

Starters

SOUP OF THE DAY £4.95 V

Served with fresh bread. Ask your server for today's homemade soup

PRAWN COCKTAIL £5.75

Served with fresh bread

HOMEMADE MEATBALLS £5.50

Served in a marinara sauce with fresh bread

GARLIC MUSHROOMS £4.95 V

Served in a cream & garlic sauce

BRIE WEDGES £4.95 V

Freshly coated in panko breadcrumbs and served with a redcurrant jelly

TANDOORI CHICKEN £5.50 GF

Marinated in spices and served in a poppadum basket with mint dressing

PORK BELLY BITES £5.75 GF

Slow roasted and glazed in a Jack Daniels marinade

HOMEMADE SCOTCH EGG £4.95

Served with a honey & mustard dip

BRUSCHETTA £4.95

Ask your server for today's fresh choice

GARLIC BUTTER PRAWNS £5.95

Pan-fried and served with fresh bread

HOMEMADE FISHCAKES £5.75

Served with a lime mayonnaise

NACHOS £5.95 V

Served with sour cream & salsa

CREATE YOUR OWN SHARING PLATTER for £12.95

Choosing 5 of the following options

Brie Wedges | Meatballs | Tandoori Chicken | Pork Belly bites | Homemade Scotch Egg | Cod Goujons | Mini Glamorgan Sausage | Garlic Butter Prawns | Fishcake | Garlic Bread | Nachos | Onion Rings |

Side Dishes

HAND CUT CHIPS
£2.50

SWEET POTATO FRIES
£2.95

ONION RINGS
£2.95

GARLIC BREAD
£2.95

GARLIC BREAD WITH CHEESE
£3.50

FRIED MUSHROOMS
£2.95

SEASONAL VEGETABLES
£2.95

SIDE SALAD
£2.50



MAIN MENU

Comforting Classics

HOMEMADE STEAK & GOWER ALE PIE £10.50

Served with seasonal vegetables and a choice of potato

HOMEMADE BEER BATTERED COD £9.95

Freshly coated with our Gower Ale batter, served with mushy peas, homemade tartare sauce and a choice of potato

HOMEMADE BEER BATTERED HALLOUMI £9.95 V

Freshly coated with our Gower Ale batter, served with mushy peas, redcurrant jelly and a choice of potato

SCAMPI £9.95

Served with mushy peas, homemade tartare sauce and a choice of potato

SAUSAGE & MASH £8.95

Handmade from our local butchers, served with mash, peas and gravy

HOMEMADE GLAMORGAN SAUSAGE £8.95 V

A traditional welsh dish lightly spiced and made with cheese & leeks. Served with mash, gravy and seasonal vegetables

HOUSE CURRY - CHICKEN OR VEGETABLE £9.95 V GF

Homemade medium spiced curry served with a poppadum & mango chutney. Served with a choice of chips, rice or both

BBQ CHICKEN MELT £10.95 GF

Chicken breast topped with streaky bacon, cheese and BBQ sauce. Served with peas and a choice of potato.

FAGGOTS £9.95

Handmade from our local butchers, served with mushy peas, mash and gravy

HOMEMADE LASAGNE £9.95

Served with garlic bread and salad

Ynysmeudwy Specials

CHICKEN SKEWERS £11.95 GF

Tandoori spiced chicken served with a cucumber, onion & mint relish and a choice of potato

ROAST COD £11.95 GF

Freshly baked and served with a dill butter & cream, seasonal vegetables and a choice of potato

BELLY PORK £11.95 GF

Slow roasted in a Jack Daniels sauce, served with seasonal vegetables and a choice of potato

SPAGHETTI & MEATBALLS £11.95

Homemade meatballs served in a marinara sauce with garlic bread

HOMEMADE FISHCAKE £11.95

Served on a bed of salad with a lime mayonnaise and a choice of potato

CAJUN CHICKEN £11.95 GF

Served with slow roasted peppers, salad and a choice of potato

Grill Dishes

All served with vine tomatoes, seasonal vegetables and a choice of potato

10oz RUMP £12.95 GF

Double up for £22.95

10oz RIBEYE £18.95 GF

GAMMON £10.95 GF

Served with egg or pineapple

CHARGILLED CHICKEN BREAST £9.95 GF

STEAK TOPPERS £3.50

Make your grill a Surf & Turf with Scampi or Garlic Butter Prawns
Blue Cheese & Red Onion Marmalade
Brie & Cranberry

SAUCES £1.95

- Creamy peppercorn
- Creamy mushroom
- Creamy stilton (GF)
- Jack Daniels (GF)

Burgers

All Burgers £10.50 each

BEEF

With tomato relish

CHICKEN

With pineapple salsa

FISH

With lime mayonnaise

SPICY BEAN PATTIE (V)

With red onion marmalade

All served with tomato, lettuce & onion in a brioche bun and a choice of potato

Choose two complimentary toppings (additional toppings £1.95 each)

Cheddar cheese

Pineapple

Bacon

Fried egg

Halloumi

Red onion marmalade

Blue cheese

Jalapenos

Salsa

Gherkins

Mushrooms

Coleslaw

Choose from hand cut chips, sweet potato fries, mash, sauté potatoes or new potatoes

Dishes may be adapted to suit dietary requirements. Allergies and intolerance – please speak to a member of staff if you require information about our ingredients.



Kids Menu

All dishes £4.99 each

SIMPLY FRUITY FRUIT DRINK £1.40
Orange/Blackcurrant/Apple/Strawberry

CHEESEBURGER

4oz cheeseburger served with beans or peas and a choice of potato

CHICKEN NUGGETS

Battered chicken nuggets served with beans or peas and a choice of potato

TOAD IN THE HOLE

Served with peas, gravy and a choice of potato

CHEESE PIZZA

Mini cheese pizza served with beans or peas and a choice of potato

SPAGHETTI & MEATBALLS

Homemade meatballs served in a marinara sauce

COD GOUJONS

Breaded cod goujons served with beans or peas and a choice of potato



Eat Free

Kids eat free Monday to Friday 5:30-7pm & Saturday between 12-5pm

1 free kids meal for children 11 and under when a main meal is purchased (T&C's apply)

DRINKS MENU

Soft Drinks

COLA/ DIET COLA/ LEMONADE

Small £1.25 Large £2.50

7UP/ FANTA/ COCA-COLA*/ DIET COKE

Can £1.00/ £1.20*

COCA-COLA*/ DIET COKE/ COKE ZERO Bottle £1.50/ £1.70*

J20 £1.90

Orange & Passionfruit/
Apple & Raspberry/
Apple & Mango

APPLETISER £1.80

GINGER BEER/ GINGER ALE £1.50

ORANGE JUICE/ PINEAPPLE JUICE £1.50

STILL/ SPARKLING WATER £1.20

Draughts

BEER

GOWER GOLD

Pint £3.30 Half £1.65

SHIPWRECK

Pint £3.20 Half £1.60

GUINNESS

Pint £3.90 Half £1.95

WORTHINGTON

Pint £3.30 Half £1.65

LAGER

LIGHTHOUSE

Pint £3.20 Half £1.60

CARLING

Pint £3.45 Half £1.75

COORS LIGHT

Pint £3.55 Half £1.80

SAN MIGUEL

Pint £3.90 Half £1.95

CIDER

STRONGBOW

Pint £3.40 Half £1.70

THATCHERS HAZE

Pint £3.40 Half £1.70

CARLING BLACK FRUITS

Pint £3.55 Half £1.80

Bottled

BEER

GOWER GOLD

500ml £3.20

GOWER POWER

500ml £3.20

GOWER IPA

330ml £3.00

LAGER

LIGHT 44

330ml £3.00

STAROPRAMEN

330ml £3.00

CORONA

330ml £3.00

HEINEKEN 0.0

330ml £2.80

CIDER

SMUGGLERS

500ml £3.20

REKORDERLIG

WILD BERRIES

500ml £3.80

REKORDERLIG

STRAWBERRY & LIME

500ml £3.80

Wine Selection

WHITE

INKOSI SAUVIGNON BLANC (SOUTH AFRICA)

175ml £3.95 | 250ml £4.85 | Bottle £13.95

Green fig and fresh lemon aromas that give way to an intensely flavoured fruit driven wine.

SERENO PINOT GRIGIO (ITALY)

175ml £3.95 | 250ml £4.95 | Bottle £14.50

This delicious wine has a light citrus aroma which leads to a mixture of juicy fruits and just a hint of vanilla on the palate.

LE JARDIN CHARDONNAY (FRANCE)

175ml £3.95 | 250ml £4.95 | Bottle £14.50

Supreme Chardonnay with lovely ripe, buttery fruit flavours and aromas of tropical fruit and flowers.

TURTLE BAY SAUVIGNON BLANC (NEW ZEALAND) Bottle £19.50

This wine is fresh and vibrant with passion fruit, gooseberry and some melon characters. It has a balanced richness of fruit with a floral note through the palate, with intense depth of flavour.

ROSÉ

PINOT GRIGIO BLUSH SOLI (ITALY)

175ml £3.95 | 250ml £4.95 | Bottle £14.50

A very easy style of wine with a soft, refreshing burst of summer red fruits.

HEALY & GRAY ZINFANDEL ROSÉ

175ml £3.95 | 250ml £4.95 | Bottle £14.50

Beautiful bright salmon pink colour and fresh nose of raspberry and strawberry.

RED

INKOSI SHIRAZ (SOUTH AFRICA)

175ml £3.95 | 250ml £4.85 | Bottle £13.95

Dark cherry colour with aromas of plum and smoky black pepper giving way to a ripe black fruit palate.

CENTRAL MONTE MERLOT (CHILI)

175ml £3.95 | 250ml £4.95 | Bottle £14.50

A beautiful bouquet of black cherries and red summer fruits. Soft tannins on the palate make for a very smooth and balanced wine.

HEALY & GRAY ESTATE MALBEC BONARDA (ARGENTINA) Bottle £18.95

The juicy fruit of Malbec combines beautifully with the subtle spiciness of Bonarda resulting in a wine which is velvety smooth on the outside but macho on the inside.

FAUSTINO RIVERO CRIANZA RIOJA (SPAIN) Bottle £20.95

This wine has matured in American oak casks for 12- 14 months and has spicy aromas with moderate tannins on the palate.

SPARKLING

MINI CHIO PROSECCO (ITALY) 200ml £4.95

IL CASTELLI PROSECCO DOC (ITALY) Bottle £18.95

A lovely straw yellow with a faint greenish reflection in colour. The aroma is subtle with a fruity scent and hints of apple. Along with a dry, fruity palate which is pleasant and a clean finish.

Please see the bar or your server for our full selection of spirits and liqueurs

Hot Drinks

ESPRESSO £1.50

CAPPUCCINO £2.20

MOCHA £2.20

HOT CHOCOLATE £2.20

AMERICANO £2.00

LATTE £2.20

DECAF COFFEE £2.00

ENGLISH BREAKFAST TEA £1.50