

## **Expedition Medicine & Field Skills, Chamonix 17<sup>th</sup> – 21<sup>st</sup> June 2019**

### **TEACHING TEAM**

**Dr Harvey Pynn** MA FRCEM DMM (UIAA) DMCC DTM&H DipIMC, WMT Medical Director  
Harvey is a Consultant in Emergency Medicine at Bristol Royal Infirmary and an Honorary Consultant and clinical governance lead in Pre-Hospital Emergency Care with Great Western Air Ambulance. He has undertaken several operational tours across the world whilst serving in the Armed Forces. Harvey has completed more than 10 expeditions worldwide – mainly in mountain and jungle areas (both as leader and doctor). He holds the Mountain Leader award and is an ALS, APLS and MOET Instructor. Harvey has interests in trauma, environmental and tropical medicine and has completed the diplomas in mountain medicine, medical care of catastrophes and the diploma in tropical medicine in London. Amongst his many publications Harvey recently authored a guideline for expedition medicine paper with the Faculty of Pre-hospital care at the Royal College of Surgeons of Edinburgh. He is a contributing author to the 2nd Ed of the Oxford Handbook in Expedition and Wilderness medicine. Harvey medically advises Nord Anglia education in their international outdoor education programme. He is the educational supervisor for several expedition medicine clinical fellows in Bristol and supervises a popular SSM for Bristol medical students learning about wilderness medicine. On the expedition front, in April 2010 Harvey completed the gruelling Marathon de Sables in Morocco for the charity Mencap and more recently took part in a medical research expedition to the Cordillera Real of the Bolivian Andes. Harvey was appointed WMT Medical Director in August 2013 after 10 years of teaching, developing and directing WMT courses. (April '18)

#### **Barry Roberts** BSc BEd, WMT Commercial Director

Baz has maintained a long-standing interest in adventure and wilderness medicine since ski patrolling, climbing and leading canoe expeditions in Canada starting at age 15. As a co-founder of WMT he has developed, managed and instructed on WMT courses for 27 years. He was a Director of Raleigh International and has 40+ diverse international expeditions under his belt, mostly as the leader, and mainly to the mountains in East Africa, India, Nepal, Pakistan, Tibet and Greenland. He is an advanced diver, paraglider pilot, skydiver (now retired), a qualified Day Skipper, ski instructor and ski mountaineer. He is the co-author of *Staying Alive Off-piste*, a contributing author to the OUP expedition medicine handbook (3 chapters) and author of many adventure magazine features. From '04 to '08 he was an ambassador for The North Face. Expedition highlights include taking young cancer survivors to climb Mt. Kenya, attempting Everest and guiding the first winter ascent of the highest mountain in the Arctic (Gunnsbjornsfjeld in Greenland) from which he paraglided off.

#### **Luc Bellon** IFMGA Mountain Guide

Luc is French and an internationally qualified high mountain guide and ski instructor with an extensive background in mountain rescue as a former mountain policeman with the PGHM. He has worked extensively with Barry Roberts running ski courses and corporate events in Chamonix and he has supported WMT's Chamonix courses in summer and winter for the past 8 years.

### **Carron Scrimgeour** EM Consultant, Sallanche

Carron has a French mother and a British father and was schooled bilingually in Paris. He studied medicine at Edinburgh Medical School and was a house officer in Falkirk. Between 2002-2004 he studied emergency medicine in France, initially in Moutiers, working mountain rescue from the Courchevel base. From 2004 onwards he worked in Chamonix/Sallanches emergency medicine, progressing to consultant level in 2010. Between 2006 and 2012 he was a member of the esteemed PGHM (Peloton de Gendarmerie de Haute Montagne), the full-time mountain rescue team in Chamonix and was awarded the "Medal of Mountain rescue" in 2009. A keen climber, biker and skier, Carron has been on the ski-mountaineering circuit for the last 10 years and completed all the major races. He has been competing for the UK since 2006 and was/is the 2012 and 2014 Great Britain champion.

### **Dr Alex Taylor** MBChB DTM&H IDEWM

Alex is a Clinical Fellow in Emergency Medicine and Expedition Medicine at Bristol Royal infirmary. She has interests in global health, expedition and travel medicine. She completed the Diploma in Tropical Medicine and Hygiene in 2015 and the International Diploma in Expedition and Wilderness Medicine in 2018. She is currently working towards a Masters in Global Health and Remote Healthcare. Alex teaches on a popular Wilderness Medicine SSC in Bristol.

Alex has travelled extensively, with recent expeditions to Kilimanjaro, Ghana, Fiji and Indonesia, medical electives to LaDakh and Tanzania, and pending trips to the Amazon and Great Wall of China. In 2016 she worked in New Zealand for 18 months.

She has a passion for the outdoors and holds Summer Mountain Leader, Advanced PADI, and Competent Crew qualifications. She is an aspiring ski tourer and climber.

### **Nigel Williams** MIC/IML

Since 1997 Nigel has been Head of Training / Deputy Principal at the Scottish National Outdoor Centre, Glenmore Lodge from which he recently retired. During his first career in the army he spent many years based in Norway teaching mountaineering and cross-country skiing. He commanded the remote sub Antarctic Island of South Georgia just after the Falkland war and took part in five major Himalayan expeditions including two to Everest where he reached 8000m on four occasions without oxygen. He likes the Arctic and cold climates having spent more than 365 nights of his life snow holing! Since leaving the military in 1993 Nigel has worked in outdoor education and enjoyed further expeditions in the Himalayas, Alaska, Morocco and Greenland including a 26-day crossing of the Ice cap following Nansens' original 1888 route. Nigel's outdoor qualifications include the Mountaineering Instructors Certificate (MIC), International Mountain Leader (IML), BASI Nordic ski instructor and Level 3 orienteering coach. He recently published his first book; **Teaching Navigation**. Nigel is a long-time contributor to this course and the WMT Morocco expedition. (April '18)

