Fork Buffets





www.alfrescofeasts.co.uk sarah@alfrescofeasts.co.uk 020 7820 7456 07989 853057

These work with anything from a standing lunch, an informal seated buffet to spectacular place settings with full crystalware.

For al fresco summer events, why not investigate our barbecue dishes?

Many clients choose three main courses (hot or cold), four vegetable or salad dishes and three puddings. If you've no suitable oven on-site, we can hire one in for you.

Here are some suggestions to whet your appetite...

Hot Dishes

Smoked Paprika Spiced Hungarian Goulash Tarragon Chicken Breasts steeped in Amontillado Sherry Traditional Bœuf Bourguignon Venison Casserôle infused with Juniper Berries & Red Wine Anjou-Style Chicken (with creamy white wine & mushroom sauce) Lamb Tagine with Apricots, Dates and Almonds (n) Salmon en Croûte with Dill Sauce Smoked Fish Pie with Luscious Leek & Cheesy Potato Topping Thai Green Vegetable Curry (v) Wild Mushroom Stroganoff (v) Roasted Vegetable & Puy Lentil Moussaka with Ricotta Topping (v) Grilled Aubergine with Spicy Chick Peas, Yoghurt & Walnuts (v/n) Rosemary-roasted Squash & Red Onion Bake with a Wensleydale Crust (v)

Cold Dishes

Ginger & Lime Chicken Breasts with Spring Onions Chicken Salad with Avocados, Tomatoes and Basil Creamy Tarragon Chicken with Yoghurt Dressing Whole Ham on the Bone glazed with Caramelised Mustard Rare Fillet of Scottish Beef with Horseradish Whole Poached Salmon with Fresh Hollandaise Smoked Salmon Terrine Courgette, Mozzarella & Basil-infused Tomato Terrine (v) Caramelised Onion Tart (v) Provençal Tart (v) Spinach & Ricotta Tart (v) Savoury Feta Cheesecake (v) (cont.)

Inspired already?

If you've a favourite dish you'd like to see on your menu, let us know and we'll recreate it for you...



Barbecues

Marinaded Butterfly Leg of Lamb Moroccan Spiced Lamb & Red Onion Kebabs Lemon & Cumin Chicken Kebabs Selection of Speciality Sausages Whole Salmon Fillets with Basil Dressing Chilli Tiger Prawn Skewers Tangy Spare Ribs with BBQ Sauce Grilled Aubergine, Feta & Pinenut Parcels (v) Goats Cheese Stuffed Courgettes (v) Marinaded Halloumi Cheese (v)

Vegetables

Hot New Potatoes with Butter & Chives Potatoes Gratin Dauphinois Creamy Mashed Potatoes & Celeriac Braised Red Cabbage French Beans with Dill & Mascarpone Dressing Baked Vegetable Tian Butter-glazed Carrots

Salads

Hot New Potatoes with Butter & Chives New Potato Salad with Spring Onion Mayonnaise Tabboule with Fresh Mint & Coriander Tuscan Summer Salad (ciabatta, tomatoes, garlic, peppers, olives) Tomato, Mozzarella and Rocket Salad Carrot, Sultana and Pumpkin Seed Salad with Lemon Dressing Mediterranean Red & Wild Rice Salad Roasted Vegetable Pasta Salad Fine Green Beans with Red Onion Dressing Puy Lentil, Feta Cheese & Sun-dried Tomato Salad Mixed Leaf Salad with French Dressing Greek Salad with Balsamic Dressing

Puddings

Lemon Tart Fresh Fruit Salad Yummy Banoffee Pie London Vanilla Cheesecake Chocolate Marron Roulâde (n) Passion Fruit and Raspberry Roulade (n) Rich Almond Tart with Strawberries (n) Sunken Chocolate Soufflé with Armagnac Prunes Chocolate Profiterôles with RIch Chocolate Sauce Lemon Polenta Cake with Confit of Lemons & Crème Fraîche

v=vegetarian, n= contains nuts