lead by example and with purpose, asserting a positive and magnetic influence over self and others



# **MORAL**

Developing a strong sense of personal and community values including compassion, respect and integrity



Developing the ability to think creatively and innovatively, while learning to appreciate the beauty of art and culture

# **©** CAREER

Developing a meaningful career pathway based on an understanding of their talent, interests and life goals















• IEYC (International Early Years Curriculum)

HIS adopts the International Early Years Curriculum (IEYC). The IEYC has a focus on the best practices in Early Childhood education and developmental needs. Learning is holistic. It is both enquiry-based and play-based. IEYC covers all six areas of the foundation stage.

#### Levels

Preschool 1 (4-5 years old) Preschool 2 (5-6 years old)

#### Learning areas of the foundation stage:

- Social and emotional development (personal learning goals)
- Communication, language and literacy (including English, Mandarin and Bahasa Malaysia)
- Problem solving, reasoning and numeracy
- Knowledge and understanding of the world (international mindedness)
- Physical development
- Creative development (dance, drama, music and art)

<sup>\*</sup> Maximum 25 students per class



- British Curriculum
- International Primary Curriculum (IPC)









Active learning happens best when students are engaged with the topic. With this purpose in mind, HIS adopts the International Primary Curriculum (IPC) which ensures rigorous and participative learning using a comprehensive and thematic approach.

As one of UK's fastest growing curriculum, IPC is currently practised in over 90 countries and used by over 1,600 schools. Learning with IPC takes a global approach, embedded with a clear process of learning which covers 3 main goals - academic, personal and international-mindedness. The themes are chosen to cater to the needs of the child's interest and age group, ensuring a balance in subjects and learning styles.

#### Levels

#### Key Stage 1:

Year 1 (6-7 years old) Year 2 (7-8 years old)

Year 3 (8-9 years old)

#### Key Stage 2:

Year 4 (9-10 years old) Year 5 (10-11 years old) Year 6 (11-12 years old)



#### Subjects taught:

- English
- Mathematics (complemented with Singapore syllabus)
- Science
- Mandarin (for all students)
- Bahasa Malaysia (compulsory for Malaysian students)
- Modern Foreign Languages: Spanish (from Year 4 onwards)
- IPC which covers History, Geography, ICT, Art, Design Technology, Physica Education, Society and International Mindedness
- Performing Arts: Dance, Drama, Music
- \* Maximum 25 students per class
- Year 6 students sit for the Cambridge Checkpoint tests for English,
   Maths and Science
- \* Students require individual iPads from Year 3 onwards

Please check with the administrative team for iPad options/packages.









# Secondary

- British Curriculum
- International Middle Years Curriculum (IMYC)
- International General Certificate of Secondary Education (IGCSE) with Cambridge International Examinations (CIE)

The Secondary School Curriculum is based on the UK National Curriculum. We are also using the International Middle Years Curriculum for lower secondary. The curriculum offered in upper secondary builds on the skills, knowledge and understanding gained in the lower years.

#### Levels

#### Lower Secondary - Key Stage 3:

Year 7 (12-13 years old) • Year 8 (13-14 years old) • Year 9 (14-15 years old)

#### Subjects taught:

- English
- Mathematics
- Science
- Humanities History and Geography
- Art
- Design and Technology
- Physical Education/Sports
- Performing Arts: Dance, Drama, Music

- Mandarin (for all students)
- Bahasa Malaysia (compulsory for Malaysian students)
- Modern Foreign Languages: Spanish/French
- PSHE (Physical, Social and Health Education)
- ICT (Information and Communication Technology)
- Digital Citizenship
- Career Development
- Islamic Studies (for Muslim students only)
- \* Maximum 25 students per class
- \* Year 9 students sit for the Cambridge Checkpoint tests for English, Maths and Science
- \* Students require individual iPads

Please check with the administrative team for iPad options/packages.

#### Levels

#### Upper Secondary - Key Stage 4:

Year 10 (15-16 years old) • Year 11 (16-17 years old)

#### Core subjects (compulsory for all students)

- English Language
- English Literature
- Mathematics
- Bahasa Malaysia (compulsory for Malaysian students)

#### Options:

- Additional Mathematics
- Physics
- Chemistry
- Biology
- Coordinated Science
- Geography
- History
- Accounting
- Economics
- Business Studies

- ICT (Information and Communication Technology)
- Design and Technology
- Mandarin
- Spanish and French
- Art
- Drama
- Music
- Physical Education
- Islamiyat
- \* Maximum 25 students per class
- \* Students will have the opportunity to gain at least 9 IGCSE certificates
- \* Students require individual iPads

Please check with the administrative team for options/packages.





Cambridge International Examinations (CIE)

HIS Asian Scholars A-Levels Leadership Programme seeks to develop an all-rounded leader in our A-Levels students. The Programme gives our students the opportunity not only to excel academically but also to develop personal leadership through their service to the school and the community at large.

- · Minimum 3 subjects
- Maximum 4 subjects

#### Options:

- Mathematics
- Further Mathematics
- Biology
- Chemistry
- Physics

- Accounting
- Economics
- English Literature
- Geography
- History
- \* Entry Requirement: 5 credits for IGCSE, SPM or equivalent
- \* Students require individual iPads Please check with the administrative team for options/packages.
- \* Bursaries and scholarships are available to students who have completed their IGCSE programme or equivalent



# ICT & Computing

"Technology can become the 'wings that will allow the educational world to

~Jenny Arledge (Technology educationist)

Students are exposed to computational thinking and problem solving from an early age at HIS. They learn how to programme using block-based programming linked to a range of robotics and gadgets. They are exposed to programming languages and scripts like Swift and HTML. Students are able to explore and develop a range of digital skills to support their learning across the curriculum and are encouraged to be digitally creative through design, image manipulation, video and audio production etc. Through our digital citizenship programme, all students are taught the essentials of staying safe online and how to use technology responsibly.

### Learning Technology

HIS is a 1:1 iPad school with students in Year 3 upwards using their own device. Driven by pedagogy and innovation in learning and teaching, our Learning Technologies programme is led by a team of coaches who work closely with Apple to provide our students and staff with the best learning opportunities to promote innovative classroom practice.











"One language sets you in a corridor for life. Two languages open every door along the way."

~ Frank Smith

We are preparing our students to be global citizens and they will be trained to master a minimum of 4 languages in our school.

Our calculation is simple—by mastering English, Mandarin, Bahasa Malaysia, Spanish or French, our students will be able to work and conduct business with over 70% of the world's population.

We are proud of our students who emerged national champions for 2016 in their first participation in the World Scholar's Cup. Amongst others, this highly competitive event tests the skills of

debating and collaborative writing. The winning team from HIS represented Malaysia in a global challenge, competing with schools from over 50 countries, and qualified for the annual Tournament of Champions, hosted by Yale University.

# Inspiring the Love of Reading

The school library is designed like a children's bookshop, bright, warm, welcoming and comfortable, with over 15,000 hardcopy books supplemented with an extensive online library. Our mission is to build a strong reading habit among our students.



















"Science is not only a disciple of reason but, also, one of romance and passion."

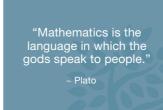
~ Stephen Hawking

We inspire our students to see science as an act of discovery and adventure.

From a young age, children are taught to see the relevance of science to our everyday lives and to apply scientific thought to understand the world around us.

In our six state-of-the-art science labs, students are given the opportunity to conduct experiments, observe and then form logical and critical interpretations of the data. Inquiry, logic, open mindedness, critical analysis; these are the building blocks for the future Einsteins and Hawkings of this world.





We believe that Mathematics is one of the most powerful and effective ways to teach problem solving skills to students.

Mathematics is less about memorising formulas and more about logic and reasoning which are an integral part of higher order thinking skills (HOTS).

We chose the Singapore Mathematics curriculum for primary school because it is ranked the strongest in the world and forms the perfect foundation for the IGCSE Mathematics curriculum at the secondary level.











# Design & Technology

"Creativity is intelligence having fun!"

The design and technology programme challenges our students to be innovative and creative. More than just learning a skill, students are taught to think about the process of design— from research market trends and consumer patterns, to considering ergonomic and aesthetics, and finally designing and constructing.

"Art washes away from the soul the dust of everyday life."

As part of their development into refined and cultured ladies and gentlemen, our students are taught how to appreciate the beauty of art and how to be artistic themselves. They are taught how to understand perspective and symbolisms and be exposed to art from different times from the Renaissance to post-modern art.

They will learn to appreciate the link between art and culture and will get a chance to try their hand at activities like abstract art and creating meaningful collages. In Art, the mind is freed to venture into creative areas yet explored.





















# Sports & Physical Education (PE)

"citius, altius, fortius .... faster, higher, stronger" ~ Olympic motto In our sports and PE programme, students are exposed to different types of sports activities every year so that every student will find a sport that fits his/her talent and interest.

Our team of sports/PE teachers, all of whom are experienced and qualified coaches, help provide all our students a high level of skill coaching that in most schools, is reserved for only competitive teams.

Sports not only encourages physical strength and health, but also helps students cultivate other important virtues like discipline, resilience, perseverance, strength of will and *espirit de corp*. More than anything, sports encourages our students to continually challenge their limits and reach for greater heights.

We also take part actively in both the Selangor School Sports Council (MSSS) and Kuala Lumpur International School Sports League (KLISS). Whether the matches are competitive or friendly, they provide excellent opportunities for our students to showcase their physical fitness and competitive spirit.









# Performing Arts

"All the world's a stage, And all the men and women merely players..."

~ Shakespeare

Our performing arts programme builds confidence in our students and gives them the courage to express themselves through drama and music. All students from Preschool to Year 9 take drama and music lessons as part of their regular curriculum.













"Study the past if you would define the future." 
~ Confucius

For our students to be truly global citizens they need to understand the world. Geography and History help students perceive and appreciate the natural world as well as the different societies, cultures and economies that populate each part of the globe.







Medieval castles and forts built by students for History





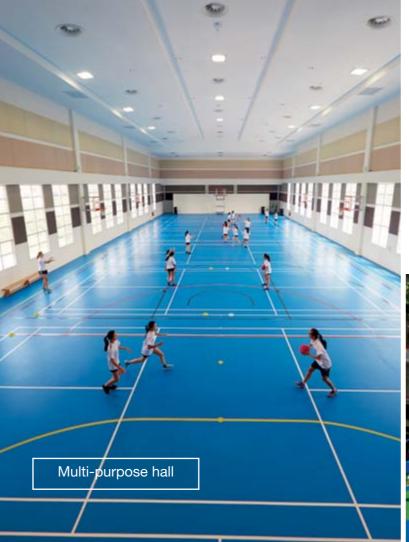














We have built a school campus that encapsulates our philosophy that "learning should be a joyful experience."

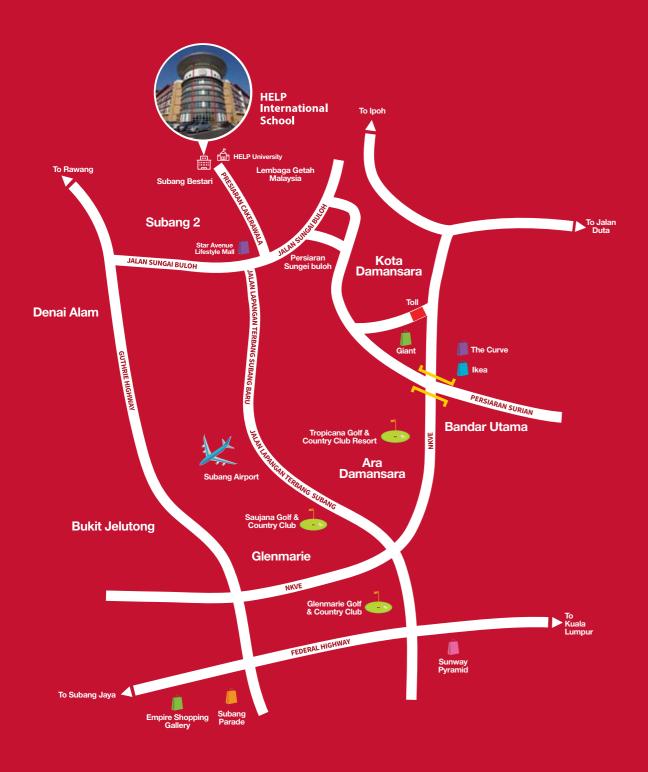
#### Our purpose-built campus includes:

- a multi-purpose hall that caters for indoor sports like badminton, basketball, futsal, netball, trampolining and volleyball
- a large library suited for both younger and older students with a story-telling corner and large reading areas
- design and technology facilities: graphic design lab, resistant materials lab, textile lab and cookery lab
- a café for parents, teachers and senior students serving freshly brewed coffee
- a deli-style canteen serving alfresco meals overlooking a green courtyard
- a black-circle performance arts theatre with in-built multimedia equipment
- a full-sized, competition-standard football field with natural turf

- three playgrounds for preschool and primary school students
- two large music rooms and 4 small practice rooms
- three art studios and two dance studios
- six state-of-the-art science labs
- two ICT labs
- a sheltered swimming pool
- a gym and weights room
- a tennis court
- an amphitheatre for outdoor performance and classes
- a small-sized football field with artificial turf







## Contact us





**Tel:** 603-7809 7000

www.his.edu.my

Facebook:
HELPInternationalSchool

HELP Education Services Sdn Bhd (802643-A) HELP International School (BUBH010)

No. 2, Persiaran Cakerawala, Seksyen U4, Subang Bestari, 40150 Shah Alam, Selangor Darul Ehsan, Malaysia



www.his.edu.my