| EMSA WINTER TRAINING SESSION 2019 | | | |
|---|---|---|--|
| U7 | U9 | U11 | U13 |
| 17:30pm to 18:30pm SOCCER CENTRE SOUTH | 16:30pm to 17:30pm SOCCER CENTRE SOUTH | 16:30pm to 17:30pm SOCCER CENTRE SOUTH | 18:15pm to 19:15pm SOCCER CENTRE EAST |
| OCTOBER: | OCTOBER: | OCTOBER: | OCTOBER: |
| Thursday, 17 2019 | Sunday, October 20, 2019 | Sunday, October 20, 2019 | Friday, October 18, 2019 |
| Thursday, October 24, 2019 | Sunday, October 27, 2019 | Sunday, October 27, 2019 | Friday, October 25, 2019 |
| NOVEMBER: | NOVEMBER: | NOVEMBER: | NOVEMBER: |
| Thursday, November 7, 2019 | Sunday, November 3, 2019 | Sunday, November 3, 2019 | Friday, November 1, 2019 |
| Thursday, November 14, 2019 | Sunday, November 10, 2019 | Sunday, November 10, 2019 | Friday, November 8, 2019 |
| Thursday, November 21, 2019 | Sunday, November 17, 2019 | Sunday, November 17, 2019 | Friday, November 15, 2019 |
| Thursday, Novemver 28, 2019 | Sunday, Novemver 24, 2019 | Sunday, Novemver 24, 2019 | Friday, November 22, 2019 |
| | | | Friday, November 29, 2019 |
| DECEMBER: | DECEMBER: | DECEMBER: | DECEMBER: |
| Thursday, December 5, 2019 | Sunday, December 1, 2019 | Sunday, December 1, 2019 | Friday, December 6, 2019 |
| Thursday, December 12, 2019 | Sunday, December 8, 2019 | Sunday, December 8, 2019 | Friday, December 13, 2019 |
| Thursday, December 19, 2019 | Sunday, December 15, 2019 | Sunday, December 15, 2019 | Friday, December 20, 2019 |
| JANUARY | JANUARY | JANUARY | JANUARY |
| Thursday, January 9, 2020 | Sunday, January 5, 2020 | Sunday, January 5, 2020 | Friday, January 10, 2020 |
| Thursday, January 16, 2020 | Sunday, January 12, 2020 | Sunday, January 12, 2020 | Friday, January 17, 2020 |
| Thursday, January 23, 2020 | Sunday, January 19, 2020 | Sunday, January 19, 2020 | Friday, January 24, 2020 |
| Thursday, January 30, 2020 | Sunday, January 26, 2020 | Sunday, January 26, 2020 | Friday, January 31, 2020 |
| FEBRUARY | FEBRUARY | FEBRUARY | FEBRUARY |
| Thursday, February 6, 2020 | Sunday, February 2, 2020 | Sunday, February 2, 2020 | Friday, February 7, 2020 |
| Thursday, February 13, 2020 | Sunday, February 9, 2020 | Sunday, February 9, 2020 | |