

Serves up to 225



Herring Cove Apartments - Serves up to 12



The Rebuilding - Serves up to 19



2018 Annual Report



Supporting people transitioning from crisis since 2008.

Barry House - Serves up to 20



Sir Sandford Fleming House - Serves up to 20



Metro Turning Point - Serves up to 78



Nehiley House - Serves up to 8



Serves up to 248



Message from Board Chair, Meghan Laing

BOARD OF DIRECTORS

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Consultant & Community
Developer

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Chief Operating Officer
Trecan Combustion

On behalf of the Board of Directors, I am pleased to provide a review of our work this year. It's not uncommon for a Board of Directors to be perceived as symbols of power in an organization. This isn't how we view our roles. What unites us is the belief in the work of Shelter Nova Scotia and what's possible.

Navigating the effective governance of an increasingly complex human service like Shelter Nova Scotia in the current social and economic climate places heightened demands on staff and board members. This is an obligation and privilege we take seriously.

We support these often challenging strategic choices with extensive education, focusing on present and future planning, immersing ourselves in practical experiences such as serving meals at Metro Turning Point and participating in private and public sector fundraising. We're grateful for the passionate individuals with a range of capabilities and diverse professions represented on the Board to participate in this journey with us to where we need to be.

We've had a year of significant fortification. The Department of Community Services has made it possible for us to complete essential work and we appreciate their continued insight and support.

Housing Nova Scotia and the Affordable Housing Association of Nova Scotia made it possible for us to make improvements to our buildings and operations. This has positively impacted the experience of our employees and those who use our services. We're truly thankful for them.

We're inspired and motivated by the HRM community and their donations of food, in-kind goods and services and funding. These actions continue to change the conversation from shame, blame or oblivion to analysis, understanding and gratitude for our own privilege.

I'm honoured to be a part of a group of dedicated people willing to believe in a better life for those we serve.

With immense appreciation to all those within and outside Shelter Nova Scotia who help spread our mission.



Message from Executive Director, Linda Wilson, MSW RSW

ACHIEVEMENT MOTIVATION • ATTENTION TO DETAIL • BUSINESS ORIENTATION

CLIENT SERVICE • COMMITMENT TO LEARNING • COMMITMENT TO REFLECTIVE PRACTICE • COMMUNICATION • INITIATIVE

RELATIONSHIP BUILDING • RESPECT FOR CONFIDENTIALITY • TEAM WORK AND COOPERATION • VALUES DIVERSITY

Shelter Nova Scotia Community

RESIDENTS, CLIENTS, TENANTS & GUESTS
QUALIFIED EMPLOYEES • BOARD MEMBERS • STUDENTS
• DONORS • ADVOCATES • VOLUNTEERS • NEIGHBOURS
COMMUNITY & GOVERNMENT COLLEAGUES

shelter

NOVA SCOTIA

our vision
A community without judgement where everyone has a safe, affordable home.

our mission
While providing a safe place for those in need, Shelter Nova Scotia seeks to grow an effective continuum of services to help people transition from crisis back to community.

HOUSING SUPPORT

COMMUNITY FRUITED PROGRAM

BARRY HOUSE
METRO TURNING POINT
HEARING COVE APARTMENTS
NEHELY HOUSE
MR SANDFORD FLEMING HOUSE
THE REBUILDING

DEVELOPING OTHERS • FLEXIBILITY • GRATITUDE • PLANNING AND ORGANIZING

Stop and stabilize, were familiar words spoken and heard around the organization for the past while. Though the demand to do more continued, we all took deep breaths, and focused on what we had to do, and it happened.

This fiscal year ended with, financial stability, facilities renovated and repaired, an increase in community donations and profile, and significant benefit from an ever growing volunteer program.

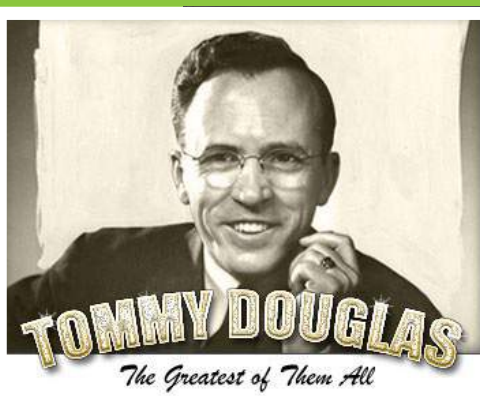
“With great privilege comes great responsibility.”
(Voltaire)

Rooting a unified organizational culture across six sites and two community programs, through employees, volunteers and board members is challenging, but not undoable.

Thinking and acting together to further strengthen the value of experiences we provide to the folks we serve, collaborate with, those who support us and all people we meet, is our goal.

After thorough discussion we settled on 16 Core Competencies. Reflective practice in many forms is bringing us closer together. We seem to have been lifted by a gusty wind created by a societal force toward empathy, a desire to reduce hunger and isolation, a commitment to dignified experiences, and a yearning to be part of something greater than ourselves.

Gratitude is in the air, hearts are lighter, and laughter is louder. We are strong and focused and poised to move ahead in practical and meaningful ways. We can't do it alone and are devoted to solutions. It is a privilege to be on this important journey with you. Looking forward to everything as it unfolds.



We are all in this world together, and the only test of our character that matters is how we look after the least fortunate among us. How we look after each other, not how we look after ourselves. That's all that really matters, I think.

— Tommy Douglas —

AZ QUOTES

Message from Board Treasurer, Melinda Countway, CA, CPA

I am reporting on the financial statements of Shelter Nova Scotia for the year ended March 31, 2018.

With the continued support from the Province of Nova Scotia and private donors, Shelter Nova Scotia (SNS) has been able to hire additional much needed staff at Metro Turning Point (MTP) and Barry House (BH) as well as undergo significant repairs to both of these properties this past year.

Balance Sheet

There has not been much change to the balance sheet of SNS. Assets have reduced by the amortization of capital assets and the only significant change to liabilities is the reduction of deferred revenue and long-term debt. At the end of 2017 SNS had \$276K in deferred revenue \$225K of which was brought into income this year, most notable was \$100K in funds for repairs to MTP and BH that started last year and concluded in the current year. Long term debt has reduced by \$40K.

SNS ended the year with an increase in net assets of \$123K.

Income Statement

Revenue for the year exceeded the prior year by \$685K. The majority of increase was from the Department of Community Service (DCS), \$343K in additional funding for new staff positions and for an increase in the hourly wages for front line staff at MTP. Donations and other grant revenue was \$180K over the prior year. These funds were used for the day to day running of the organization and for repairs and maintenance over and above the major repairs to MTP and BH noted above. In addition, Affordable Housing Association of Nova Scotia funding exceeded the prior year by \$77K to cover the cost for the case manager position at MTP and the wages at Herring Cove (HC).

Expenses for the year were \$534K higher than the prior year, the majority of the increase was for salaries and wages (\$451K). The other expenses were inline with the prior year and when we had significant variances, they were expected and part of the 2017-18 budget.

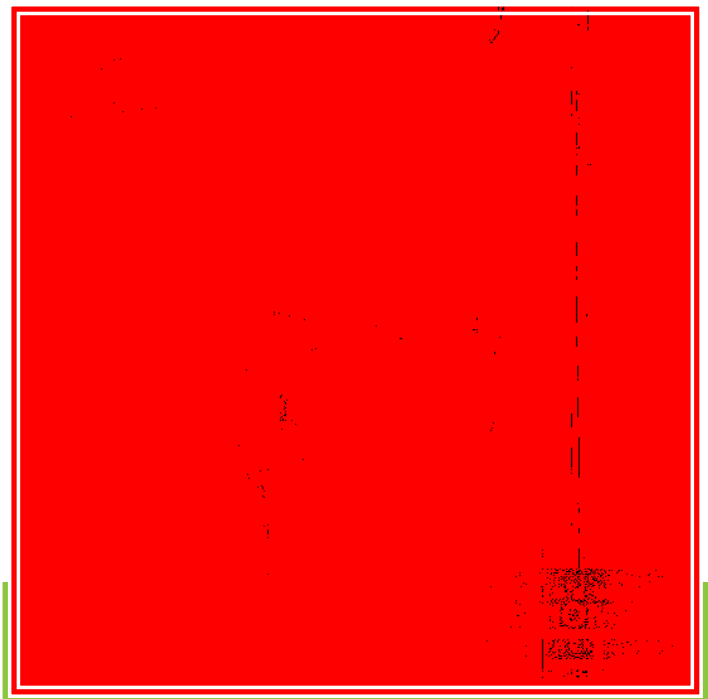
SNS ended the year with revenue in excess of expense of \$123K, resulting in the increase in net assets noted above.

Subsequent Events

Subsequent to the year end, SNS received much needed additional funding from DCS of \$450K for additional staffing and operational costs that will allow management to continue to improve on the excellent work they do. SNS is currently working with DSC to finalize a three-year funding agreement that will provide SNS with the funding stability we require.

In addition, DCS has provided SNS with one-time funding to settle our operating line of credit of \$766K incurred during the construction of the Rebuilding.

We cannot thank DCS enough for its continued and ongoing support to SNS.



The Believers

Our 2017 Grants

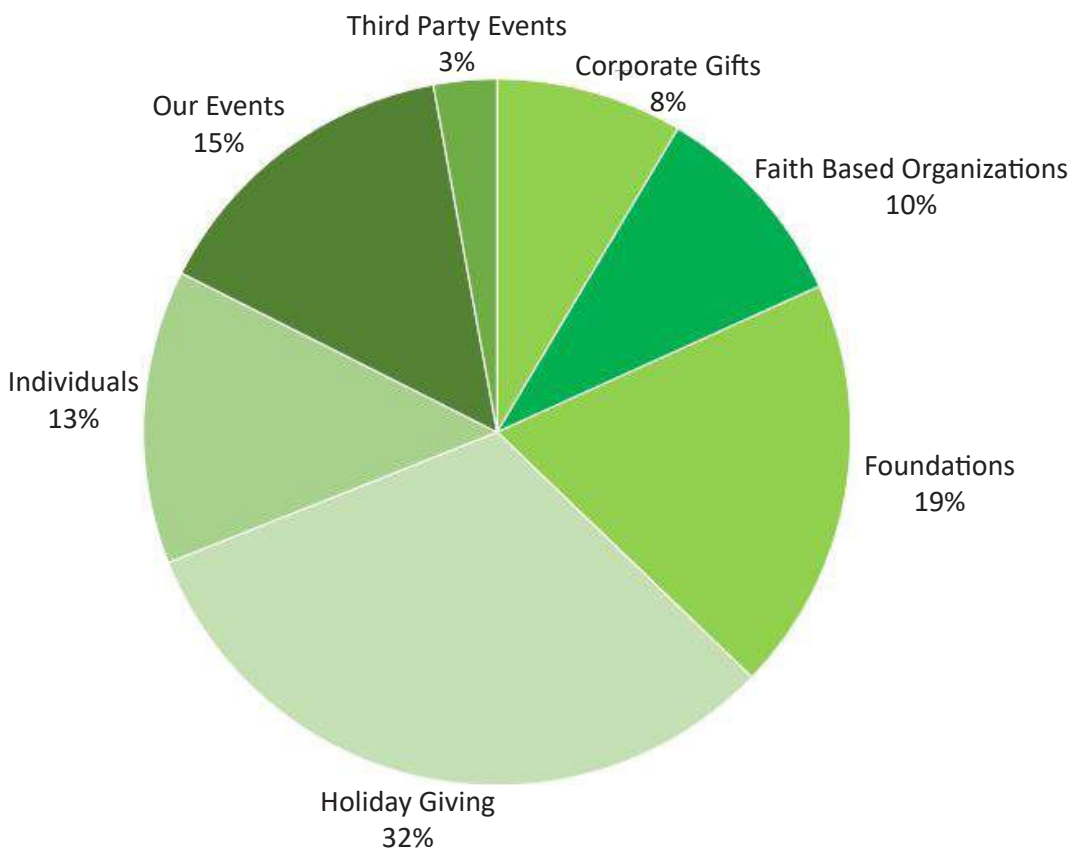
- Domus – A Home for Everyone
- Employment and Social Development Canada, Canada Summer Jobs
- Flemming Charitable Foundation
- My Home Apparel
- Rotary Club of Halifax Northwest— Toonies for Change
- Telus Atlantic Canada Community Board

Our Cornerstone Funders

- Correctional Service Canada
- Generous community members
- Homelessness Partnering Strategy
- Housing Nova Scotia
- Nova Scotia Department of Community Services

Generous community members donated goods valued at \$200,043

Annual Donations \$225,843



Project Identification (ID)

Project Identification (ID) - First time funding from the Telus Atlantic Canada Community Board meant we were able to launch this pilot project. To date, Project ID has enabled 23 people to obtain a variety of pieces of identification including provincial photo identification, provincial health cards, and birth certificates. A Community Trustee accompanies guests, tenants, residents and clients to Access Nova Scotia to serve as an advocate and support. Sometimes just getting to the service can be a challenge so having someone you trust with you makes the journey easier.

“Having identification makes life a lot easier, says one client, “Since I have my ID, I was able to get my children their birth certificates....”

Our Practice

Community Corrections

We utilize a structured, supportive approach to assist individuals in their transition from prison to community living.

We believe in supporting people in a non-judgemental environment while promoting compassion and dignity.

Through a strong working relationship with parole officers, residents are supported in their individual release plans as they re-engage with the community.

Homelessness & Housing

We believe housing is a primary need, other issues that may affect an individual can be addressed once housing is secured.

We believe in supporting people in a non-judgemental environment while promoting compassion and dignity.

We believe in a harm reduction model that enables us to serve people experiencing multiple barriers.

Maslow's Hierarchy of Needs

Maslow's Hierarchy of Needs describes the needs that motivate human behaviour. People who use the services at Shelter Nova Scotia often need help with the most basic: survival.



We believe in measuring success based on each individual's circumstances. We believe in collaborating with experts in the community to ensure people receive the best service.



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COMMUNITY & GOVERNMENT COLLEAGUES

shelter NOVA SCOTIA

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A community without judgement where everyone has a safe, affordable home.

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METRO TURNING POINT



HERRING COVE APARTMENTS



BARRY HOUSE



NEHILEY HOUSE



SIR SANDFORD FLEMING HOUSE



THE REBUILDING



As individuals transition to independent housing our Housing Support program is there to assist them with maintaining their housing and reducing the potential risks for re-entering homelessness. Regular visits provide the opportunity for former guests to address the underlying causes of past trauma, which have often been a contributing factor in experiencing homelessness. In addition to monthly scheduled visits, former emergency shelter guests supported by the program often seek assistance navigating crisis; request advocacy for tenant related concerns as well as landlord concerns; assistance with food security; employment, and programming.

Our ability to foster healthy and positive relationships with property owners and managers better positions our team to aid guests in receiving the interventions and resources that they need on their journey to exit homelessness permanently.

With immediate needs met, clients are able to move forward in seeking employment, education, volunteer endeavours, or other areas which bring them fulfilment and contribute to their overall health and wellness.

Our program has 3 branches:

1. Housing

Housing Support is offered to current and former guests of Barry House and Metro Turning Point. While staying at the emergency shelters individuals work with a Housing Support Worker to find and secure appropriate housing. Some individuals continue to work with the Housing Support Worker post housing, to promote housing stability. Referrals, access to resources and ongoing connection are just a few of the benefits offered. This program is funded by Housing Nova Scotia and is part of a wider initiative of community agencies supporting people who are homeless or at risk of homelessness.

Housing Support Worker Metro Turning Point

- Served 156 people
- Of the 156 people 65 guests transitioned or were rapidly rehoused from unstable/unsafe housing into their own independent living.

Housing Support Worker Barry House

- Served 51 people
- Of the 51 people 29 guests transitioned or were rapidly rehoused from unstable/unsafe housing into their own independent living.
- Guided 22 guests through tenancy issues, eviction prevention support, attending apartment viewings, food security, and resume writing.
- Facilitates a monthly Eating Healthy program for guests who have transitioned to independent housing.



2. Supportive Housing

Supportive Housing is another branch of support offered through Shelter Nova Scotia. Individuals supported by this program are people living in their own homes who voluntarily connect with a support worker, and participate in follow up meetings in their homes.

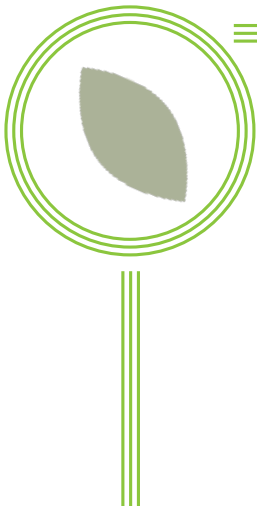
Housing Support - Continued

3. Housing First

A Housing First Intensive Case Manager works from Metro Turning Point to support individuals who face more complex barriers to obtaining and sustaining housing. The program is designed for people who have utilized the shelter for long periods of time, and/or cycle in and out of the shelter repeatedly over time. The Housing First Intensive Case Manager provides a concentrated level of support with a minimum of monthly visits to individuals who participate in the program. They offer support to reduce some of the barriers individuals face, such as access to damage deposits. Acting as a liaison with landlords to promote housing stability and eviction prevention is a critical part of this process. This program is funded by Homelessness Partnering Strategy.

A look at our first year in numbers.

- Served 18 people
- Of the 18 people 9 guest transitioned from unstable/unsafe housing into their own independent living arrangements.
- Accompanied clients on 42 apartment viewings.



How the program made a difference for Alicia*

“The housing support program came into my life about six years ago while I was a resident at Barry House. The housing support worker at the time asked if I wanted to be a part of a housing program that helps people find an apartment and gain some independence, as well as offer both emotional and financial support in the community. I had to get a trustee to help ensure that my bills and rent were paid every month. It was one less worry for me. The housing support person is an advocate should you need one. I have been privileged enough to live in a nice, quiet, clean building in a nice part of town because of the subsidy I receive. I know I always have the support of the employees and others connected to the housing program. I live a full and happy life today with all the support I need and could ever want.”

Community Trustee Program



This program serves clients who need support stabilizing their housing. Operating from Metro Turning Point our two Community Trustees helped ensure that 248 people (including 41 children) remained housed in the community. Many of the referrals we receive are due to power arrears created when clients do not have enough money to make ends meet. We assist with bill repayment plans that make debt repayment easier. Using their own income and following the plan they are able to pay off the debt and remain in their homes. Clients have noted that it is more and more difficult to find affordable housing within their budget – this year the program was a resource for 43 new clients.

- 6 couples (12 Individuals)
- 132 men
- 63 women

METRO TURNING POINT – Emergency Shelter Established in 1973

Metro Turning Point is a 78 bed emergency shelter for men and transgender people. For those who stay with us we provide a locker, a light meal each night, access to a refrigerator, phone and laundry, personal care items, and assistance in securing independent housing.

- Operated by 30 employees 24 hours a day

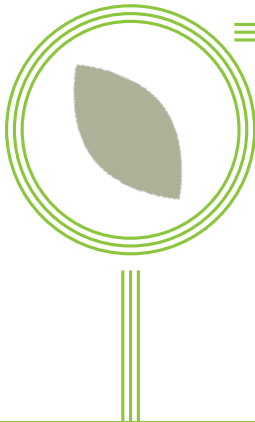


We collaborate with onsite support from Mobile Outreach Street Health (MOSH), Addiction Prevention and Treatment Services (APTS) Outreach Workers, Community Mental Health Nurse (NS Health Authority, Central Zone), the Department of Community Services Income Assistance Workers, Dalhousie Legal Aid & Phoenix Youth Partners.

- Provided a night’s rest for 652 people
- Average age of individuals who stayed with us was 41
- Average 74 guests a night. 95% occupancy
- Average length of stay was 14 nights
- 2.4 per cent of guests identified as veterans

Annual bingo game

An annual highlight is the Holiday Bingo Game. With very few opportunities for recreation and social inclusion, Holiday Bingo, sponsored by donors, is one of the times each year where our guests get to come together and have fun.



“Since the renovations, men have told me the space feels more comforting than before. The renovations have sent the message that there is someone out there who cares about them, and this instills hope.” - Metro Turning Point Employee

Renovations



Metro Turning Point experienced significant renovations over the past year, with thanks to our Funders and Donors. In addition to fresh paint, new flooring and a warmer feel, the shelter benefited from new windows, freshly painted bathroom stalls, an upgraded deck, and some electrical and plumbing work. New office spaces were also part of the renovations, to help us provide better services to our guests through a more organized and clean space.

BARRY HOUSE - Emergency Shelter Established in 2001



Barry House is a 20 bed emergency shelter for women, their dependent children and transgender people. For those who stay with us we provide three meals a day, phone and laundry, personal care items, and assistance in securing independent housing.

- Operated by 23 employees 24 hours a day

We collaborate with onsite support from Mobile Outreach Street Health (MOSH), Addiction Prevention and Treatment Services (APTS) Outreach Worker, Community Mental Health Nurse (NS Health Authority, Central Zone), and the Department of Community Services Income Assistance Worker.

- Provided a night's rest for 208 people
- Average age of individuals who stayed with us is 32
- Average 18 guests a night - 80 per cent occupancy
- Average length of stay is 11 nights
- 2.8 per cent of guests identified as veterans

With funding from Department of Community Services two supervisors were hired during the past year. This was an incredible opportunity for us to better invest in our employees through coaching and mentoring.

We recognize that highly trained employees provide better services to our guests. We were pleased to offer a series of training days over the past year, dedicated to increasing the competency and capacity of front line workers.

To promote greater dignity for our guests, we removed most of the bunk beds, so people could sleep in their own, detached beds. In addition to fresh paint, new flooring and new furniture, we moved the laundry facilities from the basement to the top floor, so guests could do their laundry with less difficulty.

On the lower level we added a computer and meeting space so that guests are able to work on housing and employment searches. Adding a children's play area and reading nook gives children things to do while mother's work on the computers. This new area allows women and their children to have private time together.



“I started taking part in yoga towards the end of my stay. After doing it a few times, I started to enjoy it. I've been on my own for a couple of months now, and I go to free yoga every week. I haven't ever had an activity I do just for myself, and this opportunity at Barry House helped me see I am worthy of self-care and compassion.”

- Former Barry House guest

The Hair Design Centre donated transportation for guests of Barry House to travel to the school to enjoy a day of pampering. They provided hair, makeup and nail services, along with lunch.

Valentines Day



HERRING COVE APARTMENTS, Housing First — Established in 2015



Herring Cove Apartments (HCA) is a supported living environment for individuals who are experiencing long term alcohol dependence and have a history of homelessness. This facility has funding from the Homelessness Partnering Strategy until 2019. We provide supported, affordable housing in the form of shared apartments, enabling our tenants to create a sense of community.

Through intensive 24/7 on site support, tenants are provided opportunity to develop personal goals related to meaningful daily activity, social relationships and networks, and assistance with medication and money management. Tenants also have access to onsite health care services as needed from Mobile Outreach Street Health (MOSH).

We offer minimal barrier, high tolerance housing in a harm reduction environment. With a goal of eviction prevention, employees support individuals with long term alcohol dependence for whom traditional recovery methods have not been successful.

- Average age of tenants is 56
- Since opening we have served 21 men
- Operated by 19 employees 24 hours a day

At Herring Cove Apartments, up to 12 people live independently in 4 beautiful apartments, with onsite support available 24 hours a day. Our tenants experience peace, comradery, safety, access to basic needs and their own place for the first time in a long time, in some cases for over 20 years.



It's challenging to make good decisions when you're hungry. We are grateful for community donors who provide monetary and meal donations so tenants eat every day. Our tenant's lives have improved in these ways:

One tenants doctor was concerned about his weight because he was quite frail. Now he is regularly moving around on his own accord.

We offer one communal meal a day. Several tenants, some who struggle with depression, come down frequently for leftovers. This provides them not only with a second meal but also a reason to come down, giving us a chance to engage them in discussion.

Herring Cove Apartment Advisory Committee

Jim Graham, Executive Director, Affordable Housing Association of Nova Scotia

Claire McNeil, Dalhousie Legal Aid

Robin McNeil, Deputy Chief of Police, Halifax Regional Municipality

Patti Melanson, Mobile Outreach Street Health (MOSH)

Dr. Robert Strang, Chief Public Health Officer for Nova Scotia

**HCA has ended
100.5 years of
homelessness.**

THE REBUILDING — Established in 2012

The Rebuilding is a supported apartment complex for men leaving shelter life (Metro Turning Point) for individual housing. There are 19 apartments consisting of bachelor and one bedrooms units. We provide affordable rent for fully furnished units with a common room and shared laundry as well as internet and telephone access.



We offer minimal barrier, high tolerance housing in a harm reduction environment, with the goal of eviction prevention. On-site employees work with the tenants to create a sense of community. The tenants have direct support from the employees 7 days a week and holidays. In addition, on-call support is available after hours for emergencies. We support tenants to be successful by providing:

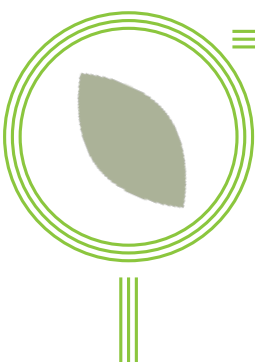
- Referrals to community resources including occupational therapy, addiction services, employment, mental health services, crisis intervention, Mobile Outreach Street Health (MOSH)
- Assistance with activities of daily living (housekeeping, budgeting, self-care, personal hygiene, and medication management)
- A clean, safe, secure building to live in with on-site case management services.
- Life skills/socialization opportunities



The Rebuilding is receiving more regular food donations. These generous donations allow us to provide occasional meals to the tenants.



Thank you to the Dartmouth Community Health Board for funding the Eating Healthy is Living Happy program. Tenants gather to learn and cook a healthy meal together with our supportive housing/housing support clients.



One tenant has been consistently employed.

One tenant was able to receive the support he needed to go to detox, which was a barrier for him prior to being housed.

One tenant was able to serve weekends in jail instead of being incarcerated due to being housed at The Rebuilding. Now he is able to support his elderly mother during the week.

SIR SANDFORD FLEMING HOUSE — Established in 1984



Sir Sandford Fleming House (SSFH) is a Community Residential Facility offering services to (up to) 20 men at a time. We provide inclusive services to individuals who identify as male, who are transitioning from prison back to community. We partner with Correctional Service Canada to provide support while maintaining public safety. We strive to ensure that each resident is provided with access to the services they require, with the goal of successful return to their communities.

- Provided service to 67 residents identifying as male
- Average Length of Stay: 94 days
- Residents who were employed: 51%
- Average Occupancy: 17
- Average Age: 39



Andrew* was born and raised in a high crime neighbourhood where substance use, crime and unemployment is common. He surrounded himself with negative people also mixed up with drugs and crime, ultimately leading to his incarceration.

When Andrew arrived at SSFH he was ready to make a better life for himself and his family. Andrew was able to obtain a full time job and started saving money for a place of his own far away from his old associates.

He continued to manage his sobriety and took weekend passes to spend time with his family, slowly building a relationship with his ex-partner and young daughter. Andrew put effort into creating a better life for himself by remaining positive and following his correctional plan during his time at SSFH.

After leaving SSFH, Andrew moved into an apartment in Halifax with enough savings to be comfortable. He aspires to complete postsecondary education with an interest in addictions counselling. For now, he remains gainfully employed, has been clean for two years and is looking forward to his new life.

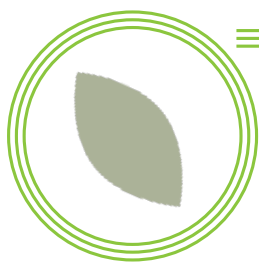
*names have been changed to protect resident's privacy

NEHILEY HOUSE — Established in 2005

Nehiley House is a Community Residential Facility offering services to (up to) 8 women per night. We provide inclusive services to individuals who identify as female, who are transitioning from prison back to community in a women centered environment. We partner with Correctional Service Canada to provide support to those we serve, while maintaining public safety. We strive to ensure that each resident is provided with access to the services they require, with the goal of successful return to their communities.



- Provided service to 21 residents identifying as female
- Average Length of Stay: 92 days
- Residents who were employed: 38%
- Average Occupancy: 5
- Average Age: 38



Amanda*, who lived at Nehiley House in the past, has been able to remain at the house for over a year and has had her residency condition lifted. Her commitment to herself has paid off and she has secured an apartment with the Women In Supported Housing (WISH) program operated by the YWCA.

Laurie* saved her money and bought a brand new 2018 vehicle. Her new SUV will make life easier and is an indication of her commitment to making things better for herself.

*names have been changed to protect resident's privacy

Our People

Our employee base is comprised of approximately 115 employees. We have full time, part time and casual employees on our team ensuring that we are ready to serve day and night.

New funding from the Department of Community Services has allowed us to add supervisory positions at our Shelters. This added mentoring, coaching and supervision will enhance our employees' performance improving services to guests. Funding from Service Canada via the Employment and Social Development and the Canada Summer Jobs program has provided opportunities for students to gain valuable work experience. Through the province's Department of Labour and Advanced Education Youth Initiative we have received funding to provide learning experiences for students enrolled in the Cooperative Education Program.

Shelter Nova Scotia is active in the community on the employment front. We participate in job fairs at Saint Mary's University, Dalhousie University and Nova Scotia Community College (NSCC). We provide practical placements for students in the Human Services Program at NSCC, Dalhousie School of Nursing, Social Work and Occupational Therapy Programs. Placements provide students with practical experiences to complement text books and lectures. Some students have remained with us as casual employees and others have returned after graduation to become employed with us.

We continue to move forward as a Strengths Based organization (Clifton Strengths) and are adding the skills and knowledge required to shift our talents into strengths. The employees are invested in the Strengths process and having a common language has been helpful in supporting each other. We have defined our sixteen Core Competencies and are putting them into play. We have partnered with Steve Foran and Gratitude at Work to cultivate gratitude organizationally as one of our Core Competencies. As we learn to live these Competencies our aim is to elevate our practice and our interactions with those we serve, with our community of colleagues and with one another.



Our Events

80 ppl x \$5 for one meal = \$400 a day
Result: 24 days of healthy meals

Inaugural Shelter Nova Scotia Golf Classic

Together we raised nearing \$10,000 for our food program. We are grateful for this much needed help especially in summer months when donations are at their lowest and the number of guests staying with us are at their highest. This money turned into meals at Metro Turning Point.

64 people golfed for food



Save The Date!
July 12th, 2018
The Links at Brunello
120 Brunello Blvd
Timberlea, N.S.
To find out more contact
colleenritchie@shelternova-scotia.com



254 people have participated in this event

A night of reflection – The discomfort of sleeping out for one night is not comparable to the daily struggle faced by community members experiencing homelessness and marginalization. It is a chance to begin meaningful conversations about the issues of poverty, dignity and community contribution.

Steve Foran, the founder and CEO of Gratitude at Work talked with us about identifying unexpected gratitude • Engage Nova Scotia's Chief Engagement Officer Danny Graham provided reflection on the issue of homelessness and asked others to examine their bias.



Save The Date!
September 29th, 2018
Victoria Park, downtown Halifax
To find out more contact
colleenritchie@shelternova-scotia.com

Thanks to Our Sponsors



Our Volunteers

In February, thanks to the commitment of many, our volunteer program turned one!

This first year has been a great time and space for learning, growth & development. We have measured our success and outcomes through the constructive feedback of the guests, residents, tenants, employees and volunteers in the Shelter Nova Scotia community.

The range of gifts contributed by volunteers includes, haircutting, graphic design, organizing our donation storage rooms, household support, couriering items among facilities, lawn and property maintenance, onsite food preparation, meal donations and delivery and meal preparation. Time, expertise and energy gifted to us by our Board of Directors as well as those who organize fundraising events on our behalf round out this list of volunteer activities.

The program has two branches; individual volunteers giving their time onsite and our Adopt a Meal Program. Individuals donate and prepare a meal off site and serve it at Metro Turning Point or drop it off to one of our other facilities. We continue to grow bringing volunteers in one at a time learning from one another, creating meaningful experiences for everyone involved.

We celebrate and are grateful for our volunteers. We could not move forward without the dedication and time each individual has given. Interested in volunteering – fill out our online application at shelternovascotia.com



Adopt-a-Meal
110 donors
contributed
8580 meals

Our
volunteers



12

SIGNIFICANT ACTIONS

That supported change at Shelter Nova Scotia

- ✓ Gave up the comfort of their beds & homes for the Sleep Out and shifted conversations
- ✓ Volunteered with the Adopt A Meal program preparing and delivering meals to our facilities and people received nutrition and rested well as they were not hungry that night
- ✓ Held their own fundraising initiatives; musical benefits, food drives, bake sales, yard sales, and product launches contributed to money raised to pay our light bills
- ✓ Donated personal care items, underwear and new clothing for the 1200 people we serve and folks regained self esteem
- ✓ Donated money in memory of a loved one and allowed people to reflect
- ✓ Donated a percentage of their annual business profits and set an example
- ✓ Celebrated birthdays & anniversaries by paying it forward and donating to Shelter Nova Scotia and had fun
- ✓ Donated their marketing & design expertise and made us look good
- ✓ Provided free advertising space and spread the message
- ✓ Recommended that friends donate and were ambassadors
- ✓ Provided new donated shoes for feet in serious need and eased some pain
- ✓ Donated time & expertise toward major renovations at our facilities and created more dignified spaces to work and live.