



**LINCS & NOTTS  
AIR AMBULANCE**  
SAVING LIVES EVERYDAY

# SKY SHOUT

WINTER 2016



**THE OFFICIAL MAGAZINE** OF THE LINCOLNSHIRE AND NOTTINGHAMSHIRE AIR AMBULANCE

**SEE SOME FABULOUS  
FUNDRAISERS**

**DISCOVER OUR  
NEW HELICOPTER**

**VIEW OUR YEAR  
IN NUMBERS**

# WHAT'S ON...

**THROUGHOUT THE YEAR PEOPLE ACROSS LINCOLNSHIRE AND NOTTINGHAMSHIRE CHOOSE TO HOLD EVENTS TO RAISE MONEY FOR US. HERE ARE JUST SOME OF THOSE EVENTS TAKING PLACE OVER THE NEXT TWO MONTHS.**

## NOVEMBER 2016

### LIVE MUSIC NIGHT

Music from The Resonance, The Vibe Co and Kid Conventional  
**Saturday 12th**  
The Warehouse,  
Freeman Street, Grimsby  
Doors open 8pm

### NEWARK VINTAGE TRACTOR & HERITAGE SHOW

**Saturday 12th & Sunday 13th**  
Newark Showground  
Starts at 9am both days

### LEASINGHAM CHRISTMAS CRAFT & GIFT FAYRE

**Saturday 12th**  
Leasingham Village Hall

### COLLECTION AT MATALAN

**Saturday 19th & Sunday 20th**  
Sutton - 10am-4pm

### CROPTECH SHOW

East of England Showground  
**Tuesday 19th & Wednesday 20th**  
Starting at 7.30am both days

### NAACA QUIZ NIGHT

**Friday 25th**  
John Fretwell Sporting Complex, Sookholme  
Doors open 7pm

### NEWARK CHRISTMAS MARKET AND LIGHTS SWITCH ON

**Sunday 27th Newark**

### RETFORD CHRISTMAS MARKET AND LIGHTS SWITCH ON

**Sunday 27th Retford**

### RICHARD HERROD CHRISTMAS MARKET, CARLTON

**Sunday 27th Carlton**

## DECEMBER 2016

### CLIFTON CHRISTMAS LIGHT SWITCH ON

**Friday 2nd Clifton**

### BINGHAM CHRISTMAS FAIR

**Friday 2nd Bingham**

### HOLBEACH

### CHRISTMAS MARKET

**Sunday 4th,**  
Holbeach, High Street

### HEIGHTON

### CHRISTMAS MARKET

**Sunday 4th, Heighnton**

### WOODHALL SPA

### CHRISTMAS MARKET

**Friday 9th**

The Broadway, Woodhall Spa

### COLLECTION AT TOYS R US

**Saturday 10th**

Victoria Centre, Nottingham

### LINCOLN SANTA FUN RUN

Join our Air Ambulance team in this great fundraising event

**Sunday 11th - 11.30am**

[www.lincolnsantafunrun.co.uk](http://www.lincolnsantafunrun.co.uk)

**OUR TEAMS WILL BE OUT AND ABOUT AT VARIOUS CHRISTMAS MARKETS AND FAIRS THIS YEAR. WHY NOT PAY US A VISIT AND SAY HELLO?**



For more information on any of these events, please call 01522 548469



**LINCS & NOTTS  
AIR AMBULANCE**  
SAVING LIVES EVERYDAY

 @LNAACT

 [facebook.com/Ambucopter](https://www.facebook.com/Ambucopter)

**AMBUOPTER.ORG.UK**

# DEAR SUPPORTER

The past year has been an exciting one for the Lincolnshire & Nottinghamshire Air Ambulance. There have been many highlights since I first took up post as Chief Executive Officer in January, some of which you can read about in this new-look edition of Sky Shout. Inside you will find lots of information on the Lincs & Notts Air Ambulance, plus the work of our volunteers and supporters, information about what we've been doing, as well as focussing on some of the fantastic fundraising events that have taken place in recent months.

2016 is a very exciting year for the Charity as we finally take delivery of our brand new, top of the range AgustaWestland 169 helicopter. This helicopter is bigger, faster, has greater endurance than our current Ambucopter and will allow the medical crew 360-degree access to a patient in flight. Our new helicopter arrived in the UK at the beginning of October and is currently undergoing its medical fit - we hope to see it operational and based at RAF Waddington by the end of the year. More information on this can be found on page 6.

Finally, I want to thank each and every one of our supporters. No matter what you do to help support the Charity, every penny you raise, every hour of time that you give, it all goes towards raising the vital funds we need to keep our Ambucopter in the sky. With the introduction of our new helicopter, our costs will undoubtedly increase making your efforts even more important and vital to us. Together we can ensure that Lincolnshire and Nottinghamshire continue to have a first class Helicopter Emergency Medical Service for many years to come. You can see some fabulous fundraising efforts on pages 12-13.

I do hope you enjoy reading this edition of Sky Shout. Best wishes,



Karen Jobling  
Chief Executive Officer

## CONTACT US

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@LNAACT

facebook.com/Ambucopter

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# OUR YEAR IN NUMBERS

(2015-2016 FINANCIAL YEAR)

**OUR FANTASTIC  
PERSONNEL**



**2  
PILOTS**



**300+  
VOLUNTEERS**



**11  
DOCTORS**



**28  
STAFF**



**5  
PARAMEDICS**



**SHOPS**

**LOTTERY PLAYS  
EVERY WEEK**

**40,000**



**391.5 HOURS IN THE AIR**

**MISSIONS FLOWN**

**420**

**MALE  
PATIENTS**

THIS INCLUDES BOTH  
ADULTS AND CHILDREN



**158**

**FEMALE  
PATIENTS**

THIS INCLUDES BOTH  
ADULTS AND CHILDREN

# ONE THOUSAND MISSIONS EVERY YEAR

Every year our Ambucopter responds to around 1,000 emergency situations - or missions as we call them. There is no 'average' day and our pilots, paramedics and doctors never know what the next call will be, or even when it will come. One thing is for sure though, when that call comes, they will be ready to spring into action, run to the helicopter and be ready to take off in less than five minutes.

Due to the speed at which the Ambucopter can fly, patients are not always taken to their nearest hospital, instead they are taken to the best hospital to treat their injuries. In most cases we can get a

patient to the best hospital for their needs in under 20 minutes. So far this year we have taken the majority of patients to Queen's Medical Centre in Nottingham (36%), followed by Hull Royal Infirmary (24%), Lincoln County Hospital (19%) and Sheffield Northern General (9%) as well as others.

On average our Ambucopter attends three incidents a day, but this does vary. So far this year our crew has been called out more times on a Friday than any other day. More calls also come in between 3-4pm than any other time. Since January, our busiest month this year has been March!

## WHAT INCIDENTS HAVE WE RESPONDED TO SO FAR IN 2016?



Half of all falls we attend involve people falling more than 6ft



Horse riders account for over half of the leisure incidents we respond to followed by motor sports at 18%



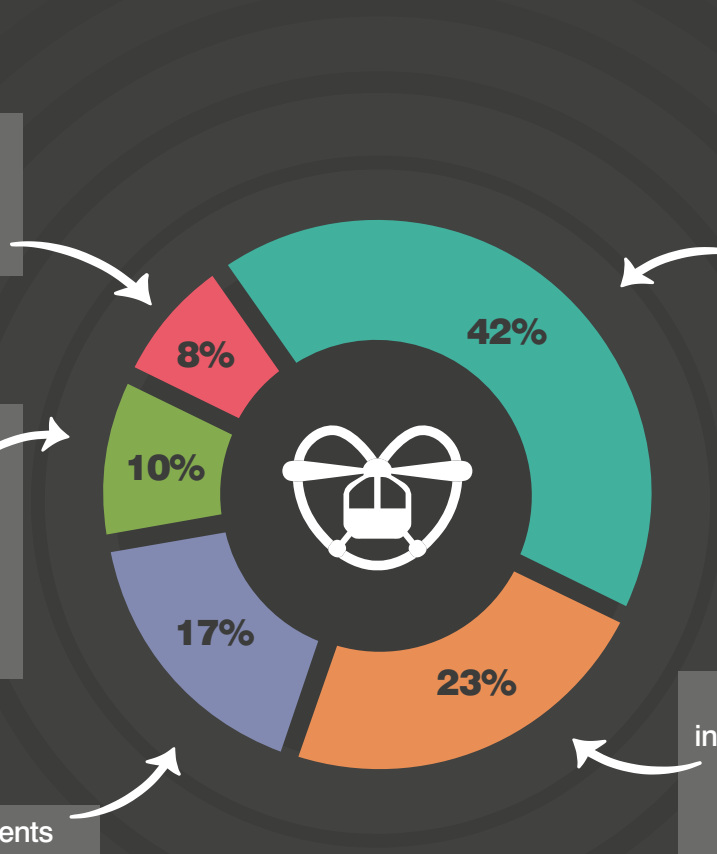
This includes incidents such as industrial, farming, DIY and assaults



Half of the calls to road traffic collisions involve us treating a car driver, 15% are motorcyclists, 11% pedestrians and 8% cyclists



Half of the medical incidents we attend are to people who have collapsed and 34% are to cardiac arrests



# NEW STATE-OF-THE-ART HELICOPTER ARRIVING SOON

After months of planning, our brand new AW169 Ambucopter is just weeks away from its journey to RAF Waddington in Lincolnshire where a purpose-built hangar is ready and waiting.

In July, Chief Executive Karen Jobling and Joint Chairman of the Board of Trustees, Jack O'Hern travelled to Vergiate in Italy to formally accept the AW169 from AgustaWestland. In October, it finally made its way to Staverton in the UK where it is currently undergoing a medial fit ready for action after comprehensive training by our crew.

The state-of-the-art AW169 will be the same emergency yellow as our current MD902 helicopter, but beyond the colour it is quite different.

**THE AW169 HAS A SIGNIFICANTLY LARGER CABIN AREA WHICH WILL GIVE OUR CRITICAL CARE TEAM 360° ACCESS TO THE PATIENT TO BE ABLE TO PROVIDE TIME-CRITICAL MEDICAL TREATMENT IN FLIGHT IF NEEDED.**

It is also faster, meaning we can reach patients, hospitals and major trauma centres more quickly. It can also fly further before it needs to be refuelled, which will allow us to deploy from one mission to the next without returning to base to refuel.

These improvements mean that we can offer an even better Critical Care service to people in Lincolnshire and Nottinghamshire in their greatest hour of need, helping to improve their outcome and chances of recovery significantly.

The helicopter will continue to use the call sign Helimed 29 Alpha when responding to medical emergencies. Its registration number is G-LNAC.

## AW169 HELICOPTER



CREW CAPACITY:	5
PATIENT CAPACITY:	1
ACCESS TO PATIENT (DEGREES):	360
MAX SPEED (MPH):	190
LENGTH (METRES):	14.6
AGE (IN YEARS):	0.5
ENDURANCE (MILES)	300

## MD902 HELICOPTER



CREW CAPACITY:	4
PATIENT CAPACITY:	1
ACCESS TO PATIENT (DEGREES):	180
MAX SPEED (MPH):	154
LENGTH (METRES):	12.37
AGE (IN YEARS):	6
ENDURANCE (MILES)	200

# “ I’M SURPRISED I SURVIVED - ALL I CAN SAY IS THANK YOU ”

**It was a day like any other when Ian Barrett, from Sleaford, decided to ride his motorbike on the A52. But that day, in April 2015, took an unexpected turn when his bike collided with two cars. He remembers clipping one car, losing control and then colliding head-on with a second car, a combined impact that he believes was around 100mph.**

Ian immediately lost consciousness and continued to slip in and out of consciousness in the middle of the road, struggling to breathe and trying in vain to loosen his clothing. Luckily a nurse was nearby. Along with other witnesses they stopped Ian from removing his helmet.

He had suffered traumatic injuries in the collision but unknown to him at the time, the Lincs & Notts Air Ambulance had been dispatched to the scene and would be there in less than 20 minutes.

Ian’s friend, Steve Goodwin, who had been riding with him that day said:

**“ ADRENALIN MUST HAVE TAKEN OVER IAN. HE KEPT SAYING: ‘MY FINGER HURTS’. IT WAS CLEAR TO EVERYONE ELSE THAT THERE WAS MUCH MORE DAMAGE THAN JUST AN INJURED FINGER. ”**

Ian had a punctured lung, his pelvis was broken in three places, his leg was broken, he had two cracked vertebrae, a ruptured urethra, ten broken ribs and internal bleeding.

Once the Lincs & Notts Air Ambulance paramedics had stabilised his condition, Ian remembers the crew comforting him, strapping him into the stretcher and the Ambucopter engines starting up. He was flown in a matter of minutes to Queen’s Medical Centre (QMC) in Nottingham where he received blood transfusions and was operated on.

After four and a half months, one and a half of which were spent in a wheelchair, Ian went back to work as an electrician. He said: “Every time I see the Lincs & Notts Air Ambulance charity box I put £5 into it. I really don’t know if I would have made it if it wasn’t for the Lincs & Notts Air Ambulance. Due to massive internal injuries I’m surprised I survived at all. That must be down to the speed with which the Lincs & Notts Air Ambulance got me to QMC. All I can say is thank you.”



**IAN BARRETT, RIGHT, WITH STEVE GOODWIN**



# RIDE TO SAVE LIVES!



Bisley the Biker

More than 150 bikers and marshals helped to raise more than £2,000 for us by taking part in our first ever Ride to Save Lives. Participants rode a 115-mile route from Waddington to Gunthorpe and back raising money along the way as well as raising awareness of the vital work of the Lincs & Notts Air Ambulance.

It is only thanks to the generous support of our local communities that we can keep flying, saving lives and improving outcomes for patients, and the biking community certainly came out in force to support us at this fantastic event.

A huge thank you goes to each and every one of the bikers and marshals who took part in this event including Roy Radford and the Sherwood Chapter Harley Owners Group (HOG), Roland Johns (lead rider) and the Lincoln Riders Association of Triumph (RAT) Pack, and the Lincolnshire Advanced Motorcyclists (LAM).

It is always great to see the amazing support that we get from across Lincolnshire and Nottinghamshire especially from the biking community which seems to have taken the charity to their hearts.

“ IT IS ALWAYS GREAT TO SEE THE AMAZING SUPPORT THAT WE GET FROM ACROSS LINCOLNSHIRE AND NOTTINGHAMSHIRE ESPECIALLY FROM THE BIKING COMMUNITY ”





# FLYING HIGH FOR AIR AMBULANCE WEEK

Our dedicated staff and volunteers had a very busy seven days when they helped to celebrate National Air Ambulance Week in September. Activities across the two counties included everything from tombolas and tractors to fundraising and football. Our mascot Douglas Duck also made appearances throughout the week to entertain younger visitors.

The week provided the ideal opportunity for us to spread the word about the valuable work of the Lincs & Notts Air Ambulance, our fantastic volunteers and our distinctive yellow Ambucopter, while also meeting some of our supporters who helped us to raise an amazing £7,000 in seven days! It was a great achievement by all.

In Nottinghamshire the successful week included hosting stalls at events such as the four-day Great Notts Show right in the heart of the city and at the Southwell Ploughing Match. The team also helped celebrate with Langar-based John Deere which this year celebrates its 50th anniversary, and held a bucket collection at Mansfield Town FC.

In Lincolnshire, a host of fun events took place at 14 locations across the county, including pop-up shops and tombolas. We visited Lincoln, Gainsborough, Sleaford, Market Rasen, Boston, Louth, Horncastle, Grimsby, Stamford, Spilsby and Skegness.



**VOLUNTEERS  
GEMMA TIPPING  
AND SUE CURTIS  
MAN A STALL IN  
NOTTINGHAMSHIRE**



**VOLUNTEER  
CO-ORDINATOR  
SUE WALKER  
COLLECTED  
DONATIONS IN  
LINCOLNSHIRE**



**RAISED  
£7,000**

**THANK YOU**



# THE GREAT BRITISH ROAD TRIP

A team of friends from Lincoln undertook the mammoth Great British Road Trip Challenge visiting the most Eastern, Southern, Western and Northern points of the UK as well as the highest and lowest points in just four days in an ex-funeral car dubbed The Beast, all in aid of charity.

The trip was the idea of Nigel Bottom, Managing Director at Witham Group, who chose to donate all of his proceeds to the Lincs & Notts Air Ambulance. He said: "When we set off we really had no idea as to how difficult and mentally challenging it was going to be. The challenge really tested our patience and stamina.

💬 **WE SPENT UP TO 18 HOURS TRAVELLING EACH DAY AND ATE AND SLEPT IN THE CAR TOO.** 💬



The third and fourth days really pushed us but thinking of all the fabulous support we had been pledged made us determined to succeed."

Unfortunately, after putting up a good fight and travelling to the most easterly, southerly, westerly and lowest points of the UK, The Beast finally died in the hills of Wales. Undeterred, the team transferred their gear into the support car to tackle the highest and most northerly points to complete the challenge.

The total raised by the six team members was over **£12,000** with over half, plus gift-aid, coming to the Lincs & Notts Air Ambulance which is absolutely amazing. Thank you for your support!



**1 CAR,  
4 DAYS,  
2,400 MILES**

# BEST OF BRITISH

## Summer Picnic & Concert

RAISED  
**£18,882**  
THANK YOU

The Best of British was celebrated at a summer picnic and concert held at North Lodge Farm, Widmerpool, Nottinghamshire in July – including the best of British weather. Despite the rain, families rallied around to enjoy the fundraising event with the money raised being split between the Lincs & Notts Air Ambulance and two other worthy charities.

Music came in the form of Brit Award winners Blake and classical chart topper Rebecca Newman who appeared alongside plenty of aspiring local talent. The fantastic performances led to a rousing finale of popular classics, patriotic pieces and a dramatic firework display which lit up the sky.

A fabulous total of £18,882 was donated to the Lincs & Notts Air Ambulance. Thank you to the organisers and to all who attended and enjoyed the very successful concert.



BRIT  
AWARD  
WINNERS  
BLAKE



# SOME OF OUR FABU



**The Robin Hood Marathon** - Hutchinson Engineering, Newark, raised **£1,195** by running the Robin Hood Marathon. From left are John Hawkins, Alison Fane, Graham Blood, Matt Musson, Chris Allen, Erin Coleman and Mica Osborn



A week of fundraising activates at **Langar Parachute School** organised by Tamsin Gulliver raised **£1,145**. Tamsin Gulliver is pictured left with Nottingham Community Fundraiser Karen Carter

The annual **Flowers at the Mill** event at the Old Mill and St John's Church at Carlton in Lindrick raised **£1,700** for the Lincs & Notts Air Ambulance and the RNLI. From left are Josie Halliday, Maureen Banks, Geoff Carswell RNLI, Madge Wilson, Lincs & Notts Air Ambulance Nottingham Volunteer Co ordinator Oliver Larkin and Ernie Wilson (seated)



A tandem **skydive** by **Annette Newbutt** from Collingham raised **£1,031**



**£1,000** raised from the **Coleby Downhill Challenge**



**Gist Spalding** raised **£500** during a weekend of fundraising activities including a 24 hour triathlon. From left are Martin Hardstaff, Charlotte Elliott and Mick Spiller from Gist with paramedic Roger Linnell and pilot Tim Taylor



**Bulley Davey** chose the Lincs & Notts Air Ambulance as its charity this year for in-house fundraising. They presented a cheque to us for just over **£1,000**



**Gordon Bissett** undertook a 15,000ft parachute jump for his 80th birthday and raised over **£3,000** for us. He is pictured with the Lincs & Notts Air Ambulance Rachel Hay



# LOUS FUNDRAISERS

Twelve hours of live music and entertainment helped to raise over **£8,368.44** from this year's **Mega May Music Day** in North Hykeham, taking the total raised for us by the event in the past three years to **£18,373**



Father and son team **Peter & Chris Clarkson** raised **£6,542.12** by taking part in the **Monte Carlo or Bust Rally**



The **Ringrose Law** team, along with **Lincoln BIG**, presented a cheque for over **£2,000** to the Lincs & Notts Air Ambulance from the **Lincoln Dragon Boat Race 2016**



The **Midnight Ramblers** played at the Settlement Restaurant in Caistor during the Caistor Bike Night and raised **£250** for us

**Streets Chartered Accountants** raised **£5,500** at their charity golf day. Pictured is Partner **Mark Bradshaw**



The **Legend of Anvillans** undertook the Mongol Rally - 16,000 miles in a 1.2L car - and raised **£2,000**



**FP McCann** raised **£2,000**. From the left are paramedic **Roger Linnell**, **Elinor Heath**, paramedic **Richard Irwin** and **Sue Verrill**



**Cottam Power Station** raised **£4,780**. From left are **Rob Craven**, **Christina Greenwood**, **Carl Gilby**, **Stuart Felters**, **Carl Wear**, **Steve Hatfield**, **Wayne Cook**, **Will Mair**, **Nina Dyer**, **Steve Hoad**, **Richard Dobson**, **Darren Munto** and **Tommy McEwan**

# LEAVE A LASTING LEGACY

**Each year many of our supporters choose to leave the Lincs & Notts Air Ambulance a legacy donation in their Will to help support the vital service that the Ambucopter provides 365 days a year.**

Last year, legacy donations made up a very valuable part of the Charity's income. Your gift would help to keep the Lincs & Notts Air Ambulance flying and saving lives in our community for generations to come.

Our helicopter carries highly skilled critical care paramedics and a doctor. The advanced skills of our crew means they can undertake on-the-spot surgery and administer advanced drugs to stabilise patients in a critical condition. This can make the difference between life and death. In the future,

we want to extend our service to provide the local community with the very best emergency medical care available. Your gift could help us save more lives. Please consider leaving a gift to the Lincs & Notts Air Ambulance in your Will. Thank you.

Throughout November, Langleys Solicitors is waiving its usual fee for writing a Will in support of the Lincs & Notts Air Ambulance and to help raise awareness of the importance of legacy donations to this life-saving Charity. Why not take advantage of this service and support your local Air Ambulance at the same time? For more information please email [willwriting@ambucopter.org.uk](mailto:willwriting@ambucopter.org.uk) or call **01522 548469**.

**Langleys**

## NEW LOOK FOR CITY CENTRE SHOP

**Our Lincoln High Street charity shop is one of the latest to undergo a drastic make-over. The shop, situated near St Peter-at-Gowts Church, closed for three weeks in July so that we could give it a new, fresh and modern look.**

The popular shop originally opened five years ago but was badly in need of some care and attention. By a positive twist of fate, some of the shop's much-needed new fixtures and fittings came from an unlikely source. New cabinets and mannequins were bought at a bargain price from the city's closing BHS store.

Following its re-opening in August, takings and donations have both been up on the previous year which is great! There has also been a lot of interest from people wanting to volunteer in the new-look shop which is fantastic. There are many roles that volunteers can undertake including working on the till, dressing the mannequins or sorting stock behind the scenes ready for sale.



### CAN YOU HELP?

The shop is currently open Monday to Saturday from 9.30am - 3.30pm but we would really like to open until 5.30pm if we can get a volunteer or two to help. Even a few hours one day a week would really help. If you would like to join our team of volunteers, email our Shops Co-ordinator Kay Chambers on [k.chambers@ambucopter.org.uk](mailto:k.chambers@ambucopter.org.uk) or call her on **01522 548469**. We look forward to hearing from you.

# SPOTLIGHT ON...

## Jackie Igoea

**TIME WITH THE CHARITY:** *6 years*

**POSITION:** *lottery administrator*



When asked what they know about the Lincolnshire & Nottinghamshire Air Ambulance, most people talk about the distinctive yellow Ambucopter and the fantastic work of the pilots, paramedics and doctors, but what do you know about the people behind the scenes? The Charity has 28 members of staff who make

sure the Charity goes from strength to strength, supported by more than 300 volunteers across Lincolnshire and Nottinghamshire. In each edition of Sky Shout we will get to know some of these people a little better, starting with Lottery Administrator, Jackie Igoea.

### **WHAT DOES YOUR ROLE ENTAIL?**

As Lottery Administrator I look after our lottery subscribers and have the privilege of making the lottery draw every week

### **WHAT IS THE BEST THING ABOUT BEING PART OF THE CHARITY?**

Seeing the helicopter flying overhead and knowing what a worthwhile cause we work for

### **IF YOU COULD DO ANY JOB FOR THE DAY, WHAT WOULD IT BE?**

Working backstage on Strictly Come Dancing

### **WHAT DO YOU ENJOY DOING WHEN NOT AT WORK?**

Reading, walking, cycling and spending time with my grandchildren

### **WHAT IS THE MOST RECENT BOOK YOU HAVE READ?**

The Lake House by Kate Morton

### **WHAT ONE ITEM COULD YOU NOT LIVE WITHOUT?**

My glasses

### **WHAT THREE WORDS WOULD SUM YOU UP?**

Wife, Mum, Grandma

### **WHO INSPIRES YOU MOST?**

The Queen

### **WHICH ACTOR WOULD YOU CHOOSE TO PLAY YOU IN A MOVIE OF YOUR LIFE?**

Charlize Theron, but it would be more likely to be Julie Walters

### **TELL US SOMETHING ABOUT YOURSELF THAT MIGHT SURPRISE US?**

At college I was given an award for 'the person most likely to succeed in the hotel industry'. My hotel career lasted a whole 4 weeks!

# PLAY OUR 20 LOTTERY

VISIT [WWW.AMBUCOPTER.ORG.UK](http://WWW.AMBUCOPTER.ORG.UK)

TOP PRIZE  
**£1,000**  
45 PRIZES TO  
WIN EVERY  
WEEK



## JOIN TODAY AND SUPPORT YOUR LOCAL AIR AMBULANCE

Our weekly lottery is a fun way to make a regular contribution, with the excitement of possibly winning a cash prize of up to £1,000.



**DONATE**  
BY TEXTING



**Heli29 £5**  
TO 70070

**CALL 01522 531308**

or email: [lottery@ambucopter.org.uk](mailto:lottery@ambucopter.org.uk)

(You can change the value to any other amount you wish to donate) Texts are free to send on all networks. Lincolnshire & Nottinghamshire Air Ambulance will receive 100% of your donation.



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AIR AMBULANCE**

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