

Leadership Development

Managing Peak Performance

Everyone who chooses to be a manager or a leader has a special obligation to be aware of the influence they have on people and situations.

Development of leadership skills and personal awareness is vital in managing peak performance within any organisation as employees look at the behaviour and actions of the senior teams and follow their lead.

This leadership programme is for ambitious managers who want to become leaders and for managers who realise that achievement comes through other people and not in spite of them. Each participant will increase their own personal awareness and develop leadership skills to excel in their current roles and improve team and company performance.

Programme Overview



Module One: Attracting & Retaining the Best

- Understand your brand as a leader and the impact this has on attracting and retaining the best
- Realise the implications of employment legislation surrounding hiring employees and develop strategies to avoid poor selection and ensuring that the interview process is legally compliant
- Recognise what motivates others and match with appropriate leadership style
- Understand the leaders role in creating fun and engaged working environment



Module Two: Managing Peak Performance

- Understand the impact of personal style on others
- Gain greater confidence and expertise in managing both individuals and large or complex teams – often at the same time
- Understand how to effectively utilise each member of a team according to their strengths whilst supporting their development needs
- Gain a fresh perspective on your organisation at a strategic level
- Enhance leadership behaviours and know when to flex style for different situations
- Support others to create realistic personal improvement plans to enable them to achieve peak performance
- Understand the leaders role in creating a challenging and engaged working environment

“The Managing Peak Performance programme is without a doubt the best leadership development programme our managers have ever attended.”

Karen Aspey, Talent Manager, Aircelle UK Ltd





Module Three:

Leading In Times of Change

- Identify the transitions within the employee lifecycle and develop a versatility of leadership approach to support people through each phase
- Develop ways to motivate employees through change and new challenges
- Understand how to manage self and others during times of uncertainty, complexity and change programmes
- Develop effective engagement behaviours
- Develop Communication skills that work at all levels of the organisation

Delivery of the Learning Experience

A blended learning experience will enable delegates to leave with techniques to manage themselves and their teams to achieve optimum results delegates will be able to put the learning immediately into practice back in the workplace.

Delegates will also have the opportunity to give and receive feedback and receive coaching support to improve their leadership style.

Programme Duration

The Leadership Programme will run over 5 days split into two phases.

Phase I

Modules one to three are delivered over 3 consecutive days via skills development and work-related workshops. These workshops will be delivered in an interactive style, using practical exercises, tools, techniques and your experience.

Phase II

Delegates are also required to attend a further 2 day which takes the format of a Development Centre where learning will be validated and Action Plans for future success will be created.



What Next?

To find out more about our Managing Peak Performance programme or to discuss how this programme may be customised to best suite your requirements please contact us at info@junglehr.com or call us on 07970 778874.