

Summary of Film 1

Hello, welcome to this first short video looking at co-production for the quality improvement program for men's mental health and suicide prevention in our communities.

We are going to be working on this Quality Improvement programme using co-production. To do this we need to understand what co-production is and have a shared understanding.

A quick look on the internet will take you to a lot of helpful resources such as the SCIE website, the National Development Team for Inclusion (NTDi) and many others. You will very quickly see there are many different understandings of co-production. In this video I am trying to make the concept more simplified. To try to give an easy understanding of how we can work together in a way that is co-producing and which is working to the ethics and values and beliefs of co-production.

At its very heart, co-production is about valuing people. It's about valuing their lived experience and seeing this as a real asset in how we shape and design services.

Coproduction is about understanding that within our work environments and within society, there are power imbalances. In coproduction we can work together, to challenge some of these so, that we can sit down together and have real open human conversations. We need to ensure that we are all equal when we are sitting at the table together; with the same level of power; the same right to have a voice; the same right to be heard together with a genuine willingness to listen and understand.

In the second video I will talk a little bit more about power differentials and how we can challenge these.