

BACPR Exercise Professionals Group Spring Study Day 2020



BACPR Exercise Professional Group Spring Study Day 2020 **Friday 15th May 2020** **Aston University, Birmingham**

'Optimising Exercise Prescription in Cardiac Rehabilitation'

Speakers:

- Professor Dominique Hansen, Professor of Rehabilitation and Exercise Physiology in Internal Disease, Faculty of Rehabilitation Sciences, University of Hasselt.
- Professor Rod Taylor, Chair of Health Services Research, University of Exeter
- Dr Jeff Breckon, Chartered Exercise Psychologist and Head of Research – Academy of Sport and Physical Activity, Sheffield Hallam University
- Dr Gordon McGregor, Clinical Exercise Physiologist, University Hospitals Coventry and Warwickshire NHS Trust, University of Warwick, and Coventry University
- Dr Tom Maden-Wilkinson, Senior Research Fellow, Sheffield Hallam University

Topics confirmed:

- Exercise prescription in patients with cardiometabolic disease: state-of-the-art
- Research evidence for alternative modes of delivery for cardiac rehabilitation for patients with heart failure
- Results from the HIITorMISS UK Trial
- Applying behaviour change techniques to exercise prescription
- Optimising strength training adaptations in long term conditions
- Oral Abstract presentations
- ACPICR & EIN AGMs

And much more.....

Come and join us for a great day.

Please contact Vivienne Stockley for further information and an application form
vstockley@bacpr.com / 01252 854510

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|--|---|------------------------|--|
| Title | First name | Surname | |
| Profession: | | Job Title: | |
| Place of work: | | | |
| Professional affiliation (Please tick) BACPR [] ACPICR [] BASES [] | | | |
| Contact Address: | | | |
| Post Code: | | | |
| Email Address (Please print clearly as all information prior to your attendance will be emailed to you) | | | |
| Tel Mobile: | | Tel Work: | |
| Member of either BACPR, BASES, ACPICR Organisation Membership No: | Charge | TICK | *This fee does not include accommodation. This must be arranged independently |
| | £170* | | |
| | Non-member of BACPR, BASES, ACPICR | £195* | |
| Abstract submission | £100* | | |
| Special Diet (i.e. food allergies / intolerances - vegetarian) | | | |
| Where did you hear about the Study Day? | | | |
| Signed: | | Date: | |

PLEASE RETURN THE COMPLETED FORM TO:
VIVienne STOCKLEY, SUITE 8, THE GRANARY, 1 WAVERLEY LANE, FARNHAM,
SURREY GU9 8BB
vstockley@bacpr.com 01252 854510 / 01252 854511 (Fax)

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BACPR will only use your personal information to process your application and provide the training you have requested. Your information will be stored securely and only be accessed by BACPR employees and BACPR tutors.

From time to time we would like to contact you via email with details of other courses/conferences we provide. If you do not wish us to contact you please tick this box ☐