



# SUPPORT FOR YOU IN STAFFORDSHIRE MOORLANDS DURING THE COVID-19 OUTBREAK



On 23 March 2020, the Prime Minister addressed the nation and instructed the British people to stay at home to help us fight the outbreak of the Covid-19 coronavirus. The Government has had to taken extraordinary measures to keep us safe. Unless we get the virus under control, then it could overwhelm all of our vital services and cause much greater loss of life.

## You should only leave the house for one of four reasons.

1. Shopping for basic necessities, food and medicine and only as infrequently as possible.
2. One form of exercise a day: a run, walk or cycle - alone or with members of your household.
3. Any medical need, or to provide care or to help a vulnerable person.
4. Travelling to and from work, but only where this absolutely cannot be done from home.

These four reasons are exceptions.

Minimise the time you spend outside your home. When you are outside ensure you are 2 metres apart from anyone outside of your household.

All of us must comply with these new measures. The relevant authorities, including the police, have been given powers to enforce them - possibly through fines and by dispersing gatherings. The Government will look regularly at these measures and relax them if the evidence shows this is possible.

These rules have been introduced to save lives. By following them, we have the best chance of getting back to normal as quickly as possible.

I would also like to take this opportunity to thank all the key workers in the Moorlands who are doing such a fantastic job and a special thank you to those of you who are helping others. We have that true sense of community spirit here in the Moorlands and I thank you all. We can, and we will, get through this.

**Please stay home, stay safe and save lives.**

*Karen*



## COUNCIL INFORMATION

**Staffordshire Moorlands District Council**

[staffsmoorlands.gov.uk/Coronavirus](http://staffsmoorlands.gov.uk/Coronavirus)

**Staffordshire County Council**

[staffordshire.gov.uk/Coronavirus/Home.aspx](http://staffordshire.gov.uk/Coronavirus/Home.aspx)

**Leek Town Council**

[leektowncouncil.gov.uk](http://leektowncouncil.gov.uk)

## VOLUNTEERING

**NHS Volunteer Responders**

[goodsamapp.org/NHS](http://goodsamapp.org/NHS)

**Support Staffordshire**

[supportstaffordshire.org.uk/covid-19-support/coronavirus-community-support-effort](http://supportstaffordshire.org.uk/covid-19-support/coronavirus-community-support-effort)

**British Red Cross Community Reserve Volunteers**

[reserves.redcross.org.uk](http://reserves.redcross.org.uk)

**Age UK**

[ageuk.org.uk/get-involved/volunteer](http://ageuk.org.uk/get-involved/volunteer)

See my website, [karenbradley.co.uk](http://karenbradley.co.uk), for local community initiatives across the Moorlands.



PROTECT THE **NHS**

♥ **save lives**

**If you are elderly or vulnerable and struggling to get food or medicines or you have another problem, please contact: Staffordshire County Council New Contact Centre: 0300 111 8050**

## FOODBANKS

[leekdistrict.foodbank.org.uk](http://leekdistrict.foodbank.org.uk)



## USEFUL NUMBERS

Your Housing – 01538 380 600

Staffordshire Moorlands District Council – 03456 053 010

Support Staffordshire – 0300 777 1207

Crime Stoppers – 0800 555 111

Citizens Advice Bureau – 03444 411 1444

Shelter – 0300 330 1234

Age UK Staffordshire – 01785 788477

Police – Emergency – 999 Non-Emergency – 101

My team and I continue to support and assist constituents but I am sure everyone will appreciate that these are particularly challenging times.

As you may suspect we are receiving an extremely high volume of correspondence raising all sorts of issues relating to Coronavirus as well as the normal matters raised with me.

In the light of this we may not be able to respond as quickly to emails, as we would normally like to and will be prioritising those emails that require URGENT attention

from constituents most in need and vulnerable as well as doing what we can to support national and local efforts to tackle the Coronavirus outbreak.

Therefore, if you do not receive a reply to your email immediately, I am sure you will appreciate the reasons for this. Be assured we will reply to you as soon as we are able to.

You can email me at [karen.bradley.mp@parliament.uk](mailto:karen.bradley.mp@parliament.uk)