

## **ORDERING MYCOTOXIN TESTS**

- 1. ALL TEST REQUESTS MUST BE SIGNED BY A LICENSED CAREGIVER.**
- 2. RESULTS WILL BE SENT TO THE ORDERING PHYSICIAN/CAREGIVER. IF THE PATIENT WOULD LIKE A COPY OF THE RESULTS, PLEASE CONTACT THE CAREGIVER FIRST.**
- 3. DUE TO HIPAA RULES, PATIENTS REQUESTING RESULTS FROM THE LAB MUST DO SO IN WRITING. SEND ALL PATIENT REQUESTS TO THE ABOVE ADDRESS. REQUESTS CAN ALSO BE EMAILED TO [INFO@REALTIMELAB.COM](mailto:INFO@REALTIMELAB.COM). RESULTS WILL BE RELEASED VIA US MAIL OR SECURE EMAIL ONLY.**

### **CONTENTS OF KIT**

- Requisition form
- Price list of tests
- Conical collection cup
- UPS Lab Pack for return shipping (pre-addressed).
- Credit card authorization
- Instructions for specimen (urine) collection
- Plastic transport tube w/ cap & biohazard bag

### **INSTRUCTIONS ON COLLECTION AND SENDING SPECIMEN TO LAB**

1. Test requisition form, including
  - a. Patient full name and Date of Birth (DOB)
  - b. Doctor's signature
  - c. Diagnosis Codes (ICD-10)
  - d. Proper test marked.
2. Payment (Credit Card authorization, check or money order) signed and filled out.
3. Collect urine into the conical cup provided to approximately half full. Urine may be collected at any time of day. No fasting is required.
4. Pour urine into plastic RTL tube. FILL ONLY ½ FULL. Securely seal the enclosed cap.
5. Print on the specimen tube, in the designated areas: Date collected, patient's first and last name, and Date of Birth (DOB).
6. Seal specimen in biohazard bag and place in foam cavity inside the collection kit box.
7. Place box in the enclosed UPS Lab Pack shipping pouch. Deliver to any authorized UPS drop-off location.

### **SEND SPECIMEN TO RTL**

All specimens should be sent immediately after collection (preferably within the first 48 hours). If the specimen can not be sent immediately, FREEZE the specimen and keep frozen until ship date. Please note on the collection tube the date the specimen was frozen. RTL validations allow for the specimen to be sent to the lab in a liquid state and received by the lab within 7 days of collection. The return shipping pouch is pre-addressed and prepaid. Please do not add additional postage. RTL is not responsible for express delivery fees. RTL is not responsible for international shipping fees.

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