

# Red

FEBRUARY 2018 £4.30

## 55 WAYS TO GET HAPPY

KICK-START YOUR NEW CAREER

REBOOT YOUR RELATIONSHIP

PRACTISE SELF-CARE

FIX YOUR FINANCES

**PLUS...**  
THE MOOD BOOSTING WORKOUT  
(IN JUST 12 MINUTES)

Elle Macpherson  
ON HOW TO ACE IT IN BUSINESS

**STYLE UPDATE**  
MIX PASTELS WITH BRIGHTS  
& THE NEW DENIM EDIT

**LOVE YOUR HOME**

Bright, beautiful décor ideas

Stylish storage

Can't resist: gold cutlery

**EAT WELL**  
Feel-good soups  
Scandi bakes



YOUR 2018



## BRITISH HANDMADE SOFAS, SOFA BEDS AND BEDS

The Willow & Hall January Sale is now on with 10% off selected items, but as a reader of Red they're offering an exclusive 10% discount off all other customised furniture. Choose from a range of handmade British sofas, sofa beds, beds and accessories, all available for free delivery to most of the UK Mainland within 4-5 weeks. Order by 31st January and use code RED31118.

To explore their range shop online at [www.willowandhall.co.uk](http://www.willowandhall.co.uk) or call 020 8939 3800.

Product featured: The Foxcote Sofa or Sofa Bed from £1,070 or £1,205



# This month's ESSENTIALS



## HEART OF GOLD

This Heart of Gold pendant necklace by Christin Ranger is the perfect gift to show how much they mean to you. The sterling silver heart with gold plated pendant is discreetly engraved with the words you, me and we. The necklace comes in a Christin Ranger gift box. £50 (free shipping)

Available at [Christinranger.com](http://Christinranger.com)  
Or order by telephone: 01424 773091.  
See web page for stockists.

## SBC'S COLLAGEN HYDRA-GEL SERUM

SBC's intensive serum is enriched with plumping Marine Collagen to moisturise and condition the skin, whilst minimising fine lines and wrinkles. Apply with gentle tapping movements to allow the serum to penetrate the skin, leaving you with firmer, more hydrated skin. In consumer trials 100% said that the serum reduced the appearance of their fine lines and wrinkles. 100% noticed that their skin appeared firmer.



Order online at [sbcgels.com](http://sbcgels.com) and use code RED20 and receive 20% off your Collagen Hydra-Gel Serum