

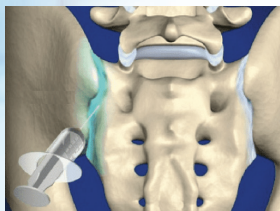
SI JOINT INJECTION

What is an SI joint injection?

The sacroiliac (SI) joints connect your pelvic bones to your spine and are located on either side of your pelvis. They are small and don't move much, but they absorb the forces of the upper body before balancing and transferring the weight to your hips and legs. When one or both of these joints are injured or irritated, they can cause chronic discomfort and pain. SI joint injections can accurately pinpoint and alleviate this pain.

Who is it for?

This injections can help target pain caused by damaged SI joints:



- Lower back
- Buttocks
- Groin
- Legs



syn·er·gy
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What to expect:

Before the injection, the skin above the injection site is anesthetized. Guided by fluoroscopy (x-ray) or ultrasound, a pain specialist injects a local anesthetic into the affected SI joint. If your pain is successfully alleviated, this confirms the diagnosis and a steroid medication will also be injected. This strong, long-acting medicine reduces inflammation and provides relief over an extended period of time.

Ask Your Synergy Team

If you have questions regarding this or any other treatment option, just ask! Synergy brings together the best from multiple disciplines to provide a variety of treatment options. You have a team of specialists, focusing on your unique condition, and working together to develop the best possible solution.

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