

Lunchtime and Teatime Menu

Term Time

Week One

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bolognese with grated cheese, grissin sticks	Mexican rice with grated cheese and tortilla chips	Cheese and onion quiche, salad, new potatoes	Sausage in tomato sauce with vegetable rice	Fish fingers, potato wedges, peas
Fromage frais	Fresh fruit salad	Cake	Icecream	Tinned fruit
Egg mayo and rolls, salad and fruit	Tuna, peppers and sweetcorn pasta (mayo), fruit	Ham or chicken quorn slices, bread and butter, salad and fruit	Pizza with vegetables and sliced hot dogs, fruit	Cheddar cheese cubes and pineapple, cracker selection, salad and fruit

Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
Meatballs in tomato sauce with vegetable rice	Margherita pizza with cherry tomatoes, sweetcorn, peas	Jacket potato with tuna mayonnaise, cucumber salad	Macaroni cheese, carrots, peas	Burger bites in gravy, roast potatoes, broccoli, sweetcorn
Fresh fruit salad	Cake	Icecream	Tinned fruit	Fromage frais
Quiche, salad and fruit	Quorn chicken wraps with tomato salsa, salad and fruit	Cheddar cheese cubes and pineapple, cracker selection, salad and fruit	Ham or chicken quorn slices, bread and butter, salad and fruit	Pizza, salad and fruit

Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta with red pepper in a tomato sauce, topped with grated cheese, broccoli	Shepherds pie, carrots, peas	Vegetable and mixed bean curry, rice, popadum	Cheesy cauliflower and broccoli pasta bake, garlic bread	Cumberland sausage, potato wedges, mixed vegetables
Cake	Icecream	Tinned fruit	Fromage frais	Fresh fruit salad
Ham or chicken quorn slices, bread and butter, salad and fruit	Tuna and vegetable pasta (mayo) and fruit	Pizza with vegetables and sliced hot dogs, fruit	Quorn chicken wraps with tomato salsa, salad and fruit	Cheddar cheese cubes and pineapple, cracker selection, salad and fruit

Week Four

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetable lasagne, garlic bread	Creamy fish pie, broccoli	Macaroni cheese, carrots, peas	Mexican rice with grated cheese and tortilla chips	Sausage casserole, mashed potato and swede
Icecream	Tinned fruit	Fromage frais	Fresh fruit salad	Cake
Pizza with vegetables and sliced hot dogs, fruit	Ham or chicken quorn slices, bread and butter, salad and fruit	Egg mayo and rolls, salad and fruit	Tuna, peppers and sweetcorn pasta (mayo), fruit	Cheddar cheese cubes and pineapple, cracker selection, salad and fruit

Week Five

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetable soup with cheesy rolls	Cheese, tomato and potato pie, baked beans	Tuna and vegetable pasta Bolognese	Quorn chicken curry, vegetable rice	Margherita pizza with peppers, salad, coleslaw
Tinned fruit	Fromage frais	Fresh fruit salad	Cake	Icecream
Tuna, peppers and sweetcorn pasta (mayo), fruit	Cheddar cheese cubes and pineapple, cracker selection, salad and fruit	Quorn chicken wraps with tomato salsa, salad and fruit	Quiche, salad and fruit	Ham or chicken quorn slices, bread and butter, salad and fruit

All meals are vegetarian with the exception of fish. This menu has been carefully planned to ensure children receive a balanced and nutritious diet.